



Raybrook
of Holland Home™

August 16-August 22

Estates & Homes



PHYSICAL
WELLNESS

EMOTIONAL
WELL-BEING

SPIRITUAL
FULFILLMENT

INTELLECTUAL
DISCOVERY

SOCIAL
ENGAGEMENT

Based On Information Known At Time Of Print

Sunday 16

OPEN SWIM (POOL)
9:30Chapel Service - Rev.
Josh Holwerda, CRC
(CH)
6:15Chapel Service - Pastor
Lorinda VanderWerp
with Raybrook Singing
Men (CH)

Monday 17

**OPEN SWIM: 5:30am-
9:30am, 11:30am-10:00pm
(POOL)**
8:30Men's Social Hour
(COM)
9:15Cardio Express (BWC)
9:30Coffee Connections
(LA)
9:45Strength Training
(BWC)
10:00Coffee Time (CR)
10:00RAY'S BISTRO -
10:00 am - 1:30 pm
(RB)
10:00Van's Market -
10:00AM-12:00PM
MWF (MKT)
10:15Water Walking
(POOL)
11:00Cardio Express (BWC)
11:30Strength Training
(BWC)
1:00Raybrook Purls
Knitting/Crocheting (LA)
1:30Cornhole - Weather
Permitting (E2P)
2:00Exercise with the GR
Ballet (BWC)
3:00Coffee Time (LA)
4:00Peppino's Restaurant
Outing (OFFS)
6:30Pool League (RBB)

Tuesday 18

**OPEN SWIM: 5:30am-
10:30am, 12:00pm-10pm
(POOL)**
8:15Stretch and Flex (GP)
9:30Coffee Connections
(LA)
9:30Balance and Core
Stability (BWC)
10:00Coffee Time (CR)
10:00RAY'S BISTRO -
10:00 am - 1:30 pm
(RB)
10:15Balance and Core
Stability (BWC)
11:00Water Aerobics
(POOL)
1:00Grief Support Group
(CR)
1:15First Step (BWC)
2:00Raybrook Women's
Book Club presents,
Afternoon with an
Author: Ann Byle - All
Welcome (COM)
3:00Coffee Time (LA)
6:30Pool League (RBB)
7:00Game Night (CR)

Wednesday 19

**OPEN SWIM: 5:30am-
9:30am, 11:30am-10:00pm
(POOL)**
8:00Ray's Bistro
BREAKFAST 8:00AM-
11:00AM (Lunch
Available until 1:00PM)
9:00Meijer Shopping-EI PU:
9am, EI PU:9:05am-
SUR (TRAN)
9:15Cardio Express (BWC)
9:30Coffee Connections
(LA)
9:45Strength Training
(BWC)
10:00Coffee Time (CR)
10:00Van's Market -
10:00AM-12:00PM
MWF (MKT)
10:15Water Walking
(POOL)
11:00Cardio Express (BWC)
11:30Strength Training
(BWC)
3:00Coffee Time (LA)
6:30Pool League (RBB)
7:00Game Night (GP)

Thursday 20

**OPEN SWIM: 5:30am-
10:30am, 12:00pm-10pm
(POOL)**
8:15Stretch and Flex (GP)
9:30Coffee Connections
(LA)
9:30Balance and Core
Stability (BWC)
9:30EI/Homes Donuts with
Development (LA)
10:00Coffee Time (CR)
10:00RAY'S BISTRO -
10:00 am - 1:30 pm
(RB)
10:15Balance and Core
Stability (BWC)
11:00Water Aerobics
(POOL)
1:00Van's Market - 1:00PM-
3:00PM, Thursdays
(MKT)
1:15First Step (BWC)
2:00REAL: Michigan
History, Part One
w/Scott Looman (FR)
3:00Coffee Time (LA)
7:00Hymn Sing Along -
CANCELLED FOR
AUGUST, RESUME IN
SEPTEMBER (GP)

Friday 21

**OPEN SWIM: 5:30am-
9:30am, 11:30am-10:00pm
(POOL)**
8:00Ray's Bistro
BREAKFAST 8:00AM-
11:00AM (Cold Lunch
Available until 1:00PM)
(RB)
9:00ALDI's Friday Shopping
- Lobby PU, EI/9am &
EI/9:05am (EL)
9:15Cardio Express (BWC)
9:30Coffee Connections
(LA)
9:45Strength Training
(BWC)
10:00Coffee Time (CR)
10:00Van's Market -
10:00AM-12:00PM
MWF (MKT)
10:15Water Walking
(POOL)
11:00Cardio Express (BWC)
11:30Strength Training
(BWC)
3:00Coffee Time (LA)
7:00Game Night (1st Friday
ONLY begins with
BINGO) (CR)

