

Monday 31	Tuesday 1	Wednesday 2	Thursday 3	Friday 4	Saturday 5	Sunday 6
6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	7:00 St. Mary's Lab - by appointment only (RPDR)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	10:45 Calvary Church Livestream (TPDR)
8:30 Aqua Fit (POOL)	8:15 Total Body (TFC)	7:30 St. Mary's Lab - by appointment only (HC)	8:15 Total Body (TFC)	8:30 Aqua Fit (POOL)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	6:00 Breton Woods Worship Service and Communion and Musical Trio w/ Rev. Jim Evenhouse (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP)
9:15 Stretch & Flex (BS)	9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe)	9:15 Stretch & Flex (BS)	10:00 Hymn Sing (Cafe)	
9:30 Strength Training (TFC)	9:30 Balance & Core Stability (TFC)	8:30 Aqua Fit (POOL)	9:30 Balance & Core Stability (TFC)	9:30 Strength Training (TFC)	12:30 Bingo at the Terrace (resident led) (EX)	
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	10:00 Ladies Billiards (RBR)	9:00 Blood Pressure Clinic (9:00 - 10:00 am) (HC)	10:00 Ladies Laughing and Learning to Play Pool (TBR)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	2:00 Stinky Feet (EX)	
10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)	10:00 Quilting (10:00 am - 4:00 pm) (AS)	9:15 Stretch & Flex (BS)	10:30 Balance & Core Stability (BS)	10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)	7:00 Terrace Movie: "Singin' in the Rain" (TT)	
10:00 "Butterflies Are Blooming" at Frederik Meijer Gardens (sign-up required) (OCO)	10:30 Balance & Core Stability (BS)	9:30 Strength Training (TFC)	10:30 "National Burrito Day" @ Westside Social (sign-up required) (OCO)	10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)	7:00 Ridge Movie: "A Beautiful Day in the Neighborhood" (RT)	
10:15 Strength Training (BS)	11:00 Water Walking (POOL)	10:00 Catholic Communion (TPDR)	11:00 Water Walking (POOL)	10:15 Strength Training (BS)		
11:00 Stretch & Flex (EX)	11:30 Balance & Core Stability (BS)	10:15 "For the Life of the World" Bible Study (CP)	11:30 Balance & Core Stability (BS)	11:00 Stretch & Flex (EX)		
11:15 Heart Healthy Dance (VI)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	11:00 Stretch & Flex (EX)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	11:15 Heart Healthy Dance (VI)		
12:30 Open Swim (12:30 - 10:00 pm) (POOL)	1:00 Men's Billiards (RBR)	11:15 Heart Healthy Dance (VI)	1:00 Men's Billiards (RBR)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)		
1:00 Men's Billiards (RBR)	1:00 Total Body (BS)	12:30 Mah Jongg (TB)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	1:00 Men's Billiards (RBR)		
1:00 Ladies Prayer Meeting (RPDR)	1:15 Balance & Core Stability (TFC)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	1:00 Ping Pong (VI)	1:15 Strength Training (TFC)		
1:15 Strength Training (TFC)	1:30 REAL: "How to Spot a Scam" (CP)	1:00 Bus to Gaines Township Meijer (OCO)	1:00 Total Body (BS)	2:00 5 Crowns (TL)		
2:00 Bretonaires Practice (EX)	2:00 Yarntastics (EX)	1:00 Men's Billiards (RBR)	1:15 Balance & Core Stability (TFC)	5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)		
2:00 Pastor Tom Bradley Bagpipe Concert (sign up for 1:30 pm transportation from the Ridge) (TL)	2:00 Balance & Core Stability (BS)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	2:00 Men's Billiards (TBR)	7:00 Terrace Movie: "A Beautiful Day in the Neighborhood" (TT)		
6:30 Games (EX)	2:00 Breton Readers at the Ridge (RI)	1:15 Strength Training (TFC)	2:00 Knit Wits (BI)	7:00 Ridge Movie: "Singin' in the Rain" (RT)		
6:30 Dirty Dog (TPDR)	3:00 Ladies Billiards (TBR)	1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe)	2:00 Balance & Core Stability (BS)			
	3:00 Ladies Tea (EX) (BI)	1:30 REAL: "Communist China's Global Threat" (VI)	2:00 Bretonaires Practice (EX)			
	7:00 "Genesis" Bible Study w/ Gerrit Koedoot (RI)	2:00 Men's Billiards (TBR)	3:30 Social Hour at the Terrace (TPDR)			
	7:00 "Ransom Street Big Band" Concert (sign up for 6:30 pm transportation) (TL)	4:00 Social Hour at the Ridge (RPDR)	6:30 "A Beautiful Noise" Broadway Show (pre-ticketed event; sign up for transportation) (OCO)			
	Ridge Bistro is also open for dinner from 4:00 - 6:30 pm.	6:00 Games (BI) (RL)	Ridge Bistro is closed for dinner.			
