

July 20 - July 26

Estates & Homes

Sunday 20	Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25	Saturday 26
<div>POOL CLOSED FOR REPAIRS</div> <div>9:30Chapel Service - Rev. Evan Heerema, Retired CRC (CH)</div> <div>6:15Chapel Service - Rev. John Steigenga, Retired CRC - RAYBROOK SINGING MEN (CH)</div>	<div>POOL CLOSED FOR REPAIRS</div> <div>8:30Men's Social Hour (COM)</div> <div>9:15Cardio Express (BWC)</div> <div>9:30Coffee Connections (LA)</div> <div>9:45Strength Training (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</div> <div>10:15Walking Group (in place of Water Walking) - Start in the BWC (BWC)</div> <div>10:30Van's Market (MKT)</div> <div>11:00Cardio Express (BWC)</div> <div>11:30Strength Training (BWC)</div> <div>1:00Raybrook Purls Knitting/Crocheting (LA)</div> <div>1:30Corn Hole - Weather Permitting, Contact Rog Roskamp w/Questions at 616-745-6073 (E2P)</div> <div>2:00Exercise with the GR Ballet (BWC)</div> <div>3:00Coffee Time (LA)</div> <div>4:00Kitchen 67 Restaurant Outing - SUR (OFFS)</div>	<div>POOL CLOSED FOR REPAIRS</div> <div>8:15Stretch and Flex (GP)</div> <div>8:45Resident Golf League (Men & Women) at 'The Pines' - \$\$, No Sign Up Required - Contact Tony Louwerse w/Questions at 616-990-0431 (OFF)</div> <div>9:30Coffee Connections (LA)</div> <div>9:30Balance and Core Stability (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</div> <div>10:15Balance and Core Stability (BWC)</div> <div>11:00Zumba (BWC)</div> <div>1:15First Step (BWC)</div> <div>2:30Root Beer Floats - SUR (FR)</div> <div>3:00Coffee Time (LA)</div> <div>6:30Films w/Chester Alkema - San Francisco (FR)</div> <div>7:00Game Night (CR)</div>	<div>POOL CLOSED FOR REPAIRS</div> <div>8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM)</div> <div>9:00Meijer Shopping-EI PU: 9am, EI PU:9:05am-SUR (TRAN)</div> <div>9:15Cardio Express (BWC)</div> <div>9:30Coffee Connections (LA)</div> <div>9:45Strength Training (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:15Walking Group (in place of Water Walking) - Start in the BWC (BWC)</div> <div>10:30Van's Market (MKT)</div> <div>10:30REAL: Mastering Email Management w/Tech Intern Francesca Todd (FR)</div> <div>11:00Cardio Express (BWC)</div> <div>11:30Strength Training (BWC)</div> <div>12:30Res Tech Help Desk from 12:30pm to 3:00pm (COM)</div> <div>3:00Coffee Time (LA)</div> <div>7:00Game Night (Except the 3rd Wed Each Month) (GP)</div>	<div>POOL CLOSED FOR REPAIRS</div> <div>8:15Stretch and Flex (GP)</div> <div>9:30Coffee Connections (LA)</div> <div>9:30Balance and Core Stability (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</div> <div>10:15Balance and Core Stability (BWC)</div> <div>11:00Zumba (BWC)</div> <div>1:15First Step (BWC)</div> <div>2:00REAL: Armand Merizon Documentary w/Producer Muriel Zandstra (FR)</div> <div>3:00Coffee Time (LA)</div>	<div>POOL CLOSED FOR REPAIRS</div> <div>8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB)</div> <div>9:00FULTON FARMER'S MARKET Friday Shopping - Lobby PU, EI/9am & EI/9:05am (EL)</div> <div>9:15Cardio Express (BWC)</div> <div>9:30Coffee Connections (LA)</div> <div>9:45Strength Training (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:30Van's Market (MKT)</div> <div>11:00Cardio Express (BWC)</div> <div>11:30Strength Training (BWC)</div> <div>3:00Coffee Time (LA)</div> <div>7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</div>	<div>POOL CLOSED FOR REPAIRS</div> <div>7:00Movie Night (COM)</div>
<div>LOCATION LEGEND</div> <div>SUR-Sign Up Required \$\$-Cost Involved</div> <div>BWC-Buiten Wellness Center CH-Chapel COM - EI Community Room CR-EI Club Room CS-EI Coffee Shop CV-Chapel Visiting Room E2P-EI Patio GR-Game Room GP-Gathering Place LDR-Large Dining Room LA-EI Lounge FR-Friendship Room OFFS-Offsite POOL-Pool RB-Ray's Bistro RBB-Ray's Bistro Billiards RBC-Ray's Bistro Conf Room RMP-Manor Parking Lot TRAN-Transportation</div>						<div>CONTACTS</div> <div>ESTATES & HMS OFFICE 616-235-5006 M-F, 8:00am-4:30pm</div> <div>HEALTH CENTER</div> <div>EI: 616-235-5721 8:30am-12:00pm Same # for EMERG RESPONSE from 5:00pm-8:00am</div> <div>EII: 616-235-5675 1:00pm-4:30pm Same # for EMERG RESPONSE from 5:00pm-8:00am</div> <div>VAN'S MARKET M,W & F - 10:30am-1:00pm</div> <div>FACILITY SERVICES 616-235-2787</div> <div>ESTATES SALON 616-235-5701</div> <div>VOLUNTEER SERVICES 616-235-5717</div> <div>NOTARY SERVICES Office, By Appointment</div>

