

Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24	Saturday 25	Sunday 26																																								
<p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:30 Aqua Fit (POOL)</p> <p>9:15 Stretch & Flex (BS)</p> <p>9:30 Strength Training (TFC)</p> <p>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:15 Strength Training (BS)</p> <p>11:00 Stretch & Flex (EX)</p> <p>11:15 Heart Healthy Dance (VI)</p> <p>12:30 REAL: Calvin University - The January Series - In Celebration of MLK Day: "King: A Life" w/ Jonathan Eig (CP) (RT)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Ladies Prayer Meeting (RPDR)</p> <p>1:15 Strength Training (TFC)</p> <p>3:00 RAC Meeting (CP)</p> <p>6:30 Games (EX)</p> <p>6:30 Dirty Dog (note location change for today) (TL)</p> <p>7:00 Resident Led Movie: "Armagedon" (RT)</p> <p>Inauguration Day</p> <p>Martin Luther King Day ~ No mail delivery. ~ Post Offices and most banks are closed.</p>	<p>6:00 Open Swim (6:00 - 10:45 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:15 Total Body (TFC)</p> <p>9:30 Balance & Core Stability (TFC)</p> <p>10:00 Ladies Billiards (RBR)</p> <p>10:00 Quilting (10:00 am - 4:00 pm) (AS)</p> <p>10:30 Balance & Core Stability (BS)</p> <p>11:00 Water Walking (POOL)</p> <p>11:30 Balance & Core Stability (BS)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>12:30 REAL: Calvin University - The January Series - "Bravery: A Story of Elf, Sully, and Bonhoeffer" w/ Todd Komarnicki (CP) (RT)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Total Body (BS)</p> <p>1:15 Balance & Core Stability (TFC)</p> <p>1:30 Caroline Cook Bus Tour - "City Sights" - Part 3 (sign-up required) (OCO)</p> <p>2:00 Yarnstastics (EX)</p> <p>2:00 Balance & Core Stability (BS)</p> <p>3:00 Ladies Billiards (TBR)</p> <p>3:00 Ladies Tea (EX) (BI)</p> <p>Bistro open for lunch AND dinner.</p>	<p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>7:00 St. Mary's Lab - by appointment only (RPDR)</p> <p>7:30 St. Mary's Lab - by appointment only (HC)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:30 Aqua Fit (POOL)</p> <p>9:00 Blood Pressure Clinic (RPDR)</p> <p>9:15 Stretch & Flex (BS)</p> <p>9:30 Strength Training (TFC)</p> <p>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</p> <p>10:00 Catholic Communion (TPDR)</p> <p>10:15 Strength Training (BS)</p> <p>10:15 "The Israel Story" Bible Study (CP)</p> <p>11:00 Stretch & Flex (EX)</p> <p>11:15 Heart Healthy Dance (VI)</p> <p>12:30 Mah Jongg (TB)</p> <p>12:30 REAL: Calvin University - The January Series - "A Conversation on Learning to Disagree" w/ John Inazu (CP) (RT)</p> <p>1:00 Bus to Gaines Township Meijer (OCO)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:15 Strength Training (TFC)</p> <p>2:00 Men's Billiards (TBR)</p> <p>4:00 Social Hour at the Ridge (RPDR)</p> <p>6:00 Games (BI) (RL)</p> <p>6:30 "The 39 Steps" at the GR Civic Theatre (sign-up required) (OCO)</p> <p>6:45 Mah Jongg (RL)</p> <p>6:45 Euchre (TL)</p> <p>7:00 Dominos (EX)</p>	<p>6:00 Open Swim (6:00 - 10:45 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:15 Total Body (TFC)</p> <p>8:30 Donuts w/ the HH Development Team (8:30 - 10:00 am) (EX)</p> <p>9:30 Balance & Core Stability (TFC)</p> <p>10:00 Ladies Laughing and Learning to Play Pool (TBR)</p> <p>10:00 Floral Friends (RI)</p> <p>10:30 Balance & Core Stability (BS)</p> <p>11:00 Water Walking (POOL)</p> <p>11:30 Balance & Core Stability (BS)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:00 Ping Pong (VI)</p> <p>1:00 Total Body (BS)</p> <p>1:00 Scrapbooking and Card Making (1:00 - 3:00 pm) (AS)</p> <p>1:15 Balance & Core Stability (TFC)</p> <p>2:00 Men's Billiards (TBR)</p> <p>2:00 Knit Wits (BI)</p> <p>2:00 Balance & Core Stability (BS)</p> <p>3:30 Social Hour at the Terrace (TPDR)</p> <p>Bistro open for lunch only.