

September 27 - October 3

Estates & Homes

Sunday 27	Monday 28	Tuesday 29	Wednesday 30	Thursday 1	Friday 2	Saturday 3
OPEN SWIM (POOL) 9:30Chapel Service - Rev. Jessica Shults, RCA (CH) 6:15Chapel Service - Rev. Kwasi Kena, UMC (CH)	OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:30Men's Social Hour (COM) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Van's Market - 10:00AM-12:OOPM MWF (MKT) 10:15Water Walking (POOL) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 1:30Cornhole - Weather Permitting (E2P) 2:00Exercise with the GR Ballet (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB)	OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Estates II Fall Bible Study - Daniel Kroeze, PhD (LDR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR)	OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-11:00AM (Lunch Available until 1:00PM) 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00Van's Market - 10:00AM-12:OOPM MWF (MKT) 10:15Water Walking (POOL) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 12:00Chili Cookoff - SUR (FR) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (GP)	OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:00Breakfast at Wolfgang's & Fall Mums at FMG - SUR (OFF) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00EI/EIII Donuts with Development (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Chapel Concert - South Christian Choir Concert - You are nvited by your friends from Lendick/Verblauw/Mol (CH) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:00Van's Market - 1:00PM-3:00PM, Thursdays (MKT) 1:15First Step (BWC) 2:00REAL: Showing the film 'Imitation of Life' as Part Two of the Historical View of Racism in the Entertainment Industry by Chester Alkema (FR) 3:00Coffee Time (LA)	OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-11:00AM (Cold Lunch Available until 1:00PM) (RB) 8:30Homes Breakfast - @ Ray's Bistro (Limited Menu) - RSVP to Helen Wentzheimer at 616-340-2495 (call or text) or hmswww@aol.com (RB) 9:00ALDI's Friday Shopping - Lobby PU, EI/9am & EII/9:05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00Van's Market - 10:00AM-12:OOPM MWF (MKT) 10:15Water Walking (POOL) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)	OPEN SWIM (POOL) 10:00Coffee Time (CR) 7:00Movie Night (COM)
LOCATION LEGEND SUR-Sign Up Required \$\$-Cost Involved BWC-Buiten Wellness Center CH-Chapel COM - EII Community Room CR-EI Club Room CS-EII Coffee Shop CV-Chapel Visiting Room E2P-EII Patio GR-Game Room GP-Gathering Place LDR-Large Dining Room LA-EII Lounge FR-Friendship Room OFFS-Offsite POOL-Pool RB-Ray's Bistro RBB-Ray's Bistro Billiards RBC-Ray's Bistro Conf Room RMP-Manor Parking Lot TRAN-Transportation						CONTACTS ESTATES & HMS OFFICE 616-235-5006 M-F, 8:00am-4:30pm ----- HEALTH CENTER EI: 616-235-5721 8:30am-12:00pm Same # for EMERG RESPONSE from 5:00pm-8:00am EII: 616-235-5675 1:00pm-4:30pm Same # for EMERG RESPONSE from 5:00pm-8:00am ----- FACILITY SERVICES 616-235-2787 ESTATES SALON 616-235-5701 VOLUNTEER SERVICES 616-235-5717 NOTARY SERVICES Office, By Appointment

October 4 - October 10

Estates & Homes

Sunday 4	Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9	Saturday 10
OPEN SWIM (POOL) 9:30Chapel Service - Rev. Carolyn Cammenga, Retired CRC (CH) 6:15Chapel Service - Rev. David Fleming, Our Savior Lutheran - RAYBROOK SINGING MEN (CH)	OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:30Men's Social Hour (COM) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30 pm (RB) 10:00Van's Market - 10:00AM-12:00PM MWF (MKT) 10:15Water Walking (POOL) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 1:30Cornhole - Weather Permitting (E2P) 2:00Exercise with the GR Ballet (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB)	OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30 pm (RB) 10:00Estates II Fall Bible Study - Daniel Kroeze, PhD (LDR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 2:00REAL: Sharing Our Stories w/EII Resident Barbara Carvill, Interviewed by Janet Sheeres (FR) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR) 7:00EII Ice Cream Birthday Social - LDR (LDR)	OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-11:00AM (Lunch Available until 1:00PM) 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00Van's Market - 10:00AM-12:00PM MWF (MKT) 10:15Water Walking (POOL) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 2:30EI Birthday Ice Cream Social - \$ (FR) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (GP)	OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30 pm (RB) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:00Van's Market - 1:00PM-3:00PM, Thursdays (MKT) 1:15First Step (BWC) 3:00Coffee Time (LA)	OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-11:00AM (Cold Lunch Available until 1:00PM) (RB) 9:00TRADER JOE'S Friday Shopping - Lobby PU, EI/9am & EII/9:05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00Van's Market - 10:00AM-12:00PM MWF (MKT) 10:15Water Walking (POOL) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)	OPEN SWIM (POOL) 10:00Coffee Time (CR) 7:00Movie Night (COM) SAVE THE DATE! Limited spots available for ALL sign up events. OCTOBER 19 FRICANO'S PIZZA OUTING Sign Up Begins Oct 7 OCTOBER 21 CALVIN WOMEN'S VOLLEYBALL Sign up Begins Oct 7 OCTOBER 23 FALL FLING Sign Up Begins Oct 2 OCTOBER 30 FLANNEL & FRIENDS FALL LUNCH Sign Up Begins Oct 13
SIGN UP GUIDELINES: > Sign Up sheets are centrally located in the tunnel hallway outside the BWC, with the exception of the Wed & Fri shopping outings. These can be found on EI & EII Bulletin Boards. > Save the Dates and Sign Up begin dates and deadlines are to give notice of anticipated upcoming events. Subject to Change as details are finalized.						