

April 27 - May 3

Estates & Homes





Based On Information Known At Time Of Print

Sunday 27 **OPEN SWIM (POOL)** 9:30Chapel Service - Rev. Evan Heerema, Retired (POOL) CRC (CH) 6:15Chapel Service - Rev. (COM) David Fleming, Our Savior Lutheran (CH)

(BWC) 10:00Coffee Time (CR) am - 1:30 pm (RB) 11:00Cardio Express (BWC) 11:30Strength Training LOCATION LEGEND (BWC)

\$\$-Cost Involved **BWC-Buiten Wellness Center** CH-Chapel COM - Ell Community Room CR-El Club Room **CS-EII Coffee Shop** CV-Chapel Visiting Room E2P-EII Patio **GR-Game Room GP-Gathering Place** LDR-Large Dining Room LA-EII Lounge FR-Friendship Room OFFS-Offsite POOL-Pool

SUR-Sign Up Required

RB-Ray's Bistro

RBB-Ray's Bistro Billiards

RMP-Manor Parking Lot

TRAN-Transportation

RBC-Ray's Bistro Conf Room

Monday 28 OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm

8:30Men's Social Hour

9:15Cardio Express (BWC) 9:30Coffee Connections

(LA) 9:45Strength Training

10:00RAY'S BISTRO - 10:00

10:15Water Walking (POOL)

10:30Van's Market (MKT)

1:00Raybrook Purls Knitting/Crocheting

(LA) 2:00Exercise with the GR

Ballet (BWC)

2:00REAL: Responding to Mental Health

Challenges (FR)

3:00Coffee Time (LA)

6:30Pool League (RBB) 7:00Book Club (GP)

Tuesday 29

OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL)

8:15Stretch and Flex (GP) 9:30Coffee Connections (LA)

9:30Balance and Core Stability (BWC)

10:00Coffee Time (CR)

10:00EII Bible Study - Dr. Wilson de Angelo Cunah (LDR)

10:00RAY'S BISTRO - 10:00

am - 1:30 pm (RB) 10:05Tulip Time Outing,

Group A - SUR, \$\$ (OFF)

10:15Balance and Core Stability (BWC)

11:00Water Aerobics (POOL)

1:15First Step (BWC)

3:00Coffee Time (LA)

6:25Passport Films at

Calvin - Transportation **SUR-Season Tkt** Holders (OFFS)

6:30Pool League (RBB) 7:00Game Night (CR)

Wednesday 30

OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)

8:00Ray's Bistro

BREAKFAST 8:00AM-10:30AM (Cold Lunch

Available until 1:00PM) 9:30Balance and Core 9:00Meijer Shopping-EI PU:

9am, EII PU:9:05am-SUR (TRAN)

9:15Cardio Express (BWC)

9:30Coffee Connections (LA)

9:45Strength Training (BWC)

10:00Coffee Time (CR) 10:05Tulip Time Outing,

Group B - SUR, \$\$ (OFF)

10:15Water Walking (POOL)

10:30Van's Market (MKT)

11:00Cardio Express (BWC)

11:30Strength Training (BWC)

3:00Coffee Time (LA) 6:30Pool League (RBB)

7:00Game Night (Except the 3rd Wed Each Month) (GP)

Thursday 1

OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL)

8:15Stretch and Flex (GP)

9:30Coffee Connections (LA)

Stability (BWC)

10:00Coffee Time (CR)

10:00EI/EIII Donuts with

Development (CR) 10:00RAY'S BISTRO - 10:00

am - 1:30 pm (RB)

10:15Balance and Core Stability (BWC)

11:00Water Aerobics (POOL)

1:15First Step (BWC)

Month - National Day of Prayer Service

w/Chaplain Josh Baron 9:45Strength Training (CH)

3:00Coffee Time (LA)

Friday 2

OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)

8:00Ray's Bistro **BREAKFAST 8:00AM-**10:30AM (Cold Lunch Available until 1:00PM)

(RB)

8:30Homes Breakfast - @ Ray's Bistro (Limited Menu) - RSVP to Helen Wentzheimer at 616-

340-2495 (call or text) or hmswww@aol.com

(RB)

9:00ALDI'S Shopping -Lobby PU, EI/9am & EII/9;05am (EL)

2:00Vibrant Living Wellness 9:15Cardio Express (BWC)

9:30Coffee Connections (LA)

(BWC)

10:00Coffee Time (CR) 10:15Water Walking (POOL)

10:30Van's Market (MKT)

11:00Cardio Express (BWC) 11:30Strength Training (BWC)

3:00Coffee Time (LA)

BINGO) (CR)

7:00Game Night (1st Friday ONLY begins with

Saturday 3

OPEN SWIM (POOL)

7:00Movie Night (COM)

CONTACTS

ESTATES & HMS OFFICE 616-235-5006 M-F, 8:00am-4:30pm

HEALTH CENTER

El: 616-235-5721 8:30am-12:00pm Same # for EMERG RESPONSE from 5:00pm-8:00am

EII: 616-235-5675 1:00pm-4:30pm Same # for EMERG RESPONSE from 5:00pm-8:00am

VAN'S MARKET M,W & F - 10:30am-1:00pm

> **FACILITY SERVICES** 616-235-2787

ESTATES SALON 616-235-5701

VOLUNTEER SERVICES 616-235-5717

NOTARY SERVICES Office, By Appointment

MAY IS VIBRANT LIVING WELLNESS MONTH! Watch for noted special events throughout the month of May!



