

August 3 - August 9

Estates & Homes

Sunday 3	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8	Saturday 9
<div>9:30Chapel Service - Rev. Carolyn Cammenga, Retired CRC (CH)</div> <div>6:15Chapel Service - Pastor Lorinda VanderWerp, Calvin Student CRC (CH)</div>	<div>8:30Men's Social Hour (COM)</div> <div>9:15Cardio Express (BWC)</div> <div>9:30Coffee Connections (LA)</div> <div>9:45Strength Training (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</div> <div>10:30Van's Market (MKT)</div> <div>11:00Cardio Express (BWC)</div> <div>11:30Strength Training (BWC)</div> <div>1:00Raybrook Purls Knitting/Crocheting (LA)</div> <div>1:30Corn Hole - Weather Permitting, Contact Rog Roskamp w/Questions at 616-745-6073 (E2P)</div> <div>1:30EI RAC Meeting (CR)</div> <div>2:00Exercise with the GR Ballet (BWC)</div> <div>2:00REAL: 40 Years at Calvin Ecosystem Preserve & Native Gardens - Virtual (FR)</div> <div>3:00Coffee Time (LA)</div>	<div>8:15Stretch and Flex (GP)</div> <div>8:45Resident Golf League (Men & Women) at 'The Pines' - \$\$, No Sign Up Required - Contact Tony Louwerse w/Questions at 616-990-0431 (OFF)</div> <div>9:30Coffee Connections (LA)</div> <div>9:30Balance and Core Stability (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</div> <div>10:15Balance and Core Stability (BWC)</div> <div>1:15First Step (BWC)</div> <div>2:00Calder Band (CH)</div> <div>3:00Coffee Time (LA)</div> <div>7:00Game Night (CR)</div> <div>7:00EI Ice Cream Birthday Social - LDR (LDR)</div>	<div>8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Lunch Available until 1:00PM)</div> <div>9:00Meijer Shopping-EI PU: 9am, EI PU:9:05am-SUR (TRAN)</div> <div>9:15Cardio Express (BWC)</div> <div>9:30Coffee Connections (LA)</div> <div>9:45Strength Training (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:30Van's Market (MKT)</div> <div>11:00Cardio Express (BWC)</div> <div>11:00GR Ford Airport Viewing & Food Trucks - SUR (OFF)</div> <div>11:30Strength Training (BWC)</div> <div>2:30EI Birthday Ice Cream Social - \$ (FR)</div> <div>2:30Current Events w/Hank Post (D1DR)</div> <div>3:00Coffee Time (LA)</div> <div>7:00Game Night (Except the 3rd Wed Each Month) (GP)</div>	<div>8:15Stretch and Flex (GP)</div> <div>9:30Coffee Connections (LA)</div> <div>9:30Balance and Core Stability (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:00EI/EIII Donuts with Development (CR)</div> <div>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</div> <div>10:15Balance and Core Stability (BWC)</div> <div>1:15First Step (BWC)</div> <div>3:00Coffee Time (LA)</div> <div>7:00Organ Concert - Noah Smith of Fountain Church (CH)</div>	<div>8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB)</div> <div>9:00TRADER JOE'S Shopping - Lobby PU, EI/9am & EI/9:05am (EL)</div> <div>9:15Cardio Express (BWC)</div> <div>9:30Coffee Connections (LA)</div> <div>9:45Strength Training (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:30Van's Market (MKT)</div> <div>11:00Cardio Express (BWC)</div> <div>11:30Strength Training (BWC)</div> <div>3:00Coffee Time (LA)</div> <div>7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</div>	<div>4:00CRC Conference Grounds Dinner (Pay On Your Own) & Concert - The Brown's - SUR (OFF)</div> <div>7:00Movie Night (COM)</div>
<div>LOCATION LEGEND</div> <div>SUR-Sign Up Required \$\$-Cost Involved</div> <div>BWC-Buiten Wellness Center CH-Chapel COM - EI Community Room CR-EI Club Room CS-EI Coffee Shop CV-Chapel Visiting Room E2P-EI Patio GR-Game Room GP-Gathering Place LDR-Large Dining Room LA-EI Lounge FR-Friendship Room OFFS-Offsite POOL-Pool RB-Ray's Bistro RBB-Ray's Bistro Billiards RBC-Ray's Bistro Conf Room RMP-Manor Parking Lot TRAN-Transportation</div>						<div>CONTACTS</div> <div>ESTATES & HMS OFFICE 616-235-5006 M-F, 8:00am-4:30pm</div> <div>HEALTH CENTER</div> <div>EI: 616-235-5721 8:30am-12:00pm Same # for EMERG RESPONSE from 5:00pm-8:00am</div> <div>EII: 616-235-5675 1:00pm-4:30pm Same # for EMERG RESPONSE from 5:00pm-8:00am</div> <div>VAN'S MARKET M,W & F - 10:30am-1:00pm</div> <div>FACILITY SERVICES 616-235-2787</div> <div>ESTATES SALON 616-235-5701</div> <div>VOLUNTEER SERVICES 616-235-5717</div> <div>NOTARY SERVICES Office, By Appointment</div>



