

Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21	Saturday 22	Sunday 23
6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	7:00 St. Mary's Lab - by appointment only (RPDR)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	10:45 Calvary Church Livestream (TPDR)
8:30 Aqua Fit (POOL)	8:15 Total Body (TFC)	7:30 St. Mary's Lab - by appointment only (HC)	8:15 Total Body (TFC)	8:30 Aqua Fit (POOL)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	6:00 Breton Woods Worship Service w/ Rev. Les Wiseman (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP)
9:15 Stretch & Flex (BS)	9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe)	9:15 Stretch & Flex (BS)	10:00 Hymn Sing (Cafe)	
9:30 Strength Training (TFC)	9:30 Balance & Core Stability (TFC)	8:30 Aqua Fit (POOL)	9:30 Balance & Core Stability (TFC)	9:30 Strength Training (TFC)	2:00 Stinky Feet (EX)	
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	10:00 Ladies Billiards (RBR)	9:00 Blood Pressure Clinic (9:00 - 10:00 am) (HC)	10:00 Ladies Laughing and Learning to Play Pool (TBR)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	5:45 "Grand Rapids Choir of Boys & Men" at St. Adelbert's (sign-up required) (OCO)	
10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)	10:00 Quilting (10:00 am - 4:00 pm) (AS)	9:15 Stretch & Flex (BS)	10:30 Balance & Core Stability (BS)	10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)	7:00 Terrace Movie: "Remains of the Day" (TT)	
10:15 Strength Training (BS)	10:30 Balance & Core Stability (BS)	9:30 Strength Training (TFC)	11:00 Water Walking (POOL)	10:15 Strength Training (BS)	7:00 Ridge Movie: "Cat on a Hot Tin Roof" (RT)	
10:45 JULIET Ladies Lunch @ Noco Provisions (sign-up required) (OCO)	10:45 ROMEO Men's Lunch @ Gimme's Par & Grill (sign-up required) (OCO)	10:00 Catholic Communion (TPDR)	11:00 "March Madness" Watch Party (TC) (BI)	11:00 Stretch & Flex (EX)		
11:00 Stretch & Flex (EX)	11:00 Water Walking (POOL)	10:15 Strength Training (BS)	11:30 Balance & Core Stability (BS)	11:15 Heart Healthy Dance (VI)		
11:15 Heart Healthy Dance (VI)	11:30 Balance & Core Stability (BS)	11:00 Stretch & Flex (EX)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)		
12:30 Open Swim (12:30 - 10:00 pm) (POOL)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	11:30 Forest Hills Fine Arts Center "Peter Pan" (sign-up required) (OCO)	1:00 Men's Billiards (RBR)	1:00 Men's Billiards (RBR)		
1:00 Men's Billiards (RBR)	1:00 Men's Billiards (RBR)	12:30 Mah Jongg (TB)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	1:15 Strength Training (TFC)		
1:00 Ladies Prayer Meeting (RPDR)	1:00 Total Body (BS)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	1:00 Ping Pong (VI)	2:00 5 Crowns (TL)		
1:15 Strength Training (TFC)	1:15 Balance & Core Stability (TFC)	1:00 Bus to Gaines Township Meijer (OCO)	1:00 Total Body (BS)	5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)		
2:00 Bretonaires Practice (EX)	2:00 Yarntastics (EX)	1:00 Men's Billiards (RBR)	1:15 Balance & Core Stability (TFC)	7:00 Terrace Movie: "Cat on a Hot Tin Roof" (TT)		
3:00 RAC Meeting (postponed to 3-24-25) (CP)	2:00 Balance & Core Stability (BS)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	2:00 Men's Billiards (TBR)	7:00 Ridge Movie: "Remains of the Day" (RT)		
6:30 Games (EX)	3:00 Ladies Billiards (TBR)	1:15 Strength Training (TFC)	2:00 Knit Wits (BI)			
6:30 Dirty Dog (TPDR)	3:00 Ladies Tea (EX) (BI)	1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe)	2:00 Balance & Core Stability (BS)			
7:00 Resident Led Movie: "The Green Mile" (RT)	6:15 Calvin University "Passport to Adventure" (pre-ticketed event - sign up for transportation) (OCO)	2:00 Men's Billiards (TBR)	2:00 Bretonaires Practice (EX)			
7:00 Casey Germain Concert (sign up for 6:30 pm transportation from the Ridge) (CP)	7:00 "Genesis" Bible Study w/ Gerrit Koedoot (RI)	2:00 Building & Grounds Open Forum Meeting (VI)	3:30 Social Hour at the Terrace (TPDR)			
		4:00 Social Hour at the Ridge (RPDR)				
		6:00 Games (BI) (RL)				
		6:45 Mah Jongg (RL)				
		6:45 Euchre (TL)				
		7:00 Dominos (EX)				
		7:00 Celebration Brass "Concert of Praise" (Transportation from the Terrace is at 6:30 pm) (VI)				

