Breton Woods of Holland Home™

April 28 – May 4, 2025

Breton Woods Independent Living

Holland Home Vibrant Living™

PHYSICAL WELLNESS | EMOTIONAL WELL-BEING | SPIRITUAL FULFILLMENT | INTELLECTUAL DISCOVERY | SOCIAL ENGAGEMENT

Monday 28

6:00 Open Swim (6:00 - 8:15 am) (POOL)

8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)

8:30 Aqua Fit (POOL)

9:15 Stretch & Flex (BS)

9:30 Strength Training (TFC)

10:00 Breton Market (10:00 am - 12:00 pm) (TLL)

10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)

10:15 Strength Training (BS)

11:00 Stretch & Flex (EX)

11:15 Heart Healthy Dance (VI)

12:30 Open Swim (12:30 - 10:00 pm) (POOL)

1:00 Men's Billiards (RBR)

1:00 Ladies Prayer Meeting (RPDR)

1:00 Breton Woods Cult Film Classic: "Jessie Stone - Thin Ice" (TT)

1:15 Strength Training (TFC)

2:00 Bretonaires Practice (EX)

6:30 Games (EX)

6:30 Dirty Dog (TPDR)

7:00 Resident Led Movie: "Avatar" (RT)

Tuesday 29

6:00 Open Swim (6:00 - 10:45 am) (POOL)

8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)

8:15 Total Body (TFC)

9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe)

9:30 Balance & Core Stability (TFC)

9:30 Holland Adventure (sign-up required) (OCO)

10:00 Ladies Billiards (RBR)

10:00 Quilting (10:00 am - 4:00 pm) (AS)

10:30 Balance & Core Stability (BS)

11:00 Water Walking (POOL)

11:30 Balance & Core Stability (BS)

12:30 Open Swim (12:30 - 10:00 pm) (POOL)

1:00 Men's Billiards (RBR)

1:00 Total Body (BS)

1:15 Balance & Core Stability (TFC)

2:00 Yarntastics (EX)

2:00 Balance & Core Stability (BS)

3:00 Ladies Billiards (TBR)

3:00 Ladies Tea (EX) (BI)

6:15 Calvin University "Passport to Adventure" (pre-ticketed event; sign up for transportation) (OCO)

Wednesday 30

6:00 Open Swim (6:00 - 8:15 am) (POOL)

7:00 St. Mary's Lab - by appointment only (RPDR)

7:30 St. Mary's Lab - by appointment only (HC)

8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)

8:30 Aqua Fit (POOL)

9:15 Stretch & Flex (BS)

9:30 Strength Training (TFC)

10:00 Catholic Communion (TPDR)

10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)

10:15 Strength Training (BS)

10:15 "For the Life of the World" Bible Study (CP)

11:00 Stretch & Flex (EX)

11:15 Heart Healthy Dance (VI)

12:30 Mah Jongg (TB)

12:30 Open Swim (12:30 - 10:00 pm) (POOL)

1:00 Bus to Gaines Township Meijer (OCO)

1:00 Men's Billiards (RBR)

1:00 Breton Market (1:00 - 3:00 pm) (TLL)

1:15 Strength Training (TFC)

1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe)

2:00 Men's Billiards (TBR)

3:00 Breton Readers at the Terrace (EX) (TPDR)

4:00 Social Hour at the Ridge (RPDR)

6:00 Games (BI) (RL)

6:45 Mah Jongg (RL)

6:45 Euchre (TL)

7:00 Dominos (EX)

Thursday 1

6:00 Open Swim (6:00 - 10:45 am) (POOL)

8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)

8:15 Total Body (TFC)

9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe)

9:30 Balance & Core Stability (TFC)

10:00 Ladies Laughing and Learning to Play Pool (TBR)

10:00 Shuffleboard * (resident led) (BP)

10:30 Balance & Core Stability (BS)

11:00 Water Walking (POOL)

