

March 1 - March 7

Estates & Homes



Based On Information Known At Time Of Print

Sunday 1	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6	Saturday 7
<p>OPEN SWIM (POOL) 9:30Chapel Service - Pastor Josh Holwerda, CRC (CH) 6:15Chapel Service - Rev. David Fleming, Our Savior Lutheran (CH)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:30Men's Social Hour (COM) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 2:00Exercise with the GR Ballet (BWC) 3:00Coffee Time (LA) 3:00Estates I Bible Study w/Chaplain Josh Baron (CR) 6:30Pool League (RBB)</p>	<p>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Summer in Winter Gym & Juice - Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00EII Bible Study - Dr. Wilson deAngelo Cunha (LDR) 10:15Summer in Winter Gym & Juice - Balance and Core Stability (BWC) 10:30Catholic Mass - Father Peter from St. Paul's Catholic Church (CH) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 2:00Summer in Winter REAL: Urban Jungle w/Caroline Cook (FR) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR) 7:00EII Ice Cream Birthday Social - LDR (LDR)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00RAY'S BISTRO CLOSED FOR 'SUMMER IN WINTER' EVENT 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 11:30Summer in Winter Tropical BBQ (FR) 2:30Current Events w/Hank Post - Now Meets the 2nd Wednesday of the Month (CR) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (Except the 3rd Wed Each Month) (GP)</p>	<p>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00EI/EIII Donuts with Development (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 11:00Summer in Winter DIY Beaded Plant Art Project (LDR) 1:15First Step (BWC) 2:30Summer in Winter Raybrook Jungle's 'In the Wild' Waffle Bowls (LDR) 3:00Coffee Time (LA)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-11:00AM (Cold Lunch Available until 1:00PM) (RB) 8:30Homes Breakfast - @ Ray's Bistro (Limited Menu) - RSVP to Helen Wentzheimer at 616-340-2495 (call or text) or hmswww@aol.com (RB) 9:00ALDI's Friday Shopping - Lobby PU, EI/9am & EII/9;05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p>OPEN SWIM (POOL) 10:00Coffee Time (CR) 7:00Movie Night (COM)</p>
						<div style="border: 1px solid black; padding: 5px; background-color: #00a0c0; color: white; font-weight: bold; font-size: 1.2em;">CONTACTS</div> <p>ESTATES & HMS OFFICE 616-235-5006 M-F, 8:00am-4:30pm</p> <hr/> <p>HEALTH CENTER</p> <p>EI: 616-235-5721 8:30am-12:00pm Same # for EMERG RESPONSE from 5:00pm-8:00am</p> <p>EII: 616-235-5675 1:00pm-4:30pm Same # for EMERG RESPONSE from 5:00pm-8:00am</p> <hr/> <p>VAN'S MARKET M,W & F - 10:30am-1:00pm</p> <p>FACILITY SERVICES 616-235-2787</p> <p>ESTATES SALON 616-235-5701</p> <p>VOLUNTEER SERVICES 616-235-5717</p> <p>NOTARY SERVICES Office, By Appointment</p>

LOCATION LEGEND

- SUR-Sign Up Required
- \$\$-Cost Involved
- BWC-Buiten Wellness Center
- CH-Chapel
- COM - EII Community Room
- CR-EI Club Room
- CS-EII Coffee Shop
- CV-Chapel Visiting Room
- E2P-EII Patio
- GR-Game Room
- GP-Gathering Place
- LDR-Large Dining Room
- LA-EII Lounge
- FR-Friendship Room
- OFFS-Offsite
- POOL-Pool
- RB-Ray's Bistro
- RBB-Ray's Bistro Billiards
- RBC-Ray's Bistro Conf Room
- RMP-Manor Parking Lot
- TRAN-Transportation

March 8 - March 14

Estates & Homes

Based On Information Known At Time Of Print

Sunday 8	Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13	Saturday 14
<p>OPEN SWIM (POOL) 9:30Chapel Service - Pastor Lorinda VanderWerp, CRC (CH) 6:15Chapel Service - Rev. Gerry Heyboer, HH Chaplain (CH)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:30Men's Social Hour (COM) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 2:00Exercise with the GR Ballet (BWC) 3:00Coffee Time (LA) 3:00Estates I Bible Study w/Chaplain Josh Baron (CR) 6:30Pool League (RBB) 7:00Chapel Concert - Rockford Community Community Band (Chapel) (CH)</p>	<p>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00EII Bible Study - Dr. Wilson deAngelo Cunha (LDR) 10:15Balance and Core Stability (BWC) 10:45Music at Midday Concert & Lunch - SUR (OFF) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 2:00REAL: Registered Church in China (FR) 3:00Coffee Time (LA) 6:30Pool League (RBB) 6:30Films with Chester - 12 Angry Men (FR) 7:00Game Night (CR)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-11:00AM (Lunch Available until 1:00PM) 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 10:30Dementia Institute Caregiver Support Group - Open to all Raybrook Residents - Call 616-235-5499 with questions. (RBC) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 11:30Russ' Fundraiser Lunch - SUR, \$\$ (OFF) 2:30Current Events w/Hank Post - Now Meets the 2nd Wednesday of the Month (CR) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (Except the 3rd Wed Each Month) (GP)</p>	<p>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 3:00Coffee Time (LA)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-11:00AM (Cold Lunch Available until 1:00PM) (RB) 8:30Coffee Masterworks - Transportation SUR - Season Ticket Holders (OFFS) 9:00TRADER JOE'S Friday Shopping - Lobby PU, EI/9am & EII/9:05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p>OPEN SWIM (POOL) 10:00Coffee Time (CR) 7:00Movie Night (COM)</p> <div style="background-color: #f4a460; padding: 5px; text-align: center; font-weight: bold; margin: 10px 0;">SAVE THE DATE!</div> <p>Limited spots available for ALL sign up events.</p> <p>MARCH 16 LUNCH AT FIRST WOK Sign Up Begins Mar 2</p> <p>MARCH 19 MARCH MADNESS & ST. PATRICKS DAY WATCH PARTY</p> <p>MARCH 26 GRAND RAPIDS PUBLIC MUSEUM OUTING Sign Up Begins Mar 12</p> <p>MARCH 28 GR CHOIR OF MEN & BOYS LENTEN MEDITATIONS Sign Up Begins March 12</p>
<p>SIGN UP GUIDELINES:</p> <p>> Sign Up sheets are centrally located in the tunnel hallway outside the BWC, with the exception of the Wed & Fri shopping outings. These can be found on EI & EII Bulletin Boards.</p> <p>> Save the Dates and Sign Up begin dates and deadlines are to give notice of anticipated upcoming events. Subject to Change as details are finalized.</p>						