


Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17	Saturday 18	Sunday 19
<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit (POOL)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training (TFC)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</div> <div>10:15 Strength Training (BS)</div> <div>11:00 Stretch & Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Dog "Paw-ty" * (TC)</div> <div>1:00 Ladies Bible Study "1st & 2nd Thessalonians" (RPDR)</div> <div>1:00 Breton Woods Cult Film Classic: "Jessie Stone - Innocents Lost" (TT)</div> <div>1:15 Strength Training (TFC)</div> <div>1:15 Dynamic Movement (BS)</div> <div>2:00 Bretonaires Practice (EX)</div> <div>6:30 Games (EX)</div> <div>6:30 Dirty Dog (TPDR) (EX)</div> <div>7:00 "Tell Us Your Story" w/ Dennis Mulder - "From Probable Bible Teacher to Bible League International President" (resident led) (VI)</div> <div><div>Pet Therapy with Sailor! 10:00 am - 12:00 pm 2:00 pm - 4:00 pm Amy Perin's Office</div></div> <div>~~~ Columbus Day ~~~ ~ No mail today. ~Post Offices and most banks are closed today.</div>	<div>6:00 Open Swim (6:00 - 10:45 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:15 Total Body (TFC)</div> <div>8:30 Donuts w/ the HH Development Team (8:30 - 10:00 am) (BI)</div> <div>9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe)</div> <div>9:15 Balance & Core Stability (BS)</div> <div>9:30 Balance & Core Stability (TFC)</div> <div>10:00 Ladies Billiards (RBR)</div> <div>10:00 Quilting (10:00 am - 4:00 pm) (AS)</div> <div>10:00 Ladies Bible Study "1st & 2nd Thessalonians" (TPDR)</div> <div>10:15 Strength & Stability (BS)</div> <div>10:30 REAL: "French Riviera " Travelogue (CP)</div> <div>11:00 Water Walking (POOL)</div> <div>11:15 Balance & Core Stability (BS)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>12:30 Resident Tech Help Desk (12:30 - 3:00 pm) (RSOCR)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Ladies Bible Study "1st & 2nd Thessalonians" (RPDR)</div> <div>1:15 Balance & Core Stability (TFC)</div> <div>1:15 Total Body (BS)</div> <div>1:30 Caroline Cook Bus Tour - "Time, Talent, Treasure" (sign-up required) (OCO)</div> <div>2:00 Yarnstastics (EX)</div> <div>2:00 Seated Stretch & Flex (TT)</div> <div>3:00 Ladies Billiards (TBR)</div> <div>3:00 Ladies Tea (BI) (EX)</div> <div>3:30 Caregiver Support Group (RPDR)</div> <div>7:00 Classic Music Community (CP)</div>	<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit (POOL)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training (TFC)</div> <div>9:30 Turkeyville's Cornwell Theatre (sign-up required) (OCO)</div> <div>10:00 Catholic Communion (TPDR)</div> <div>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</div> <div>10:00 Open Painting (10:00 - 11:30 am) (resident led) (RPDR)</div> <div>10:15 Strength Training (BS)</div> <div>10:15 "Essentials of Faith" Video Series (CP)</div> <div>11:00 Stretch & Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>12:30 Mah Jongg (TB)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>12:30 Bus to Gaines Meijer (TL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Bus to Gaines Meijer (RL)</div> <div>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</div> <div>1:15 Strength Training (TFC)</div> <div>1:15 Dynamic Movement (BS)</div> <div>1:30 Terrace Sundae Social (2:00 - 3:30 pm) (Cafe)</div> <div>2:00 Men's Billiards (TBR)</div> <div>4:00 Social Hour at the Ridge (RPDR)</div> <div>6:00 Games (BI) (RL)</div> <div>6:45 Euchre (TL) Mah Jongg (RL)</div> <div>7:00 Dominos (EX)</div>	<div>6:00 Open Swim (6:00 - 10:45 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:15 Total Body (TFC)</div> <div>9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe)</div> <div>9:15 Balance & Core Stability (BS)</div> <div>9:30 Balance & Core Stability (TFC)</div> <div>10:00 Ladies Laughing and Learning to Play Pool (TBR)</div> <div>10:00 "2026 Medicare Changes" presented by Natalie Hirdes (CP)</div> <div>10:00 Grand Haven "Bones About Town" (sign-up required) (OCO)</div> <div>10:15 Strength & Stability (BS)</div> <div>11:00 Water Walking (POOL)</div> <div>11:15 Balance & Core Stability (BS)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Ping Pong (VI)</div> <div>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</div> <div>1:15 Balance & Core Stability (TFC)</div> <div>1:15 Total Body (BS)</div> <div>2:00 Men's Billiards (TBR)</div> <div>2:00 Knit Wits (BI)</div> <div>2:00 Bretonaires Practice (EX)</div> <div>2:00 Seated Stretch & Flex (TT)</div> <div>3:30 Social Hour at the Terrace (TPDR)</div>	<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit (POOL)</div> <div>9:00 Blood Pressure Clinic (9:00 - 10:00 am) (HC)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training (TFC)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</div> <div>10:15 Strength Training (BS)</div> <div>11:00 Stretch & Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Rev. Richard Gleason - Freedom Rider (resident led) (VI)</div> <div>1:15 Strength Training (TFC)</div> <div>2:00 5 Crowns (TL)</div> <div>5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)</div> <div>7:00 Terrace Movie: "Bull Durham" (TT)</div> <div>7:00 Ridge Movie: "Road to Perdition" (RT)</div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:00 Hymn Sing (Cafe)</div> <div>2:00 Stinky Feet (note location change for today) (Cafe)</div> <div>7:00 Ridge Movie: "Bull Durham" (RT)</div> <div>7:00 Terrace Movie: "Road to Perdition" (TT)</div> <div><div>Location Key</div><div><div>Breton Terrace</div><div>AS - Art Studio Cafe - Terrace Café CP - Centre Place EL - Employee Lounge EX - Expressions HC - Health Centre TB - Terrace Balcony TBR - Terrace Billiard Room TCP - Terrace Café Patio TC - Terrace Courtyard TFC - Terrace Fitness Centre TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WS - Woodshop</div><div>*Weather permitting.</div></div><div><div>Breton Ridge</div><div>BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RSOCR - Ridge RSO Conference Room RT - Ridge Theatre VI- Vineyard ***** BRLC- Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing</div></div></div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>10:45 Calvary Church Livestream (TPDR)</div> <div>6:00 Breton Woods Worship Service w/ Guest Preacher Chad Boorsma from LaGrave CRC and Guest Organist Cynthia Bristol (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP)</div> <div>7:00 Refreshments and Fellowship (resident led) (EX)</div>

Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24	Saturday 25	Sunday 26
<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit (POOL)</div> <div>9:00 Flu Shot Clinic ~ 9:00 am - 3:00 pm (closed 12:00 - 1:00 pm) (HC)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training (TFC)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</div> <div>10:15 Strength Training (BS)</div> <div>11:00 Stretch & Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>11:15 ROMEO Men's Lunch @ Beer City Bread Company (sign-up required) (OCO)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Dog "Paw-ty" * (TC)</div> <div>1:00 Ladies Bible Study "1st & 2nd Thessalonians" (RPDR)</div> <div>1:15 Strength Training (TFC)</div> <div>1:15 Dynamic Movement (BS)</div> <div>1:30 REAL: "The Sweet House" by Carol Dodge (VI)</div> <div>2:00 Bretonaires Practice (EX)</div> <div>3:00 RAC Meeting (bus pick-up at the Terrace at 2:30 pm) (VI)</div> <div>6:30 Games (EX)</div> <div>6:30 Dirty Dog (TPDR) (EX)</div> <div>7:00 Resident Led Movie: "Gaither Music - South African Homecoming" (RT)</div>	<div>6:00 Open Swim (6:00 - 10:45 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:15 Total Body (TFC)</div> <div>9:00 Terrace Coffee Bar (closed today) (Cafe)</div> <div>9:15 Balance & Core Stability (BS)</div> <div>9:30 Balance & Core Stability (TFC)</div> <div>10:00 Ladies Billiards (RBR)</div> <div>10:00 Quilting (10:00 am - 4:00 pm) (AS)</div> <div>10:00 Ladies Bible Study "1st & 2nd Thessalonians" (TPDR)</div> <div>10:00 HH Board Report (CP)</div> <div>10:15 Strength & Stability (BS)</div> <div>11:00 Water Walking (POOL)</div> <div>11:15 Balance & Core Stability (BS)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>12:30 Resident Tech Help Desk (12:30 - 3:00 pm) (TL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Ladies Bible Study "1st & 2nd Thessalonians" (RPDR)</div> <div>1:15 Balance & Core Stability (TFC)</div> <div>1:15 Total Body (BS)</div> <div>1:30 REAL: "All Access PD: Grand Rapids" - Part 2 (VI)</div> <div>2:00 Yarntastics (EX)</div> <div>2:00 Seated Stretch & Flex (TT)</div> <div>3:00 Ladies Billiards (TBR)</div> <div>3:00 Ladies Tea (BI) (EX)</div> <div>7:00 Calvin Alumni Choir Concert (sign up for 6:30 pm transp[ortation from the Ridge) (TL)</div>	<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit (POOL)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training (TFC)</div> <div>10:00 Catholic Communion (TPDR)</div> <div>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</div> <div>10:00 