

OCTOBER 26 - NOVEMBER 1

Estates & Homes





Based On Information Known At Time Of Print

TRAN-Transportation

Sunday 26	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31	Saturday 1
OPEN SWIM (POOL)	OPEN SWIM: 5:30am-	OPEN SWIM: 5:30am-	OPEN SWIM: 5:30am-	OPEN SWIM: 5:30am-	OPEN SWIM: 5:30am-	OPEN SWIM (POOL)
9:30Chapel Service - Rev.	9:30am, 11:30am-10:00pm	10:30am, 12:00pm-10pm	9:30am, 11:30am-10:00pm	10:30am, 12:00pm-10pm	9:30am, 11:30am-10:00pm	10:00Coffee Time (CR)
Thea Leunk, CRC (CH)	(POOL)	(POOL)	(POOL)	(POOL)	(POOL)	7:00Movie Night (COM)
6:15Chapel Service - Pastor	8:30Men's Social Hour	8:15Stretch and Flex (GP)	8:00Ray's Bistro	8:15Stretch and Flex (GP)	8:00Ray's Bistro	
Lorinda VanderWerp,	(COM)	9:30Coffee Connections	BREAKFAST 8:00AM-	9:30Coffee Connections	BREAKFAST 8:00AM-	
Calvin Student CRC	9:15Cardio Express (BWC)	(LA)	10:30AM (Lunch	(LA)	10:30AM (Cold Lunch	
(CH)	9:30Coffee Connections	9:30Balance and Core	Available until 1:00PM)	9:30Balance and Core	Available until 1:00PM)	
	(LA)	Stability (BWC)	9:00Meijer Shopping-El PU:	Stability (BWC)	(RB)	
	9:45Strength Training	10:00Coffee Time (CR)	9am, EII PU:9:05am-	10:00Coffee Time (CR)	9:00FRESH THYME	
	(BWC)	10:00RAY'S BISTRO - 10:00	SUR (TRAN)	10:00RAY'S BISTRO - 10:00	Shopping - Lobby PU,	
	10:00Coffee Time (CR)	am - 1:30 pm (RB)	9:15Cardio Express (BWC)	am - 1:30 pm (RB)	EI/9am & EII/9;05am	CONTACTS
	10:00RAY'S BISTRO - 10:00	10:00EII Bible Study - Dr.	9:30Coffee Connections	10:15Balance and Core	(EL)	CONTACTS
	am - 1:30 pm (RB)	Kenneth Campbell	(LA)	Stability (BWC)	9:15Cardio Express (BWC)	FOTATEO O LINAO OFFICE
	10:15Water Walking (POOL)	(LDR)	9:45Strength Training	11:00Water Aerobics	9:30Coffee Connections	ESTATES & HMS OFFICE 616-235-5006
	10:30Van's Market (MKT)	10:15Balance and Core	(BWC)	(POOL)	(LA)	M-F, 8:00am-4:30pm
	11:00Cardio Express (BWC)	Stability (BWC)	10:00Coffee Time (CR)	1:15First Step (BWC)	9:45Strength Training	
	11:30Strength Training	10:45Music at Mid Day -	10:15Water Walking (POOL)	3:00Coffee Time (LA)	(BWC)	HEALTH CENTER
LOCATIONALEGEND	(BWC)	SUR (OFF)	10:30Van's Market (MKT)		10:00Coffee Time (CR)	El: 616-235-5721
LOCATION LEGEND	1:00Raybrook Purls	11:00Water Aerobics	11:00Cardio Express (BWC)		10:15Water Walking (POOL)	8:30am-12:00pm Same # for EMERG RESPONSE
SUR-Sign Up Required	Knitting/Crocheting	(POOL)	11:30Strength Training		10:30Van's Market (MKT)	from 5:00pm-8:00am
\$\$-Cost Involved	(LA)	12:30Resident Tech Help	(BWC)		11:00Cardio Express (BWC)	· ·
BWC-Buiten Wellness Center	2:00Exercise with the GR	Desk - 12:30pm to	12:00Chili Cookoff - SUR		11:30Strength Training	Ell: 616-235-5675 1:oopm-4:30pm
CH-Chapel	Ballet (BWC)	3:00pm (CR)	(FR)		(BWC)	Same # for EMERG RESPONSE
COM - Éll Community Room CR-El Club Room	2:00REAL: Everything You	1:15First Step (BWC)	3:00Coffee Time (LA)		3:00Coffee Time (LA)	from 5:00pm-8:00am
CS-EII Coffee Shop	Need to Know About	3:00Coffee Time (LA)	6:30Pool League (RBB)		7:00Game Night (1st Friday	VAN'S MARKET
CV-Chapel Visiting Room E2P-EII Patio	Hand Health - Includes	6:30Pool League (RBB)	7:00Game Night (Except		ONLY begins with	M,W & F - 10:30am-1:00pm
GR-Game Room	Raybrook Purls	6:30Films w/Chester	the 3rd Wed Each		BINGO) (CR)	FACILITY SERVICES
GP-Gathering Place LDR-Large Dining Room	Knitting Club Display	Alkema - With a Song	Month) (GP)			616-235-2787
LA-EII Lounge	and Refreshments (FR)	in My Heart				ESTATES SALON
FR-Friendship Room OFFS-Offsite	3:00Coffee Time (LA)	(Friendship Room) (FR)				616-235-5701
POOL-Pool	6:30Pool League (RBB)	7:00Game Night (CR)				VOLUNTEER SERVICES
RB-Ray's Bistro RBB-Ray's Bistro Billiards	7:00Book Club (GP)					616-235-5717
RBC-Ray's Bistro Conf Room						NOTARY SERVICES
RMP-Manor Parking Lot						Office, By Appointment