Saturday 22

OPEN SWIM (POOL)
10:00Coffee Time (CR)
4:00CRC Conference
Grounds Dinner (Pay
On Your Own) &
Concert - The Erwin's -
SUR (OFF)
7:00Movie Night (COM)

LOCATION LEGEND

SUR-Sign Up Required
\$\$-Cost Involved

BWC-Buiten Wellness Center
CH-Chapel
COM - EI Community Room
CR-EI Club Room
CS-EI Coffee Shop
CV-Chapel Visiting Room
E2P-EI Patio
GR-Game Room
GP-Gathering Place
LDR-Large Dining Room
LA-EI Lounge
FR-Friendship Room
OFFS-Offsite
POOL-Pool
RB-Ray's Bistro
RBB-Ray's Bistro Billiards
RBC-Ray's Bistro Conf Room
RMP-Manor Parking Lot
TRAN-Transportation

CONTACTS

ESTATES & HMS OFFICE
616-235-5006
M-F, 8:00am-4:30pm

HEALTH CENTER

EI: 616-235-5721
8:30am-12:00pm
Same # for EMERG RESPONSE
from 5:00pm-8:00am

EI: 616-235-5675
1:00pm-4:30pm
Same # for EMERG RESPONSE
from 5:00pm-8:00am

FACILITY SERVICES
616-235-2787

ESTATES SALON
616-235-5701

VOLUNTEER SERVICES
616-235-5717

NOTARY SERVICES
Office, By Appointment

August 23 - August 29

Estates & Homes

Sunday 23	Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28	Saturday 29
OPEN SWIM (POOL) 9:30Chapel Service - Rev. Don Byker, CRC (CH) 6:15Chapel Service - Rev. Ralph Robrahn, RCA (CH) SIGN UP GUIDELINES: > Sign Up sheets are centrally located in the tunnel hallway outside the BWC, with the exception of the Wed & Fri shopping outings. These can be found on EI & EII Bulletin Boards. > Save the Dates and Sign Up begin dates and deadlines are to give notice of anticipated upcoming events. Subject to Change as details are finalized.	OPEN SWIM: 5:30am- 9:30am, 11:30am-10:00pm (POOL) 8:30Men's Social Hour (COM) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Van's Market - 10:00AM-12:00PM MWF (MKT) 10:15Water Walking (POOL) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 1:30Cornhole - Weather Permitting (E2P) 2:00Exercise with the GR Ballet (BWC) 2:00REAL: Bees, Bees, Bees! w/Don Snoeyink of Thornapple Woodlands (FR) 3:00Coffee Time (LA) 6:30Pool League (RBB)	OPEN SWIM: 5:30am- 10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR)	OPEN SWIM: 5:30am- 9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM- 11:00AM (Lunch Available until 1:00PM) 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am- SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00Van's Market - 10:00AM-12:00PM MWF (MKT) 10:15Water Walking (POOL) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (GP)	OPEN SWIM: 5:30am- 10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:00Building & Grounds Meeting (FR) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 11:00Frederick Meijer Gardens Chihuly Outing - SUR, \$\$ (OFF) 1:00Van's Market - 1:00PM- 3:00PM, Thursdays (MKT) 1:15First Step (BWC) 3:00Coffee Time (LA)	OPEN SWIM: 5:30am- 9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM- 11:00AM (Cold Lunch Available until 1:00PM) (RB) 9:00FRESH THYME Friday Shopping - Lobby PU, EI/9am & EII/9:05am (EL) 9:00Classic Car Show w Donuts & Coffee - While Supplies Last, Weather Permitting (DV) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00Van's Market - 10:00AM-12:00PM MWF (MKT) 10:15Water Walking (POOL) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)	OPEN SWIM (POOL) 10:00Coffee Time (CR) 7:00Movie Night (COM) SAVE THE DATE! Limited spots available for ALL sign up events. SEPTEMBER 1 SAUGATUCK OUTING Sign Up Begins Aug 18 SEPTEMBER 11 LAGRAVE ORGAN CONCERT Sign Up Begins Sept 1 SEPTEMBER 14 BEER CITY BREAD RESTAURANT OUTING Sign up Begins Sept 1 SEPTEMBER 21 - 25 ACTIVE AGING WEEK Watch for Separate Calendar