

September 7 - September 13

Estates & Homes

Sunday 7	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12	Saturday 13
<div>OPEN SWIM (POOL)</div> <div>9:30Chapel Service - Rev. Kwasi Kena, UMC (CH)</div> <div>6:15Chapel Service - Rev. David Fleming - RAYBROOK SINGING MEN (CH)</div>	<div>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)</div> <div>8:30Men's Social Hour (COM)</div> <div>9:15Cardio Express (BWC)</div> <div>9:30Coffee Connections (LA)</div> <div>9:45Strength Training (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</div> <div>10:15Water Walking (POOL)</div> <div>10:30Van's Market (MKT)</div> <div>11:00Cardio Express (BWC)</div> <div>11:30Strength Training (BWC)</div> <div>1:00Raybrook Purls Knitting/Crocheting (LA)</div> <div>1:30Corn Hole - Weather Permitting, Contact Rog Roskamp w/Questions at 616-745-6073 (E2P)</div> <div>2:00Exercise with the GR Ballet (BWC)</div> <div>2:00Chapel Concert - Singer/Songwriter Elle Christian (CH)</div> <div>3:00Coffee Time (LA)</div> <div>6:30Pool League (RBB)</div>	<div>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL)</div> <div>8:15Stretch and Flex (GP)</div> <div>8:45Resident Golf League (Men & Women) at 'The Pines' - \$\$, No Sign Up Required - Contact Tony Louwerse w/Questions at 616-990-0431 (OFF)</div> <div>9:30Coffee Connections (LA)</div> <div>9:30Balance and Core Stability (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</div> <div>10:00EII Bible Study - Dr. Dan Kroeze (LDR)</div> <div>10:15Balance and Core Stability (BWC)</div> <div>11:00Water Walking (POOL)</div> <div>1:15First Step (BWC)</div> <div>3:00Coffee Time (LA)</div> <div>6:30Pool League (RBB)</div> <div>6:30Films w/Chester Alkema - Sabina (FR)</div> <div>7:00Game Night (CR)</div>	<div>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)</div> <div>8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Lunch Available until 1:00PM)</div> <div>9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN)</div> <div>9:15Cardio Express (BWC)</div> <div>9:30Coffee Connections (LA)</div> <div>9:30Boulder Ridge Animal Park - SUR, \$\$ (OFF)</div> <div>9:45Strength Training (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:15Water Walking (POOL)</div> <div>10:30Van's Market (MKT)</div> <div>10:30Dementia Institute Caregiver Support Group - Open to all Raybrook Residents - Call 616-235-5499 with questions. (RBC)</div> <div>11:00Cardio Express (BWC)</div> <div>11:30Strength Training (BWC)</div> <div>1:30Outdoor Lawn Games (E2P)</div> <div>3:00Coffee Time (LA)</div> <div>6:30Pool League (RBB)</div> <div>7:00Game Night (Except the 3rd Wed Each Month) (GP)</div>	<div>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL)</div> <div>8:15Stretch and Flex (GP)</div> <div>9:30Coffee Connections (LA)</div> <div>9:30Balance and Core Stability (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</div> <div>10:15Balance and Core Stability (BWC)</div> <div>11:00Water Walking (POOL)</div> <div>1:15First Step (BWC)</div> <div>3:00Coffee Time (LA)</div> <div>6:00Service of Remembrance - Chaplain Josh Baron - Refreshments Begin at 5:30pm, Service Begins at 6:00pm (CH)</div>	<div>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)</div> <div>8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB)</div> <div>9:00TRADER JOE'S Shopping - Lobby PU, EI/9am & EII/9:05am (EL)</div> <div>9:15Cardio Express (BWC)</div> <div>9:30Coffee Connections (LA)</div> <div>9:45Strength Training (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:15Water Walking (POOL)</div> <div>10:30Van's Market (MKT)</div> <div>11:00Cardio Express (BWC)</div> <div>11:30Strength Training (BWC)</div> <div>3:00Coffee Time (LA)</div> <div>7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</div>	<div>OPEN SWIM (POOL)</div> <div>7:00Movie Night (COM)</div> <div><div>SAVE THE DATE!</div><div>Limited spots available for ALL sign up events.</div><div>ACTIVE AGING WEEK SEPTEMBER 24 -26 Watch for Separate Calendar</div><div>SEPTEMBER 27 CALVIN CLASSIC 5K WALK Sign Up for Transportation NOW Participants and/or cheerleaders!</div><div>OCTOBER 15 FALL FLING to TURKEYVILLE! Sign Up Deadline is Sept 19</div></div>



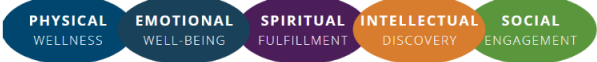
Raybrook
of Holland Home™

Based On Information Known At Time Of Print

August 31 - September 6

Estates & Homes

Holland Home
Vibrant Living™



Sunday 31

OPEN SWIM (POOL)
9:30Chapel Service - Rev.
Mike Haeffner,
Evangelical Covenant
(CH)
6:15Chapel Service - Rev.
Ardean Brock, RCA
(CH)

