

Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21	Saturday 22	Sunday 23
6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	7:00 St. Mary's Lab - by appointment only (RPDR)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	10:45 Calvary Church Livestream (TPDR)
8:30 Aqua Fit (POOL)	8:15 Total Body (TFC)	7:30 St. Mary's Lab - by appointment only (HC)	8:15 Total Body (TFC)	8:30 Aqua Fit (POOL)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	6:00 Breton Woods Worship Service, BW Choir and harpist w/ Rev. Dr. Ken Campbell (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP)
9:15 Stretch & Flex (BS)	9:30 Balance & Core Stability (TFC)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	9:30 Balance & Core Stability (TFC)	9:15 Stretch & Flex (BS)	10:00 Hymn Sing (Cafe)	
9:30 Strength Training (TFC)	10:00 Ladies Billiards (RBR)	8:30 Aqua Fit (POOL)	10:00 Ladies Laughing and Learning to Play Pool (TBR)	9:30 Strength Training (TFC)	2:00 Stinky Feet (note location change for today) (EL)	
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	10:00 Quilting (10:00 am - 4:00 pm) (AS)	9:00 Blood Pressure Clinic (9:00 - 10:00 am) (HC)	10:30 Balance & Core Stability (BS)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	7:00 Ridge Movie: "Of Mice & Men" (RT)	
10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)	10:30 Balance & Core Stability (BS)	9:15 Stretch & Flex (BS)	10:45 JULIET Lunch @ P.F. Chang's (sign-up required) (OCO)	10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)	7:00 Terrace Movie: "Kidnapped" (TT)	
10:15 Strength Training (BS)	10:30 REAL: "South American Travelogue" w/ Fritz Esch (VI)	9:30 Strength Training (TFC)	11:00 Water Walking (POOL)	10:15 Strength Training (BS)		
10:45 ROMEO Men's Lunch @ Kitchen 67 (sign-up required) (OCO)	11:00 Water Walking (POOL)	10:00 Catholic Communion (TPDR)	11:30 Balance & Core Stability (BS)	11:00 Stretch & Flex (EX)		
11:00 Stretch & Flex (EX)	11:30 Balance & Core Stability (BS)	10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	11:15 Heart Healthy Dance (VI)		
11:15 Heart Healthy Dance (VI)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	10:15 Strength Training (BS)	1:00 Men's Billiards (RBR)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)		
12:30 Open Swim (12:30 - 10:00 pm) (POOL)	1:00 Men's Billiards (RBR)	11:00 Stretch & Flex (EX)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	1:00 Men's Billiards (RBR)		
1:00 Men's Billiards (RBR)	1:00 Total Body (BS)	11:15 Heart Healthy Dance (VI)	1:00 Ping Pong (VI)	1:15 Strength Training (TFC)		
1:00 "The Book of James" Ladies Bible Study (RPDR)	1:00 "The Book of James" Ladies Bible Study (RPDR)	12:30 Mah Jongg (TB)	1:00 Total Body (BS)	2:00 5 Crowns (TL)		
1:15 Strength Training (TFC)	1:15 Balance & Core Stability (TFC)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	1:15 Balance & Core Stability (TFC)	3:00 BW Choir Rehearsal (CP)		
1:30 REAL: "Holland Home Hub - Resident Portal Training" - POSTPONED - date & time tbd (CP)	2:00 Yarntastics (EX)	1:00 Bus to Gaines Township Meijer (OCO)	2:00 Men's Billiards (TBR)	5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)		
2:00 Bretonaires Practice (EX)	2:00 Balance & Core Stability (BS)	1:00 Men's Billiards (RBR)	2:00 Knit Wits (BI)	7:00 Terrace Movie: "Of Mice & Men" (TT)		
3:00 RAC Meeting (VI)	3:00 Ladies Billiards (TBR)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	2:00 Balance & Core Stability (BS)	7:00 Ridge Movie: "Kidnapped" (RT)		
6:30 Games (EX)	3:00 Ladies Tea (EX) (BI)	1:00 Heart Health Walking Group (TL) (RL)	2:00 Bretonaires Practice (EX)			
6:30 Dirty Dog (TPDR)	3:00 "Sip & Savor" Wine Tasting at the Ridge (sign-up required) (RPDR)	1:15 Strength Training (TFC)	3:30 Social Hour at the Terrace (TPDR)			
7:00 Resident Led Movie: "Pay It Forward" (RT)	7:00 "Genesis" Bible Study w/ Gerrit Koedoot (RI)	2:00 Men's Billiards (TBR)	7:00 "Dynamic Duo" Concert w/ Mike & Anne (CP)			
Presidents Day & Washington's Birthday ~ No mail delivery. ~ Post Office and most banks are closed.		2:00 REAL: "Fitness Center Essentials" (TFC)				
		4:00 Social Hour at the Ridge (RPDR)				
		6:00 Games (BI) (RL)				
		6:45 Mah Jongg (RL)				
		6:45 Euchre (TL)				
		7:00 Dominos (EX)				