11:30 Balance & Core Stability (BS)

12:30 Open Swim (12:30 - 10:00 pm) (POOL)

1:00 Men's Billiards (RBR)

1:00 Breton Market (1:00 - 3:00 pm) (TLL)

1:00 Ping Pong (VI)

1:00 Total Body (BS)

1:15 Balance & Core Stability (TFC)

2:00 Men's Billiards (TBR)

2:00 Knit Wits (BI)

2:00 Balance & Core Stability (BS)

2:00 Bretonaires Practice (EX)

3:30 Social Hour at the Terrace (TPDR)

6:30 "Pretty Woman" Broadway Show (pre-ticketed event; sign up for transportation) (OCO)

7:00 Randy Heidema Concert (Sign up for 6:30 pm transportation from the Terrace) (VI)

Friday 2

6:00 Open Swim (6:00 - 8:15 am) (POOL)

8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)

8:30 Aqua Fit (POOL)

9:15 Stretch & Flex (BS)

9:30 Strength Training (TFC)

10:00 Breton Market (10:00 am - 12:00 pm) (TLL)

10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)

10:15 Strength Training (BS)

11:00 Stretch & Flex (EX)

11:15 Heart Healthy Dance (VI)

12:30 Open Swim (12:30 - 10:00 pm) (POOL)

1:00 Men's Billiards (RBR)

1:15 Strength Training (TFC)

2:00 5 Crowns (TL)

5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)

7:00 Terrace Movie: "Sabrina" (TT)

7:00 Ridge Movie: "Premonition" (RT)

Saturday 3

6:00 Open Swim (6:00 am - 10:00 pm) (POOL)

8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)

10:00 Breton Market (10:00 am - 12:00 pm) (TLL)

10:00 Hymn Sing (Cafe)

2:00 Stinky Feet (EX)

7:00 Ridge Movie: "Sabrina" (RT)

7:00 Terrace Movie: "Premonition" (TT)

Sunday 4

6:00 Open Swim (6:00 am - 10:00 pm) (POOL)

10:45 Calvary Church Livestream (TPDR)

6:00 Breton Woods Worship Service and Communion and Special Music w/ Rev. Gerrit Koedoot (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP)

Location Key

Breton Terrace

AS - Art Studio
Cafe - Terrace Café
CP - Centre Place
EL - Employee Lounge
EX - Expressions
HC - Health Centre
TB - Terrace Balcony
TBR - Terrace Billiard Room
TCP - Terrace Café Patio
TC - Terrace Courtyard
TFC - Terrace Fitness Centre
TL - Terrace Lobby
TLI - Terrace Library
TLL - Terrace Lower Level
TME - Terrace Main Entrance
TPDR - Terrace Private Dining Room
TSP - Terrace South Patio
TT - Terrace Theatre
WS - Woodshop

*Weather permitting.

Breton Ridge

BI - Bistro
BP - Breton Park
BS - Body Shop
CR - Craft Room
PC - Pickleball Courts
RBR - Ridge Billiard Room
RI - Ristorante
RL - Ridge Lobby
RLI - Ridge Library
RME - Ridge Main Entrance
RP - Ridge Patio
RPDR - Ridge Private Dining Room
RT - Ridge Theatre
VI- Vineyard

****

BRLC- Breton Rehab & Living Centre
BECC - Breton Extended Care Centre
BECS - Breton Extended Care South
OCO - Off Campus Outing

Breton Woods of Holland Home™

May 5 – 11, 2025

Breton Woods Independent Living

Holland Home Vibrant Living™

PHYSICAL WELLNESS | EMOTIONAL WELL-BEING | SPIRITUAL FULFILLMENT | INTELLECTUAL DISCOVERY | SOCIAL ENGAGEMENT

Monday 5

6:00 Open Swim (6:00 - 8:15 am) (POOL)

8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)

8:30 Aqua Fit (POOL)