</p>	<p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>8:30 Aqua Fit (POOL)</p> <p>9:15 Stretch & Flex (BS)</p> <p>9:30 Strength Training (TFC)</p> <p>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:15 Strength Training (BS)</p> <p>11:00 Stretch & Flex (EX)</p> <p>11:15 Heart Healthy Dance (VI)</p> <p>12:30 REAL: Calvin University - The January Series - "The Future of Europe - Should it Still Matter to America?" w/ Kristjan Prikk (CP) (RT)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:15 Strength Training (TFC)</p> <p>2:00 5 Crowns (TL)</p> <p>5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)</p> <p>7:00 Terrace Movie: "Gifted Hands" (TT)</p> <p>7:00 Ridge Movie: "A Stolen Life" (RT)</p> <p>Bistro is closed today.</p>	<p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:00 Hymn Sing (Cafe)</p> <p>2:00 Stinky Feet (EX)</p> <p>7:00 Terrace Movie: "A Stolen Life" (TT)</p> <p>7:00 Ridge Movie: "Gifted Hands" (RT)</p> <p>*Weather permitting.</p>	<p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>10:45 Calvary Church Livestream (TPDR)</p> <p>6:00 Breton Woods Worship Service w/ Rev. Gerrit Koedoot (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP)</p>																																								
						<h3>Location Key</h3> <table border="0"> <tr> <td>Breton Terrace</td> <td>Breton Ridge</td> </tr> <tr> <td>AS - Art Studio</td> <td>BI - Bistro</td> </tr> <tr> <td>Cafe - Terrace Café</td> <td>BP - Breton Park</td> </tr> <tr> <td>CP - Centre Place</td> <td>BS - Body Shop</td> </tr> <tr> <td>EL - Employee Lounge</td> <td>CR - Craft Room</td> </tr> <tr> <td>EX - Expressions</td> <td>PC - Pickleball Courts</td> </tr> <tr> <td>HC - Health Centre</td> <td>RBR - Ridge Billiard Room</td> </tr> <tr> <td>TB - Terrace Balcony</td> <td>RI - Ristorante</td> </tr> <tr> <td>TBR - Terrace Billiard Room</td> <td>RL - Ridge Lobby</td> </tr> <tr> <td>TCP - Terrace Café Patio</td> <td>RLI - Ridge Library</td> </tr> <tr> <td>TC - Terrace Courtyard</td> <td>RME - Ridge Main Entrance</td> </tr> <tr> <td>TFC - Terrace Fitness Centre</td> <td>RP - Ridge Patio</td> </tr> <tr> <td>TL - Terrace Lobby</td> <td>RPDR - Ridge Private Dining Room</td> </tr> <tr> <td>TLI - Terrace Library</td> <td>RT - Ridge Theatre</td> </tr> <tr> <td>TLL - Terrace Lower Level</td> <td>VI - Vineyard</td> </tr> <tr> <td>TME - Terrace Main Entrance</td> <td>*****</td> </tr> <tr> <td>TPDR - Terrace Private Dining Room</td> <td>BRLC- Breton Rehab & Living Centre</td> </tr> <tr> <td>TSP - Terrace South Patio</td> <td>BECC - Breton Extended Care Centre</td> </tr> <tr> <td>TT - Terrace Theatre</td> <td>BECS - Breton Extended Care South</td> </tr> <tr> <td>WS - Woodshop</td> <td>OCO - Off Campus Outing</td> </tr> </table>	Breton Terrace	Breton Ridge	AS - Art Studio	BI - Bistro	Cafe - Terrace Café	BP - Breton Park	CP - Centre Place	BS - Body Shop	EL - Employee Lounge	CR - Craft Room	EX - Expressions	PC - Pickleball Courts	HC - Health Centre	RBR - Ridge Billiard Room	TB - Terrace Balcony	RI - Ristorante	TBR - Terrace Billiard Room	RL - Ridge Lobby	TCP - Terrace Café Patio	RLI - Ridge Library	TC - Terrace Courtyard	RME - Ridge Main Entrance	TFC - Terrace Fitness Centre	RP - Ridge Patio	TL - Terrace Lobby	RPDR - Ridge Private Dining Room	TLI - Terrace Library	RT - Ridge Theatre	TLL - Terrace Lower Level	VI - Vineyard	TME - Terrace Main Entrance	*****	TPDR - Terrace Private Dining Room	BRLC- Breton Rehab & Living Centre	TSP - Terrace South Patio	BECC - Breton Extended Care Centre	TT - Terrace Theatre	BECS - Breton Extended Care South	WS - Woodshop	OCO - Off Campus Outing
Breton Terrace	Breton Ridge																																													
AS - Art Studio	BI - Bistro																																													
Cafe - Terrace Café	BP - Breton Park																																													
CP - Centre Place	BS - Body Shop																																													
EL - Employee Lounge	CR - Craft Room																																													
EX - Expressions	PC - Pickleball Courts																																													