Location Key

Breton Terrace

- AS - Art Studio
- Cafe - Terrace Café
- CP - Centre Place
- EL - Employee Lounge
- EX - Expressions
- HC - Health Centre
- TB - Terrace Balcony
- TBR - Terrace Billiard Room
- TCP - Terrace Café Patio
- TC - Terrace Courtyard
- TFC - Terrace Fitness Centre
- TL - Terrace Lobby
- TLI - Terrace Library
- TLL - Terrace Lower Level
- TME - Terrace Main Entrance
- TPDR - Terrace Private Dining Room
- TSP - Terrace South Patio
- TT - Terrace Theatre
- WS - Woodshop

Breton Ridge

- BI - Bistro
- BP - Breton Park
- BS - Body Shop
- CR - Craft Room
- PC - Pickleball Courts
- RBR - Ridge Billiard Room
- RI - Ristorante
- RL - Ridge Lobby
- RLI - Ridge Library
- RME - Ridge Main Entrance
- RP - Ridge Patio
- RPDR - Ridge Private Dining Room
- RT - Ridge Theatre
- VI - Vineyard
- *****
- BRLC- Breton Rehab & Living Centre
- BECC - Breton Extended Care Centre
- BECS - Breton Extended Care South
- OCO - Off Campus Outing

*Weather permitting.

Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28	Saturday 1	Sunday 2
<p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:30 Aqua Fit (POOL)</p> <p>9:15 Stretch & Flex (BS)</p> <p>9:30 Strength Training (TFC)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</p> <p>10:15 Strength Training (BS)</p> <p>11:00 Stretch & Flex (EX)</p> <p>11:15 Heart Healthy Dance (VI)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 "The Book of James" Ladies Bible Study (RPDR)</p> <p>1:15 Strength Training (TFC)</p> <p>1:30 REAL: "Humanity for Prisoners" w/ Doug Tjapkes (VI)</p> <p>2:00 Bretonaires Practice (EX)</p> <p>6:30 Games (EX)</p> <p>6:30 Dirty Dog (TPDR)</p> <p>7:00 Resident Led Movie: "Sully" (RT)</p>	<p>6:00 Open Swim (6:00 - 10:45 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:15 Total Body (TFC)</p> <p>9:30 Balance & Core Stability (TFC)</p> <p>10:00 Ladies Billiards (RBR)</p> <p>10:00 Quilting (10:00 am - 4:00 pm) (AS)</p> <p>10:30 Balance & Core Stability (BS)</p> <p>11:00 Water Walking (POOL)</p> <p>11:30 Balance & Core Stability (BS)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Total Body (BS)</p> <p>1:00 "The Book of James" Ladies Bible Study (RPDR)</p> <p>1:15 Balance & Core Stability (TFC)</p> <p>2:00 Yarnastics (EX)</p> <p>2:00 Balance & Core Stability (BS)</p> <p>2:00 "Summer in Winter" Celebration w/ Root Beer Floats (bus pick-up at the Terrace at 1:30 pm) (VI)</p> <p>3:00 Ladies Billiards (TBR)</p> <p>3:00 Ladies Tea (EX) (BI)</p> <p>7:00 "Genesis" Bible Study w/ Gerrit Koedoot (RI)</p>	<p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>7:00 St. Mary's Lab - by appointment only (RPDR)</p> <p>7:30 St. Mary's Lab - by appointment only (HC)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:30 Aqua Fit (POOL)</p> <p>9:00 Blood Pressure Clinic (RPDR)</p> <p>9:15 Stretch & Flex (BS)</p> <p>9:30 Strength Training (TFC)</p> <p>10:00 Catholic Communion (TPDR)</p> <p>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</p> <p>10:15 Strength Training (BS)</p> <p>11:00 Stretch & Flex (EX)</p> <p>11:15 Heart Healthy Dance (VI)</p> <p>12:30 Mah Jongg (TB)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>1:00 Bus to Cascade Township Meijer (OCO)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:00 Heart Health Walking Group (TL) (RL)</p> <p>1:15 Strength Training (TFC)</p> <p>2:00 Men's Billiards (TBR)</p> <p>2:00 REAL: "Fitness Center Essentials" (BS)</p> <p>3:00 Breton Readers at the Terrace (TPDR)</p> <p>3:30 West Michigan Homeschool Jazz Band Concert (CP)</p> <p>4:00 Social Hour at the Ridge (RPDR)</p> <p>6:00 Games (BI) (RL)</p> <p>6:45 Mah Jongg (RL)</p> <p>6:45 Euchre (TL)</p> <p>7:00 Dominos (EX)</p>	<p>6:00 Open Swim (6:00 - 10:45 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:15 Total Body (TFC)</p> <p>8:30 Donuts w/ the HH Development Team (8:30 - 10:00 am) (EX)</p> <p>9:30 Balance & Core Stability (TFC)</p> <p>10:00 Ladies Laughing and Learning to Play Pool (TBR)</p> <p>10:00 Floral Friends (RI)</p> <p>10:30 Balance & Core Stability (BS)</p> <p>10:30 REAL: "Holland Home Hub - Resident Portal Training" - POSTPONED - date & time tbd (VI)</p> <p>11:00 Water Walking (POOL)</p> <p>11:30 Balance & Core Stability (BS)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:00 Ping Pong (VI)</p> <p>1:00 Total Body (BS)</p> <p>1:00 Scrapbooking and Card Making (1:00 - 3:00 pm) (AS)</p> <p>1:15 Balance & Core Stability (TFC)</p> <p>2:00 Men's Billiards (TBR)</p> <p>2:00 Knit Wits (BI)</p> <p>2:00 Balance & Core Stability (BS)</p> <p>2:00 Bretonaires Practice (EX)</p> <p>3:30 Social Hour at the Terrace (TPDR)</p>	<p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:30 Aqua Fit (POOL)</p> <p>9:15 Stretch & Flex (BS)</p> <p>9:30 Strength Training (TFC)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:00 Adult Only Swim (10:00 am - 12:00 pm) (POOL)</p> <p>10:15 Strength Training (BS)</p> <p>11:00 Stretch & Flex (EX)</p> <p>11:15 Heart Healthy Dance (VI)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:15 Strength Training (TFC)</p> <p>2:00 5 Crowns (TL)</p> <p>5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)</p> <p>7:00 Terrace Movie: "The Outlaw Josey Wales" (TT)</p> <p>7:00 Ridge Movie: "Splendor in the Grass" (RT)</p>	<p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:00 Hymn Sing (Cafe)</p> <p>2:00 Stinky Feet (EX)</p> <p>7:00 Ridge Movie: "The Outlaw Josey Wales" (RT)</p> <p>7:00 Terrace Movie: "Splendor in the Grass" (TT)</p> <div style="text-align: center;">Location Key</div> <div style="display: flex; justify-content: space-between;"> <div style="width: 48%;"> <p>Breton Terrace</p> <ul style="list-style-type: none"> AS - Art Studio Cafe - Terrace Café CP - Centre Place EL - Employee Lounge EX - Expressions HC - Health Centre TB - Terrace Balcony TBR - Terrace Billiard Room TCP - Terrace Café Patio TC - Terrace Courtyard TFC - Terrace Fitness Centre TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WS - Woodshop </div> <div style="width: 48%;"> <p>Breton Ridge</p> <ul style="list-style-type: none"> BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RT - Ridge Theatre VI - Vineyard <p>*****</p> <ul style="list-style-type: none"> BRLC- Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing </div> </div> <p>*Weather permitting.</p>	<p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>10:45 Calvary Church Livestream (TPDR)</p> <p>6:00 Breton Woods Worship Service w/ Rev. Gerrit Koedoot (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP)</p>