Post Resurrection

Peter (CR)

6:30Pool League (RBB)

Profiles of Thomas &

May 4 - May 10

Estates & Homes



Based On Information Known At Time Of Print					
Sunday 4	Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
OPEN SWIM (POOL)	OPEN SWIM: 5:30am-	OPEN SWIM: 5:30am-	OPEN SWIM: 5:30am-	OPEN SWIM: 5:30am-	OPEN SWIM: 5:30am-
9:30 Chapel Service - Rev.	9:30am, 11:30am-10:00pm	10:30am, 12:00pm-10pm	9:30am, 11:30am-10:00pm	10:30am, 12:00pm-10pm	9:30am, 11:30am-10:00pm
Jim Evenhouse, Retired	(POOL)	(POOL)	(POOL)	(POOL)	(POOL)
CRC (CH)	8:30Men's Social Hour	8:15Stretch and Flex (GP)	8:00Ray's Bistro BREAKFAST	8:15Stretch and Flex (GP)	8:00Ray's Bistro BREAKFAST
6:15Chapel Service - Pastor	(COM)	9:30 Coffee Connections	8:00AM-10:30AM (Cold	9:30 Coffee Connections	8:00AM-10:30AM (Cold
Lorinda VanderWerp,	9:15Cardio Express (BWC)	(LA)	Lunch Available until	(LA)	Lunch Available until
Calvin Seminary Sunday	9:30 Coffee Connections	9:30Balance and Core	1:00PM)	9:30Balance and Core	1:00PM) (RB)
(CH)	(LA)	Stability (BWC)	9:00Meijer Shopping-El PU:	Stability (BWC)	9:00TRADER JOE'S
	9:45Strength Training (BWC)	10:00Coffee Time (CR)	9am, EII PU:9:05am-	10:00Coffee Time (CR)	Shopping - Lobby PU,
	10:00Coffee Time (CR)	10:00RAY'S BISTRO - 10:00	SUR (TRAN)	10:00RAY'S BISTRO - 10:00	EI/9am & EII/9;05am
	10:00RAY'S BISTRO - 10:00	am - 1:30 pm (RB)	9:30 Coffee Connections	am - 1:30 pm (RB)	(EL)
	am - 1:30 pm (RB)	10:00 Ladies Morning Tea -	(LA)	10:15Balance and Core	9:15Cardio Express (BWC)
	10:15Water Walking (POOL)	SUR, \$\$ (FR)	10:00Coffee Time (CR)	Stability (BWC)	9:30 Coffee Connections
	10:30Van's Market (MKT)	10:15Balance and Core	10:30Van's Market (MKT)	11:00Water Aerobics (POOL)	(LA)
	11:00 Cardio Express (BWC)	Stability (BWC)	10:30 Vibrant Living Wellness	1:00REAL: 101 Things that	9:45Strength Training (BWC)
	11:30 Strength Training (BWC)	11:00Water Aerobics (POOL)	- Park Party at Breton	Happened on the	10:00Coffee Time (CR)
	1:00Raybrook Purls	1:15First Step (BWC)	Campus Park, SUR	Mackinac Bridge	10:15Water Walking (POOL)
	Knitting/Crocheting (LA)	3:00Coffee Time (LA)	(OFF)	w/Author Mike Fornes -	10:30 Van's Market (MKT)
	1:30El RAC Meeting (CR)	6:30Pool League (RBB)	2:30El Birthday Ice Cream	Transportation Sign Up	11:00 Cardio Express (BWC)
	2:00Exercise with the GR	7:00Game Night (CR)	Social - \$ (FR)	Required - Presentation	11:30Strength Training (BWC)
	Ballet (BWC)	7:00EII Ice Cream Birthday	2:30 Current Events w/Hank	@ Breton Terrace,	1:00 Vibrant Living Wellness -
	3:00Coffee Time (LA)	Social - LDR (LDR)	Post (D1DR)	Transportation SUR	Trinitas Classical School
	3:00El Bible Study		3:00Coffee Time (LA)	(OFF)	Chapel Concert (CH)
	w/Chaplain Josh Baron -		6:30Pool League (RBB)	1:15First Step (BWC)	3:00Coffee Time (LA)

3rd Wed Each Month)

Schubert Male Chorus

Chapel Concert (CH)

7:00 Vibrant Living Wellness

(GP)

Watch for noted special events throughout the month of May!

7:00 Game Night (Except the 3:00 Coffee Time (LA)

SAVE THE DATFI

Saturday 10

OPEN SWIM (POOL) 7:00 Movie Night (COM)

- > Sign Up sheets are centrally located in the tunnel hallway outside the BWC, with the exception of the Wed & Fri shopping outings. These can be found on El & Ell Bulletin Boards.
- > Save the Dates and Sign Up begin dates and deadlines are to give notice of anticipated upcoming events. Subject to Change as details are finalized.
- > Limited spots available for ALL sign up events.

7:00Game Night (1st Friday

ONLY begins with

BINGO) (CR)

MAY 12 - MAY 14 RAYBROOK COMMUNITY **CARE WEEK** (Formerly Long-Term Care Week) See Separate Calendar of Events

> MAY 19 **RESTAURANT OUTING** Sign Up Begins May 5

MAY 22 MEMORIAL DAY SERVICE