

Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7	Saturday 8	Sunday 9
6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	10:45 Calvary Church Livestream (CP)
8:30 Aqua Fit (POOL)	8:15 Total Body (TFC)	8:30 Aqua Fit (POOL)	8:15 Total Body (TFC)	8:30 Aqua Fit (POOL)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	6:00 Breton Woods Worship Service and Special Music by Phil VanNoord w/ Rev. Carolyn Cammenga (Transportation from the Terrace leaves at 5:15 and 5:30 pm) (VI)
9:15 Stretch & Flex (BS)	8:30 Resident Golf League at the Pines (OCO)	9:15 Stretch & Flex (BS)	9:15 Balance & Core Stability (BS)	9:00 Pickleball * (resident led) (PC)	10:00 Hymn Sing (Cafe)	
9:30 Strength Training (TFC)	9:15 Balance & Core Stability (BS)	9:30 Strength Training (TFC)	9:30 Balance & Core Stability (TFC)	9:15 Stretch & Flex (BS)	1:00 Men's Billiards (RBR)	
9:30 Shuffleboard and Bocce Ball * (resident led) (BP)	9:30 Balance & Core Stability (TFC)	10:00 Catholic Communion (TPDR)	9:30 Shuffleboard and Bocce Ball * (resident led) (BP)	9:30 Strength Training (TFC)	2:00 Stinky Feet (EX)	
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	10:00 Ladies Billiards (RBR)	10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)	9:30 Blendon Pines Alpaca Ranch Tour and Lunch at Chubby's Bar & Grill (sign-up required) (OCO)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	7:00 Terrace Movie: "A Tale of Two Cities" (TT)	
10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)	10:00 Sew Wonderful Quilters (10:00 am - 4:00 pm) (AS)	10:15 Strength Training (BS)	10:00 Ladies Laughing and Learning to Play Pool (TBR)	10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)	7:00 Ridge Movie: "The King & I" (RT)	
10:15 Strength Training (BS)	10:15 Strength & Stability (BS)	11:00 Stretch & Flex (EX)	10:15 Strength & Stability (BS)	10:15 Strength Training (BS)		
11:00 Stretch & Flex (EX)	11:00 Water Walking (POOL)	11:15 Heart Healthy Dance (VI)	11:00 Water Walking (POOL)	11:00 Stretch & Flex (EX)		
11:15 Heart Healthy Dance (VI)	11:00 Dog Pawty * (TC)	12:00 Dynamic Movement (BS)	11:15 Balance & Core Stability (BS)	11:15 Heart Healthy Dance (VI)		
12:00 Terrace Coffee Bar with Soup & Salad (12:00 - 2:00 pm) (Cafe)	11:15 Balance & Core Stability (BS)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)		
12:00 Dynamic Movement (BS)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	12:30 Bus to Gaines Meijer (TL)	1:00 Ping Pong (VI)	1:00 Men's Billiards (RBR)		
12:30 Open Swim (12:30 - 10:00 pm) (POOL)	1:00 Men's Billiards (RBR)	12:30 Mah Jongg (EX)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	1:15 Strength Training (TFC)		
1:00 Men's Billiards (RBR)	1:00 Based on Books Film Series: "All the Light We Cannot See" (TT)	1:00 Bus to Gaines Meijer (RL)	1:00 Men's Billiards (RBR)	2:00 5 Crowns (TL)		
1:00 Movie Matinee "The Great Awakening" (CP)	1:15 Balance & Core Stability (TFC)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	1:15 Balance & Core Stability (TFC)	5:30 Men's Social Supper (5:30 - 7:00 pm; resident led) (EX)		
1:15 Strength Training (TFC)	1:15 HUR Circuit Training (BS)	1:00 Pickleball * (resident led) (PC)	1:15 Park Circuit (in place of HUR Circuit Training) (BP)	7:00 Terrace Movie: "The King & I" (TT)		
6:30 Games (EX)	2:00 Yarntastics (EX)	1:15 Strength Training (TFC)	1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe)	7:00 Ridge Movie: "A Tale of Two Cities" (RT)		
6:30 Dirty Dog (TPDR) (EX)	2:00 Breton Readers at the Ridge (RPDR)	1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe)	2:00 Men's Billiards (TBR)			
	2:00 Seated Stretch & Flex (TFC)	2:00 Men's Billiards (TBR)	2:00 Knit Wits (BI)			
	2:00 August Birthday Social at the Ridge (VI)	2:30 August Birthday Social at the Terrace (Cafe)	2:00 Seated Stretch & Flex (TFC)			
	3:00 Ladies Billiards (TBR)	3:30 Caregiver Support Group (TPDR)	2:00 Bretonaires Brass Practice (EX)			
	3:00 Ladies Tea (EX)	4:00 Social Hour at the Ridge (RPDR)	2:00 Bretonaires Brass Practice (EX)			
		6:00 Games (BI) (RL)	3:30 Social Hour at the Terrace (TPDR)			
		6:45 Euchre (TB) Mah Jongg (RL)	7:00 "Hope Heralds" Concert (sign up for 6:30 pm transportation from the Terrace) (VI)			
		7:00 Dominos (EX)				