Location Key

Breton Terrace

- AS - Art Studio
- Cafe - Terrace Café
- CP - Centre Place
- EL - Employee Lounge
- EX - Expressions
- HC - Health Centre
- TB - Terrace Balcony
- TBR - Terrace Billiard Room
- TCP - Terrace Café Patio
- TC - Terrace Courtyard
- TFC - Terrace Fitness Centre
- TL - Terrace Lobby
- TLI - Terrace Library
- TLL - Terrace Lower Level
- TME - Terrace Main Entrance
- TPDR - Terrace Private Dining Room
- TSP - Terrace South Patio
- TT - Terrace Theatre
- WS - Woodshop

*Weather permitting.

Breton Ridge

- BI - Bistro
- BP - Breton Park
- BS - Body Shop
- CR - Craft Room
- PC - Pickleball Courts
- RBR - Ridge Billiard Room
- RI - Ristorante
- RL - Ridge Lobby
- RLI - Ridge Library
- RME - Ridge Main Entrance
- RP - Ridge Patio
- RPDR - Ridge Private Dining Room
- RT - Ridge Theatre
- VI - Vineyard
- *****
- BRLC- Breton Rehab & Living Centre
- BECC - Breton Extended Care Centre
- BECS - Breton Extended Care South
- OCO - Off Campus Outing



Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28	Saturday 29	Sunday 30
6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	7:00 St. Mary's Lab - by appointment only (RPDR)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	10:45 Calvary Church Livestream (TPDR)
8:30 Aqua Fit (POOL)	8:15 Total Body (TFC)	7:30 St. Mary's Lab - by appointment only (HC)	8:15 Total Body (TFC)	8:30 Aqua Fit (POOL)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	6:00 Breton Woods Worship Service w/ Rev. Dr. Ken Campbell (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP)
9:15 Stretch & Flex (BS)	9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:30 Donuts w/ the HH Development Team (8:30 - 10:00 am) (EX)	9:15 Stretch & Flex (BS)	10:00 Hymn Sing (Cafe)	
9:30 Strength Training (TFC)	9:30 Balance & Core Stability (TFC)	8:30 Aqua Fit (POOL)	9:00 Terrace Coffee Bar (9:00 - 11:00 am) (Cafe)	9:30 Strength Training (TFC)	2:00 Stinky Feet (EX)	
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	10:00 Ladies Billiards (RBR)	9:00 Blood Pressure Clinic (RPDR)	9:30 Balance & Core Stability (TFC)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	7:00 Terrace Movie: "The Terminal" (TT)	
10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)	10:00 Quilting (10:00 am - 4:00 pm) (AS)	9:15 Stretch & Flex (BS)	10:00 Ladies Laughing and Learning to Play Pool (TBR)	10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)	7:00 Ridge Movie: "The Sound of Music" (RT)	
10:15 Strength Training (BS)	10:30 Balance & Core Stability (BS)	9:30 Strength Training (TFC)	10:00 Floral Friends (RI)	10:15 Strength Training (BS)		
11:00 Stretch & Flex (EX)	10:45 Park Church: "Music at Midday" featuring GR Christian High School Chamber Choir (sign-up required) (OCO)	10:00 Catholic Communion (TPDR)	10:30 Balance & Core Stability (BS)	11:00 Stretch & Flex (EX)		
11:15 Heart Healthy Dance (VI)		10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)	11:00 Water Walking (POOL)	11:15 Heart Healthy Dance (VI)		
12:30 Open Swim (12:30 - 10:00 pm) (POOL)	11:00 Water Walking (POOL)	10:15 Strength Training (BS)	11:30 Balance & Core Stability (BS)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)		
1:00 Men's Billiards (RBR)	11:30 Balance & Core Stability (BS)	11:00 Stretch & Flex (EX)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	1:00 Men's Billiards (RBR)		
1:00 Ladies Prayer Meeting (RPDR)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	11:15 Heart Healthy Dance (VI)	1:00 Men's Billiards (RBR)	1:15 Strength Training (TFC)		
1:00 Breton Woods Cult Film Classic: "Jessie Stone - Sea Change" (TT)	1:00 Men's Billiards (RBR)	12:30 Mah Jongg (TB)	1:00 Bus to Cascade Township Meijer (OCO)	2:00 5 Crowns (TL)		
1:15 Strength Training (TFC)	1:00 Total Body (BS)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	1:00 Men's Billiards (RBR)	5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)		
2:00 Bretonaires Practice (EX)	1:00 9-Ball Billiards Tournament (sign-up required) (RBR)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	7:00 Terrace Movie: "The Sound of Music" (TT)		
3:00 RAC Meeting (CP)	1:15 Balance & Core Stability (TFC)	1:15 Strength Training (TFC)	1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe)	7:00 Ridge Movie: "The Terminal" (RT)		
6:30 Games (EX)	2:00 Yarnstastics (EX)	1:30 REAL: "China - Past, Present and Prospect?" w/ Phil Bom (VI)	1:30 Terrace Coffee Bar (1:30 - 4:00 pm) (Cafe)			
6:30 Dirty Dog (TPDR)	2:00 Balance & Core Stability (BS)	2:00 Men's Billiards (TBR)	1:50 Scrapbooking and Card Making (1:00 - 3:00 pm) (AS)			
7:00 Resident Led Movie: "The Maltese Falcon" (RT)	3:00 Ladies Billiards (TBR)	3:00 Breton Readers at the Terrace (TPDR)	1:50 Balance & Core Stability (TFC)			
	3:00 Ladies Tea (EX) (BI)	4:00 Social Hour at the Ridge (RPDR)	2:00 Men's Billiards (RBR)			
	7:00 "Genesis" Bible Study w/ Gerrit Koedoot (RI)	6:00 Games (BI) (RL)	2:00 Men's Billiards (TBR)			
		6:45 Mah Jongg (RL)	2:00 Knit Wits (BI)			
		6:45 Euchre (TL)	2:00 Balance & Core Stability (BS)			
		7:00 Dominos (EX)	2:00 Bretonaires Practice (EX)			
			2:30 "Seder Dinner" Presentation (sign-up required) (Cafe)			
			3:30 Social Hour at the Terrace (TPDR)			

Location Key

Breton Terrace
AS - Art Studio
Cafe - Terrace Café
CP - Centre Place
EL - Employee Lounge
EX - Expressions
HC - Health Centre
TB - Terrace Balcony
TBR - Terrace Billiard Room
TCP - Terrace Café Patio
TC - Terrace Courtyard
TFC - Terrace Fitness Centre
TL - Terrace Lobby
TLI - Terrace Library
TLL - Terrace Lower Level
TME - Terrace Main Entrance
TPDR - Terrace Private Dining Room
TSP - Terrace South Patio
TT - Terrace Theatre
WS - Woodshop

Breton Ridge
BI - Bistro
BP - Breton Park
BS - Body Shop
CR - Craft Room
PC - Pickleball Courts
RBR - Ridge Billiard Room
RI - Ristorante
RL - Ridge Lobby
RLI - Ridge Library
RME - Ridge Main Entrance
RP - Ridge Patio
RPDR - Ridge Private Dining Room
RT - Ridge Theatre
VI - Vineyard

BRLC- Breton Rehab & Living Centre
BECC - Breton Extended Care Centre
BECS - Breton Extended Care South
OCO - Off Campus Outing

*Weather permitting.