Breton Woods of Holland Home™

November 9 – 15, 2026

Breton Woods Independent Living

Holland Home Vibrant Living™

PHYSICAL WELLNESS · EMOTIONAL WELL-BEING · SPIRITUAL FULFILLMENT · INTELLECTUAL DISCOVERY · SOCIAL ENGAGEMENT

Monday 9

6:00 Open Swim (6:00 - 8:15 am) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
8:30 Aqua Fit (POOL)
9:15 Stretch & Flex (BS)
9:15 Breakfast at 76th Street Truck Stop (Wellzesta registration required) (OCO)
9:30 Strength Training (TFC)
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)
10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)
10:15 Strength Training (BS)
11:00 Stretch & Flex (EX)
11:15 Heart Healthy Dance (VI)
12:00 Terrace Coffee Bar with Soup & Salad (12:00 - 2:00 pm) (Cafe)
12:30 Open Swim (12:30 - 10:00 pm) (POOL)
1:00 Men's Billiards (RBR)
1:00 Ladies Bible Study "Prayer" (resident led) (RPDR)
1:00 Breton Woods Cult Film Classic: "Jesse Stone - Stone Cold" (TT)
1:15 Strength Training (TFC)
1:15 Dynamic Movement (BS)
2:00 Ping Pong (VI)
2:00 Bridge (TB)
2:00 Bretonaires Practice (EX)
2:30 Mah Jongg (TB)
6:30 Games (EX)
6:30 Dirty Dog (TPDR) (EX)
7:00 "Tell Others Your Story" w/ Ron Shoemaker - "We Are What We Were When.....?" (resident led) (VI)

Tuesday 10

6:00 Open Swim (6:00 - 10:45 am) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
8:15 Total Body (TFC)
8:30 Donuts w/ the HH Development Team (8:30 - 10:00 am) (BI)
9:15 Balance & Core Stability (BS)
9:30 Balance & Core Stability (TFC)
10:00 Ladies Billiards (RBR)
10:00 Sew Wonderful Quilters (10:00 am - 4:00 pm) (AS)
10:00 Veteran's Honored by East Kentwood High School (RSVP to Cathy Oosse) (OCO)
10:00 Ladies Bible Study "The Book of Isaiah" (TPDR)
10:00 Resident Tech Help Desk (10:00 am - 12:00 pm) (RPDR)
10:15 Strength & Stability (BS)
11:00 Water Walking (POOL)
11:15 Balance & Core Stability (BS)
12:30 Open Swim (12:30 - 10:00 pm) (POOL)
1:00 Men's Billiards (RBR)
1:00 Ladies Bible Study "The Book of Isaiah" (RPDR)
1:15 Balance & Core Stability (TFC)
1:15 HUR Circuit Training (BS)
1:15 Pool Volleyball at Sunset Manor in Jenison (sign up in the Fitness Centre) (OCO)
1:30 REAL - "Steeple Chase - West Side" by Caroline Cook (CP)
2:00 Yarntastics (EX)
2:00 Seated Stretch & Flex (TFC)
3:00 Ladies Billiards (TBR)
3:00 Ladies Tea (BI) (EX)
3:30 Caregiver Support Group (RPDR)
7:00 Classic Music Community (CP)
7:00 Silver Waltzers (VI)



