

Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19	Saturday 20	Sunday 21
<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit (POOL)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training (TFC)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</div> <div>10:00 Shuffleboard * (resident led) (BP)</div> <div>10:15 Strength Training (BS)</div> <div>11:00 Stretch & Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Ladies Prayer Meeting (RPDR)</div> <div>1:00 Dog "Paw-ty" * (TC)</div> <div>1:15 Strength Training (TFC)</div> <div>1:15 Dynamic Movement (BS)</div> <div>2:00 Bretonaires Practice (EX)</div> <div>3:00 RAC Meeting (CP)</div> <div>6:30 Games (EX)</div> <div>6:30 Dirty Dog (TPDR) (EX)</div> <div>7:00 Resident Led Movie: "Treasure of the Sierra Madre" (RT)</div>	<div>6:00 Open Swim (6:00 - 10:45 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:15 Total Body (TFC)</div> <div>8:30 Resident Golf League at the Pines (OCO)</div> <div>9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe)</div> <div>9:15 Balance & Core Stability (BS)</div> <div>9:30 Balance & Core Stability (TFC)</div> <div>10:00 Ladies Billiards (RBR)</div> <div>10:00 Quilting (10:00 am - 4:00 pm) (AS)</div> <div>10:00 Lunch & Shopping in Holland (sign-up required) (OCO)</div> <div>10:15 Strength & Stability (BS)</div> <div>11:00 Water Walking (POOL)</div> <div>11:15 Balance & Core Stability (BS)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:15 Balance & Core Stability (TFC)</div> <div>1:15 Total Body (BS)</div> <div>2:00 Yarnastics (EX)</div> <div>2:00 Chair Yoga (TT)</div> <div>3:00 Ladies Billiards (TBR)</div> <div>3:00 Ladies Tea (BI) (EX)</div>	<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit (POOL)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training (TFC)</div> <div>10:00 Catholic Communion (TPDR)</div> <div>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</div> <div>10:00 Open Painting (10:00 - 11:30 am) (resident led) (RPDR)</div> <div>10:00 Used Book Sale & Bake Sale (10:00 am - 2:30 pm) (TL)</div> <div>10:15 Strength Training (BS)</div> <div>10:15 "Ministering in a Muslim World" (week 3 of 4) (CP)</div> <div>11:00 Stretch & Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>12:30 Mah Jongg (TB)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>12:30 Bus to Gaines Meijer (TL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</div> <div>1:00 Pickleball * (resident led) (PC)</div> <div>1:00 Bus to Gaines Meijer (RL)</div> <div>1:15 Strength Training (TFC)</div> <div>1:15 Dynamic Movement (BS)</div> <div>1:30 Sundae Social (2:00 - 3:30 pm) (Cafe)</div> <div>2:00 Men's Billiards (TBR)</div> <div>2:00 Building & Grounds Open Forum Meeting (CP)</div> <div>4:00 Social Hour at the Ridge (RPDR)</div> <div>6:00 Games (BI) (RL)</div> <div>6:45 Euchre (TL) Mah Jongg (RL)</div> <div>7:00 Dominos (EX)</div> <div>7:00 Burton Street Brass Band (sign up for 6:30 pm transportation from the Ridge) (TL)</div>	<div>6:00 Open Swim (6:00 - 10:45 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:15 Total Body (TFC)</div> <div>9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe)</div> <div>9:15 Balance & Core Stability (BS)</div> <div>9:30 Balance & Core Stability (TFC)</div> <div>10:00 Ladies Laughing and Learning to Play Pool (TBR)</div> <div>10:00 Shuffleboard * (resident led) (BP)</div> <div>10:15 Strength & Stability (BS)</div> <div>11:00 Water Walking (POOL)</div> <div>11:15 Balance & Core Stability (BS)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Ping Pong (VI)</div> <div>1:00 Breton Market (closed today) (TLL)</div> <div>1:15 Balance & Core Stability (TFC)</div> <div>1:15 Total Body (BS)</div> <div>2:00 Men's Billiards (TBR)</div> <div>2:00 Knit Wits (BI)</div> <div>2:00 Bretonaires Practice (EX)</div> <div>2:00 Chair Yoga (TT)</div> <div>3:30 Social Hour at the Terrace (TPDR)</div> <div>7:00 Master Arts Theatre: "Pirates of Penzance" (sign-up required) (OCO)</div> <div>Terrace Cafe & Ridge Bistro - closed today</div>	<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit (POOL)</div> <div>9:00 Pickleball * (resident led) (PC)</div> <div>9:00 Blood Pressure Clinic (9:00 - 10:00 am) (HC)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training (TFC)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</div> <div>10:15 Strength Training (BS)</div> <div>10:30 Breton Woods Worship Grant Celebration at the Ridge (VI)</div> <div>11:00 Stretch & Flex - note location change for today (TPDR)</div> <div>11:15 Heart Healthy Dance - note location change for today (BS)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:15 Strength Training (TFC)</div> <div>2:00 5 Crowns (TL)</div> <div>3:00 BW Choir Rehearsal (CP)</div> <div>5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)</div> <div>7:00 Terrace Movie: "Steel Magnolias" (TT)</div> <div>7:00 Ridge Movie: "The Princess Bride" (RT)</div> <div>Ridge Bistro - open for breakfast only, 8:00 - 10:00 am. Closed for lunch.</div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:00 Hymn Sing (Cafe)</div> <div>2:00 Stinky Feet (EX)</div> <div>3:30 Grand Raggidy Roller Derby (sign-up required) (OCO)</div> <div>7:00 Terrace Movie: "The Princess Bride" (TT)</div> <div>7:00 Ridge Movie: "Steel Magnolias" (RT)</div> <div><div>Location Key</div><div><div>Breton Terrace</div><div>AS - Art Studio Cafe - Terrace Café CP - Centre Place EL - Employee Lounge EX - Expressions HC - Health Centre TB - Terrace Balcony TBR - Terrace Billiard Room TCP - Terrace Café Patio TC - Terrace Courtyard TFC - Terrace Fitness Centre TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WS - Woodshop</div></div><div><div>Breton Ridge</div><div>BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RT - Ridge Theatre VI- Vineyard ***** BRLC- Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing</div></div><div>*Weather permitting.</div></div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>10:45 Calvary Church Livestream (TPDR)</div> <div>6:00 Breton Woods Worship Service and the Breton Woods Choir w/ Rev. Les Wiseman (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP)</div> <div>7:00 Refreshments and Fellowship (EX)</div>



September 22 – 28, 2025

Breton Woods Independent Living



Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26	Saturday 27	Sunday 28
<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit (POOL)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training (TFC)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</div> <div>10:00 Shuffleboard * (resident led) (BP)</div> <div>10:15 Strength Training (BS)</div> <div>11:00 Stretch & Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Ladies Prayer Meeting (RPDR)</div> <div>1:00 Scrapbooking and Card Making (1:00 - 3:00 pm) (AS)</div> <div>1:00 Dog "Paw-ty" * (TC)</div> <div>1:00 Ladies Bible Study "1st & 2nd Thessalonians" (RPDR)</div> <div>1:15 Strength Training (TFC)</div> <div>1:15 Dynamic Movement (BS)</div> <div>2:00 Bretonaires Practice (EX)</div> <div>6:30 Games (EX)</div> <div>6:30 Dirty Dog (TPDR) (EX)</div> <div>7:00 Resident Led Movie: "The Caine Mutiny" (RT)</div>	<div>6:00 Open Swim (6:00 - 10:45 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:15 Total Body (TFC)</div> <div>8:30 Resident Golf League at the Pines (OCO)</div> <div>9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe)</div> <div>9:15 Balance & Core Stability (BS)</div> <div>9:30 Balance & Core Stability (TFC)</div> <div>10:00 Ladies Billiards (RBR)</div> <div>10:00 Quilting (10:00 am - 4:00 pm) (AS)</div> <div>10:00 Ladies Bible Study "1st & 2nd Thessalonians" (TPDR)</div> <div>10:15 Strength & Stability (BS)</div> <div>11:00 Water Walking (POOL)</div> <div>11:15 Balance & Core Stability (BS)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Ladies Bible Study "1st & 2nd Thessalonians" (RPDR)</div> <div>1:15 Balance & Core Stability - canceled today (TFC)</div> <div>1:15 Total Body - canceled today (BS)</div> <div>2:00 Yarnastics (EX)</div> <div>2:00 Chair Yoga - canceled today (TT)</div> <div>3:00 Ladies Billiards (TBR)</div> <div>3:00 Ladies Tea (BI) (EX)</div> <div>Terrace Cafe - open for lunch only, 11:00 am - 1:00 pm. Closed for dinner.