


Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26	Saturday 27	Sunday 28
<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit (POOL)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training (TFC)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</div> <div>10:15 Strength Training (BS)</div> <div>11:00 Stretch & Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:15 Strength Training (TFC)</div> <div>1:15 Dynamic Movement (BS)</div> <div>6:30 Games (EX)</div> <div>6:30 Dirty Dog (TPDR) (EX)</div> <div>7:00 Resident Led Movie: "The Polar Express" (RT)</div>	<div>6:00 Open Swim (6:00 - 10:45 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:15 Total Body (TFC)</div> <div>9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe)</div> <div>9:15 Balance & Core Stability (BS)</div> <div>9:30 Balance & Core Stability (TFC)</div> <div>10:00 Ladies Billiards (RBR)</div> <div>10:00 Quilting (10:00 am - 4:00 pm) (AS)</div> <div>10:15 Strength & Stability (BS)</div> <div>11:00 Water Walking (POOL)</div> <div>11:15 Balance & Core Stability (BS)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>12:30 Bus to Gaines Meijer (TL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Bus to Gaines Meijer (RL)</div> <div>1:15 Balance & Core Stability (TFC)</div> <div>1:15 Total Body (BS)</div> <div>2:00 Yarnastics (EX)</div> <div>2:00 Seated Stretch & Flex (TT)</div> <div>3:00 Ladies Billiards (TBR)</div> <div>3:00 Ladies Tea (BI) (EX)</div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>10:00 Catholic Communion (TPDR)</div> <div>10:00 Open Painting (10:00 - 11:30 am) (resident led) (RPDR)</div> <div>12:30 Mah Jongg (TB)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</div> <div>2:00 Men's Billiards (TBR)</div> <div>4:00 Social Hour at the Ridge (RPDR)</div> <div>6:00 Games (BI) (RL)</div> <div>6:45 Euchre (TL) Mah Jongg (RL)</div> <div>7:00 Dominos (EX)</div> <div>~ Resident Services Offices close at noon.</div> <div>~ Terrace Cafe and Ridge Bistro: Open 9:00 am - 1:00 pm. Closed for dinner.</div> <div>~ Fitness classes are canceled.</div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>10:00 Ladies Laughing and Learning to Play Pool (TBR)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Ping Pong (VI)</div> <div>1:00 Scrapbooking and Card Making (1:00 - 3:00 pm) (AS)</div> <div>2:00 Men's Billiards (TBR)</div> <div>2:00 Knit Wits (BI)</div> <div>3:30 Social Hour at the Terrace (TPDR)</div> <div>4:30 Detroit Lions vs Minnesota Vikings Football (TT)</div> <div></div> <div>Closed/Canceled today:<div>~ Terrace Cafe</div><div>~ Ridge Bistro</div><div>~ Resident Services Offices</div><div>~ Health Centre</div><div>~ Fitness Classes</div><div>~ Breton Market</div><div>~ On-Campus Transportation</div></div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>9:00 Blood Pressure Clinic (9:00 - 10:00 am) (RPDR)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>2:00 5 Crowns (TL)</div> <div>5:30 Men's Social Supper - NOTE: location change for today. (5:30 - 7:00 pm ~ resident led) (EL)</div> <div>7:00 Terrace Movie: "The Bells of St. Mary's" (TT)</div> <div>7:00 Ridge Movie: "The Polar Express" (RT)</div> <div>Closed/Canceled today:<div>~ Terrace Cafe and Ridge Bistro</div><div>~ Ridge Resident Services Office</div><div>~ Fitness Classes</div></div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:00 Hymn Sing - canceled today (TL)</div> <div>2:00 Stinky Feet (EX)</div> <div>7:00 Terrace Movie: "The Polar Express" (TT)</div> <div>7:00 Ridge Movie: "The Bells of St. Mary's" (RT)</div> <div><div>Location Key</div><div><div>Breton Terrace</div><div>AS - Art Studio</div><div>Cafe - Terrace Café</div><div>CP - Centre Place</div><div>EL - Employee Lounge</div><div>EX - Expressions</div><div>HC - Health Centre</div><div>TB - Terrace Balcony</div><div>TBR - Terrace Billiard Room</div><div>TCP - Terrace Café Patio</div><div>TC - Terrace Courtyard</div><div>TFC - Terrace Fitness Centre</div><div>TL - Terrace Lobby</div><div>TLI - Terrace Library</div><div>TLL - Terrace Lower Level</div><div>TME - Terrace Main Entrance</div><div>TPDR - Terrace Private Dining Room</div><div>TSP - Terrace South Patio</div><div>TT - Terrace Theatre</div><div>WS - Woodshop</div></div><div><div>Breton Ridge</div><div>BI - Bistro</div><div>BP - Breton Park</div><div>BS - Body Shop</div><div>CR - Craft Room</div><div>PC - Pickleball Courts</div><div>RBR - Ridge Billiard Room</div><div>RI - Ristorante</div><div>RL - Ridge Lobby</div><div>RLI - Ridge Library</div><div>RME - Ridge Main Entrance</div><div>RP - Ridge Patio</div><div>RPDR - Ridge Private Dining Room</div><div>RSOCR - Ridge RSO Conference Room</div><div>RT - Ridge Theatre</div><div>VI- Vineyard</div><div>*****</div><div>BRLC- Breton Rehab & Living Centre</div><div>BECC - Breton Extended Care Centre</div><div>BECS - Breton Extended Care South</div><div>OCO - Off Campus Outing</div></div></div> <div>*Weather permitting.</div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>10:45 Calvary Church Livestream (TPDR)</div> <div>6:00 Breton Woods Worship Service w/ Rev. Jim Evenhouse (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP)</div>