Pet Therapy with Sailor!
8:00 am - 12:00 pm
3:00 - 4:30 pm
Amy Perin's Office

Wednesday 11

6:00 Open Swim (6:00 - 8:15 am) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
8:30 Aqua Fit (POOL)
9:15 Stretch & Flex (BS)
9:30 Strength Training (TFC)
10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)
10:00 KDL Book Mobile at the Ridge (RL)
10:00 Catholic Communion (TPDR)
10:15 Strength Training (BS)
10:15 "Love to Pray" Bible Study (CP)
11:00 Stretch & Flex (EX)
11:00 KDL Book Mobile at the Terrace (TL)
11:15 Heart Healthy Dance (VI)
12:30 Open Swim (12:30 - 10:00 pm) (POOL)
12:30 Bus to Gaines Meijer (TL)
12:30 Mah Jongg (EX)
1:00 Bus to Gaines Meijer (RL)
1:00 Breton Market (1:00 - 3:00 pm) (TLL)
1:00 Men's Billiards (RBR)
1:00 Veteran's Day Program (transportation from the Terrace at 12:30 pm; no registration needed) (VI)
1:15 Strength Training (TFC)
1:15 Dynamic Movement (BS)
1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe)
2:00 Men's Billiards (TBR)
2:00 Exercise with the GR Ballet (TFC)
4:00 Social Hour at the Ridge (RPDR)
6:00 Games (BI) (RL)
6:30 Calvin University Orchestra Concert (transportation from the Ridge at 6:00 pm; no registration needed) (TL)
6:45 Euchre (TB) Mah Jongg (RL)
7:00 Dominos (EX)



~ No mail delivery today.
~ Post Offices and most banks are closed.

Thursday 12

6:00 Open Swim (6:00 - 10:45 am) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
8:15 Total Body (TFC)
9:15 Balance & Core Stability (BS)
9:30 Balance & Core Stability (TFC)
10:00 Ladies Laughing and Learning to Play Pool (TBR)
10:15 Terrace Library Committee Meeting (TLI)
10:15 Strength & Stability (BS)
10:30 REAL: Artificial Intelligence (AI) & Faith (VI)
11:00 Water Walking (POOL)
11:15 Balance & Core Stability (BS)
12:30 Open Swim (12:30 - 10:00 pm) (POOL)
1:00 Breton Market (1:00 - 3:00 pm) (TLL)
1:00 Men's Billiards (RBR)
1:00 Scrapbooking and Card Making (AS)
1:15 Balance & Core Stability (TFC)
1:15 HUR Circuit Training (BS)
2:00 Men's Billiards (TBR)
2:00 Knit Wits (BI)
2:00 Seated Stretch & Flex (TFC)
2:00 Bretonaires Practice (EX)
3:30 Social Hour at the Terrace (TPDR)
7:00 "The Book of Esther" Bible Study w/ Gerrit Koedoot (RI)

Friday 13

6:00 Open Swim (6:00 - 8:15 am) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
8:30 Aqua Fit (POOL)
8:45 "Coffee Masterworks" (pre-ticketed event; Wellzesta registration required for transportation) (OCO)
9:15 Stretch & Flex (BS)
9:30 Strength Training (TFC)
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)
10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)
10:00 GriefShare - "Stuck in Grief" (RPDR)
10:15 Strength Training (BS)
11:00 Stretch & Flex (EX)
11:15 Heart Healthy Dance (VI)
12:30 Open Swim (12:30 - 10:00 pm) (POOL)
1:00 Men's Billiards (RBR)
1:15 Strength Training (TFC)
2:00 5 Crowns (TL)
5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)
7:00 Terrace Movie: "Ocean's 11" (TT)
7:00 Ridge Movie: "Once Upon a Time In the West" (RT)

Saturday 14

6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
9:00 Brunch (9:00 am - 1:00 pm) (Cafe)
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)
10:00 Hymn Sing (CP)
1:00 Men's Billiards (RBR)
1:00 Bingo at the Ridge (BI)
2:00 Stinky Feet (Cafe)
4:00 Catholic Mass w/ Fr. Bill Zink (CP)
7:00 Ridge Movie: "Ocean's 11" (RT)
7:00 Terrace Movie: "Once Upon a Time In the West" (TT)

Sunday 15

6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
10:45 Calvary Church Livestream (CP)
6:00 Breton Woods Worship Service w/ Rev. Lamarr Gibson (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP)
7:00 Refreshments and Fellowship (EX)

Location Key

Breton Terrace

AS - Art Studio
Cafe - Terrace Café
CP - Centre Place
EL - Employee Lounge
EX - Expressions
HC - Health Centre
TB - Terrace Balcony
TBR - Terrace Billiard Room
TCP - Terrace Café Patio
TC - Terrace Courtyard
TFC - Terrace Fitness Centre
TL - Terrace Lobby
TLI - Terrace Library
TLL - Terrace Lower Level
TME - Terrace Main Entrance
TPDR - Terrace Private Dining Room
TSP - Terrace South Patio
TT - Terrace Theatre
WS - Woodshop