Raybrook
of Holland Home™

August 10 - August 16

Estates & Homes



Based On Information Known At Time Of Print

Sunday 10	Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15	Saturday 16
<p>9:30Chapel Service - Pastor Josh Holwerda, CRC (CH)</p> <p>6:15Chapel Service - Rev. Gerry Heyboer, HH Chaplain (CH)</p>	<p>8:30Men's Social Hour (COM)</p> <p>9:15Cardio Express (BWC)</p> <p>9:30Coffee Connections (LA)</p> <p>9:45Strength Training (BWC)</p> <p>10:00Coffee Time (CR)</p> <p>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</p> <p>10:30Van's Market (MKT)</p> <p>10:30Grand Haven Outing - SUR - \$\$ (OFFS)</p> <p>11:00Cardio Express (BWC)</p> <p>11:30Strength Training (BWC)</p> <p>1:00Raybrook Purls Knitting/Crocheting (LA)</p> <p>1:30Corn Hole - Weather Permitting, Contact Rog Roskamp w/Questions at 616-745-6073 (E2P)</p> <p>2:00Exercise with the GR Ballet - CANCELLED (BWC)</p> <p>3:00Coffee Time (LA)</p>	<p>8:15Stretch and Flex (GP)</p> <p>8:45Resident Golf League (Men & Women) at 'The Pines' - \$\$, No Sign Up Required - Contact Tony Louwerse w/Questions at 616-990-0431 (OFF)</p> <p>9:30Coffee Connections (LA)</p> <p>9:30Balance and Core Stability (BWC)</p> <p>10:00Coffee Time (CR)</p> <p>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</p> <p>10:15Balance and Core Stability (BWC)</p> <p>11:30Southern BBQ Patio Party - SUR, \$\$ (E2P)</p> <p>1:15First Step (BWC)</p> <p>3:00Coffee Time (LA)</p> <p>6:30Films w/Chester Alkema (FR)</p> <p>7:00Game Night (CR)</p>	<p>8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Lunch Available until 1:00PM)</p> <p>9:00Meijer Shopping-EI PU: 9am, EI PU:9:05am-SUR (TRAN)</p> <p>9:15Cardio Express (BWC)</p> <p>9:30Coffee Connections (LA)</p> <p>9:45Strength Training (BWC)</p> <p>10:00Coffee Time (CR)</p> <p>10:30Van's Market (MKT)</p> <p>10:30Dementia Institute Caregiver Support Group - Open to all Raybrook Residents - Call 616-235-5499 with questions. (RBC)</p> <p>11:00Cardio Express (BWC)</p> <p>11:30Strength Training (BWC)</p> <p>2:00REAL: From Independence to Enhanced Support: A Path to Well-Being (FR)</p> <p>3:00Coffee Time (LA)</p> <p>7:00Game Night (Except the 3rd Wed Each Month) (GP)</p>	<p>8:15Stretch and Flex (GP)</p> <p>9:30Coffee Connections (LA)</p> <p>9:30Balance and Core Stability (BWC)</p> <p>10:00Coffee Time (CR)</p> <p>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</p> <p>10:15Balance and Core Stability (BWC)</p> <p>1:15First Step (BWC)</p> <p>1:30GR Accordion Ensemble (CH)</p> <p>3:00Coffee Time (LA)</p>	<p>8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB)</p> <p>9:00ALDI'S Shopping - Lobby PU, EI/9am & EI/9:05am (EL)</p> <p>9:15Cardio Express (BWC)</p> <p>9:30Coffee Connections (LA)</p> <p>9:45Strength Training (BWC)</p> <p>10:00Coffee Time (CR)</p> <p>10:30Van's Market (MKT)</p> <p>11:00Cardio Express (BWC)</p> <p>11:30Strength Training (BWC)</p> <p>3:00Coffee Time (LA)</p> <p>7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p>7:00Movie Night (COM)</p>
<p>**STATUS OF POOL OPENING UNKNOWN @ TIME OF PRINT**</p> <p>SIGN UP GUIDELINES:</p> <p>> Sign Up sheets are centrally located in the tunnel hallway outside the BWC, with the exception of the Wed & Fri shopping outings. These can be found on EI & EII Bulletin Boards.</p> <p>> Save the Dates and Sign Up begin dates and deadlines are to give notice of anticipated upcoming events. Subject to Change as details are finalized.</p>						<p>SAVE THE DATE!</p> <p>Limited spots available for ALL sign up events.</p> <p>AUGUST 18 PEPPINOS PIZZA OUTING Sign Up Begins Aug 4</p> <p>AUGUST 28 ICE CREAM CRAWL - TBD Sign Up Begins August 14</p> <p>SEPTEMBER 4 CHERRY POINT FARM & FISH BOIL OUTING Sign up Now - Deadline is Aug 11</p>