Location Key

Breton Terrace

AS - Art Studio
Cafe - Terrace Café
CP - Centre Place
EL - Employee Lounge
EX - Expressions
HC - Health Centre
TB - Terrace Balcony
TBR - Terrace Billiard Room
TCP - Terrace Café Patio
TC - Terrace Courtyard
TFC - Terrace Fitness Centre
TL - Terrace Lobby
TLI - Terrace Library
TLL - Terrace Lower Level
TME - Terrace Main Entrance
TPDR - Terrace Private Dining Room
TSP - Terrace South Patio
TT - Terrace Theatre
WS - Woodshop

Breton Ridge

BI - Bistro
BP - Breton Park
BS - Body Shop
CR - Craft Room
PC - Pickleball Courts
RBR - Ridge Billiard Room
RI - Ristorante
RL - Ridge Lobby
RLI - Ridge Library
RME - Ridge Main Entrance
RP - Ridge Patio
RPDR - Ridge Private Dining Room
RSOCR - Ridge RSO Conference Room
RT - Ridge Theatre
VI- Vineyard

OCO - Off Campus Outing
* Weather permitting

Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14	Saturday 15	Sunday 16
6:00 Open Swim (6:00 - 8:15 am) (POOL) 8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI) 8:30 Aqua Fit (POOL) 9:15 Stretch & Flex (BS) 9:30 Strength Training (TFC) 9:30 Shuffleboard and Bocce Ball * (resident led) (BP) 10:00 Breton Market (10:00 am - 12:00 pm) (TLL) 10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL) 10:15 Strength Training (BS) 11:00 Stretch & Flex (EX) 11:15 Heart Healthy Dance (VI) 12:00 Terrace Coffee Bar with Soup & Salad (12:00 - 2:00 pm) (Cafe) 12:00 Dynamic Movement (BS) 12:30 Open Swim (12:30 - 10:00 pm) (POOL) 1:00 Men's Billiards (RBR) 1:15 Strength Training (TFC) 1:30 REAL: "AARP's 2026 Technology Trends" (VI) 6:30 Games (EX) 6:30 Dirty Dog (TPDR) (EX)	6:00 Open Swim (6:00 - 10:45 am) (POOL) 8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI) 8:15 Total Body (TFC) 8:30 Donuts w/ the HH Development Team (8:30 - 10:00 am) (BI) 8:30 Resident Golf League at the Pines (OCO) 9:15 Balance & Core Stability (BS) 9:30 Balance & Core Stability (TFC) 9:30 Frederik Meijer Gardens - Tram Tour and Chihuly Exhibit (sign-up required) (OCO) 10:00 Ladies Billiards (RBR) 10:00 Sew Wonderful Quilters (10:00 am - 4:00 pm) (AS) 10:15 Strength & Stability (BS) 11:00 Water Walking (POOL) 11:00 Dog Pawty * (TC) 11:15 Balance & Core Stability (BS) 12:30 Open Swim (12:30 - 10:00 pm) (POOL) 1:00 Men's Billiards (RBR) 1:15 Balance & Core Stability (TFC) 1:15 HUR Circuit Training (BS) 1:30 REAL: "Time, Talent, Treasures - Part 1" presentation by Caroline Cook (VI) 2:00 Yarnstastics (EX) 2:00 Seated Stretch & Flex (TFC) 3:00 Ladies Billiards (TBR) 3:00 Ladies Tea (EX) 3:30 Caregiver Support Group (postponed to next Tuesday) (RPDR) 7:00 Classic Music Community (CP) Pet Therapy with Sailor! 8:00 am - 12:00 pm 3:00 - 4:30 pm Amy Perin's Office 	6:00 Open Swim (6:00 - 8:15 am) (POOL) 8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI) 8:30 Aqua Fit (POOL) 9:15 Stretch & Flex (BS) 9:15 Breakfast at Morning Belle (sign-up required) (OCO) 9:30 Strength Training (TFC) 10:00 Catholic Communion (TPDR) 10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL) 10:00 KDL Book Mobile at the Ridge (RL) 10:15 Strength Training (BS) 11:00 Stretch & Flex (EX) 11:00 KDL Book Mobile at the Terrace (TL) 11:15 Heart Healthy Dance (VI) 12:00 Dynamic Movement (BS) 12:30 Open Swim (12:30 - 10:00 pm) (POOL) 12:30 Bus to Cascade Meijer (TL) 12:30 Mah Jongg (EX) 12:45 Crossroads Prison Ministry Tour (sign-up