Breton Ridge

BI - Bistro
BP - Breton Park
BS - Body Shop
CR - Craft Room
PC - Pickleball Courts
RBR - Ridge Billiard Room
RI - Ristorante
RL - Ridge Lobby
RLI - Ridge Library
RME - Ridge Main Entrance
RP - Ridge Patio
RPDR - Ridge Private Dining Room
RSOCR - Ridge RSO Conference Room
RT - Ridge Theatre
VI- Vineyard

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OCO - Off Campus Outing
* Weather permitting
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Breton Woods of Holland Home™

November 16 – 22, 2026

Breton Woods Independent Living

Holland Home Vibrant Living™

PHYSICAL WELLNESS · EMOTIONAL WELL-BEING · SPIRITUAL FULFILLMENT · INTELLECTUAL DISCOVERY · SOCIAL ENGAGEMENT

Monday 16

6:00 Open Swim (6:00 - 8:15 am) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
8:30 Aqua Fit (POOL)
9:15 Stretch & Flex (BS)
9:30 Strength Training (TFC)
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)
10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)
10:15 Strength Training (BS)
10:30 JULIET Ladies Lunch @ Firerock Grille (Wellzesta registration required) (OCO)
11:00 Stretch & Flex (EX)
11:15 Heart Healthy Dance (VI)
12:00 Terrace Coffee Bar with Soup & Salad (12:00 - 2:00 pm) (Cafe)
12:30 Open Swim (12:30 - 10:00 pm) (POOL)
1:00 Men's Billiards (RBR)
1:15 Strength Training (TFC)
1:15 Dynamic Movement (BS)
2:00 Ping Pong (VI)
2:00 Bridge (TB)
2:00 Bretonaires Practice (EX)
2:30 Mah Jongg (TB)
3:00 RAC Meeting (CP)
6:30 Games (EX)
6:30 Dirty Dog (TPDR) (EX)
7:00 Resident Led Movie: "The Unknown Country" (RT)

Tuesday 17

6:00 Open Swim (6:00 - 10:45 am) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
8:15 Total Body (TFC)
9:00 Resident Tech Help Desk (9:00 - 11:00 am) (TL)
9:15 Balance & Core Stability (BS)
9:30 Balance & Core Stability (TFC)
10:00 Ladies Billiards (RBR)
10:00 Sew Wonderful Quilters (10:00 am - 4:00 pm) (AS)
10:00 Ladies Bible Study "The Book of Isaiah" (TPDR)
10:15 Strength & Stability (BS)
10:30 ROMEO Men's Lunch @ Nighthawk Grille (Wellzesta registration required) (OCO)
11:00 Water Walking (POOL)
11:15 Balance & Core Stability (BS)
12:30 Open Swim (12:30 - 10:00 pm) (POOL)
1:00 Men's Billiards (RBR)
1:00 Ladies Bible Study "The Book of Isaiah" (RPDR)
1:15 Balance & Core Stability (TFC)
1:15 HUR Circuit Training (BS)
1:30 REAL: "Wellzesta 101" (CP)
2:00 Yarntastics (EX)
2:00 Seated Stretch & Flex (TFC)
3:00 Ladies Billiards (TBR)
3:00 Ladies Tea (BI) (EX)
7:00 Silver Waltzers (VI)

