

Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31	Saturday 1	Sunday 2
6:00 Open Swim (6:00 - 8:15 am) (POOL) 8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI) 8:30 Aqua Fit (POOL) 9:15 Stretch & Flex (BS) 9:30 Strength Training (TFC) 10:00 Breton Market (10:00 am - 12:00 pm) (TLL) 10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL) 10:15 Strength Training (BS) 10:30 REAL: "Honor Flights" w/ Jim Swoboda (CP) 11:00 Stretch & Flex (EX) 11:15 Heart Healthy Dance (VI) 12:30 Open Swim (12:30 - 10:00 pm) (POOL) 1:00 Men's Billiards (RBR) 1:00 Dog "Paw-ty" * (TC) 1:00 Ladies Bible Study "1st & 2nd Thessalonians" (RPDR) 1:15 Strength Training (TFC) 1:15 Dynamic Movement (BS) 2:00 Bretonaires Practice (EX) 6:30 Games (EX) 6:30 Dirty Dog (TPDR) (EX) 7:00 Resident Led Movie: "Sabrina" (RT)	6:00 Open Swim (6:00 - 10:45 am) (POOL) 8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI) 8:15 Total Body (TFC) 9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe) 9:15 Balance & Core Stability (BS) 9:30 Balance & Core Stability (TFC) 10:00 Ladies Billiards (RBR) 10:00 Quilting (10:00 am - 4:00 pm) (AS) 10:00 Ladies Bible Study "1st & 2nd Thessalonians" (TPDR) 10:15 Strength & Stability (BS) 10:45 Park Church: "Music at Midday" (sign-up required) (OCO) 11:00 Water Walking (POOL) 11:15 Balance & Core Stability (BS) 12:30 Open Swim (12:30 - 10:00 pm) (POOL) 12:30 Resident Tech Help Desk (12:30 - 3:00 pm) (RSOCR) 1:00 Men's Billiards (RBR) 1:00 Ladies Bible Study "1st & 2nd Thessalonians" (RPDR) 1:15 Balance & Core Stability (TFC) 1:15 Total Body (BS) 2:00 Yarnstastics (EX) 2:00 Seated Stretch & Flex (TT) 2:00 Stuart Leitch performs Beethoven (sign up at the Reception Desk for 1:30 pm transportation from the Terrace) (VI) 3:00 Ladies Billiards (TBR) 3:00 Ladies Tea (BI) (EX) 7:00 "The Gospel According to Ruth" (resident led) (RI) Ridge RSO is closed today.	6:00 Open Swim (6:00 - 8:15 am) (POOL) 8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI) 8:30 Aqua Fit (POOL) 9:15 Stretch & Flex (BS) 9:30 Strength Training (TFC) 10:00 Catholic Communion (TPDR) 10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL) 10:00 Open Painting (10:00 - 11:30 am) (resident led) (RPDR) 10:15 Strength Training (BS) 10:15 "Essentials of Faith" Video Series (CP) 11:00 Stretch & Flex (EX) 11:15 Heart Healthy Dance (VI) 12:30 Mah Jongg (TB) 12:30 Open Swim (12:30 - 10:00 pm) (POOL) 12:30 Bus to Gaines Meijer (TL) 1:00 Men's Billiards (RBR) 1:00 Bus to Gaines Meijer (RL) 1:00 Breton Market (1:00 - 3:00 pm) (TLL) 1:15 Strength Training (TFC) 1:15 Dynamic Movement (BS) 1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe) 1:30 REAL: "Name That Tune" w/ Martin Pence (CP) 2:00 Men's Billiards (TBR) 3:00 Breton Readers at the Terrace (TPDR) 3:30 West Michigan Homeschool Jazz Band (VI) 4:00 Social Hour at the Ridge (RPDR) 6:00 Games (BI) (RL) 6:45 Euchre (TL) Mah Jongg (RL) 7:00 Dominos (EX)	6:00 Open Swim (6:00 - 10:45 am) (POOL) 8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI) 8:15 Total Body (TFC) 9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe) 9:15 Balance & Core Stability (BS) 9:30 Balance & Core Stability (TFC) 10:00 Ladies Laughing and Learning to Play Pool (TBR) 10:15 Strength & Stability (BS) 11:00 Water Walking (POOL) 11:15 Balance & Core Stability (BS) 12:30 Open Swim (12:30 - 10:00 pm) (POOL) 1:00 Men's Billiards (RBR) 1:00 Ping Pong (VI) 1:00 Breton Market (1:00 - 3:00 pm) (TLL) 1:15 Balance & Core Stability (TFC) 1:15 Total Body (BS) 2:00 Men's Billiards (TBR) 2:00 Knit Wits (BI) 2:00 Bretonaires Practice (EX) 2:00 Seated Stretch & Flex (TT) 2:30 "The Persecuted Church World-Wide" (resident led) (VI) 3:30 Social Hour at the Terrace (TPDR)	6:00 Open Swim (6:00 - 8:15 am) (POOL) 