

April 13 - April 19

Estates & Homes





Based On Information Known At Time Of Print Sunday 13 **OPEN SWIM (POOL)** 9:30Palm Sunday Chapel Service - Rev. Dr. Safiyah Fosua, United Methodist Church (CH) 6:15Chapel Service - Rev. John Steigenga, Retired 9:30Coffee Connections **CRC - COMMUNION** SERVICE led by 9:45Strength Training LaGrave CRC - Prelude begins at 6:00pm, led by Chad Boorsma (organist) and Trish Brummel (pianist). (CH)

LOCATION LEGEND

SUR-Sign Up Required \$\$-Cost Involved

BWC-Buiten Wellness Center CH-Chapel COM - Ell Community Room CR-El Club Room **CS-EII Coffee Shop** CV-Chapel Visiting Room E2P-EII Patio **GR-Game Room GP-Gathering Place** LDR-Large Dining Room LA-EII Lounge FR-Friendship Room OFFS-Offsite POOL-Pool RB-Ray's Bistro RBB-Ray's Bistro Billiards RBC-Ray's Bistro Conf Room RMP-Manor Parking Lot TRAN-Transportation

Monday 14

OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)

8:30Men's Social Hour (COM)

9:15Cardio Express (BWC)

(LA)

(BWC) 10:00Coffee Time (CR)

10:00RAY'S BISTRO - 10:00

am - 1:30 pm (RB)

10:15Water Walking (POOL) 10:30Van's Market (MKT)

11:00Cardio Express (BWC)

11:30Strength Training (BWC)

1:00Raybrook Purls Knitting/Crocheting (LA)

2:00Exercise with the GR Ballet (BWC)

2:00REAL: M&M...Mathias Alten & Armand Merizon - Part Two

w/Caroline Cook (FR) 3:00Coffee Time (LA)

6:30Pool League (RBB)

Tuesday 15

OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL)

8:15Stretch and Flex (GP) 9:30Coffee Connections (LA)

9:30Balance and Core Stability (BWC)

10:00Coffee Time (CR) 10:00EII Bible Study - Dr.

> Wilson de Angelo Cunah (LDR)

10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)

10:15Balance and Core Stability (BWC)

11:00Water Aerobics (POOL)

1:15First Step (BWC)

2:00REAL: Sharing Our Stories w/EII Resident Beth Hutchings,

Interviewed by Janet Sheeres (FR)

3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR)

Wednesday 16

OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)

8:00Ray's Bistro **BREAKFAST 8:00AM-**

> 10:30AM (Cold Lunch Available until 1:00PM) 9:30Balance and Core

9:00Meijer Shopping-El PU: 9am, EII PU:9:05am-

9:15Cardio Express (BWC)

SUR (TRAN)

9:30Coffee Connections (LA)

9:45Strength Training (BWC)

10:00Coffee Time (CR)

10:15Water Walking (POOL)

10:30Van's Market (MKT) 11:00Cardio Express (BWC)

11:30Strength Training (BWC)

3:00Coffee Time (LA) 6:30Pool League (RBB)

7:00Hymn Sing Along (GP) 7:00Game Night (Except

the 3rd Wed Each Month) (GP)

Thursday 17

OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL)

8:15Stretch and Flex (GP)

9:30Coffee Connections (LA)

Stability (BWC)

9:30EII/Homes Donuts with 9:00ALDI's Friday Shopping Development (LA)

10:00Coffee Time (CR)

10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)

10:15Balance and Core Stability (BWC)

11:00Water Aerobics (POOL)

1:15First Step (BWC)

1:30Movie Matinee: The Passion of the Christ (COM)

3:00Coffee Time (LA)

Friday 18

OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)

8:00Ray's Bistro **BREAKFAST 8:00AM-**10:30AM (Cold Lunch

> Available until 1:00PM) (RB)

- Lobby PU, EI/9am & EII/9;05am (EL)

9:00Frederick Meijer

Gardens Outing - SUR (OFF)

9:15Cardio Express (BWC)

9:30Coffee Connections

(LA)

9:45Strength Training (BWC)

10:00Coffee Time (CR)

10:15Water Walking (POOL)

10:30Van's Market (MKT)

11:00Cardio Express (BWC)

11:30Strength Training (BWC)

2:00Good Friday Chapel Service with Chaplain

Josh Baron (CH) 3:00Coffee Time (LA)

7:00Game Night (1st Friday

ONLY begins with BINGO) (CR)

CONTACTS

Saturday 19

OPEN SWIM (POOL)

7:00Movie Night (COM)