9:15 Stretch & Flex (BS)

9:30 Strength Training (TFC)

10:00 Breton Market (10:00 am - 12:00 pm) (TLL)

10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)

10:00 Shuffleboard * (resident led) (BP)

10:15 Strength Training (BS)

11:00 Stretch & Flex (EX)

11:15 Heart Healthy Dance (VI)

12:30 Open Swim (12:30 - 10:00 pm) (POOL)

1:00 Men's Billiards (RBR)

1:00 Ladies Prayer Meeting (RPDR)

1:15 Strength Training (TFC)

2:00 Bretonaires Practice (EX)

2:00 Cinco de Mayo Celebration! (Sign up for 1:30 pm transportation from the Ridge) (TL)

2:30 Tijuana Brass Band (TL)

6:30 Games (EX)

6:30 Dirty Dog (TPDR)

7:00 "Tell Us Your Story" w/ William Van Tol - Mexican Alambre: 1996 - 2007 (VI)

Tuesday 6

6:00 Open Swim (6:00 - 10:45 am) (POOL)

8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)

8:15 Total Body (TFC)

8:45 Resident Golf League at the Pines (OCO)

9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe)

9:30 Balance & Core Stability (TFC)

10:00 Ladies Billiards (RBR)

10:00 Quilting (10:00 am - 4:00 pm) (AS)

10:00 Pictorial Picture Update Opportunity* (Ridge office if it rains) (BP)

10:30 Balance & Core Stability (BS)

10:45 Park Church: "Music at Midday" featuring Jazz Artist Mary Rademaker (sign-up required) (OCO)

11:00 Water Walking (POOL)

11:30 Balance & Core Stability (BS)

12:30 Open Swim (12:30 - 10:00 pm) (POOL)

1:00 Men's Billiards (RBR)

1:00 Total Body (BS)

1:15 Balance & Core Stability (TFC)

2:00 Yarntastics (EX)

2:00 Balance & Core Stability (BS)

2:00 Breton Readers at the Ridge (RI)

2:00 May Birthday Social at the Ridge (VI)

3:00 Ladies Billiards (TBR)

3:00 Ladies Tea (EX)

Wednesday 7

6:00 Open Swim (6:00 - 8:15 am) (POOL)

7:00 St. Mary's Lab - by appointment only (RPDR)

7:30 St. Mary's Lab - by appointment only (HC)

8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)

8:30 Aqua Fit (POOL)

9:00 Blood Pressure Clinic (9:00 - 10:00 am) (HC)

9:15 Stretch & Flex (BS)

9:30 Strength Training (TFC)

10:00 Catholic Communion (TPDR)

10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)

10:15 Strength Training (BS)

10:15 "For the Life of the World" Bible Study (CP)

10:15 Faith at Works Series: Bob & SuZie Zoerman (VI)

11:00 Stretch & Flex (EX)

11:15 Heart Healthy Dance (VI)

12:30 Mah Jongg (TB)

12:30 Open Swim (12:30 - 10:00 pm) (POOL)

1:00 Bus to Cascade Township Meijer (OCO)

1:00 Men's Billiards (RBR)

1:00 Breton Market (1:00 - 3:00 pm) (TLL)

1:15 Strength Training (TFC)

1:30 Terrace Coffee Bar (canceled today) (Cafe)

1:30 Ladies Tea Party and Caroline Cook Presentation: "GR Lady Legends" (sign-up required; transportation from the Terrace at 1:00 pm) (VI)

2:00 Men's Billiards (TBR)

4:00 Social Hour at the Ridge (RPDR)

6:00 Games (BI) (RL)

6:45 Mah Jongg (RL)

6:45 Euchre (TL)

7:00 Dominos (EX)

Thursday 8

6:00 Open Swim (6:00 - 10:45 am) (POOL)

8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)

8:15 Total Body (TFC)

9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe)

9:30 Balance & Core Stability (TFC)

10:00 Ladies Laughing and Learning to Play Pool (TBR)

10:00 Shuffleboard * (resident led) (BP)

10:15 Terrace Library Committee Meeting (TLI)

10:30 Balance & Core Stability (BS)

11:00 Water Walking (POOL)

11:30 Balance & Core Stability (BS)

12:30 Open Swim (12:30 - 10:00 pm) (POOL)

1:00 Men's Billiards (RBR)

1:00 Breton Market (1:00 - 3:00 pm) (TLL)

1:00 Ping Pong (VI)

1:00 Total Body (BS)

1:00 Scrapbooking and Card Making (1:00 - 3:00 pm) (AS)

1:00 "100 Things that Happened at the Mackinac Bridge" by Mike Fornes (Sign up for 12:30 pm transportation from the Ridge) (CP)

1:15 Balance & Core Stability (TFC)

2:00 Men's Billiards (TBR)

2:00 Knit Wits (BI)

2:00 Balance & Core Stability (BS)

2:00 Bretonaires Practice (EX)

2:30 May Birthday Social at the Terrace (Cafe)

3:30 Social Hour at the Terrace (TPDR)

Friday 9

6:00 Open Swim (6:00 - 8:15 am) (POOL)

8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)

8:30 Aqua Fit (POOL)

9:15 Stretch & Flex (BS)

9:30 Strength Training (TFC)

10:00 Breton Market (10:00 am - 12:00 pm) (TLL)

10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)

10:15 Strength Training (BS)

11:00 Stretch & Flex (EX)

11:15 Heart Healthy Dance (VI)

12:30 Open Swim (12:30 - 10:00 pm) (POOL)

1:00 Men's Billiards (RBR)

1:15 Strength Training (TFC)

2:00 5 Crowns (TL)

5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)

7:00 Terrace Movie: "Field of Dreams" (TT)

7:00 Ridge Movie: "High Noon" (RT)

Saturday 10

6:00 Open Swim (6:00 am - 10:00 pm) (POOL)

8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)

10:00 Breton Market (10:00 am - 12:00 pm) (TLL)

10:00 Hymn Sing (Cafe)

1:00 Bingo at the Ridge (resident led) (BI)

2:00 Stinky Feet (EX)

7:00 Ridge Movie: "Field of Dreams" (RT)

7:00 Terrace Movie: "High Noon" (TT)

Sunday 11

6:00 Open Swim (6:00 am - 10:00 pm) (POOL)

10:45 Calvary Church Livestream (TPDR)

6:00 Breton Woods Worship Service w/ Pastor Bob Zoerman (Transportation from the Terrace leaves at 5:15 and 5:30 pm) (VI)

Location Key

Breton Terrace

AS - Art Studio
Cafe - Terrace Café
CP - Centre Place
EL - Employee Lounge
EX - Expressions
HC - Health Centre
TB - Terrace Balcony
TBR - Terrace Billiard Room
TCP - Terrace Café Patio
TC - Terrace Courtyard
TFC - Terrace Fitness Centre
TL - Terrace Lobby
TLI - Terrace Library
TLL - Terrace Lower Level
TME - Terrace Main Entrance
TPDR - Terrace Private Dining Room
TSP - Terrace South Patio
TT - Terrace Theatre
WS - Woodshop

*Weather permitting.

Breton Ridge

BI - Bistro
BP - Breton Park
BS - Body Shop
CR - Craft Room
PC - Pickleball Courts
RBR - Ridge Billiard Room
RI - Ristorante
RL - Ridge Lobby
RLI - Ridge Library
RME - Ridge Main Entrance
RP - Ridge Patio
RPDR - Ridge Private Dining Room
RT - Ridge Theatre
VI- Vineyard

****

BRLC- Breton Rehab & Living Centre
BECC - Breton Extended Care Centre
BECS - Breton Extended Care South
OCO - Off Campus Outing