


| Monday 25 | Tuesday 26 | Wednesday 27 | Thursday 28 | Friday 29 | Saturday 30 | Sunday 31 |
|---|---|---|--|--|---|--|
| <p>6:00 Open Swim (6:00 - 10:00 pm) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>10:00 Shuffleboard * (resident led) (BP)</p> <p>11:45 "Meet at the Flagpole" Event (TL) (RL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>2:00 Bretonaires Practice (EX)</p> <p>5:00 Memorial Day Potluck at the Ridge (bring food by 4:45 pm, eat at 5:00 pm; resident led) (VI)</p> <p>6:30 Games (EX)</p> <p>6:30 Dirty Dog (TPDR) (EX)</p> <p>7:00 Resident Led Movie: "September Affair" (RT)</p>  <p>Closed/Canceled today: ~ Terrace Cafe ~ Ridge Bistro ~ Resident Services Offices ~ Health Centre ~ Fitness Classes ~ Breton Market ~ On-Campus Transportation</p> <p>~ No mail delivery. ~ Post Offices and most banks are closed.</p> <p>Lost & Found Week - See page 3 of the May Breton Buzz for more information.</p> | <p>6:00 Open Swim (6:00 - 10:45 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:15 Total Body (TFC)</p> <p>8:30 Resident Golf League at the Pines (OCO)</p> <p>9:15 Balance & Core Stability (BS)</p> <p>9:30 Balance & Core Stability (TFC)</p> <p>10:00 Ladies Billiards (RBR)</p> <p>10:00 Quilting (10:00 am - 4:00 pm) (AS)</p> <p>10:00 Ladies Bible Study "The Book of Isaiah" (resident led) (TPDR)</p> <p>10:15 Strength & Stability (BS)</p> <p>11:00 Water Walking (POOL)</p> <p>11:15 Balance & Core Stability (BS)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Ladies Bible Study "The Book of Isaiah" (resident led) (RPDR)</p> <p>1:00 Memorial Day Program (sign up for 12:30 pm transportation from the Ridge) (CP)</p> <p>1:15 Balance & Core Stability (TFC)</p> <p>1:15 HUR Circuit Training (BS)</p> <p>2:00 Yarnstastics (EX)</p> <p>2:00 Seated Stretch & Flex (TFC)</p> <p>3:00 Ladies Billiards (TBR)</p> <p>3:00 Ladies Tea (BI) (EX)</p> <p>7:00 Silver Waltzers (resident led) (VI)</p> | <p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:30 Aqua Fit (POOL)</p> <p>9:15 Stretch & Flex (BS)</p> <p>9:30 Strength Training (TFC)</p> <p>10:00 Catholic Communion (TPDR)</p> <p>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</p> <p>10:00 Open Painting (10:00 - 11:30 am) (resident led) (RPDR)</p> <p>10:15 Strength Training (BS)</p> <p>10:45 JULIET Ladies Lunch @ Carolina Lowcountry Kitchen (sign-up required) (OCO)</p> <p>11:00 Stretch & Flex (EX)</p> <p>11:15 Heart Healthy Dance (VI)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>12:30 Bus to Gaines Meijer (TL)</p> <p>12:30 Mah Jongg (EX)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Bus to Gaines Meijer (RL)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:00 Pickleball * (resident led) (PC)</p> <p>1:15 Strength Training (TFC)</p> <p>1:15 Dynamic Movement (BS)</p> <p>1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe)</p> <p>2:00 Men's Billiards (TBR)</p> <p>3:00 Breton Readers at the Terrace (TPDR)</p> <p>4:00 Social Hour at the Ridge (RPDR)</p> <p>6:00 Games (BI) (RL)</p> <p>6:45 Euchre (TB) Mah Jongg (RL)</p> <p>7:00 Dominos (EX)</p> | <p>6:00 Open Swim (6:00 - 10:45 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:15 Total Body (TFC)</p> <p>8:30 Donuts w/ the HH Development Team (8:30 - 10:00 am) (EX)</p> <p>9:15 Balance & Core Stability (BS)</p> <p>9:30 Balance & Core Stability (TFC)</p> <p>10:00 Ladies Laughing and Learning to Play Pool (TBR)</p> <p>10:00 Floral Friends (RI)</p> <p>10:00 Shuffleboard * (resident led) (BP)</p> <p>10:15 Strength & Stability (BS)</p> <p>11:00 Water Walking (POOL)</p> <p>11:15 Balance & Core Stability (BS)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Ping Pong (VI)</p> <p>1:00 Scrapbooking and Card Making (1:00 - 3:00 pm) (AS)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:00 Based on Books Film Series: "Hamnet" (TT)</p> <p>1:15 Balance & Core Stability (TFC)</p> <p>1:15 HUR Circuit Training (BS)</p> <p>1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe)</p> <p>2:00 Men's Billiards (TBR)</p> <p>2:00 Knit Wits (BI)</p> <p>2:00 Bretonaires Practice (EX)</p> <p>2:00 Seated Stretch & Flex (TFC)</p> <p>3:30 Social Hour at the Terrace (TPDR)</p> <p>5:00 Patio Picnic at the Ridge (sign-up required; transportation at 4:30 pm, return ride after the concert) (RP)</p> <p>6:15 "Hearts in Strings" Concert (VI)</p> <p>7:00 "A Psalm Sampler" Bible Study w/ Daniel Bos (resident led) (RI)</p> <p>Ridge Bistro - closed for lunch. Terrace Cafe - closed for dinner.