Breton Woods of Holland Home™

November 23 – 29, 2026

Breton Woods Independent Living

Holland Home Vibrant Living™

PHYSICAL WELLNESS · EMOTIONAL WELL-BEING · SPIRITUAL FULFILLMENT · INTELLECTUAL DISCOVERY · SOCIAL ENGAGEMENT

Monday 23

6:00 Open Swim (6:00 - 8:15 am) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
8:30 Aqua Fit (POOL)
9:15 Stretch & Flex (BS)
9:30 Strength Training (TFC)
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)
10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)
10:15 Strength Training (BS)
11:00 Stretch & Flex (EX)
11:15 Cardio Drumming (in place of Heart Healthy Dance) (VI)
12:00 Terrace Coffee Bar with Soup & Salad (12:00 - 2:00 pm) (Cafe)
12:30 Open Swim (12:30 - 10:00 pm) (POOL)
1:00 Men's Billiards (RBR)
1:15 Strength Training (TFC)
1:15 Dynamic Movement (BS)
2:00 Ping Pong (VI)
2:00 Bridge (TB)
2:00 Bretonaires Practice (EX)
2:30 Mah Jongg (TB)
6:30 Games (EX)
6:30 Dirty Dog (TPDR) (EX)
7:00 Resident Led Movie: "The King's Speech" (RT)

Ridge Bistro - Special Hours
~ Lunch 11:00 am - 1:30 pm
~ Dinner 4:00 - 6:30 pm

Tuesday 24

6:00 Open Swim (6:00 - 10:45 am) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
8:15 Total Body (TFC)
9:15 Balance & Core Stability (BS)
9:30 Balance & Core Stability (TFC)
10:00 Sew Wonderful Quilters (10:00 am - 4:00 pm) (AS)
10:00 Ladies Bible Study "The Book of Isaiah" (TPDR)
10:15 Strength & Stability (BS)
11:00 Water Walking (POOL)
11:15 Balance & Core Stability (BS)
12:30 Open Swim (12:30 - 10:00 pm) (POOL)
1:00 Men's Billiards (RBR)
1:00 Ladies Bible Study "The Book of Isaiah" (RPDR)
1:00 Bus to Cascade Meijer (TL) (RL)
1:15 Balance & Core Stability (TFC)
1:15 HUR Circuit Training (BS)
2:00 Yarntastics (EX)
2:00 Seated Stretch & Flex (TFC)
3:00 Ladies Billiards (TBR)
3:00 Ladies Tea (BI) (EX)
7:00 Silver Waltzers (VI)

Ridge Bistro - Special Hours
~ Lunch 11:00 am - 1:30 pm
~ Dinner 4:00 - 6:30 pm

Wednesday 25

6:00 Open Swim (6:00 - 8:15 am) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
8:30 Aqua Fit (POOL)
8:30 Donuts w/ the HH Development Team (8:30 - 10:00 am) (EX)
9:15 Stretch & Flex (BS)
9:30 Strength Training (TFC)
10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)
10:00 Catholic Communion (TPDR)
10:15 Strength Training (BS)
10:15 "Love to Pray" Bible Study (CP)
11:00 Stretch & Flex (EX)
11:15 Heart Healthy Dance (VI)
12:30 Open Swim (12:30 - 10:00 pm) (POOL)
12:30 Mah Jongg (EX)
1:00 Breton Market (1:00 - 3:00 pm) (TLL)
1:00 Men's Billiards (RBR)
1:15 Strength Training (TFC)
1:15 Dynamic Movement (BS)
1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe)
2:00 Men's Billiards (TBR)
4:00 Social Hour at the Ridge (RPDR)
6:00 Games (BI) (RL)
6:45 Euchre (TB) Mah Jongg (RL)
7:00 Dominos (EX)

Ridge Bistro - Special Hours
~ Brunch 9:00 am - 1:00 pm

Terrace and Ridge RSO's:
~ Closing at 12:00 pm

Thursday 26

6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
10:00 Ladies Laughing and Learning to Play Pool (TBR)
1:00 Scrapbooking and Card Making (1:00 - 3:00 pm) (AS)
1:00 Men's Billiards (RBR)
2:00 Men's Billiards (TBR)
2:00 Knit Wits (BI)
3:00 Ladies Billiards (RBR)
3:30 Social Hour at the Terrace - canceled (TPDR)



Closed/Canceled today:
~ Dining Services
~ Resident Services Offices
~ Health Centre
~ Fitness Classes
~ Breton Market
~ On-Campus Transportation
~ Banks and Post Offices