ESTATES & HMS OFFICE 616-235-5006 M-F, 8:00am-4:30pm

HEALTH CENTER

El: 616-235-5721 8:30am-12:00pm Same # for EMERG RESPONSE from 5:00pm-8:00am

EII: 616-235-5675 1:00pm-4:30pm Same # for EMERG RESPONSE from 5:00pm-8:00am

VAN'S MARKET M,W & F - 10:30am-1:00pm

> **FACILITY SERVICES** 616-235-2787

ESTATES SALON 616-235-5701

VOLUNTEER SERVICES 616-235-5717

NOTARY SERVICES Office, By Appointment



Monday 21

OPEN SWIM: 5:30am-

April 20 - April 26

Estates & Homes



Based On Information Known At Time Of Print

Sunday 20 **OPEN SWIM (POOL)** 9:30EASTER Chapel Service - Pastor Lorinda VanderWerp, Calvin Seminary Sunday (CH) Thea Leunk, CRC (CH)

9:30am, 11:30am-10:00pm (POOL) 8:30 Men's Social Hour (COM) 6:15 Chapel Service - Rev. 9:15 Cardio Express (BWC) 9:30 Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15 Water Walking (POOL) 10:30 Van's Market (MKT) 11:00 Cardio Express (BWC) 11:30 Strength Training (BWC) 1:00 Raybrook Purls Knitting/Crocheting (LA) 2:00 Exercise with the GR Ballet (BWC) 3:00Coffee Time (LA) 3:00El Bible Study w/Chaplain Josh Baron -Post Resurrection **Profiles of Thomas &** Peter (CR) 4:00 Peppino's Outing - SUR, \$\$ (OFFS) 6:30 Pool League (RBB)

Tuesday 22 OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30 Coffee Connections (LA) 9:30 Balance and Core Stability (BWC) 10:00 EII Bible Study - Dr. Wilson de Angelo Cunah (LDR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15 Balance and Core Stability (BWC) 10:45 Music at Mid Day: Eric Strand, Organ - SUR (OFF) 11:00 Water Aerobics (POOL) 1:15 First Step (BWC) 2:00REAL: Board Update (FR) 3:00Coffee Time (LA) 6:30 Pool League (RBB) 7:00 Game Night (CR)

Wednesday 23	
OPEN SWIM: 5:30am-	
9:30am, 11:30am-10:00pm	
(POOL)	
8:00Ray's Bistro BREAKFAST	8
8:00AM-10:30AM (Cold	9
Lunch Available until	
1:00PM)	9
9:00Meijer Shopping-El PU:	
9am, EII PU:9:05am-	9
SUR (TRAN)	
9:15Cardio Express (BWC)	10
9:30 Coffee Connections	10
(LA)	
9:45Strength Training (BWC)	10
10:00Coffee Time (CR)	
10:15Water Walking (POOL)	11
10:30Van's Market (MKT)	1:
11:00 Cardio Express (BWC)	3
11:30 Strength Training (BWC)	6
3:00Coffee Time (LA)	
6:30 Pool League (RBB)	
6:30 Civic Theatre Outing:	
The Color Purple - SUR,	
\$\$ (OFF)	
7:00Game Night (Except the 3rd Wed Each Month)	
(GP)	
(GI [*])	

Thursday 24 OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 3:15Stretch and Flex (GP) 9:00Building & Grounds Meeting (CR) 9:30 Coffee Connections (LA) 9:30 Balance and Core Stability (BWC) 0:00Coffee Time (CR) 0:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 0:15Balance and Core Stability (BWC) 1:00Water Aerobics (POOL) :15First Step (BWC) 3:00Coffee Time (LA) 5:30 Chapel Concert: Heritage Church Singers (CH)

Friday 25 OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB) 9:00HORROCK'S Friday Shopping - Lobby PU, EI/9am & EII/9;05am (EL) 9:15 Cardio Express (BWC) 9:30 Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00REAL: Artificial Intelligence (AI): Villain or Savior? Some Thoughts from a **Christian Computer** Scientist (FR) 10:15 Water Walking (POOL) 10:30 Van's Market (MKT) 11:00 Cardio Express (BWC) 11:30 Strength Training (BWC) 2:00EII Welcome Tea (LDR) 3:00 Coffee Time (LA) 7:00 Game Night (1st Friday ONLY begins with BINGO) (CR)

Saturday 26

OPEN SWIM (POOL) 7:00 Movie Night (COM)



- > Sign Up sheets are centrally located in the tunnel hallway outside the BWC, with the exception of the Wed & Fri shopping outings. These can be found on El & Ell Bulletin Boards.
- > Save the Dates and Sign Up begin dates and deadlines are to give notice of anticipated upcoming events. Subject to Change as details are finalized.
- > Limited spots available for ALL sign up events.

APRIL 29 & 30 TULIP TIME LUNCH OUTING (To Include Windmill Island) Sign Up Deadline Apr 24

MAY 2025 VIBRANT LIVING WELLNESS MONTH ACTIVITIES Watch Calendar throughout the month!

MAY 6 LADIES MORNING TEA Sign Up Begins April 24

MAY 12 - MAY 14 **RAYBROOK COMMUNITY CARE WEEK** (Formerly Long Term Care Week) Watch for Separate Calendar