</div>	<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit (POOL)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training (TFC)</div> <div>10:00 Catholic Communion (TPDR)</div> <div>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</div> <div>10:00 Open Painting (10:00 - 11:30 am) (resident led) (RPDR)</div> <div>10:15 Strength Training (BS)</div> <div>10:15 "Essentials of Faith" Video Series (CP)</div> <div>11:00 Stretch & Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>12:30 Mah Jongg (TB)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>12:30 Bus to Cascade Meijer (TL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Pickleball * (resident led) (PC)</div> <div>1:00 Bus to Cascade Meijer (RL)</div> <div>1:00 Breton Market (closed today) (TLL)</div> <div>1:15 Strength Training - canceled today (TFC)</div> <div>1:15 Dynamic Movement - canceled today (BS)</div> <div>1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe)</div> <div>2:00 Men's Billiards (TBR)</div> <div>3:00 Breton Readers at the Terrace (TPDR)</div> <div>4:00 Social Hour at the Ridge (RPDR)</div> <div>6:00 Games (BI) (RL)</div> <div>6:45 Euchre (TL) Mah Jongg (RL)</div> <div>7:00 Dominos (EX)</div>	<div>6:00 Open Swim (6:00 - 10:45 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:15 Total Body (TFC)</div> <div>8:30 Donuts w/ the HH Development Team (8:30 - 10:00 am) (EX)</div> <div>9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe)</div> <div>9:15 Balance & Core Stability (BS)</div> <div>9:30 Balance & Core Stability (TFC)</div> <div>10:00 Ladies Laughing and Learning to Play Pool (TBR)</div> <div>10:00 Shuffleboard * (resident led) (BP)</div> <div>10:00 Floral Friends (RI)</div> <div>10:15 Strength & Stability (BS)</div> <div>11:00 Water Walking (POOL)</div> <div>11:15 Balance & Core Stability (BS)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Ping Pong (VI)</div> <div>1:00 Scrapbooking and Card Making (1:00 - 3:00 pm) (AS)</div> <div>1:00 Art Prize Bus Tour featuring Veterans Memorial Park (sign-up required) (OCO)</div> <div>1:00 Breton Market (closed today) (TLL)</div> <div>1:15 Balance & Core Stability (TFC)</div> <div>1:15 Total Body (BS)</div> <div>2:00 Men's Billiards (TBR)</div> <div>2:00 Knit Wits (BI)</div> <div>2:00 Bretonaires Practice (EX)</div> <div>2:00 Chair Yoga (TT)</div> <div>3:30 Social Hour at the Terrace (TPDR)</div> <div>7:00 REAL: "Kentwood Mayoral Candidate Forum" (CP)</div>	<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit (POOL)</div> <div>9:00 Pickleball * (resident led) (PC)</div> <div>9:00 Blood Pressure Clinic (9:00 - 10:00 am) (RPDR)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training (TFC)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</div> <div>10:15 Strength Training (BS)</div> <div>11:00 Stretch & Flex (EX)</div> <div>11:15 Heart Healthy Dance - note location change for today (BS)</div> <div>11:30 "Ministering in a Muslim World" (week 4 of 4) Visit to Al Tawheed Mosque (CP)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:15 Strength Training (TFC)</div> <div>2:00 5 Crowns (TL)</div> <div>5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)</div> <div>7:00 Terrace Movie: "Fail-Safe" (TT)</div> <div>7:00 Ridge Movie: "Fitzcarraldo" (RT)</div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>7:30 Bus to the Calvin 5K (sign-up required) (TL) (RL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:00 Hymn Sing (Cafe)</div> <div>2:00 Stinky Feet (EX)</div> <div>7:00 Ridge Movie: "Fail-Safe" (RT)</div> <div>7:00 Terrace Movie: "Fitzcarraldo" (TT)</div> <div>Location Key</div> <div>Breton Terrace</div> <div>AS - Art Studio Cafe - Terrace Café CP - Centre Place EL - Employee Lounge EX - Expressions HC - Health Centre TB - Terrace Balcony TBR - Terrace Billiard Room TCP - Terrace Café Patio TC - Terrace Courtyard TFC - Terrace Fitness Centre TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WS - Woodshop</div> <div>*Weather permitting.</div> <div>Breton Ridge</div> <div>BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RT - Ridge Theatre VI - Vineyard</div> <div>*****</div> <div>BRLC- Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing</div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>10:45 Calvary Church Livestream (TPDR)</div> <div>6:00 Breton Woods Worship Service w/ Rev. Carolyn Cammenga (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP)</div>
MON - WED: See the "Active Aging Week" Special Events Calendar for all the fun activities!						