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WINE & PIE TASTING

Sign Up Begins Nov 3

upcoming events. Subject to

Change as details are finalized.

Based On Information Known At Time Of Print									
Sunday 2	Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7	Saturday 8			
OPEN SWIM (POOL) 9:30 Chapel Service - Rev. Evan Heerema, Retired CRC (CH) 6:15 Chapel Service - Rev. David Fleming, Our Savior Lutheran (CH) SIGN UP GUIDELINES: > Sign Up sheets are centrally located in the tunnel hallway outside the BWC, with the exception of the Wed & Fri shopping outings. These can be found on EI & EII Bulletin Boards. > Save the Dates and Sign Up begin dates and deadlines are to give notice of anticipated	OPEN SWIM: 5:30am- 9:30am, 11:30am-10:00pm (POOL) 8:30Men's Social Hour (COM) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 10:30Vet to Vet Cafe (FR) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 1:30El RAC Meeting (CR) 2:00Exercise with the GR Ballet (BWC) 2:00REAL - The January Series: Behind the Scenes with Director Michael Wildschut (FR) 3:00Coffee Time (LA) 3:00El Bible Study - Rev. Hertel (CR) 6:30Pool League (RBB)	10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 12:30Resident Tech Help Desk - 12:30pm to 3:00pm (COM) 1:15First Step (BWC)	OPEN SWIM: 5:30am- 9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Lunch Available until 1:00PM) 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am- SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 2:30EI Birthday Ice Cream Social - \$ (FR) 2:30NEW LOCATION - Current Events w/Hank Post (CR) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (Except the 3rd Wed Each Month) (GP)	9:30 Coffee Connections (LA) 9:30 Balance and Core Stability (BWC) 10:00 Coffee Time (CR) 10:00 EI/EIII Donuts with Development (CR) 10:00 RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15 Balance and Core Stability (BWC) 11:00 Water Aerobics (POOL) 1:15 First Step (BWC) 2:00 Chapel Concert - Matt	OPEN SWIM: 5:30am- 9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB) 8:30Homes Breakfast - @ Ray's Bistro (Limited Menu) - RSVP to Helen Wentzheimer at 616- 340-2495 (call or text) or hmswww@aol.com (RB) 8:30Coffee Masterworks - SUR (OFF) 9:00ALDI's Friday Shopping - Lobby PU, El/9am & Ell/9;05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)	SAVE THE DATE! Limited spots available for ALL sign up events.			
to give notice of anticipated						I MAINNOGIVING			