July 27 - August 2

Estates & Homes

Sunday 27	Monday 28	Tuesday 29	Wednesday 30	Thursday 31	Friday 1	Saturday 2
<div>POOL CLOSED FOR REPAIRS</div> <div>9:30Chapel Service - Rev. Ralph Robrahn, RCA (CH)</div> <div>6:15Chapel Service - Rev. Ardean Brock, RCA (CH)</div> <div>SIGN UP GUIDELINES:</div> <div>> Sign Up sheets are centrally located in the tunnel hallway outside the BWC, with the exception of the Wed & Fri shopping outings. These can be found on EI & EII Bulletin Boards.</div> <div>> Save the Dates and Sign Up begin dates and deadlines are to give notice of anticipated upcoming events. Subject to Change as details are finalized.</div>	<div>POOL CLOSED FOR REPAIRS</div> <div>8:30Men's Social Hour (COM)</div> <div>9:15Cardio Express (BWC)</div> <div>9:30Coffee Connections (LA)</div> <div>9:45Strength Training (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</div> <div>10:15Walking Group (in place of Water Walking) - Start in the BWC (BWC)</div> <div>10:30Van's Market (MKT)</div> <div>11:00Cardio Express (BWC)</div> <div>11:30Strength Training (BWC)</div> <div>1:00Raybrook Purls Knitting/Crocheting (LA)</div> <div>1:30Corn Hole - Weather Permitting, Contact Rog Roskamp w/Questions at 616-745-6073 (E2P)</div> <div>2:00Exercise with the GR Ballet (BWC)</div> <div>3:00Coffee Time (LA)</div> <div>6:30Great Lakes Men's Quartet (CH)</div>	<div>POOL CLOSED FOR REPAIRS</div> <div>8:15Stretch and Flex (GP)</div> <div>8:45Resident Golf League (Men & Women) at 'The Pines' - \$\$, No Sign Up Required - Contact Tony Louwerse w/Questions at 616-990-0431 (OFF)</div> <div>9:30Coffee Connections (LA)</div> <div>9:30Balance and Core Stability (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</div> <div>10:15Balance and Core Stability (BWC)</div> <div>11:00Zumba (BWC)</div> <div>1:15First Step (BWC)</div> <div>3:00Coffee Time (LA)</div> <div>7:00Game Night (CR)</div>	<div>POOL CLOSED FOR REPAIRS</div> <div>8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM)</div> <div>9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN)</div> <div>9:15Cardio Express (BWC)</div> <div>9:30Coffee Connections (LA)</div> <div>9:45Strength Training (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:15Walking Group (in place of Water Walking) - Start in the BWC (BWC)</div> <div>10:30Van's Market (MKT)</div> <div>11:00Cardio Express (BWC)</div> <div>11:00Whitecaps Baseball Game Outing - SUR, \$\$ (OFF)</div> <div>11:30Strength Training (BWC)</div> <div>12:30Res Tech Help Desk from 12:30pm to 3:00pm (CR)</div> <div>3:00Coffee Time (LA)</div> <div>7:00Game Night (Except the 3rd Wed Each Month) (GP)</div>	<div>POOL CLOSED FOR REPAIRS</div> <div>8:15Stretch and Flex (GP)</div> <div>9:30Coffee Connections (LA)</div> <div>9:30Balance and Core Stability (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</div> <div>10:15Balance and Core Stability (BWC)</div> <div>11:00Zumba (BWC)</div> <div>1:15First Step (BWC)</div> <div>2:00REAL: Cutting Edge Medical Technology in Our Own Backyard w/Dr. Jeremiah Johns (FR)</div> <div>3:00Coffee Time (LA)</div>	<div>POOL CLOSED FOR REPAIRS</div> <div>8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB)</div> <div>8:30Homes Breakfast - @ Ray's Bistro (Limited Menu) - RSVP to Helen Wentzheimer at 616-340-2495 (call or text) or hmswww@aol.com (RB)</div> <div>9:00ALDI's Friday Shopping - Lobby PU, EI/9am & EII/9:05am (EL)</div> <div>9:15Cardio Express (BWC)</div> <div>9:30Coffee Connections (LA)</div> <div>9:45Strength Training (BWC)</div> <div>10:00Coffee Time (CR)</div> <div>10:30Van's Market (MKT)</div> <div>11:00Cardio Express (BWC)</div> <div>11:30Strength Training (BWC)</div> <div>3:00Coffee Time (LA)</div> <div>7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</div>	<div>POOL CLOSED FOR REPAIRS</div> <div>7:00Movie Night (COM)</div> <div>SAVE THE DATE!</div> <div>Limited spots available for ALL sign up events.</div> <div>AUGUST 6 GR FORD AIRPORT VIEWING & FOOD TRUCKS OUTING Sign Up Begins July 23</div> <div>AUGUST 9 CRC CONFERENCE GROUNDS CONCERT Sign Up Begins July 28</div> <div>AUGUST 11 GRAND HAVEN BEACH & RESTAURANT OUTING Sign Up Begins July 28</div> <div>AUGUST 12 SOUTHERN BBQ ON THE PATIO Sign Up Begins July 28</div>