

March 2 - March 8

Estates & Homes

Based On Information Known At Time Of Print

Sunday 2	Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7	Saturday 8
<p>OPEN SWIM (POOL) 9:30Chapel Service - Arthur Agu, Calvin Student (CH) 6:15Chapel Service - Pastor Josh Holwerda, CRC (CH)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:30Men's Social Hour (COM) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 2:00Exercise with the GR Ballet (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB)</p>	<p>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 9:30Summer In Winter - 'Fat Tuesday' Event (see SIW calendar for more details) (FR) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:00EII Bible Study - Rev. Sharon Segaar-King (LDR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 3:00Coffee Time (LA) 3:00EII Bible Study - Jolene DeHeer (CR) 6:30Pool League (RBB) 7:00Game Night (CR) 7:00EII Ice Cream Birthday Social - LDR (LDR)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Summer In Winter 'Pedal Parade' (BWC) 2:30EI Birthday Ice Cream Social - \$ (FR) 2:30Current Events w/Hank Post (D1DR) 2:30Summer In Winter Travelogue - New Orleans (see SIW calendar for more details) (COM) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (Except the 3rd Wed Each Month) (GP)</p>	<p>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:00EI/EIII Donuts with Development (CR) 10:00Summer in Winter - Jazz w/Gary McCourry (CH) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 2:30Summer In Winter - Dippin' Dots (see SIW calendar for more details) (FR) 3:00Coffee Time (LA)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB) 8:30Homes Breakfast - @ Ray's Bistro (Limited Menu) - RSVP to Helen Wentzheimer at 616-340-2495 (call or text) or hmswww@aol.com (RB) 8:30Coffee Masterworks - Transportation SUR - Season Ticket Holders (OFFS) 9:00ALDI's Friday Shopping - Lobby PU, EI/9am & EII/9:05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p>OPEN SWIM (POOL) 6:00Dordt University Concert Choir - SUR (OFF) 7:00Movie Night (COM)</p>
<div style="border: 1px solid black; padding: 5px; background-color: #ADD8E6; text-align: center;"> <h3>LOCATION LEGEND</h3> </div> <p>SUR-Sign Up Required \$\$-Cost Involved</p> <p>BWC-Buiten Wellness Center CH-Chapel COM - EII Community Room CR-EI Club Room CS-EII Coffee Shop CV-Chapel Visiting Room E2P-EII Patio GR-Game Room GP-Gathering Place LDR-Large Dining Room LA-EII Lounge FR-Friendship Room OFFS-Offsite POOL-Pool RB-Ray's Bistro RBB-Ray's Bistro Billiards RBC-Ray's Bistro Conf Room RMP-Manor Parking Lot TRAN-Transportation</p>						<div style="border: 1px solid black; padding: 5px; background-color: #ADD8E6; text-align: center;"> <h3>CONTACTS</h3> </div> <p>ESTATES & HMS OFFICE 616-235-5006 M-F, 8:00am-4:30pm</p> <p>HEALTH CENTER</p> <p>EI: 616-235-5721 8:30am-12:00pm Same # for EMERG RESPONSE from 5:00pm-8:00am</p> <p>EII: 616-235-5675 1:00pm-4:30pm Same # for EMERG RESPONSE from 5:00pm-8:00am</p> <p>VAN'S MARKET M,W & F - 10:30am-1:00pm</p> <p>FACILITY SERVICES 616-235-2787</p> <p>ESTATES SALON 616-235-5701</p> <p>VOLUNTEER SERVICES 616-235-5717</p> <p>NOTARY SERVICES Office, By Appointment</p>



Raybrook
of Holland Home™

March 9 - March 15

Estates & Homes

Holland Home
Vibrant Living™



Based On Information Known At Time Of Print

Sunday 9	Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14	Saturday 15
<p>OPEN SWIM (POOL) 9:30Chapel Service - Rev. Kwasi Kena, UMC (CH) 6:15Chapel Service - Rev. Gerry Heyboer, HH Chaplain (CH)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:30Men's Social Hour (COM) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 2:00Exercise with the GR Ballet (BWC) 2:00REAL: Thriving in Independent Living w/Social Services Coordinator Jennifer Koets (FR) 3:00Coffee Time (LA) 6:30Pool League (RBB)</p>	<p>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:00EII Bible Study - Rev. Sharon Segaar-King (LDR) 10:15Balance and Core Stability (BWC) 10:45Music at Mid Day - Larry Visser, Organ - SUR (OFF) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 3:00Coffee Time (LA) 3:15Ticket to Independence (BWC) 6:30Pool League (RBB) 6:30Film's with Chester Alkema - Notice New Time - DeVos has invited Estates & Homes to attend these films, when available. In event of cancellation, DeVos will put notice on FR door. (FR) 7:00Game Night (CR)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 10:30Dementia Institute Caregiver Support Group - Open to all Raybrook Residents - Call 616-235-5499 with questions. (RBC) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (Except the 3rd Wed Each Month) (GP)</p>	<p>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 2:00Koul Band w/Steve Azkoul (CH) 3:00Coffee Time (LA)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB) 9:00TRADER JOE'S Friday Shopping - Lobby PU, EI/9am & EII/9:05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 2:00REAL: A Christian's Journey To and Through Hollywood w/Adam Mellema (FR) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p>OPEN SWIM (POOL) 7:00Movie Night (COM)</p> <div style="background-color: #f4a460; padding: 5px; text-align: center; font-weight: bold; color: white;">SAVE THE DATE!</div> <p>*Save the Dates and Sign Up begin dates and deadlines are to give notice of anticipated upcoming events. Subject to Change as details are finalized.</p> <p>**Limited spots available for ALL sign up events.</p> <p>MARCH 18 MR & MRS CRAB LUNCH Sign Up Begins Mar 3</p> <p>**Notice new date, due to bus availability this has been moved from Monday to Tuesday.</p> <p>MARCH 20 MARCH MADNESS/ST. PATRICKS DAY VIEWING PARTY Sign Up Begins Mar 5</p> <p>MARCH 22 GR CHOIR OF MEN & BOYS LENTEN CONCERT Sign Up Begins Mar 10</p> <p>MARCH 24 GR POLICE DEPARTMENT TOUR OUTING Sign Up Begins Mar 10</p>