Friday 27

6:00 Open Swim (6:00 - 9:30 am) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)
10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)
10:00 GriefShare - "What Do I Live For Now" (resident led) (RPDR)
12:30 Open Swim (12:30 - 10:00 pm) (POOL)
1:00 Men's Billiards (RBR)
1:30 BW Choir Rehearsal (CP)
2:00 5 Crowns (TL)
5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)
7:00 Terrace Movie: "Somewhere In Time" (TT)
7:00 Ridge Movie: "Total Recall" (RT)

Closed/Canceled today:
~ Dining Services
~ Fitness Classes

Saturday 28

6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)
10:00 Hymn Sing (canceled today) (CP)
1:00 Men's Billiards (RBR)
2:00 Stinky Feet (Cafe)
4:00 Catholic Mass w/ Fr. Bill Zink (CP)
7:00 Ridge Movie: "Somewhere In Time" (RT)
7:00 Terrace Movie: "Total Recall" (TT)

Closed/Canceled today:
~ Dining Services

Sunday 29

6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
10:45 Calvary Church Livestream (CP)
6:00 Breton Woods Worship Service w/ Rev. Jim Evenhouse (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP)

Location Key

Breton Terrace

AS - Art Studio
Cafe - Terrace Café
CP - Centre Place
EL - Employee Lounge
EX - Expressions
HC - Health Centre
TB - Terrace Balcony
TBR - Terrace Billiard Room
TCP - Terrace Café Patio
TC - Terrace Courtyard
TFC - Terrace Fitness Centre
TL - Terrace Lobby
TLI - Terrace Library
TLL - Terrace Lower Level
TME - Terrace Main Entrance
TPDR - Terrace Private Dining Room
TSP - Terrace South Patio
TT - Terrace Theatre
WS - Woodshop

Breton Ridge

BI - Bistro
BP - Breton Park
BS - Body Shop
CR - Craft Room
PC - Pickleball Courts
RBR - Ridge Billiard Room
RI - Ristorante
RL - Ridge Lobby
RLI - Ridge Library
RME - Ridge Main Entrance
RP - Ridge Patio
RPDR - Ridge Private Dining Room
RSOCR - Ridge RSO Conference Room
RT - Ridge Theatre
VI- Vineyard

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OCO - Off Campus Outing
* Weather permitting
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Breton Woods of Holland Home™

Nov. 30 – Dec. 6, 2026

Breton Woods Independent Living

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PHYSICAL WELLNESS · EMOTIONAL WELL-BEING · SPIRITUAL FULFILLMENT · INTELLECTUAL DISCOVERY · SOCIAL ENGAGEMENT

Monday 30

6:00 Open Swim (6:00 - 8:15 am) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
8:30 Aqua Fit (POOL)
9:15 Stretch & Flex (BS)
9:30 Strength Training (TFC)
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)
10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)
10:15 Strength Training (BS)
11:00 Stretch & Flex (EX)
11:15 Heart Healthy Dance (VI)
12:00 Terrace Coffee Bar with Soup & Salad (12:00 - 2:00 pm) (Cafe)
12:30 Open Swim (12:30 - 10:00 pm) (POOL)
1:00 Men's Billiards (RBR)
1:00 Movie: "The Best Christmas Pagent Ever" (CP)
1:15 Strength Training (TFC)
1:15 Dynamic Movement (BS)
2:00 Ping Pong (VI)
2:00 Bridge (TB)
2:00 Bretonaires Practice (EX)
2:30 Mah Jongg (TB)
6:30 Games (EX)
6:30 Dirty Dog (TPDR) (EX)
7:00 Resident Led Movie: "The Best Exotic Marigold Hotel" (RT)
7:00 Growing Roots & Family in Concert (transportation from the Ridge at 6:30 pm; no registration needed) (CP)

Tuesday 1

6:00 Open Swim (6:00 - 10:45 am) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
8:15 Total Body (TFC)
9:15 Balance & Core Stability (BS)
9:30 Balance & Core Stability (TFC)
10:00 Sew Wonderful Quilters (10:00 am - 4:00 pm) (AS)
10:00 Ladies Bible Study "The Book of Isaiah" (TPDR)
10:15 Strength & Stability (BS)
11:00 Water Walking (POOL)
11:15 Balance & Core Stability (BS)
12:30 Open Swim (12:30 - 10:00 pm) (POOL)
1:00 Men's Billiards (RBR)
1:00 Ladies Bible Study "The Book of Isaiah" (RPDR)
1:00 Terrace Library - Based on Books Film Series: "Immortal Life of Henrietta Lacks" (TT)
1:15 Balance & Core Stability (TFC)
1:15 HUR Circuit Training (BS)
2:00 Yarntastics (EX)
2:00 Breton Readers at the Ridge (RPDR)
2:00 Seated Stretch & Flex (TFC)
2:00 December Birthday Social at the Ridge (VI)
3:00 Ladies Billiards (TBR)
3:00 Ladies Tea (BI) (EX)
7:00 Silver Waltzers (VI)
7:00 Calvin University Alumni Choir (6:30 pm transportation from the Ridge provided; no registration needed) (TL)