		6:45 Mah Jongg (RL)				
		6:45 Euchre (TL)				
		7:00 Dominos (EX)				

Location Key

Breton Terrace	Breton Ridge
AS - Art Studio	BI - Bistro
Cafe - Terrace Café	BP - Breton Park
CP - Centre Place	BS - Body Shop
EL - Employee Lounge	CR - Craft Room
EX - Expressions	PC - Pickleball Courts
HC - Health Centre	RBR - Ridge Billiard Room
TB - Terrace Balcony	RI - Ristorante
TBR - Terrace Billiard Room	RL - Ridge Lobby
TCP - Terrace Café Patio	RLI - Ridge Library
TC - Terrace Courtyard	RME - Ridge Main Entrance
TFC - Terrace Fitness Centre	RP - Ridge Patio
TL - Terrace Lobby	RPDR - Ridge Private Dining Room
TLI - Terrace Library	RT - Ridge Theatre
TLL - Terrace Lower Level	VI - Vineyard
TME - Terrace Main Entrance	*****
TPDR - Terrace Private Dining Room	BRLC- Breton Rehab & Living Centre
TSP - Terrace South Patio	BECC - Breton Extended Care Centre
TT - Terrace Theatre	BECS - Breton Extended Care South
WS - Woodshop	OCO - Off Campus Outing
*Weather permitting.	

Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11	Saturday 12	Sunday 13	
<p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:30 Aqua Fit (POOL)</p> <p>9:15 Stretch & Flex (BS)</p> <p>9:30 Strength Training (TFC)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</p> <p>10:15 Strength Training (BS)</p> <p>11:00 Stretch & Flex (EX)</p> <p>11:15 Heart Healthy Dance (VI)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Ladies Prayer Meeting (RPDR)</p> <p>1:00 Based on Books Film Series: "Bonhoeffer" (CP)</p> <p>1:15 Strength Training (TFC)</p> <p>2:00 Bretonaires Practice (EX)</p> <p>6:30 Games (EX)</p> <p>6:30 Dirty Dog (TPDR)</p> <p>7:00 Theatre Organ Concert w/ John Borst (sign up for 6:30 pm transportation) (CP)</p> <p>7:00 "Tell Us Your Story" w/ Molly Guillaume - Faith Through Life's Challenges & Wedgewood Minisrty (VI)</p>	<p>6:00 Open Swim (6:00 - 10:45 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:15 Total Body (TFC)</p> <p>8:30 Donuts w/ the HH Development Team (8:30 - 10:00 am) (BI)</p> <p>9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe)</p> <p>9:30 Balance & Core Stability (TFC)</p> <p>10:00 Ladies Billiards (RBR)</p> <p>10:00 Quilting (10:00 am - 4:00 pm) (AS)</p> <p>10:30 Balance & Core Stability (BS)</p> <p>11:00 Water Walking (POOL)</p> <p>11:30 Balance & Core Stability (BS)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Total Body (BS)</p> <p>1:15 Balance & Core Stability (TFC)</p> <p>2:00 Yarntastics (EX)</p> <p>2:00 Balance & Core Stability (BS)</p> <p>2:00 April Birthday Social at the Ridge (VI)</p> <p>3:00 Ladies Billiards (TBR)</p> <p>3:00 Ladies Tea (EX) (BI)</p> <p>3:30 Caregiver Support Group (RPDR)</p> <p>7:00 Classic Music Community (CP)</p>	<p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>7:00 St. Mary's Lab - by appointment only (RPDR)</p> <p>7:30 St. Mary's Lab - by appointment only (HC)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:30 Aqua Fit (POOL)</p> <p>9:00 Blood Pressure Clinic (9:00 - 10:00 am) (RPDR)</p> <p>9:15 Stretch & Flex (BS)</p> <p>9:30 Strength Training (TFC)</p> <p>10:00 Catholic Communion (TPDR)</p> <p>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</p> <p>10:00 KDL Book Mobile at the Ridge (RL)</p> <p>10:15 Strength Training (BS)</p> <p>10:15 "For the Life of the World" Bible Study (CP)</p> <p>10:45 Heritage Restaurant (sign-up required) (OCO)</p> <p>11:00 Stretch & Flex (EX)</p> <p>11:00 KDL Book Mobile at the Terrace (TL)</p> <p>11:15 Heart Healthy Dance (VI)</p> <p>12:30 Mah Jongg (TB)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>1:00 Bus to Cascade Township Meijer (OCO)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:15 Strength Training (TFC)</p> <p>1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe)</p> <p>2:00 Men's Billiards (TBR)</p> <p>2:00 Pool Volleyball (POOL)</p> <p>2:30 April Birthday Social at the Terrace (Cafe)</p> <p>4:00 Social Hour at the Ridge (RPDR)</p> <p>6:00 Games (BI) (RL)</p> <p>6:45 Mah Jongg (RL)</p> <p>6:45 Euchre (TL)</p> <p>7:00 Dominos (EX)</p>	<p>6:00 Open Swim (6:00 - 10:45 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:15 Total Body (TFC)</p> <p>9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe)</p> <p>9:30 Balance & Core Stability (TFC)</p> <p>10:00 Ladies Laughing and Learning to Play Pool (TBR)</p> <p>10:15 Terrace Library Committee Meeting (TLI)</p> <p>10:30 Balance & Core Stability (BS)</p> <p>10:30 REAL: "Meals on Wheels" (CP)</p> <p>11:00 Water Walking (POOL)</p> <p>11:30 Balance & Core Stability (BS)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:00 Ping Pong (VI)</p> <p>1:00 Total Body (BS)</p> <p>1:00 Scrapbooking and Card Making (1:00 - 3:00 pm) (AS)</p> <p>1:15 Balance & Core Stability (TFC)</p> <p>2:00 Men's Billiards (TBR)</p> <p>2:00 Knit Wits (BI)</p> <p>2:00 Balance & Core Stability (BS)</p> <p>2:00 Bretonaires Practice (EX)</p> <p>3:30 Social Hour at the Terrace (TPDR)</p> <p>7:00 Breton Woods Variety Show! (VI)</p>	<p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:30 Aqua Fit (POOL)</p> <p>9:15 Stretch & Flex (BS)</p> <p>9:30 Strength Training (TFC)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</p> <p>10:15 Strength Training (BS)</p> <p>11:00 Stretch & Flex (EX)</p> <p>11:15 Heart Healthy Dance (VI)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:15 Strength Training (TFC)</p> <p>2:00 5 Crowns (TL)</p> <p>5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)</p> <p>6:30 Pops Symphony (pre-ticketed event; sign up for transportation) (OCO)</p> <p>7:00 Terrace Movie: "Crocodile Dundee II" (TT)</p> <p>7:00 Ridge Movie: "East of Eden" (RT)</p>	<p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:00 Hymn Sing (Cafe)</p> <p>2:00 Stinky Feet (EX)</p> <p>7:00 Ridge Movie: "Crocodile Dundee II" (RT)</p> <p>7:00 Terrace Movie: "East of Eden" (TT)</p>	<p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>10:45 Calvary Church Livestream (TPDR)</p> <p>6:00 Breton Woods Worship Service and Special Music w/ Rev. Dr. Safiyah Fosua (Transportation from the Terrace leaves at 5:15 and 5:30 pm) (VI)</p>	
						<h3>Location Key</h3>	
			<h4>Breton Terrace</h4> <p>AS - Art Studio Cafe - Terrace Café CP - Centre Place EL - Employee Lounge EX - Expressions HC - Health Centre TB - Terrace Balcony TBR - Terrace Billiard Room TCP - Terrace Café Patio TC - Terrace Courtyard TFC - Terrace Fitness Centre TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WS - Woodshop</p>				<h4>Breton Ridge</h4> <p>BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RT - Ridge Theatre VI - Vineyard</p> <p>*****</p> <p>BRLC- Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing</p>
						<p>*Weather permitting.</p>	