

August 30 - September 5

Estates & Homes

Sunday 30

OPEN SWIM (POOL)
9:30Chapel Service - Rev.
Josh Holwerda, CRC
(CH)
6:15Chapel Service - Pastor
Lorinda VanderWerp
(CH)

LOCATION LEGEND

SUR-Sign Up Required
\$\$-Cost Involved

BWC-Buiten Wellness Center
CH-Chapel
COM - EII Community Room
CR-EI Club Room
CS-EII Coffee Shop
CV-Chapel Visiting Room
E2P-EII Patio
GR-Game Room
GP-Gathering Place
LDR-Large Dining Room
LA-EII Lounge
FR-Friendship Room
OFFS-Offsite
POOL-Pool
RB-Ray's Bistro
RBB-Ray's Bistro Billiards
RBC-Ray's Bistro Conf Room
RMP-Manor Parking Lot
TRAN-Transportation

Monday 31

OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)
8:30Men's Social Hour (COM)
9:15Cardio Express (BWC)
9:30Coffee Connections (LA)
9:45Strength Training (BWC)
10:00Coffee Time (CR)
10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)
10:00Van's Market - 10:00AM-12:00PM MWF (MKT)
10:15Water Walking (POOL)
11:00Cardio Express (BWC)
11:30Strength Training (BWC)
1:00Raybrook Purls Knitting/Crocheting (LA)
1:30Cornhole - Weather Permitting (E2P)
2:00REAL: Dementia Institute (FR)
3:00Coffee Time (LA)
6:30Pool League (RBB)

Tuesday 1

OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL)
8:15Stretch and Flex (GP)
9:30Coffee Connections (LA)
9:30Balance and Core Stability (BWC)
10:00Coffee Time (CR)
10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)
10:00Estates II Fall Bible Study - Jessica Maddox PhD (LDR)
10:00Saugatuck- SUR (OFF)
10:15Balance and Core Stability (BWC)
11:00Water Aerobics (POOL)
1:15First Step (BWC)
3:00Coffee Time (LA)
6:30Pool League (RBB)
7:00Game Night (CR)
7:00EII Ice Cream Birthday Social - LDR (LDR)

Wednesday 2

OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)
8:00Ray's Bistro BREAKFAST 8:00AM-11:00AM (Lunch Available until 1:00PM)
9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN)
9:15Cardio Express (BWC)
9:30Coffee Connections (LA)
9:45Strength Training (BWC)
10:00Coffee Time (CR)
10:00Van's Market - 10:00AM-12:00PM MWF (MKT)
10:15Water Walking (POOL)
11:00Cardio Express (BWC)
11:30Strength Training (BWC)
2:00Update with Calvin University President Greg Elzinga (FR)
3:00Coffee Time (LA)
6:30Pool League (RBB)
7:00Game Night (GP)

Thursday 3

OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL)
8:15Stretch and Flex (GP)
9:30Coffee Connections (LA)
9:30Balance and Core Stability (BWC)
10:00Coffee Time (CR)
10:00EI/EIII Donuts with Development (CR)
10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)
10:15Balance and Core Stability (BWC)
11:00Water Aerobics (POOL)
1:00Van's Market - 1:00PM-3:00PM, Thursdays (MKT)
1:15First Step (BWC)
2:00Chapel Concert - Matt Ball, The Boogie Woogie Kid, Piano (CH)
3:00Coffee Time (LA)

Friday 4

OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)
8:00Ray's Bistro BREAKFAST 8:00AM-11:00AM (Cold Lunch Available until 1:00PM) (RB)
8:30Homes Breakfast - @ Ray's Bistro (Limited Menu) - RSVP to Helen Wentzheimer at 616-340-2495 (call or text) or hmswww@aol.com (RB)
9:00ALDI's Friday Shopping - Lobby PU, EI/9am & EII/9:05am (EL)
9:15Cardio Express (BWC)
9:30Coffee Connections (LA)
9:45Strength Training (BWC)
10:00Coffee Time (CR)
10:00Van's Market - 10:00AM-12:00PM MWF (MKT)
10:15Water Walking (POOL)
11:00Cardio Express (BWC)
11:30Strength Training (BWC)
3:00Coffee Time (LA)
7:00Game Night (1st Friday ONLY begins with BINGO) (CR)