Monday 29	Tuesday 30	Wednesday 31	Thursday 1	Friday 2	Saturday 3	Sunday 4
<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit (POOL)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training (TFC)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</div> <div>10:15 Strength Training (BS)</div> <div>11:00 Stretch & Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:15 Strength Training (TFC)</div> <div>1:15 Dynamic Movement (BS)</div> <div>6:30 Games (EX)</div> <div>6:30 Dirty Dog (TPDR) (EX)</div> <div>7:00 Resident Led Movie: "Dark Passage" (RT)</div>	<div>6:00 Open Swim (6:00 - 10:45 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:15 Total Body (TFC)</div> <div>9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe)</div> <div>9:15 Balance & Core Stability (BS)</div> <div>9:30 Balance & Core Stability (TFC)</div> <div>10:00 Ladies Billiards (RBR)</div> <div>10:00 Quilting (10:00 am - 4:00 pm) (AS)</div> <div>10:15 Strength & Stability (BS)</div> <div>11:00 Water Walking (POOL)</div> <div>11:15 Balance & Core Stability (BS)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Bus to Cascade Meijer (TL) (RL)</div> <div>1:15 Balance & Core Stability (TFC)</div> <div>1:15 Total Body (BS)</div> <div>2:00 Yarnastics (EX)</div> <div>2:00 Seated Stretch & Flex (TT)</div> <div>3:00 Ladies Billiards (TBR)</div> <div>3:00 Ladies Tea (BI) (EX)</div>	<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit (POOL)</div> <div>8:30 Donuts w/ the HH Development Team (8:30 - 10:00 am) (EX)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training (TFC)</div> <div>10:00 Catholic Communion (TPDR)</div> <div>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</div> <div>10:00 Open Painting (10:00 - 11:30 am) (resident led) (RPDR)</div> <div>10:15 Strength Training (BS)</div> <div>11:00 Stretch & Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>12:30 Mah Jongg (TB)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</div> <div>1:15 Strength Training (TFC)</div> <div>1:15 Dynamic Movement (BS)</div> <div>2:00 Men's Billiards (TBR)</div> <div>3:00 Breton Readers at the Terrace - canceled (TPDR)</div> <div>4:00 Social Hour at the Ridge (RPDR)</div> <div>6:00 Games (BI) (RL)</div> <div>6:30 New Year's Eve Celebration at the Ridge - Band at 7:00 pm (resident led) (VI)</div> <div>6:45 Euchre (TL) Mah Jongg (RL)</div> <div>7:00 Dominos (EX)</div> <div>~ Resident Services Offices close at noon.</div> <div>~ Terrace Cafe and Ridge Bistro: Open 9:00 am - 1:00 pm. Closed for dinner.</div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>10:00 Ladies Laughing and Learning to Play Pool (TBR)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Ping Pong (VI)</div> <div>2:00 Men's Billiards (TBR)</div> <div>2:00 Knit Wits (BI)</div> <div>3:30 Social Hour at the Terrace (TPDR)</div> <div></div> <div>Closed/Canceled today: ~ Terrace Cafe ~ Ridge Bistro ~ Resident Services Offices ~ Health Centre ~ Fitness Classes ~ Breton Market ~ On-Campus Transportation</div>	<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit (POOL)</div> <div>9:00 Blood Pressure Clinic (9:00 - 10:00 am) (HC)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training (TFC)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</div> <div>10:15 Strength Training (BS)</div> <div>11:00 Stretch & Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:15 Strength Training (TFC)</div> <div>2:00 5 Crowns (TL)</div> <div>5:30 Men's Social Supper (5:30 - 7:00 pm ~ resident led) (EX)</div> <div>7:00 Terrace Movie: "Wicked" (TT)</div> <div>7:00 Ridge Movie: "Raising the Bar: The Alma Richards Story" (RT)</div> <div>Closed/Canceled today: ~ Terrace Cafe and Ridge Bistro ~ Ridge Resident Services Office</div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:00 Hymn Sing - canceled today (TL)</div> <div>11:30 New Year's Holiday Potluck Brunch at the Terrace (sign-up required; resident led) (Cafe)</div> <div>2:00 Stinky Feet (note location change for today) (EL)</div> <div>7:00 Ridge Movie: "Wicked" (RT)</div> <div>7:00 Terrace Movie: "Raising the Bar: The Alma Richards Story" (TT)</div> <div><div>Location Key</div><div><div>Breton Terrace</div><div>AS - Art Studio Cafe - Terrace Café CP - Centre Place EL - Employee Lounge EX - Expressions HC - Health Centre TB - Terrace Balcony TBR - Terrace Billiard Room TCP - Terrace Café Patio TC - Terrace Courtyard TFC - Terrace Fitness Centre TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WS - Woodshop</div><div>Breton Ridge</div><div>BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RSOCR - Ridge RSO Conference Room RT - Ridge Theatre VI- Vineyard ***** BRLC- Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing</div></div><div>*Weather permitting.</div></div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>10:45 Calvary Church Livestream - note location change (CP)</div> <div>6:00 Breton Woods Worship Service and Communion w/ Rev. Kwasi Kena (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP)</div>