

May 11 - May 17

Estates & Homes

Sunday 11	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16	Saturday 17
<div>OPEN SWIM (POOL) 9:30Chapel Service - Rev. Jessica Shults, RCA Colossian Forum (CH) 6:15Chapel Service - Rev Gerry Heyboer - HH Chaplain, RAYBROOK SINGING MEN (CH)</div>	<div>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:30Men's Social Hour (COM) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 10:30Michigan Travelogue - Raybrook Campus Care Week Event (FR) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 1:00Michigan Made Snacks - Raybrook Campus Care Week (FR) 1:30Corn Hole - Weather Permitting, Contact Rog Roskamp w/Questions at 616-745-6073 (E2P) 2:00Exercise with the GR Ballet (BWC) 2:00Michigan Music with Eddie Francisco - Raybrook Campus Care Week (CH) 3:00Coffee Time (LA) 6:30Pool League (RBB)</div>	<div>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 8:45Resident Golf League (Men &amp; Women) at 'The Pines' - \$\$, No Sign Up Required - Contact Tony Louwerse w/Questions at 616-990-0431 (OFF) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO CLOSED FOR RAYBROOK COMMUNITY CARE WEEK EVENT (RB) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 12:30Franks A Lot for All You Do! Community Carnival - Raybrook Campus Care Week (DV) 1:15First Step (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR)</div>	<div>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Until 1:00PM) 9:00Meijer Shopping-EI PU: 9am, EI PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00Donut You Know How Much We Appreciate You! &amp; Kids Food Basket Collection-Raybrook Campus Care Week (FR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 10:30Dementia Institute Caregiver Support Group-Open to Raybrook Residents-Call 616-235-5499 w/questions. (RBC) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 2:00'Raybrook's Got Talent' Show-2:00pm to 2:30pm-Raybrook Campus Care Week (CH) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (Except the 3rd Wed Each Month) (GP)</div>	<div>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 9:30EI/Homes Donuts with Development (LA) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15Balance and Core Stability (BWC) 10:30HH Hub Presentation &amp; Questions with Resident Technology Manager Jessie Riley (FR) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 3:00Coffee Time (LA) 3:00EI/III Game Day - Building 2300 (basement level) (EI/III)</div>	<div>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB) 9:00ALDI'S Shopping - Lobby PU, EI/9am &amp; EI/9:05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 2:00REAL: Battle of Iwo Jima facilitated by EI/ Resident Neal Baum - Armed Forces Day Remembrance (FR) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</div>	<div>OPEN SWIM (POOL) 7:00Movie Night (COM)</div>
<div>LOCATION LEGEND</div> <div>SUR-Sign Up Required \$\$-Cost Involved</div> <div>BWC-Buiten Wellness Center CH-Chapel COM - EI/ Community Room CR-EI Club Room CS-EI Coffee Shop CV-Chapel Visiting Room E2P-EI Patio GR-Game Room GP-Gathering Place LDR-Large Dining Room LA-EI Lounge FR-Friendship Room OFFS-Offsite POOL-Pool RB-Ray's Bistro RBB-Ray's Bistro Billiards RBC-Ray's Bistro Conf Room RMP-Manor Parking Lot TRAN-Transportation</div>						<div>CONTACTS</div> <div>ESTATES &amp; HMS OFFICE 616-235-5006 M-F, 8:00am-4:30pm</div> <div>HEALTH CENTER</div> <div>EI: 616-235-5721 8:30am-12:00pm Same # for EMERG RESPONSE from 5:00pm-8:00am</div> <div>EI/II: 616-235-5675 1:00pm-4:30pm Same # for EMERG RESPONSE from 5:00pm-8:00am</div> <div>VAN'S MARKET M,W &amp; F - 10:30am-1:00pm</div> <div>FACILITY SERVICES 616-235-2787</div> <div>ESTATES SALON 616-235-5701</div> <div>VOLUNTEER SERVICES 616-235-5717</div> <div>NOTARY SERVICES Office, By Appointment</div>



Raybrook  
of Holland Home™

Based On Information Known At Time Of Print

# May 18 – May 24

## Estates & Homes



Sunday 18	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23	Saturday 24
<p>OPEN SWIM (POOL) 9:30Chapel Service - Pastor Lorinda VanderWerp, Calvin Seminary Sunday (CH) 6:15Chapel Service - Rev. David Fleming, Our Savior Lutheran (CH)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:30Men's Social Hour (COM) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 1:30Corn Hole - Weather Permitting, Contact Rog Roskamp w/Questions at 616-745-6073 (E2P) 2:00Exercise with the GR Ballet (BWC) 2:00Caregiver Connections Coffee w/Social Services Coordinator Jennifer Koets (CR) 3:00Coffee Time (LA) 4:00Uccello's Restaurant Outing - SUR, \$\$ (OFFS) 6:30Pool League (RBB)</p>	<p>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) Vibrant Living Wellness Month - All Fitness Classes will relocate from BWC to Ell Patio 8:15Stretch and Flex (E2P) 8:45Resident Golf League (Men &amp; Women) at 'The Pines' - \$\$, No Sign Up Required - Contact Tony Louwerse w/Questions at 616-990-0431 (OFF) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (E2P) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15Balance and Core Stability (E2P) 11:00Water Aerobics (POOL) 1:00Chair Massages - 1:00pm to 4:00pm, Appointment Only, \$\$ - Raybrook Campus Care Week (COM) 1:15First Step (E2P) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR)</p>	<p>Vibrant Living Wellness Month - All Fitness Classes will relocate from BWC to Ell Patio OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) 9:00Meijer Shopping-El PU: 9am, Ell PU:9:05am-SUR (TRAN) 9:15Cardio Express (E2P) 9:30Coffee Connections (LA) 9:45Strength Training (E2P) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Vibrant Living Wellness Month - Zumba on the Ell Patio (BWC) 11:30Strength Training (E2P) 2:00Good Eats Presentation w/HH Dietician, Free Samples by Dining Services - Raybrook Campus Care Week (FR) 2:00Catholic Communion Service (CH) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Hymn Sing Along (GP) 7:00Game Night (Except the 3rd Wed Each Month) (GP)</p>	<p>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 2:00Memorial Day Service (CH) 3:00Coffee Time (LA)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB) 9:00FOREST HILL FOODS Shopping - Lobby PU, El/9am &amp; Ell/9:05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p>OPEN SWIM (POOL) 7:00Movie Night (COM)</p> <div>SAVE THE DATE!</div> <p>&gt; Sign Up sheets are centrally located in the tunnel hallway outside the BWC, with the exception of the Wed &amp; Fri shopping outings. These can be found on El &amp; Ell Bulletin Boards.</p> <p>&gt; Save the Dates and Sign Up begin dates and deadlines are to give notice of anticipated upcoming events. Subject to Change as details are finalized.</p> <p>&gt; Limited spots available for ALL sign up events.</p> <p>JUNE 7 CONCERT AT CRC CONFERENCE GROUNDS Sign Up Begins May 27</p> <p>JUNE 11 OUTING TO ROCKFORD Sign up Begins May 27</p> <p>JUNE DATE TBD MEN'S BREAKFAST</p>