

Monday 29	Tuesday 30	Wednesday 1	Thursday 2	Friday 3	Saturday 4	Sunday 5		
<p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:30 Aqua Fit (POOL)</p> <p>9:15 Stretch & Flex (BS)</p> <p>9:30 Strength Training (TFC)</p> <p>9:30 Shuffleboard and Bocce Ball * (resident led) (BP)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</p> <p>10:15 Strength Training (BS)</p> <p>10:45 JULIET Ladies Lunch @ Red Lobster (sign-up required) (OCO)</p> <p>11:00 Stretch & Flex (EX)</p> <p>11:15 Heart Healthy Dance (VI)</p> <p>12:00 Terrace Coffee Bar with Soup & Salad (12:00 - 2:00 pm) (Cafe)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:15 Strength Training (TFC)</p> <p>1:15 Dynamic Movement (BS)</p> <p>2:00 "Boogie Woogie Kid" Concert (sign up for 1:30 pm transportation from the Terrace) (VI)</p> <p>6:30 Games (EX)</p> <p>6:30 Dirty Dog (TPDR) (EX)</p> <p>7:00 Resident Led Movie: "Lone Survivor" (RT)</p>	<p>6:00 Open Swim (6:00 - 10:45 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:15 Total Body (TFC)</p> <p>8:30 Resident Golf League at the Pines (OCO)</p> <p>9:15 Balance & Core Stability (BS)</p> <p>9:30 Balance & Core Stability (TFC)</p> <p>10:00 Ladies Billiards (RBR)</p> <p>10:00 Quilting (10:00 am - 4:00 pm) (AS)</p> <p>10:15 Strength & Stability (BS)</p> <p>10:30 REAL: "Behind the Badge: Technology that Catches Criminals" w/ the Kentwood Police Department (CP)</p> <p>11:00 Water Walking (POOL)</p> <p>11:15 Balance & Core Stability (BS)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:15 Balance & Core Stability (TFC)</p> <p>1:15 HUR Circuit Training (BS)</p> <p>2:00 Yarnstastics (EX)</p> <p>2:00 Seated Stretch & Flex (TFC)</p> <p>2:00 Patriotic Concert and Dessert featuring "Liberty Gals" (sign up for 1:30 pm transportation from the Ridge) (TL)</p> <p>3:00 Ladies Billiards (TBR)</p> <p>3:00 Ladies Tea (EX)</p> <p>7:00 Silver Waltzers (resident led) (VI)</p> <p>7:00 Pastor Frank Guter Presents "Adventures in Guam & Asia" (sign up for 6:30 pm transportation from the Ridge) (CP)</p>	<p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:30 Aqua Fit (POOL)</p> <p>9:15 Stretch & Flex (BS)</p> <p>9:30 Strength Training (TFC)</p> <p>10:00 Catholic Communion (TPDR)</p> <p>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</p> <p>10:00 Open Painting (10:00 - 11:30 am) (resident led) (RPDR)</p> <p>10:15 Strength Training (BS)</p> <p>10:30 REAL: "Holland Museum" (CP)</p> <p>11:00 Stretch & Flex (EX)</p> <p>11:15 Heart Healthy Dance (VI)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>12:30 Bus to Cascade Meijer (TL)</p> <p>12:30 Mah Jongg (EX)</p> <p>12:30 Resident Tech Help Desk (12:30 - 3:00 pm) (TL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Bus to Cascade Meijer (RL)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:00 Pickleball * (resident led) (PC)</p> <p>1:15 Strength Training (TFC)</p> <p>1:15 Dynamic Movement (BS)</p> <p>1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe)</p> <p>2:00 Men's Billiards (TBR)</p> <p>2:30 July Birthday Social at the Terrace (Cafe)</p> <p>3:30 Caregiver Support Group (TPDR)</p> <p>4:00 Social Hour at the Ridge (RPDR)</p> <p>6:00 Games (BI) (RL)</p> <p>6:45 Euchre (TB) Mah Jongg (RL)</p> <p>7:00 Dominos (EX)</p>	<p>6:00 Open Swim (6:00 - 10:45 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:15 Total Body (TFC)</p> <p>9:15 Balance & Core Stability (BS)</p> <p>9:30 Balance & Core Stability (TFC)</p> <p>9:30 Shuffleboard and Bocce Ball * (resident led) (BP)</p> <p>10:00 Ladies Laughing and Learning to Play Pool (TBR)</p> <p>10:15 Strength & Stability (BS)</p> <p>11:00 Water Walking (POOL)</p> <p>11:15 Balance & Core Stability (BS)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Ping Pong (VI)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:15 Balance & Core Stability (TFC)</p> <p>1:15 HUR Circuit Training (BS)</p> <p>1:30 Terrace Coffee Bar (closed today) (Cafe)</p> <p>2:00 Men's Billiards (TBR)</p> <p>2:00 Knit Wits (BI)</p> <p>2:00 Seated Stretch & Flex (TFC)</p> <p>2:00 Bretonaires Brass Practice (EX)</p> <p>3:30 Social Hour at the Terrace (TPDR)</p> <p>Terrace Cafe and Ridge Bistro: Open 9:00 am - 1:00 pm Closed for dinner</p> <p>Terrace & Ridge RSO's close at noon.</p>	<p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>9:00 Pickleball * (resident led) (PC)</p> <p>10:00 Breton Market (closed today) (TLL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>2:00 5 Crowns (TL)</p> <p>5:30 Men's Social Supper (5:30 - 7:00 pm; resident led) (EX)</p> <p>7:00 Terrace Movie: "Annie Get Your Gun" (TT)</p> <p>7:00 Ridge Movie: "The Firm" (RT)</p> <p>Closed/Canceled today: ~ Terrace Cafe ~ Ridge Bistro ~ Resident Services Offices ~ Health Centre ~ Fitness Classes ~ Breton Market ~ On-Campus Transportation</p>	<p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>10:00 Hymn Sing (Cafe)</p> <p>10:00 Breton Market (closed today) (TLL)</p> <p>12:00 4th of July Cookout & Potluck - Hosted by Ridge Social Committee (sign-up required) (VI)</p> <p>2:00 Stinky Feet (EX)</p> <p>7:00 Terrace Movie: "The Firm" (TT)</p> <p>7:00 Ridge Movie: "Annie Get Your Gun" (RT)</p>  <p>Location Key</p> <table border="0"> <tr> <td> <p>Breton Terrace</p> <p>AS - Art Studio Cafe - Terrace Café CP - Centre Place EL - Employee Lounge EX - Expressions HC - Health Centre TB - Terrace Balcony TBR - Terrace Billiard Room TCP - Terrace Café Patio TC - Terrace Courtyard TFC - Terrace Fitness Centre TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WS - Woodshop</p> </td> <td> <p>Breton Ridge</p> <p>BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RSOCR - Ridge RSO Conference Room RT - Ridge Theatre VI - Vineyard</p> </td> </tr> </table> <p>OCO - Off Campus Outing * Weather permitting</p>	<p>Breton Terrace</p> <p>AS - Art Studio Cafe - Terrace Café CP - Centre Place EL - Employee Lounge EX - Expressions HC - Health Centre TB - Terrace Balcony TBR - Terrace Billiard Room TCP - Terrace Café Patio TC - Terrace Courtyard TFC - Terrace Fitness Centre TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WS - Woodshop</p>	<p>Breton Ridge</p> <p>BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RSOCR - Ridge RSO Conference Room RT - Ridge Theatre VI - Vineyard</p>	<p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>10:45 Calvary Church Livestream (CP)</p> <p>6:00 Breton Woods Worship Service and Communion w/ Rev. Les Wiseman (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP)</p>
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