Wednesday 18

6:00 Open Swim (6:00 - 8:15 am) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
8:30 Aqua Fit (POOL)
9:15 Stretch & Flex (BS)
9:30 Strength Training (TFC)
10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)
10:00 Catholic Communion (TPDR)
10:15 Strength Training (BS)
10:15 "Love to Pray" Bible Study (CP)
11:00 Stretch & Flex (EX)
11:15 Heart Healthy Dance (VI)
11:30 "High School Musical" at Forest Hills Fine Arts Center (Wellzesta registration required) (OCO)
12:30 Open Swim (12:30 - 10:00 pm) (POOL)
12:30 Bus to Cascade Meijer (TL)
12:30 Mah Jongg (EX)
1:00 Bus to Cascade Meijer (RL)
1:00 Breton Market (1:00 - 3:00 pm) (TLL)
1:00 Men's Billiards (RBR)
1:15 Strength Training (TFC)
1:15 Dynamic Movement (BS)
1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe)
2:00 Men's Billiards (TBR)
2:00 Building & Grounds Open Forum Meeting (RI)
3:00 Breton Readers at the Terrace (TPDR)
4:00 Social Hour at the Ridge (RPDR)
5:00 Thanksgiving Dinner at the Ridge (Wellzesta registration required) (RI)
6:00 Games (BI) (RL)
6:00 Marty Miller Concert (VI)
6:45 Euchre (TB) Mah Jongg (RL)
7:00 Dominos (EX)
7:30 Calvin University Symphonic Band Concert (TL)

Ridge Bistro - closed for lunch.
Terrace Cafe - closed for dinner.

Thursday 19

6:00 Open Swim (6:00 - 10:45 am) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
8:15 Total Body (TFC)
9:15 Balance & Core Stability (BS)
9:30 Balance & Core Stability (TFC)
10:00 Ladies Laughing and Learning to Play Pool (TBR)
10:00 Floral Friends (RI)
10:15 Strength & Stability (BS)
10:30 REAL: "Hospice 101" (CP)
11:00 Water Walking (POOL)
11:15 Balance & Core Stability (BS)
12:30 Open Swim (12:30 - 10:00 pm) (POOL)
1:00 Breton Market (1:00 - 3:00 pm) (TLL)
1:00 Men's Billiards (RBR)
1:00 Ridge Movie: "On the Brink of War" (VI)
1:15 Balance & Core Stability (TFC)
1:15 HUR Circuit Training (BS)
2:00 Men's Billiards (TBR)
2:00 Knit Wits (BI)
2:00 Seated Stretch & Flex (TFC)
2:00 Bretonaires Practice (EX)
3:30 Social Hour at the Terrace (TPDR)
5:00 Thanksgiving Dinner at the Terrace (Wellzesta registration required) (Cafe)
6:15 The Boogie Woogie Kid Concert (CP)
7:00 "The Book of Esther" Bible Study w/ Gerrit Koedoot (RI)

Terrace Cafe - closed for lunch.
Ridge Bistro - closed for dinner.

Friday 20

6:00 Open Swim (6:00 - 8:15 am) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
8:30 Aqua Fit (POOL)
9:15 Stretch & Flex (BS)
9:30 Strength Training (TFC)
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)
10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)
10:00 GriefShare - "Hope & Resilience" (resident led) (RPDR)
10:15 Strength Training (BS)
11:00 Stretch & Flex (EX)
11:15 Heart Healthy Dance (VI)
12:30 Open Swim (12:30 - 10:00 pm) (POOL)
1:00 Men's Billiards (RBR)
1:15 Strength Training (TFC)
1:30 BW Choir Rehearsal (CP)
2:00 5 Crowns (TL)
5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)
7:00 Terrace Movie: "Patton" (TT)
7:00 Ridge Movie: "Something's Gotta Give" (RT)

Saturday 21

6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
9:00 Brunch (9:00 am - 1:00 pm) (Cafe)
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)
10:00 GriefShare - "Surviving the Holidays" (RPDR)
10:00 Hymn Sing (CP)
1:00 Men's Billiards (RBR)
2:00 Stinky Feet (Cafe)
4:00 Catholic Mass w/ Fr. Bill Zink (CP)
7:00 Ridge Movie: "Patton" (RT)
7:00 Terrace Movie: "Something's Gotta Give" (TT)

Sunday 22

6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
10:45 Calvary Church Livestream (CP)
6:00 Breton Woods Worship Service w/ The Singing Hims (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (TL) (Cafe)

Location Key

Breton Terrace

AS - Art Studio
Cafe - Terrace Café
CP - Centre Place
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EX - Expressions
HC - Health Centre
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Breton Ridge

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OCO - Off Campus Outing
* Weather permitting