

## October 12 - October 18

## **Estates & Homes**





Based On Information Known At Time Of Print

LA-Ell Lounge

OFFS-Offsite POOL-Pool

RB-Ray's Bistro

FR-Friendship Room

RBB-Ray's Bistro Billiards RBC-Ray's Bistro Conf Room

RMP-Manor Parking Lot

TRAN-Transportation

Sunday 12	Monday 13	
OPEN SWIM (POOL) 9:30Chapel Service - Pastor Lorinda VanderWerp, Calvin Student CRC (CH) 6:15Chapel Service - Rev. Gerry Heyboer, HH Chaplain (CH)	OPEN SWIM: 5:30am- 9:30am, 11:30am-10:00p (POOL) 8:30Men's Social Hour (COM) 9:15Cardio Express (BWC 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:0 am - 1:30 pm (RB) 10:15Water Walking (POC 10:30Van's Market (MKT) 11:00Cardio Express (BWC 11:30Strength Training	
LOCATION LEGEND	(BWC) 1:00Raybrook Purls	
SUR-Sign Up Required \$\$-Cost Involved	Knitting/Crocheting (LA)	
BWC-Buiten Wellness Center CH-Chapel COM - Ell Community Room CR-El Club Room CS-Ell Coffee Shop CV-Chapel Visiting Room E2P-Ell Patio GR-Game Room GP-Gathering Place LDR-Large Dining Room	2:00Exercise with the G Ballet (BWC) 2:00REAL: Behind the Scenes at the GR Public Museum Archives - Virtual Summer January	

3:00Coffee Time (LA)

6:30Pool League (RBB)

#### **Tuesday 14** OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) C) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) :00 10:00Ell Bible Study - Rev. John Steigenga (LDR) OL) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 12:30Resident Tech Help Desk - 12:30pm to 3:00pm (CR) 1:15First Step (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR) Series Course (COM)

#### Wednesday 15 OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro 8:1 **BREAKFAST 8:00AM-**9:3 10:30AM (Lunch Available until 1:00PM) 9:3 9:00Meijer Shopping-El PU: 9am. Ell PU:9:05am-9:3 SUR (TRAN) 9:00Turkeyville Fall Fling -10: **SUR, \$\$ (OFF)** 10:0 9:15Cardio Express (BWC) 9:30Coffee Connections 10: (LA) 9:45Strength Training 11:C (BWC) 10:00Coffee Time (CR) 1:15 10:15Water Walking (POOL) 3:0 10:30Van's Market (MKT) 3:0 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Hymn Sing Along (GP) 7:00Game Night (Except the 3rd Wed Each Month) (GP)

Thursday 16	
OPEN SWIM: 5:30am- 10:30am, 12:00pm-10pm	9:
(POOL)	8:0
15Stretch and Flex (GP)	0.0
30Coffee Connections (LA)	
30Balance and Core	
Stability (BWC)	9:0
30EII/Homes Donuts with	
Development (LA)	9:15
:00Coffee Time (CR)	9:3
:00RAY'S BISTRO - 10:00	
am - 1:30 pm (RB) :15Balance and Core	9:4
Stability (BWC)	10:0 10:1
00Water Aerobics	10:3
(POOL)	11:0
5First Step (BWC)	11:3
00Coffee Time (LA)	
00EIII Game Day -	1:00
Building 2300	
(basement level) (EIII)	3:0
	7:00

Tiluay II	
OPEN SWIM: 5:30am- 9:30am, 11:30am-10:00pm (POOL)	10
8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until	
1:00PM) (RB)	
9:00ALDI's Friday Shopping	
- Lobby PU, EI/9am & EII/9;05am (EL)	
9:15Cardio Express (BWC)	(
9:30Coffee Connections	
(LA) 9:45Strength Training (BWC)	
10:00Coffee Time (CR)	
10:15Water Walking (POOL)	
10:30Van's Market (MKT)	
11:00Cardio Express (BWC) 11:30Strength Training	
(BWC)	,
1:00Pop Up Cider, Donuts &	
Farm Fresh Apples - Various Times (OFF)	
3:00Coffee Time (LA)	,
7:00Game Night (1st Friday	
ONLY begins with BINGO) (CR)	
DINGO) (CK)	

