

# September 14 - September 20

## Estates & Homes

### Sunday 14

**OPEN SWIM (POOL)**  
9:30Chapel Service - Pastor  
Ed Schoenberger,  
Calvary Church (CH)  
6:15Chapel Service - Rev.  
Gerry Heyboer, HH  
Chaplain (CH)

### LOCATION LEGEND

SUR-Sign Up Required  
\$\$-Cost Involved

BWC-Buiten Wellness Center  
CH-Chapel  
COM - EII Community Room  
CR-EI Club Room  
CS-EII Coffee Shop  
CV-Chapel Visiting Room  
E2P-EII Patio  
GR-Game Room  
GP-Gathering Place  
LDR-Large Dining Room  
LA-EII Lounge  
FR-Friendship Room  
OFFS-Offsite  
POOL-Pool  
RB-Ray's Bistro  
RBB-Ray's Bistro Billiards  
RBC-Ray's Bistro Conf Room  
RMP-Manor Parking Lot  
TRAN-Transportation

### Monday 15

**OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)**  
8:30Men's Social Hour (COM)  
9:15Cardio Express (BWC)  
9:30Coffee Connections (LA)  
9:45Strength Training (BWC)  
10:00Coffee Time (CR)  
10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)  
10:15Water Walking (POOL)  
10:30Van's Market (MKT)  
11:00Cardio Express (BWC)  
11:30Strength Training (BWC)  
1:00Raybrook Purls Knitting/Crocheting (LA)  
1:30Corn Hole - Weather Permitting, Contact Rog Roskamp w/Questions at 616-745-6073 (E2P)  
2:00Exercise with the GR Ballet (BWC)  
3:00Coffee Time (LA)  
4:00Leo's Coney Island Restaurant Outing (OFFS)  
6:30Pool League (RBB)

### Tuesday 16

**OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL)**  
8:15Stretch and Flex (GP)  
9:30Coffee Connections (LA)  
9:30Balance and Core Stability (BWC)  
10:00Coffee Time (CR)  
10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)  
10:00EII Bible Study - Dr. Dan Kroeze (LDR)  
10:15Balance and Core Stability (BWC)  
11:00Water Aerobics (POOL)  
1:15First Step (BWC)  
2:00Chapel Concert - Randy Heidman, Piano (CH)  
3:00Coffee Time (LA)  
6:30Pool League (RBB)  
7:00Game Night (CR)

### Wednesday 17

**OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)**  
8:00Ray's Bistro  
BREAKFAST 8:00AM-10:30AM (Lunch Available until 1:00PM)  
9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN)  
9:15Cardio Express (BWC)  
9:30Coffee Connections (LA)  
9:45Strength Training (BWC)  
9:50Paws With a Cause Tour Outing - SUR (OFF)  
10:00Coffee Time (CR)  
10:15Water Walking (POOL)  
10:30Van's Market (MKT)  
11:00Cardio Express (BWC)  
11:30Strength Training (BWC)  
1:30Outdoor Lawn Games (E2P)  
3:00Coffee Time (LA)  
6:30Pool League (RBB)  
7:00Hymn Sing Along (GP)  
7:00Game Night (Except the 3rd Wed Each Month) (GP)

### Thursday 18

**OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL)**  
8:15Stretch and Flex (GP)  
9:30Coffee Connections (LA)  
9:30Balance and Core Stability (BWC)  
9:30EII/Homes Donuts with Development (LA)  
10:00Coffee Time (CR)  
10:00RAY'S BISTRO - CLOSED TODAY (RB)  
10:15Balance and Core Stability (BWC)  
11:00Water Aerobics (POOL)  
1:15First Step (BWC)  
3:00Coffee Time (LA)  
3:00EIII Game Day - Building 2300 (basement level) (EIII)

### Friday 19

**OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)**  
8:00Ray's Bistro  
BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB)  
9:00ALDI'S Shopping - Lobby PU, EI/9am & EII/9:05am (EL)  
9:15Cardio Express (BWC)  
9:30Coffee Connections (LA)  
9:45Strength Training (BWC)  
10:00Coffee Time (CR)  
10:15Water Walking (POOL)  
10:30Van's Market (MKT)  
11:00Cardio Express (BWC)  
11:30Strength Training (BWC)  
3:00Coffee Time (LA)  
7:00Game Night (1st Friday ONLY begins with BINGO) (CR)

### Saturday 20

**OPEN SWIM (POOL)**  
10:00Coffee Time (CR)  
7:00Movie Night (COM)

### CONTACTS

ESTATES & HMS OFFICE  
616-235-5006  
M-F, 8:00am-4:30pm

HEALTH CENTER  
  
EI: 616-235-5721  
8:30am-12:00pm  
Same # for EMERG RESPONSE  
from 5:00pm-8:00am

EII: 616-235-5675  
1:00pm-4:30pm  
Same # for EMERG RESPONSE  
from 5:00pm-8:00am

VAN'S MARKET  
M,W & F - 10:30am-1:00pm

FACILITY SERVICES  
616-235-2787

ESTATES SALON  
616-235-5701

VOLUNTEER SERVICES  
616-235-5717

NOTARY SERVICES  
Office, By Appointment

September 21 - September 27

Estates & Homes

Sunday 21	Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26	Saturday 27
<div>OPEN SWIM (POOL)</div> <div>9:30Chapel Service - Rev. Ralph Robrahn, RCA (CH)</div> <div>6:15Chapel Service - Pastor Lorinda VanderWerp, Calvin Student CRC (CH)</div>	<div>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)</div> <div>8:30Men's Social Hour (COM)</div> <div>9:15Cardio Express (BWC)</div> <div>9:30Coffee Connections (LA)</div> <div>9:45Strength Training (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</div> <div>10:15Water Walking (POOL)</div> <div>10:30Van's Market (MKT)</div> <div>11:00Cardio Express (BWC)</div> <div>11:30Strength Training (BWC)</div> <div>1:00Raybrook Purls Knitting/Crocheting (LA)</div> <div>1:30Corn Hole - Weather Permitting, Contact Rog Roskamp w/Questions at 616-745-6073 (E2P)</div> <div>2:00Exercise with the GR Ballet (BWC)</div> <div>3:00Coffee Time (LA)</div> <div>6:30Pool League (RBB)</div>	<div>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL)</div> <div>8:15Stretch and Flex (GP)</div> <div>9:30Coffee Connections (LA)</div> <div>9:30Balance and Core Stability (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</div> <div>10:00EII Bible Study - Dr. Dan Kroeze (LDR)</div> <div>10:15Balance and Core Stability (BWC)</div> <div>11:00Water Aerobics (POOL)</div> <div>1:15First Step (BWC)</div> <div>3:00Coffee Time (LA)</div> <div>6:30Pool League (RBB)</div> <div>6:30Films with Chester Alkema (FR)</div> <div>7:00Game Night (CR)</div>	<div>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)</div> <div>ACTIVE AGING WEEK - See Separate Calendar</div> <div>8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Lunch Available until 1:00PM)</div> <div>9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN)</div> <div>9:15Cardio Express (BWC)</div> <div>9:30Coffee Connections (LA)</div> <div>9:45Strength Training (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:15Water Walking (POOL)</div> <div>10:30Van's Market (MKT)</div> <div>11:00Cardio Express (BWC)</div> <div>11:30Strength Training (BWC)</div> <div>3:00Coffee Time (LA)</div> <div>6:30Pool League (RBB)</div> <div>7:00Game Night (Except the 3rd Wed Each Month) (GP)</div>	<div>ACTIVE AGING WEEK - See Separate Calendar</div> <div>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL)</div> <div>8:15Stretch and Flex (GP)</div> <div>9:30Coffee Connections (LA)</div> <div>9:30Balance and Core Stability (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:00RAY'S BISTRO - CLOSED TODAY (RB)</div> <div>10:15Balance and Core Stability (BWC)</div> <div>11:00Water Aerobics (POOL)</div> <div>1:15First Step - CANCELLED TODAY (BWC)</div> <div>3:00Coffee Time (LA)</div>	<div>ACTIVE AGING WEEK - See Separate Calendar</div> <div>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)</div> <div>8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB)</div> <div>9:00DOLLAR TREE &amp; HOBBY LOBBY Shopping - Lobby PU, EI/9am &amp; EII/9:05am (EL)</div> <div>9:30Coffee Connections (LA)</div> <div>9:30Acitve Aging Week: Recess Rewind-Golden Games Field Day w/Fitness Team (E2P)</div> <div>10:00Coffee Time (CR)</div> <div>10:15Water Walking (POOL)</div> <div>10:30Van's Market (MKT)</div> <div>11:00Cardio Express (BWC)</div> <div>11:30Strength Training (BWC)</div> <div>3:00Coffee Time (LA)</div> <div>7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</div>	<div>OPEN SWIM (POOL)</div> <div>7:30Calvin Classic 5k Run &amp; Walk - SUR (OFF)</div> <div>10:00Coffee Time (CR)</div> <div>7:00Movie Night (COM)</div>
<div>SIGN UP GUIDELINES:</div> <div>&gt; Sign Up sheets are centrally located in the tunnel hallway outside the BWC, with the exception of the Wed &amp; Fri shopping outings. These can be found on EI &amp; EII Bulletin Boards.</div> <div>&gt; Save the Dates and Sign Up begin dates and deadlines are to give notice of anticipated upcoming events. Subject to Change as details are finalized.</div>						<div>SAVE THE DATE!</div> <div>Limited spots available for ALL sign up events.</div> <div>OCTOBER 2 ART PRIZE OUTING Sign Up Begins Sept 18</div> <div>OCTOBER 8 DAILY BREAD TOUR Sign Up Begins September 23</div> <div>OCTOBER 15 FALL FLING to TURKEYVILLE! Sign Up Deadline is Sept 19</div>