</p> | <p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:30 Aqua Fit (POOL)</p> <p>9:00 Pickleball * (resident led) (PC)</p> <p>9:15 Stretch & Flex (BS)</p> <p>9:30 Strength Training (TFC)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</p> <p>10:15 Strength Training (BS)</p> <p>11:00 Stretch & Flex (EX)</p> <p>11:15 Heart Healthy Dance (VI)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:15 Strength Training (TFC)</p> <p>2:00 5 Crowns (TL)</p> <p>5:30 Men's Social Supper (5:30 - 7:00 pm; resident led) (EX)</p> <p>7:00 Terrace Movie: "Against A Crooked Sky" (TT)</p> <p>7:00 Ridge Movie: "All the President's Men" (RT)</p> | <p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:00 Hymn Sing (Cafe)</p> <p>2:00 Stinky Feet (EX)</p> <p>7:00 Ridge Movie: "Against A Crooked Sky" (RT)</p> <p>7:00 Terrace Movie: "All the President's Men" (TT)</p> <p style="text-align: center;">Location Key</p> <p>Breton Terrace AS - Art Studio Cafe - Terrace Café CP - Centre Place EL - Employee Lounge EX - Expressions HC - Health Centre TB - Terrace Balcony TBR - Terrace Billiard Room TCP - Terrace Café Patio TC - Terrace Courtyard TFC - Terrace Fitness Centre TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WS - Woodshop</p> <p>Breton Ridge BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RSOCR - Ridge RSO Conference Room RT - Ridge Theatre VI - Vineyard ***** BRLC- Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing</p> <p>*Weather permitting.</p> | <p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>10:45 Calvary Church Livestream (CP)</p> <p>6:00 Breton Woods Worship Service w/ Rev. Les Wiseman (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP)</p> |

| Monday 1 | Tuesday 2 | Wednesday 3 | Thursday 4 | Friday 5 | Saturday 6 | Sunday 7 |
|---|---|--|---|---|---|--|
| <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:30 Circuit Training in place of Aqua Fit (TFC)</p> <p>9:15 Stretch & Flex (BS)</p> <p>9:30 Strength Training (TFC)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:00 Shuffleboard * (resident led) (BP)</p> <p>10:15 Strength Training (BS)</p> <p>11:00 Stretch & Flex (EX)</p> <p>11:15 Heart Healthy Dance (VI)</p> <p>12:00 Terrace Coffee Bar with Soup & Salad (12:00 - 2:00 pm) (Cafe)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:15 Strength Training (TFC)</p> <p>1:15 Dynamic Movement (BS)</p> <p>2:00 Bretonaires Practice (EX)</p> <p>6:30 Games (EX)</p> <p>6:30 Dirty Dog (TPDR) (EX)</p> <p>7:00 Rockford Community Band (Sign up for 6:30 pm transportation from the Ridge) (TL)</p> <p>7:00 "Tell Us Your Story" w/ Robert Hoffman - "Teaching the Truth Abroad and At Home" (VI)</p> | <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:15 Total Body (TFC)</p> <p>8:30 Resident Golf League at the Pines (OCO)</p> <p>9:15 Balance & Core Stability (BS)</p> <p>9:30 Balance & Core Stability (TFC)</p> <p>10:00 Ladies Billiards (RBR)</p> <p>10:00 Quilting (10:00 am - 4:00 pm) (AS)</p> <p>10:00 Ladies Bible Study "The Book of Isaiah" (resident led) (TPDR)</p> <p>10:15 Strength & Stability (BS)</p> <p>11:00 Walking Club in place of Water Walking (TL)</p> <p>11:15 Balance & Core Stability (BS)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Ladies Bible Study "The Book of Isaiah" (resident led) (RPDR)</p> <p>1:15 Balance & Core Stability (TFC)</p> <p>1:15 HUR Circuit Training (BS)</p> <p>2:00 Yarnastics (EX)</p> <p>2:00 Breton Readers at the Ridge (RPDR)</p> <p>2:00 Seated Stretch & Flex (TFC)</p> <p>2:00 June Birthday Social at the Ridge (VI)</p> <p>3:00 Ladies Billiards (TBR)</p> <p>3:00 Ladies Tea (BI) (EX)</p> <p>7:00 Silver Waltzers (resident led) (VI)</p> | <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:30 Circuit Training in place of Aqua Fit (TFC)</p> <p>9:15 