



Raybrook
of Holland Home™

January 19 - January 25

Estates & Homes

Holland Home
Vibrant Living™



Based On Information Known At Time Of Print

Sunday 19	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24	Saturday 25
<p>OPEN SWIM (POOL) 9:30Chapel Service - Rev. Ralph Robrahn, RCA (CH) 6:15Chapel Service - Pastor Lorinda VanderWerp, Calvin Seminary Sunday (CH)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:30Men's Social Hour (COM) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 12:30January Series - Jonathan Eig, King: A Life (FR) 1:00Raybrook Purls Knitting/Crocheting (LA) 2:00Exercise with the GR Ballet (BWC) 3:00Coffee Time (LA) 4:00Applebee's Restaurant Outing (OFFS) 6:30Pool League (RBB)</p>	<p>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 12:30January Series - Todd Kamarnicki, Bravery: A Story of Elf, Sully, and Bonhoeffer (FR) 1:15First Step (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 12:30January Series - John Inazu, A Conversation on Learning to Disagree (FR) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (Except the 3rd Wed Each Month) (GP)</p>	<p>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 12:30January Series - Heather Templeton Dill, A Philanthropic Approach to Inspiring Awe and Wonder (FR) 1:15First Step (BWC) 3:00Coffee Time (LA)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB) 9:00VANDER VEEN'S DUTCH STORE Friday Shopping - Lobby PU, EI/9am & EII/9:05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 12:30January Series - Kristjan Prikk, The Future of Hope: Should It Still Matter to America? (FR) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p>OPEN SWIM (POOL) 7:00Movie Night (COM)</p>
						<p>CONTACTS</p> <p>ESTATES & HMS OFFICE 616-235-5006 M-F, 8:00am-4:30pm</p> <p>HEALTH CENTER</p> <p>EI: 616-235-5721 8:30am-12:00pm Same # for EMERG RESPONSE from 5:00pm-8:00am</p> <p>EII: 616-235-5675 1:00pm-4:30pm Same # for EMERG RESPONSE from 5:00pm-8:00am</p> <p>VAN'S MARKET M,W & F - 10:30am-1:00pm</p> <p>FACILITY SERVICES 616-235-2787</p> <p>ESTATES SALON 616-235-5701</p> <p>VOLUNTEER SERVICES 616-235-5717</p> <p>NOTARY SERVICES Office, By Appointment</p>

LOCATION LEGEND

- SUR-Sign Up Required
- \$\$-Cost Involved
- BWC-Buiten Wellness Center
- CH-Chapel
- COM - EII Community Room
- CR-EI Club Room
- CS-EII Coffee Shop
- CV-Chapel Visiting Room
- E2P-EII Patio
- GR-Game Room
- GP-Gathering Place
- LDR-Large Dining Room
- LA-EII Lounge
- FR-Friendship Room
- OFFS-Offsite
- POOL-Pool
- RB-Ray's Bistro
- RBB-Ray's Bistro Billiards
- RBC-Ray's Bistro Conf Room
- RMP-Manor Parking Lot
- TRAN-Transportation

January 26 - February 1

Estates & Homes

Sunday 26	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31	Saturday 1
<p>OPEN SWIM (POOL) 9:30Chapel Service - Rev. Evan Heerema, Retired CRC (CH) 6:15Chapel Service - Rev. Ralph Robrahn, RCA (CH)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:30Men's Social Hour (COM) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 12:30January Series - Peter Sagal, Front Seat at the Sideshow: What I've Learned After 25 Years of Making Fun of Everything (FR) 1:00Raybrook Purls Knitting/Crocheting (LA) 2:00Exercise with the GR Ballet (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB)</p>	<p>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 12:30January Series - Alastair Humphreys, Adventures Across the World and Around the Neighborhood (FR) 1:15First Step (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 12:30January Series - Reshma Saujani, A Conversation on Pay Up and Brave, Not Perfect (FR) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (Except the 3rd Wed Each Month) (GP)</p>	<p>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 12:30January Series - Michaela O'Donnell, Life In Flux (FR) 1:15First Step (BWC) 3:00Coffee Time (LA)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB) 8:30Coffee Masterworks - Transportation SUR - Season Ticket Holders (OFFS) 9:00HORROCK'S Friday Shopping - Lobby PU, EI/9am & EII/9:05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 12:30January Series - Hunter Woodhall, They Told Me I Couldn't Walk, So I Decided to Run (FR) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p>OPEN SWIM (POOL) 1:25Passport Films at Calvin - Transportation SUR - Season Tkt Holders (OFFS) 7:00Movie Night (COM)</p> <div style="background-color: #f4a460; padding: 5px; text-align: center; font-weight: bold; margin-top: 20px;">SAVE THE DATE!</div> <p>FEBRUARY 7 SUPERBOWL CELEBRATION (If Lions Go to Superbowl!) Details TBD</p> <p>FEBRUARY 14 VALENTINE'S SOCIAL Details TBD Sign Up Begins January 31</p>