

March 30 - April 5

Estates & Homes

Based On Information Known At Time Of Print

Sunday 30	Monday 31	Tuesday 1	Wednesday 2	Thursday 3	Friday 4	Saturday 5
<p>OPEN SWIM (POOL) 9:30Chapel Service - Rev. Ardean Brock, RCA (CH) 6:15Chapel Service - Pastor Josh Holwerda, CRC (CH)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:30Men's Social Hour (COM) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 2:00Exercise with the GR Ballet (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Book Club (GP)</p>	<p>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR) 7:00EII Ice Cream Birthday Social - LDR (LDR)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 2:30EI Birthday Ice Cream Social - \$ (FR) 2:30Current Events w/Hank Post (D1DR) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (Except the 3rd Wed Each Month) (GP)</p>	<p>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00EI/EIII Donuts with Development (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 3:00Coffee Time (LA)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB) 8:30Homes Breakfast - @ Ray's Bistro (Limited Menu) - RSVP to Helen Wentzheimer at 616-340-2495 (call or text) or hmswww@aol.com (RB) 9:00ALDI's Friday Shopping - Lobby PU, EI/9am & EII/9:05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Tiger's Watch Party Open House - Snacks & Beverages available from 1:00-2:00pm, while supplies last. Feel free to stay for the whole game! (FR) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p>OPEN SWIM (POOL) 7:00Movie Night (COM)</p>
						<div style="border: 1px solid black; padding: 5px; text-align: center;">CONTACTS</div> <p>ESTATES & HMS OFFICE 616-235-5006 M-F, 8:00am-4:30pm</p> <p>HEALTH CENTER</p> <p>EI: 616-235-5721 8:30am-12:00pm Same # for EMERG RESPONSE from 5:00pm-8:00am</p> <p>EII: 616-235-5675 1:00pm-4:30pm Same # for EMERG RESPONSE from 5:00pm-8:00am</p> <p>VAN'S MARKET M,W & F - 10:30am-1:00pm</p> <p>FACILITY SERVICES 616-235-2787</p> <p>ESTATES SALON 616-235-5701</p> <p>VOLUNTEER SERVICES 616-235-5717</p> <p>NOTARY SERVICES Office, By Appointment</p>
<div style="border: 1px solid black; padding: 5px;">LOCATION LEGEND</div> <p>SUR-Sign Up Required \$\$-Cost Involved</p> <p>BWC-Buiten Wellness Center CH-Chapel COM - EII Community Room CR-EI Club Room CS-EII Coffee Shop CV-Chapel Visiting Room E2P-EII Patio GR-Game Room GP-Gathering Place LDR-Large Dining Room LA-EII Lounge FR-Friendship Room OFFS-Offsite POOL-Pool RB-Ray's Bistro RBB-Ray's Bistro Billiards RBC-Ray's Bistro Conf Room RMP-Manor Parking Lot TRAN-Transportation</p>						

April 6 - April 12

Estates & Homes

Based On Information Known At Time Of Print

Sunday 6	Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11	Saturday 12
<p>OPEN SWIM (POOL) 9:30Chapel Service - Rev. Carolyn Cammenga, Retired CRC (CH) 6:15Chapel Service - Rev. Kwasi Kena, UMC - Raybrook Singing Men (CH)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:30Men's Social Hour (COM) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 2:00Exercise with the GR Ballet (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB)</p>	<p>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00EII Bible Study - Dr. Wilson de Angelo Cunah (LDR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 6:30Film's with Chester Alkema - Notice New Time - DeVos has invited Estates & Homes to continue to attend these films, when available. In the event of a cancellation a notice will be on the Friendship Room door. (FR) 7:00Game Night (CR)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 10:30Dementia Institute Caregiver Support Group - Open to all Raybrook Residents - Call 616-235-5499 with questions. (RBC) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 2:00REAL: M&M...Mathias Alten & Armand Merizon - Part One (Part Two coming April 14!) w/Caroline Cook (FR) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (Except the 3rd Wed Each Month) (GP)</p>	<p>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 'Pump it for Parkinson's' - All Day (See Maddie in the BWC for details) (BWC) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 2:00The Luke Society Update (FR) 3:00Coffee Time (LA)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB) 9:00TRADER JOE'S Friday Shopping - Lobby PU, EI/9am & EII/9:05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p>OPEN SWIM (POOL) 7:00Movie Night (COM)</p> <div style="background-color: #f4a460; padding: 5px; text-align: center; font-weight: bold; margin: 10px 0;">SAVE THE DATE!</div> <p>> Sign Up sheets are centrally located in the tunnel hallway outside the BWC, with the exception of the Wed & Fri shopping outings. These can be found on EI & EII Bulletin Boards.</p> <p>> Save the Dates and Sign Up begin dates and deadlines are to give notice of anticipated upcoming events. Subject to Change as details are finalized.</p> <p>> Limited spots available for ALL sign up events.</p> <p style="text-align: center;">APRIL 23 CIVIC THEATRE OUTING (THE COLOR PURPLE) Sign Up Deadline April 9</p> <p style="text-align: center;">APRIL 29 & 30 TULIP TIME LUNCH OUTING (To Include Windmill Island) Sign Up Begins April 10</p>