Saturday 5

OPEN SWIM (POOL)
10:00Coffee Time (CR)
7:00Movie Night (COM)

CONTACTS

ESTATES & HMS OFFICE
616-235-5006
M-F, 8:00am-4:30pm

HEALTH CENTER

EI: 616-235-5721
8:30am-12:00pm
Same # for EMERG RESPONSE
from 5:00pm-8:00am

EII: 616-235-5675
1:00pm-4:30pm
Same # for EMERG RESPONSE
from 5:00pm-8:00am

FACILITY SERVICES
616-235-2787

ESTATES SALON
616-235-5701

VOLUNTEER SERVICES
616-235-5717

NOTARY SERVICES
Office, By Appointment



Raybrook
of Holland Home™

Based On Information Known At Time Of Print

September 6 - September 12

Estates & Homes



Sunday 6	Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11	Saturday 12
OPEN SWIM (POOL) 9:30Chapel Service - Pastor Lorinda VanderWerp (CH) 6:15Chapel Service - Pastor Josh Holwerda, CRC (CH)	OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:30Men's Social Hour (COM) 9:30Coffee Connections (LA) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - CLOSED FOR HOLIDAY (RB) 10:00Van's Market - CLOSED FOR HOLIDAY (MKT) 1:00Raybrook Purls Knitting/Crocheting (LA) 1:30Cornhole - Weather Permitting (E2P) 3:00Coffee Time (LA) 6:30Pool League (RBB)	OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Estates II Fall Bible Study - Jessica Maddox PhD (LDR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR)	OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-11:00AM (Lunch Available until 1:00PM) 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00Van's Market - 10:00AM-12:00PM MWF (MKT) 10:15Water Walking (POOL) 10:30Dementia Institute Caregiver Support Group - Open to all Raybrook Residents - Call 616-235-5499 with questions. (RBC) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 2:30Current Events w/Hank Post (CR) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (GP)	OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:00Van's Market - 1:00PM-3:00PM, Thursdays (MKT) 1:15First Step (BWC) 3:00Coffee Time (LA) 6:30Civic Theatre Outing - Come From Away - SUR (OFF)	OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-11:00AM (Cold Lunch Available until 1:00PM) (RB) 9:00TRADER JOE'S Friday Shopping - Lobby PU, EI/9am & EII/9:05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00Van's Market - 10:00AM-12:00PM MWF (MKT) 10:15Water Walking (POOL) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 6:00LaGrave Organ Recital - SUR (OFF) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)	OPEN SWIM (POOL) 10:00Coffee Time (CR) 5:00KIDS Movie Night - Celebrating Grandparents Day & 100th Anniversary of Route 66 - Sign Up Required for Hot Dogs - Food & Games at 5:00pm in the LDR, Movie (CARS) at 5:45pm (COM)
SIGN UP GUIDELINES: > Sign Up sheets are centrally located in the tunnel hallway outside the BWC, with the exception of the Wed & Fri shopping outings. These can be found on EI & EII Bulletin Boards. > Save the Dates and Sign Up begin dates and deadlines are to give notice of anticipated upcoming events. Subject to Change as details are finalized.						SAVE THE DATE! Limited spots available for ALL sign up events. SEPTEMBER 14 BEER CITY BREAD RESTAURANT OUTING Sign up Begins Sept 1 SEPTEMBER 21 - 25 ACTIVE AGING WEEK Watch for Separate Calendar SEPTEMBER 30 CHILI COOKOFF (Different than the Development Fundraiser Event) Sign Up Begins Sept 9