Friday 17

### Saturday 18 **OPEN SWIM (POOL)** 10:00Coffee Time (CR) 7:00Movie Night (COM) CONTACTS **ESTATES & HMS OFFICE** 616-235-5006 M-F, 8:00am-4:30pm **HEALTH CENTER** El: 616-235-5721 8:30am-12:00pm Same # for EMERG RESPONSE from 5:00pm-8:00am EII: 616-235-5675 1:00pm-4:30pm Same # for EMERG RESPONSE

from 5:00pm-8:00am

VAN'S MARKET M,W & F - 10:30am-1:00pm

> FACILITY SERVICES 616-235-2787

**ESTATES SALON** 

616-235-5701

**VOLUNTEER SERVICES** 

616-235-5717

**NOTARY SERVICES** 

Office, By Appointment



# October 19 - October 25

## **Estates & Homes**





> Save the Dates and Sign Up begin dates and deadlines are

to give notice of anticipated

upcoming events. Subject to

Change as details are finalized.

Based On Information Known At Time Of Print								
Sunday 19	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24	Saturday 25		
OPEN SWIM (POOL) 9:30Chapel Service - Rev. Kwasi Kena, UMC (CH) 6:15Special Chapel Prayer Service - Chaplain Josh Baron with a Special Performance by the Raybrook Singing Men - Prayer focus will be for family members and friends struggling with their faith. (CH)	OPEN SWIM: 5:30am- 9:30am, 11:30am-10:00pm (POOL) 8:30Men's Social Hour (COM) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 2:00Exercise with the GR Ballet (BWC) 2:00Brain Cafe! Structured Activities, Socialization, and Refreshments. All Are Welcome. (FR)	OPEN SWIM: 5:30am- 10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00EII Bible Study - Rev. John Steigenga (LDR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 12:30Resident Tech Help Desk - 12:30pm to 3:00pm (COM) 1:15First Step (BWC) 3:00Coffee Time (LA) 5:45Calvin Alumni Concert at Breton Terrace - SUR (OFF)	OPEN SWIM: 5:30am- 9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Lunch Available until 1:00PM) 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am- SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 2:00REAL: A Brief Introduction to the Orthodox Church w/EII Resident Bob Meyering (FR)	9:00Building & Grounds Meeting (CR) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00REAL: Board Update (FR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL)	OPEN SWIM: 5:30am- 9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB) 9:15Cardio Express (BWC) 9:30 Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00NEW TIME FOR THIS FRIDAY ONLY - VANDER VEEN'S DUTCH STORE & MARGE'S DONUTS Friday Shopping - Lobby PU, EI/1pm & EII/1:05pm (OFF) 3:00Coffee Time (LA)			
SIGN UP GUIDELINES:  > Sign Up sheets are centrally located in the tunnel hallway outside the BWC, with the exception of the Wed & Fri shopping outings. These can be found on EI & EII Bulletin Boards.	3:00Coffee Time (LA) 3:00El Bible Study - Rev. Hertel (CR) 4:00Peppinos Restaurant Outing - SUR, \$\$ (OFFS) 6:30Pool League (RBB)	6:30Pool League (RBB) 7:00Game Night (CR)	3:00 Coffee Time (LA) 6:30 Pool League (RBB) 7:00 Game Night (Except the 3rd Wed Each Month) (GP)		7:00Game Night (1st Friday ONLY begins with BINGO) (CR)	Limited spots available for ALL sign up events. OCTOBER 28 MUSIC @ MIDDAY at PARK CHURCH Sign Up Begins Oct 14 OCTOBER 29		
Sove the Dates and Sign Up						ANNUAL CHILI COOKOFF Sign Up Begins Oct 14		

Sign Up Begins Oct 14

**NOVEMBER 13** MEN'S RETREAT @ Blandford Nature Center Sign Up Now!