8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI) 8:30 Aqua Fit (POOL) 9:15 Stretch & Flex (BS) 9:30 Strength Training (TFC) 10:00 Breton Market (10:00 am - 12:00 pm) (TLL) 10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL) 10:15 Strength Training (BS) 11:00 Stretch & Flex (EX) 11:00 Trick-or-Treat in the Ridge Library (11:00 am - 7:00 pm) (resident led) (RLI) 11:15 Heart Healthy Dance (VI) 12:30 Open Swim (12:30 - 10:00 pm) (POOL) 1:00 Men's Billiards (RBR) 1:00 "The 7 Churches of Revelation" Video Series (TT) 1:15 Strength Training (TFC) 2:00 5 Crowns (TL) 5:30 Men's Social Supper (5:30 - 7:00 pm) (EX) 7:00 Terrace Movie: "The Color Purple" (TT) 7:00 Ridge Movie: "Cold Mountain" (RT)  Ridge RSO is closed today.	6:00 Open Swim (6:00 am - 10:00 pm) (POOL) 8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI) 10:00 Breton Market (10:00 am - 12:00 pm) (TLL) 10:00 Hymn Sing (Cafe) 2:00 Stinky Feet (EX) 7:00 Terrace Movie: "Cold Mountain" (TT) 7:00 Ridge Movie: "The Color Purple" (RT) Location Key Breton Terrace AS - Art Studio Cafe - Terrace Café CP - Centre Place EL - Employee Lounge EX - Expressions HC - Health Centre TB - Terrace Balcony TBR - Terrace Billiard Room TCP - Terrace Café Patio TC - Terrace Courtyard TFC - Terrace Fitness Centre TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WS - Woodshop Breton Ridge BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RSOCR - Ridge RSO Conference Room RT - Ridge Theatre VI- Vineyard ***** BRLC- Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing *Weather permitting.	6:00 Open Swim (6:00 am - 10:00 pm) (POOL) 10:45 Calvary Church Livestream (TPDR) 6:00 Breton Woods Worship Service and Communion w/ Rev. Linda Lee (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP) Daylight Savings Time ENDS. Set your clocks BACK one hour. 

Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7	Saturday 8	Sunday 9
6:00 Open Swim (6:00 - 8:15 am) (POOL) 8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI) 8:30 Aqua Fit (POOL) 9:15 Stretch & Flex (BS) 9:30 Strength Training (TFC) 10:00 Breton Market (10:00 am - 12:00 pm) (TLL) 10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL) 10:15 Strength Training (BS) 11:00 Stretch & Flex (EX) 11:00 Loss of Friend Support Group (TPDR) 11:15 Heart Healthy Dance (VI) 12:30 Open Swim (12:30 - 10:00 pm) (POOL) 1:00 Men's Billiards (RBR) 1:00 Ladies Bible Study "1st & 2nd Thessalonians" (resident led) (RPDR) 1:15 Strength Training (TFC) 1:15 Dynamic Movement (BS) 2:00 Bretonaires Practice (EX) 6:30 Games (EX) 6:30 Dirty Dog (TPDR) (EX) 7:00 "Tell Us Your Story" w/ Sid Norman - "One Step at a Time" (VI)	6:00 Open Swim (6:00 - 10:45 am) (POOL) 8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI) 8:15 Total Body (TFC) 9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe) 9:15 Balance & Core Stability (BS) 9:30 Balance & Core Stability (TFC) 10:00 Ladies Billiards (RBR) 10:00 Quilting (10:00 am - 4:00 pm) (AS) 10:00 Ladies Bible Study "1st & 2nd Thessalonians" (resident led) (TPDR) 10:15 Strength & Stability (BS) 11:00 Water Walking (POOL) 11:15 Balance & Core Stability (BS) 12:30 Open Swim (12:30 - 10:00 pm) (POOL) 12:30 Resident Tech Help Desk (12:30 - 3:00 pm) (TL) 1:00 Men's Billiards (RBR) 1:00 Ladies Bible Study "1st & 2nd Thessalonians" (resident led) (RPDR) 1:15 Balance & Core Stability (TFC) 1:15 Total Body (BS) 1:30 REAL: "Accessability Basics for Apple Devices" (CP) 2:00 Yarnastics (EX) 2:00 Breton Readers at the Ridge (RI) 2:00 Seated Stretch & Flex (TT) 2:00 November Birthday Social at the Ridge (VI) 3:00 Ladies Billiards (TBR) 3:00 Ladies Tea (BI) (EX) 7:00 "The Gospel According to Ruth" (resident led) (RI)	6:00 Open Swim (6:00 - 8:15 am) (POOL) 