Stretch & Flex (BS)</p> <p>9:30 Strength Training (TFC)</p> <p>10:00 Catholic Communion (TPDR)</p> <p>10:00 Open Painting (10:00 - 11:30 am) (resident led) (RPDR)</p> <p>10:00 Final Creative Crafty Chicks (sign-up required; resident led) (AS)</p> <p>10:15 Strength Training (BS)</p> <p>11:00 Stretch & Flex (EX)</p> <p>11:15 Heart Healthy Dance (VI)</p> <p>12:30 Bus to Cascade Meijer (TL)</p> <p>12:30 Mah Jongg (EX)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Bus to Cascade Meijer (RL)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:00 Pickleball * (resident led) (PC)</p> <p>1:15 Strength Training (TFC)</p> <p>1:15 Dynamic Movement (BS)</p> <p>1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe)</p> <p>2:00 Men's Billiards (TBR)</p> <p>2:30 June Birthday Social at the Terrace (Cafe)</p> <p>3:30 Caregiver Support Group (TPDR)</p> <p>4:00 Social Hour at the Ridge (RPDR)</p> <p>6:00 Games (BI) (RL)</p> <p>6:45 Euchre (TB) Mah Jongg (RL)</p> <p>7:00 Dominos (EX)</p> <p>7:00 Bretonaires Concert at the Ridge (VI)</p> | <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:15 Total Body (TFC)</p> <p>9:15 Balance & Core Stability (BS)</p> <p>9:30 Balance & Core Stability (TFC)</p> <p>10:00 Ladies Laughing and Learning to Play Pool (TBR)</p> <p>10:00 Shuffleboard * (resident led) (BP)</p> <p>10:15 Strength & Stability (BS)</p> <p>10:30 REAL: "Women at Risk" (CP)</p> <p>11:00 Walking Club in place of Water Walking (TL)</p> <p>11:15 Balance & Core Stability (BS)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Ping Pong (VI)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:00 9 Ball Billiards Tournament at the Terrace (sign-up required) (TBR)</p> <p>1:15 Balance & Core Stability (TFC)</p> <p>1:15 HUR Circuit Training (BS)</p> <p>1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe)</p> <p>2:00 Men's Billiards (TBR)</p> <p>2:00 Knit Wits (BI)</p> <p>2:00 Bretonaires Practice (EX)</p> <p>2:00 Seated Stretch & Flex (TFC)</p> <p>3:30 Social Hour at the Terrace (TPDR)</p> <p>6:45 Master Arts Theatre: "Things We Couldn't Say" (sign-up required) (OCO)</p> | <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:30 Circuit Training in place of Aqua Fit (TFC)</p> <p>9:00 Blood Pressure Clinic (HC)</p> <p>9:00 Pickleball * (resident led) (PC)</p> <p>9:15 Stretch & Flex (BS)</p> <p>9:30 Strength Training (TFC)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:15 Strength Training (BS)</p> <p>11:00 Stretch & Flex (EX)</p> <p>11:15 Heart Healthy Dance (VI)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:15 Strength Training (TFC)</p> <p>2:00 5 Crowns (TL)</p> <p>5:30 Men's Social Supper (5:30 - 7:00 pm; resident led) (EX)</p> <p>7:00 Terrace Movie: "Cabaret" (TT)</p> <p>7:00 Ridge Movie: "Jungle Cruise" (RT)</p> <p>7:00 Bretonaires Concert at the Terrace (TL)</p> | <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:00 Hymn Sing (Cafe)</p> <p>12:30 Bingo at the Terrace (resident led) (EX)</p> <p>2:00 Stinky Feet (EX)</p> <p>7:00 Ridge Movie: "Cabaret" (RT)</p> <p>7:00 Terrace Movie: "Jungle Cruise" (TT)</p> | <p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>10:45 Calvary Church Livestream (CP)</p> <p>6:00 Breton Woods Worship Service w/ Rev. Kwasi Kena (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP)</p> |
| | | | | | <h3 style="margin: 0;">Location Key</h3> | |
| | | | | | <h4 style="margin: 0;">Breton Terrace</h4> <p>AS - Art Studio Cafe - Terrace Café CP - Centre Place EL - Employee Lounge EX - Expressions HC - Health Centre TB - Terrace Balcony TBR - Terrace Billiard Room TCP - Terrace Café Patio TC - Terrace Courtyard TFC - Terrace Fitness Centre TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WS - Woodshop</p> | <h4 style="margin: 0;">Breton Ridge</h4> <p>BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RSOCR - Ridge RSO Conference Room RT - Ridge Theatre VI - Vineyard</p> <p>*****</p> <p>BRLC- Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing</p> |
| | | | | | <p>*Weather permitting.</p> | |
| <p>6/1/26 - 6/19/26: Pool, Spa, and Locker Rooms are CLOSED for annual maintenance.</p> | | | | | | |