LOCATION LEGEND

SUR-Sign Up Required
\$\$-Cost Involved

BWC-Buiten Wellness Center
CH-Chapel
COM - EII Community Room
CR-EI Club Room
CS-EII Coffee Shop
CV-Chapel Visiting Room
E2P-EII Patio
GR-Game Room
GP-Gathering Place
LDR-Large Dining Room
LA-EII Lounge
FR-Friendship Room
OFFS-Offsite
POOL-Pool
RB-Ray's Bistro
RBB-Ray's Bistro Billiards
RBC-Ray's Bistro Conf Room
RMP-Manor Parking Lot
TRAN-Transportation

Monday 1

OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)
8:30Men's Social Hour (COM)
9:30Coffee Connections (LA)
10:00Coffee Time (CR)
10:00RAY'S BISTRO - CLOSED FOR HOLIDAY (RB)
10:15Water Walking (POOL)
10:30Van's Market - CLOSED FOR HOLIDAY (MKT)
1:00Raybrook Purls Knitting/Crocheting (LA)
1:30Corn Hole - Weather Permitting, Contact Rog Roskamp w/Questions at 616-745-6073 (E2P)
2:00Exercise with the GR Ballet - CANCELLED FOR HOLIDAY (BWC)
3:00Coffee Time (LA)



Tuesday 2

OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL)
8:15Stretch and Flex (GP)
8:45Resident Golf League (Men & Women) at 'The Pines' - \$\$, No Sign Up Required - Contact Tony Louwerse w/Questions at 616-990-0431 (OFF)
9:30Coffee Connections (LA)
9:30Balance and Core Stability (BWC)
10:00Coffee Time (CR)
10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)
10:00EII Bible Study - Dr. Dan Kroeze (LDR)
10:15Balance and Core Stability (BWC)
11:00Water Walking (POOL)
1:15First Step (BWC)
3:00Coffee Time (LA)
6:30Pool League (RBB)
7:00Game Night (CR)
7:00EII Ice Cream Birthday Social - LDR (LDR)

Wednesday 3

OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)
8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Lunch Available until 1:00PM)
9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN)
9:15Cardio Express (BWC)
9:30Coffee Connections (LA)
9:45Strength Training (BWC)
10:00Coffee Time (CR)
10:15Water Walking (POOL)
10:30Van's Market (MKT)
11:00Cardio Express (BWC)
11:30Strength Training (BWC)
2:30EI Birthday Ice Cream Social - \$ (FR)
2:30Current Events w/Hank Post (D1DR)
3:00Coffee Time (LA)
6:30Pool League (RBB)
7:00Game Night (Except the 3rd Wed Each Month) (GP)

Thursday 4

OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL)
8:15Stretch and Flex (GP)
9:20Cherry Pointe Farm & Fish Boil - SUR, \$\$ (OFF)
9:30Coffee Connections (LA)
9:30Balance and Core Stability (BWC)
10:00Coffee Time (CR)
10:00EI/EIII Donuts with Development (CR)
10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)
10:15Balance and Core Stability (BWC)
11:00Water Walking (POOL)
1:15First Step (BWC)
3:00Coffee Time (LA)

Friday 5

OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)
8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB)
8:30Homes Breakfast - @ Ray's Bistro (Limited Menu) - RSVP to Helen Wentzheimer at 616-340-2495 (call or text) or hmswww@aol.com (RB)
9:00ALDI'S Shopping - Lobby PU, EI/9am & EII/9:05am (EL)
9:15Cardio Express (BWC)
9:30Coffee Connections (LA)
9:45Strength Training (BWC)
10:00Coffee Time (CR)
10:15Water Walking (POOL)
10:30Van's Market (MKT)
11:00Cardio Express (BWC)
11:30Strength Training (BWC)
3:00Coffee Time (LA)
7:00Game Night (1st Friday ONLY begins with BINGO) (CR)

Saturday 6

OPEN SWIM (POOL)
7:00Movie Night (COM)

CONTACTS

ESTATES & HMS OFFICE
616-235-5006
M-F, 8:00am-4:30pm

HEALTH CENTER

EI: 616-235-5721
8:30am-12:00pm
Same # for EMERG RESPONSE from 5:00pm-8:00am

EII: 616-235-5675
1:00pm-4:30pm
Same # for EMERG RESPONSE from 5:00pm-8:00am

VAN'S MARKET
M,W & F - 10:30am-1:00pm

FACILITY SERVICES
616-235-2787

ESTATES SALON
616-235-5701

VOLUNTEER SERVICES
616-235-5717

NOTARY SERVICES
Office, By Appointment