required) (OCO) 1:00 Bus to Cascade Meijer (RL) 1:00 Breton Market (1:00 - 3:00 pm) (TLL) 1:00 Pickleball * (resident led) (PC) 1:00 Men's Billiards (RBR) 1:15 Strength Training (TFC) 1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe) 2:00 Men's Billiards (TBR) 2:00 Exercise with the GR Ballet (TFC) 4:00 Social Hour at the Ridge (RPDR) 6:00 Games (BI) (RL) 6:45 Euchre (TB) Mah Jongg (RL) 7:00 Dominos (EX)	6:00 Open Swim (6:00 - 10:45 am) (POOL) 8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI) 8:15 Total Body (TFC) 9:15 Balance & Core Stability (BS) 9:30 Balance & Core Stability (TFC) 9:30 Shuffleboard and Bocce Ball * (resident led) (BP) 10:00 Ladies Laughing and Learning to Play Pool (TBR) 10:15 Terrace Library Committee Meeting (TLI) 10:15 Strength & Stability (BS) 11:00 Water Walking - canceled today (POOL) 11:15 Balance & Core Stability - canceled today (TFC) 11:30 Breton Woods Annual Carnival! (11:30 am - 1:30 pm) (BRLC) 12:30 Open Swim (12:30 - 10:00 pm) (POOL) 1:00 Ping Pong (VI) 1:00 Scrapbooking and Card Making (1:00 - 3:00 pm) (AS) 1:00 Breton Market (1:00 - 3:00 pm) (TLL) 1:00 Men's Billiards (RBR) 1:15 Balance & Core Stability - canceled today (TFC) 1:15 HUR Circuit Training - canceled today (BS) 1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe) 2:00 Men's Billiards (TBR) 2:00 Knit Wits (BI) 2:00 Bretonaires Brass Practice (EX) 2:00 Seated Stretch & Flex (canceled today) (TFC) 3:30 Social Hour at the Terrace (TPDR)	6:00 Open Swim (6:00 - 8:15 am) (POOL) 7:45 Shipshewana Coach Bus Trip (sign-up required) (OCO) 8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI) 8:30 Aqua Fit (POOL) 9:00 Pickleball * (resident led) (PC) 9:15 Stretch & Flex (BS) 9:30 Strength Training (TFC) 10:00 Breton Market (10:00 am - 12:00 pm) (TLL) 10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL) 10:15 Strength Training (BS) 11:00 Stretch & Flex (EX) 11:15 Heart Healthy Dance (VI) 12:30 Open Swim (12:30 - 10:00 pm) (POOL) 1:00 Men's Billiards (RBR) 1:15 Strength Training (TFC) 2:00 5 Crowns (TL) 5:30 Men's Social Supper (5:30 - 7:00 pm; resident led) (EX) 7:00 Terrace Movie: "What Happens Later" (TT) 7:00 Ridge Movie: "The Pirates of Penzance" (RT)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL) 8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI) 10:00 Breton Market (10:00 am - 12:00 pm) (TLL) 10:00 Hymn Sing (Cafe) 1:00 Men's Billiards (RBR) 2:00 Stinky Feet (EX) 7:00 Ridge Movie: "What Happens Later" (RT) 7:00 Terrace Movie: "The Pirates of Penzance" (TT)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL) 10:45 Calvary Church Livestream (CP) 6:00 Breton Woods Worship Service and Special Music by Violinist Ann Robinson w/ Rev. Lamarr Gibson (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP) 7:00 Refreshments and Fellowship (resident led) (EX)
					Location Key Breton Terrace AS - Art Studio Cafe - Terrace Café CP - Centre Place EL - Employee Lounge EX - Expressions HC - Health Centre TB - Terrace Balcony TBR - Terrace Billiard Room TCP - Terrace Café Patio TC - Terrace Courtyard TFC - Terrace Fitness Centre TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WS - Woodshop	
					Breton Ridge BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RSOCR - Ridge RSO Conference Room RT - Ridge Theatre VI - Vineyard ~~~~~ OCO - Off Campus Outing * Weather permitting	