8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI) 8:30 Aqua Fit (POOL) 9:15 Stretch & Flex (BS) 9:30 Strength Training (TFC) 10:00 Catholic Communion (TPDR) 10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL) 10:00 Open Painting (10:00 - 11:30 am) (resident led) (RPDR) 10:15 Strength Training (BS) 10:15 "Essentials of Faith" Video Series (CP) 11:00 Stretch & Flex (EX) 11:15 Heart Healthy Dance (VI) 12:30 Mah Jongg (TB) 12:30 Open Swim (12:30 - 10:00 pm) (POOL) 12:30 Bus to Cascade Meijer (TL) 1:00 Men's Billiards (RBR) 1:00 Bus to Cascade Meijer (RL) 1:00 Breton Market (1:00 - 3:00 pm) (TLL) 1:15 Strength Training (TFC) 1:15 Dynamic Movement (BS) 1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe) 2:00 Men's Billiards (TBR) 2:00 Pool Volleyball (POOL) 2:30 November Birthday Social at the Terrace (Cafe) 4:00 Social Hour at the Ridge (RPDR) 6:00 Games (BI) (RL) 6:45 Euchre (TL) Mah Jongg (RL) 7:00 Dominos (EX)	6:00 Open Swim (6:00 - 10:45 am) (POOL) 8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI) 8:15 Total Body (TFC) 9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe) 9:15 Balance & Core Stability (BS) 9:30 Balance & Core Stability (TFC) 10:00 Ladies Laughing and Learning to Play Pool (TBR) 10:15 Strength & Stability (BS) 11:00 Water Walking (POOL) 11:15 Balance & Core Stability (BS) 12:30 Open Swim (12:30 - 10:00 pm) (POOL) 1:00 Men's Billiards (RBR) 1:00 Ping Pong (VI) 1:00 Breton Market (1:00 - 3:00 pm) (TLL) 1:15 Balance & Core Stability (TFC) 1:15 Total Body (BS) 2:00 Men's Billiards (TBR) 2:00 Knit Wits (BI) 2:00 Bretonaires Practice (EX) 2:00 Seated Stretch & Flex (TT) 3:30 Social Hour at the Terrace (TPDR) 7:00 Metropolitan Choir of Praise (sign up for 6:30 pm transportation from the Ridge) (TL) Terrace RSO is closed today.	6:00 Open Swim (6:00 - 8:15 am) (POOL) 8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI) 8:30 Aqua Fit (POOL) 8:45 "Coffee Masterworks" (pre-ticketed event; sign up for transportation) (OCO) 9:00 Blood Pressure Clinic (9:00 - 10:00 am) (HC) 9:15 Stretch & Flex (BS) 9:30 Strength Training (TFC) 10:00 Breton Market (10:00 am - 12:00 pm) (TLL) 10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL) 10:15 Strength Training (BS) 11:00 Stretch & Flex (EX) 11:00 Veteran's Honored by East Kentwood High School (RSVP to Cathy Oosse) (OCO) 11:15 Heart Healthy Dance (VI) 12:30 Open Swim (12:30 - 10:00 pm) (POOL) 1:00 Men's Billiards (RBR) 1:00 "The 7 Churches of Revelation" Video Series (TT) 1:15 Strength Training (TFC) 2:00 5 Crowns (TL) 5:30 Men's Social Supper (5:30 - 7:00 pm) (EX) 7:00 Terrace Movie: "The Sting" (TT) 7:00 Ridge Movie: "Against a Crooked Sky" (RT)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL) 8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI) 10:00 Breton Market (10:00 am - 12:00 pm) (TLL) 10:00 Hymn Sing (Cafe) 1:00 Bingo at the Ridge (resident led) (BI) 2:00 Stinky Feet (EX) 7:00 Terrace Movie: "Against a Crooked Sky" (TT) 7:00 Ridge Movie: "The Sting" (RT) Location Key Breton Terrace AS - Art Studio Cafe - Terrace Café CP - Centre Place EL - Employee Lounge EX - Expressions HC - Health Centre TB - Terrace Balcony TBR - Terrace Billiard Room TCP - Terrace Café Patio TC - Terrace Courtyard TFC - Terrace Fitness Centre TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WS - Woodshop *Weather permitting.	6:00 Open Swim (6:00 am - 10:00 pm) (POOL) 10:45 Calvary Church Livestream (TPDR) 6:00 Breton Woods Worship Service w/ Guest Pastor Tom Stowell from Calvary Church (Transportation from the Terrace leaves at 5:15 and 5:30 pm) (VI) Breton Ridge BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RSOCR - Ridge RSO Conference Room RT - Ridge Theatre VI- Vineyard ***** BRLC- Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing