

Based On Information Known At Time Of Print

Sunday 17	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22	Saturday 23
<div>9:30Chapel Service - Pastor Josh Holwerda, CRC (CH)</div> <div>6:15Chapel Service - Pastor Lorinda VanderWerp, Calvin Student CRC (CH)</div>	<div>8:30Men's Social Hour (COM)</div> <div>9:15Cardio Express (BWC)</div> <div>9:30Coffee Connections (LA)</div> <div>9:45Strength Training (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</div> <div>10:15Walking Group (in place of Water Walking) - Start in the BWC (BWC)</div> <div>10:30Van's Market (MKT)</div> <div>11:00Cardio Express (BWC)</div> <div>11:30Strength Training (BWC)</div> <div>1:00Raybrook Purls Knitting/Crocheting (LA)</div> <div>1:30Corn Hole - Weather Permitting, Contact Rog Roskamp w/Questions at 616-745-6073 (E2P)</div> <div>2:00Exercise with the GR Ballet - CANCELLED (BWC)</div> <div>2:00REAL: Sharing Our Stories w/EI Resident Bill VanDoorne, Interviewed by Janet Sheeres (FR)</div> <div>2:15Cardio Drumming (BWC)</div> <div>3:00Coffee Time (LA)</div> <div>4:00PEPPINO'S Restaurant Outing - SUR (OFFS)</div>	<div>8:15Stretch and Flex (GP)</div> <div>8:45Resident Golf League (Men &amp; Women) at 'The Pines' - \$\$, No Sign Up Required - Contact Tony Louwerse w/Questions at 616-990-0431 (OFF)</div> <div>9:30Coffee Connections (LA)</div> <div>9:30Balance and Core Stability (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</div> <div>10:15Balance and Core Stability (BWC)</div> <div>11:00Zumba (BWC)</div> <div>1:15First Step (BWC)</div> <div>2:00REAL: Caregiver to Caregiver: A Journey of Faith &amp; Courage with Linda Joel (FR)</div> <div>3:00Coffee Time (LA)</div> <div>7:00Game Night (CR)</div> <div>7:00Hope Herald's Choir Chapel Concert (CH)</div>	<div>8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Lunch Available until 1:00PM)</div> <div>9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN)</div> <div>9:15Cardio Express (BWC)</div> <div>9:30Coffee Connections (LA)</div> <div>9:45Strength Training (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:15Walking Group (in place of Water Walking) - Start in the BWC (BWC)</div> <div>10:30Van's Market (MKT)</div> <div>11:00Cardio Express (BWC)</div> <div>11:30Strength Training (BWC)</div> <div>3:00Coffee Time (LA)</div> <div>7:00Game Night (Except the 3rd Wed Each Month) (GP)</div> <div>7:00Hymn Sing Along - CANCELLED FOR JULY &amp; AUGUST (GP)</div>	<div>8:15Stretch and Flex (GP)</div> <div>9:30Coffee Connections (LA)</div> <div>9:30Balance and Core Stability (BWC)</div> <div>9:30EII/Homes Donuts with Development (LA)</div> <div>10:00Coffee Time (CR)</div> <div>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</div> <div>10:15Balance and Core Stability (BWC)</div> <div>11:00Zumba (BWC)</div> <div>1:15First Step (BWC)</div> <div>3:00Coffee Time (LA)</div> <div>3:00EIII Game Day - Building 2300 (basement level) (EIII)</div>	<div>8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB)</div> <div>9:00FULTON FARMER'S MARKET Friday Shopping - Lobby PU, EI/9am &amp; EII/9:05am (EL)</div> <div>9:15Cardio Express (BWC)</div> <div>9:30Coffee Connections (LA)</div> <div>9:45Strength Training (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:30Van's Market (MKT)</div> <div>11:00Cardio Express (BWC)</div> <div>11:30Strength Training (BWC)</div> <div>3:00Coffee Time (LA)</div> <div>7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</div>	<div>7:00Movie Night (COM)</div>
<div>CONTACTS</div> <div>ESTATES &amp; HMS OFFICE 616-235-5006 M-F, 8:00am-4:30pm</div> <div>HEALTH CENTER  EI: 616-235-5721 8:30am-12:00pm Same # for EMERG RESPONSE from 5:00pm-8:00am  EII: 616-235-5675 1:00pm-4:30pm Same # for EMERG RESPONSE from 5:00pm-8:00am</div> <div>VAN'S MARKET M,W &amp; F - 10:30am-1:00pm</div> <div>FACILITY SERVICES 616-235-2787</div> <div>ESTATES SALON 616-235-5701</div> <div>VOLUNTEER SERVICES 616-235-5717</div> <div>NOTARY SERVICES Office, By Appointment</div>						

LOCATION LEGEND

SUR-Sign Up Required  
\$\$-Cost Involved

BWC-Buiten Wellness Center  
CH-Chapel  
COM - EII Community Room  
CR-EI Club Room  
CS-EII Coffee Shop  
CV-Chapel Visiting Room  
E2P-EII Patio  
GR-Game Room  
GP-Gathering Place  
LDR-Large Dining Room  
LA-EII Lounge  
FR-Friendship Room  
OFFS-Offsite  
POOL-Pool  
RB-Ray's Bistro  
RBB-Ray's Bistro Billiards  
RBC-Ray's Bistro Conf Room  
RMP-Manor Parking Lot  
TRAN-Transportation



Raybrook  
of Holland Home™

# August 24 - August 30

## Estates & Homes



PHYSICAL  
WELLNESS

EMOTIONAL  
WELL-BEING

SPIRITUAL  
FULFILLMENT

INTELLECTUAL  
DISCOVERY

SOCIAL  
ENGAGEMENT

Based On Information Known At Time Of Print

Sunday 24	Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29	Saturday 30
<div>9:30Chapel Service - Rev. Evan Heerema, Retired CRC (CH)</div> <div>6:15Chapel Service - Rev. Jim Evenhouse, Retired CRC (CH)</div> <div><b>**STATUS OF POOL OPENING UNKNOWN @ TIME OF PRINT**</b></div> <div>SIGN UP GUIDELINES:  &gt; Sign Up sheets are centrally located in the tunnel hallway outside the BWC, with the exception of the Wed &amp; Fri shopping outings. These can be found on EI &amp; EII Bulletin Boards.  &gt; Save the Dates and Sign Up begin dates and deadlines are to give notice of anticipated upcoming events. Subject to Change as details are finalized.</div>	<div>8:30Men's Social Hour (COM)</div> <div>9:15Cardio Express (BWC)</div> <div>9:30Coffee Connections (LA)</div> <div>9:45Strength Training (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</div> <div>10:15Walking Group (in place of Water Walking) - Start in the BWC (BWC)</div> <div>10:30Van's Market (MKT)</div> <div>11:00Cardio Express (BWC)</div> <div>11:30Strength Training (BWC)</div> <div>1:00Raybrook Purls Knitting/Crocheting (LA)</div> <div>1:30Corn Hole - Weather Permitting, Contact Rog Roskamp w/Questions at 616-745-6073 (E2P)</div> <div>2:00Exercise with the GR Ballet (BWC)</div> <div>3:00Coffee Time (LA)</div>	<div>8:15Stretch and Flex (GP)</div> <div>8:45Resident Golf League (Men &amp; Women) at 'The Pines' - \$\$, No Sign Up Required - Contact Tony Louwerse w/Questions at 616-990-0431 (OFF)</div> <div>9:30Coffee Connections (LA)</div> <div>9:30Balance and Core Stability (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</div> <div>10:15Balance and Core Stability (BWC)</div> <div>11:00Zumba (BWC)</div> <div>1:15First Step (BWC)</div> <div>2:00REAL: Walker Safety &amp; Adjustments w/Atrio &amp; Carelinc (FR)</div> <div>3:00Coffee Time (LA)</div> <div>7:00Game Night (CR)</div>	<div>8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Lunch Available until 1:00PM)</div> <div>9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN)</div> <div>9:15Cardio Express (BWC)</div> <div>9:30Coffee Connections (LA)</div> <div>9:45Strength Training (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:15Walking Group (in place of Water Walking) - Start in the BWC (BWC)</div> <div>10:30Van's Market (MKT)</div> <div>11:00Cardio Express (BWC)</div> <div>11:30Strength Training (BWC)</div> <div>3:00Coffee Time (LA)</div> <div>7:00Game Night (Except the 3rd Wed Each Month) (GP)</div>	<div>8:15Stretch and Flex (GP)</div> <div>9:00Building &amp; Grounds Meeting (CR)</div> <div>9:30Coffee Connections (LA)</div> <div>9:30Balance and Core Stability (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</div> <div>10:15Balance and Core Stability (BWC)</div> <div>11:00Zumba (BWC)</div> <div>1:15First Step (BWC)</div> <div>1:30Ice Cream Crawl - SUR, \$\$ (OFF)</div> <div>3:00Coffee Time (LA)</div>	<div>8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB)</div> <div>9:00HORROCK'S Friday Shopping - Lobby PU, EI/9am &amp; EII/9:05am (EL)</div> <div>9:15Cardio Express (BWC)</div> <div>9:30Coffee Connections (LA)</div> <div>9:45Strength Training (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:30Van's Market (MKT)</div> <div>11:00Cardio Express (BWC)</div> <div>11:30Strength Training (BWC)</div> <div>3:00Coffee Time (LA)</div> <div>7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</div>	<div>7:00Movie Night (COM)</div> <div><div>SAVE THE DATE!</div><div>Limited spots available for ALL sign up events.</div><div>SEPTEMBER 10 BOULDER RIDGE ZOO Sign Up Begins Sept 2</div><div>SEPTEMBER 17 PAWS FOR A CAUSE TOUR Sign up Begins Sept 2</div><div>OCTOBER 15 FALL FLING to TURKEYVILLE! Sign Up Begins Sept 8, Ends Sept 19</div></div>