Open Painting (10:00 - 11:30 am) (resident led) (RPDR)</div> <div>10:15 Strength Training (BS)</div> <div>10:15 "Essentials of Faith" Video Series (CP)</div> <div>11:00 Stretch & Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>12:30 Mah Jongg (TB)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>12:30 Bus to Cascade Meijer (TL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Scrapbooking and Card Making (1:00 - 3:00 pm) (AS)</div> <div>1:00 Bus to Cascade Meijer (RL)</div> <div>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</div> <div>1:15 Strength Training (TFC)</div> <div>1:15 Dynamic Movement (BS)</div> <div>1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe)</div> <div>2:00 Men's Billiards (TBR)</div> <div>3:00 Michigan Wines - Tasting Party (sign-up required) (TPDR)</div> <div>4:00 Social Hour at the Ridge (RPDR)</div> <div>6:00 Games (BI) (RL)</div> <div>6:45 Euchre (TL) Mah Jongg (RL)</div> <div>7:00 Dominos (EX)</div>	<div>6:00 Open Swim (6:00 - 10:45 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:00 Flu Shot Clinic ~ 9:00 am - 12:00 pm (RPDR)</div> <div>8:15 Total Body (TFC)</div> <div>8:30 Donuts w/ the HH Development Team (8:30 - 10:00 am) (EX)</div> <div>9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe)</div> <div>9:15 Balance & Core Stability (BS)</div> <div>9:30 Balance & Core Stability (TFC)</div> <div>10:00 Ladies Laughing and Learning to Play Pool (TBR)</div> <div>10:00 Floral Friends (RI)</div> <div>10:15 Strength & Stability (BS)</div> <div>10:30 JULIET Ladies Lunch @ Bistro Bella Vita (sign-up required) (OCO)</div> <div>11:00 Water Walking (POOL)</div> <div>11:15 Balance & Core Stability (BS)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Ping Pong (VI)</div> <div>1:00 Scrapbooking and Card Making (1:00 - 3:00 pm) (AS)</div> <div>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</div> <div>1:15 Balance & Core Stability (TFC)</div> <div>1:15 Total Body (BS)</div> <div>2:00 Men's Billiards (TBR)</div> <div>2:00 Knit Wits (BI)</div> <div>2:00 Bretonaires Practice (EX)</div> <div>2:00 Seated Stretch & Flex (TT)</div> <div>3:00 Michigan Wines - Tasting Party (sign-up required) (RPDR)</div> <div>3:30 Social Hour at the Terrace (TPDR)</div> <div>4:00 "Great Bowls of Fire" Chili Cook-Off (4:00 - 6:30 pm) (sign up for transportation only) (VI)</div> <div>6:15 Calvin University "Passport to Adventure" (pre-ticketed event; sign up for transportation) (OCO)</div> <div>Ridge Bistro & Terrace Cafe Lunch 11:00 am - 1:30 pm Dinner - closed</div>	<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit (POOL)</div> <div>9:00 Blood Pressure Clinic (9:00 - 10:00 am) (RPDR)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training (TFC)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</div> <div>10:15 Strength Training (BS)</div> <div>11:00 Stretch & Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:15 Strength Training (TFC)</div> <div>2:00 5 Crowns (TL)</div> <div>2:00 "2026 Medicare Changes" presented by Natalie Hirdes (VI)</div> <div>5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)</div> <div>6:30 Pops Symphony (pre-ticketed event; sign up for transportation) (OCO)</div> <div>7:00 Terrace Movie: "Cleopatra" (TT)</div> <div>7:00 Ridge Movie: "Angels & Demons" (RT)</div> <div>Ridge RSO is closed today.</div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:00 Hymn Sing (Cafe)</div> <div>2:00 Stinky Feet (EX)</div> <div>3:00 Cider & Donuts to Celebrate Fall (\$3 cash p/p) (resident led) (Cafe)</div> <div>7:00 Ridge Movie: "Cleopatra" (RT)</div> <div>7:00 Terrace Movie: "Angels & Demons" (TT)</div> <div><div>Location Key</div><div><div>Breton Terrace</div><div>AS - Art Studio Cafe - Terrace Café CP - Centre Place EL - Employee Lounge EX - Expressions HC - Health Centre TB - Terrace Balcony TBR - Terrace Billiard Room TCP - Terrace Café Patio TC - Terrace Courtyard TFC - Terrace Fitness Centre TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WS - Woodshop</div><div>Breton Ridge</div><div>BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RSOCR - Ridge RSO Conference Room RT - Ridge Theatre VI - Vineyard ***** BRLC- Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing</div></div><div>*Weather permitting.</div></div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>10:45 Calvary Church Livestream (TPDR)</div> <div>6:00 Breton Woods Special Worship Service Featuring "The Singing Crusaders" Choir (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (TL)</div>