Wednesday 2

6:00 Open Swim (6:00 - 8:15 am) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
8:30 Aqua Fit (POOL)
9:15 Stretch & Flex (BS)
9:30 Strength Training (TFC)
10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)
10:00 Catholic Communion (TPDR)
10:15 Strength Training (BS)
10:15 "Love to Pray" Bible Study (CP)
11:00 Stretch & Flex (EX)
11:15 Heart Healthy Dance (VI)
12:00 Drawing & Painting (RPDR)
12:30 Open Swim (12:30 - 10:00 pm) (POOL)
12:30 Bus to Cascade Meijer (TL)
12:30 Mah Jongg (EX)
1:00 Bus to Cascade Meijer (RL)
1:00 Breton Market (1:00 - 3:00 pm) (TLL)
1:00 Men's Billiards (RBR)
1:00 Atrio Massage Therapy Open House (1:00 - 3:00 pm) (TLL)
1:15 Strength Training (TFC)
1:15 Dynamic Movement (BS)
1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe)
2:00 Men's Billiards (TBR)
2:30 December Birthday Social at the Terrace (Cafe)
3:30 Caregiver Support Group (TPDR)
4:00 Social Hour at the Ridge (RPDR)
6:00 Games (BI) (RL)
6:45 Euchre (TB) Mah Jongg (RL)
7:00 Dominos (EX)
7:00 Bretonaires Holiday Concert at the Ridge (VI)

Thursday 3

6:00 Open Swim (6:00 - 10:45 am) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
8:15 Total Body (TFC)
9:15 Balance & Core Stability (BS)
9:15 Breakfast at Anna's House (Wellzesta registration required) (OCO)
9:30 Balance & Core Stability (TFC)
10:00 Ladies Laughing and Learning to Play Pool (TBR)
10:15 Strength & Stability (BS)
11:00 Water Walking (POOL)
11:15 Balance & Core Stability (BS)
12:30 Open Swim (12:30 - 10:00 pm) (POOL)
1:00 Breton Market (1:00 - 3:00 pm) (TLL)
1:00 Men's Billiards (RBR)
1:15 Balance & Core Stability (TFC)
1:15 HUR Circuit Training (BS)
1:30 REAL: "Speaking Words of Wisdom - The Beetles Guide to Life" (CP)
2:00 Men's Billiards (TBR)
2:00 Knit Wits (BI)
2:00 Seated Stretch & Flex (TFC)
2:00 Bretonaires Practice (EX)
3:00 Ladies Billiards (RBR)
3:30 Social Hour at the Terrace (TPDR)
7:00 Eli Roe Concert (6:30 pm transportation from the Ridge provided; no registration needed) (TL)

Friday 4

6:00 Open Swim (6:00 - 8:15 am) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
8:30 Aqua Fit (POOL)
9:15 Stretch & Flex (BS)
9:30 Strength Training (TFC)
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)
10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)
10:15 Strength Training (BS)
11:00 Stretch & Flex (EX)
11:15 Heart Healthy Dance (VI)
12:30 Open Swim (12:30 - 10:00 pm) (POOL)
1:00 Men's Billiards (RBR)
1:15 Strength Training (TFC)
1:30 BW Choir Rehearsal (CP)
2:00 5 Crowns (TL)
5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)
6:30 GR Symphony Pops (pre-ticketed event; Wellzesta registration required for transportation) (OCO)
7:00 Terrace Movie: "A Cape Cod Christmas" (TT)
7:00 Ridge Movie: "A Christmas Romance" (RT)

Saturday 5

6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
9:00 Brunch (9:00 am - 1:00 pm) (Cafe)
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)
10:00 Hymn Sing (CP)
12:30 Bingo at the Terrace (EX)
1:00 Men's Billiards (RBR)
2:00 Stinky Feet (Cafe)
4:00 Catholic Mass w/ Fr. Bill Zink (CP)
7:00 Terrace Movie: "A Christmas Romance" (TT)
7:00 Ridge Movie: "A Cape Cod Christmas" (RT)

Sunday 6

6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
10:45 Calvary Church Livestream (CP)
6:00 Breton Woods Worship Service and the BW Choir - Lessons and Carols (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP)

Location Key

Breton Terrace

AS - Art Studio
Cafe - Terrace Café
CP - Centre Place
EL - Employee Lounge
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