HC - Health Centre	RBR - Ridge Billiard Room																																													
TB - Terrace Balcony	RI - Ristorante																																													
TBR - Terrace Billiard Room	RL - Ridge Lobby																																													
TCP - Terrace Café Patio	RLI - Ridge Library																																													
TC - Terrace Courtyard	RME - Ridge Main Entrance																																													
TFC - Terrace Fitness Centre	RP - Ridge Patio																																													
TL - Terrace Lobby	RPDR - Ridge Private Dining Room																																													
TLI - Terrace Library	RT - Ridge Theatre																																													
TLL - Terrace Lower Level	VI - Vineyard																																													
TME - Terrace Main Entrance	*****																																													
TPDR - Terrace Private Dining Room	BRLC- Breton Rehab & Living Centre																																													
TSP - Terrace South Patio	BECC - Breton Extended Care Centre																																													
TT - Terrace Theatre	BECS - Breton Extended Care South																																													
WS - Woodshop	OCO - Off Campus Outing																																													

Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31	Saturday 1	Sunday 2
6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	7:00 St. Mary's Lab - by appointment only (RPDR)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	10:45 Calvary Church Livestream (TPDR)
8:30 Aqua Fit (POOL)	8:15 Total Body (TFC)	7:30 St. Mary's Lab - by appointment only (HC)	8:15 Total Body (TFC)	8:30 Aqua Fit (POOL)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	6:00 Breton Woods Worship Service and Communion w/ Rev. Kwasi Kena (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP)
9:15 Stretch & Flex (BS)	9:30 Balance & Core Stability (TFC)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	9:30 Balance & Core Stability (TFC)	8:45 "Coffee Masterworks" (pre-ticketed event; sign up for transportation) (OCO)	10:00 Hymn Sing (Cafe)	
9:30 Strength Training (TFC)	10:00 Ladies Billiards (RBR)	8:30 Aqua Fit (POOL)	10:00 Ladies Laughing and Learning to Play Pool (TBR)	9:15 Stretch & Flex (BS)	12:30 Bingo at the Terrace (resident led) (please note new time) (EX)	
10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	10:00 Quilting (10:00 am - 4:00 pm) (AS)	9:15 Stretch & Flex (BS)	10:30 Balance & Core Stability (BS)	9:30 Strength Training (TFC)	2:00 Stinky Feet (EX)	
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	10:00 Shopping Fun! The Dutch Store and Marge's Donut Den (sign-up required) (OCO)	10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	11:00 Water Walking (POOL)	10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	2:00 Calvin University Passport to Adventure (pre-ticketed event - sign up for transportation) (OCO)	
10:15 Strength Training (BS)	10:30 Balance & Core Stability (BS)	10:00 Catholic Communion (TPDR)	11:30 Balance & Core Stability (BS)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	7:00 Terrace Movie: "Forever Young" (TT)	
11:00 Stretch & Flex (EX)	11:00 Water Walking (POOL)	10:15 "The Israel Story" Bible Study (CP)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	10:15 Strength Training (BS)	7:00 Ridge Movie: "The High and the Mighty" (RT)	
11:15 Heart Healthy Dance (VI)	11:30 Balance & Core Stability (BS)	11:00 Stretch & Flex (EX)	12:30 REAL: Calvin University - The January Series - "Life in Flux" w/ Michaela O'Donnell (CP) (RT)	11:00 Breton Market (10:00 am - 12:00 pm) (TLL)		
12:30 REAL: Calvin University - The January Series - "Front Seat at the Sideshow - What I've Learned After 25 Years of Making Fun of Everything" w/ Peter Sagal (CP) (RT)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	11:15 Heart Healthy Dance (VI)	1:00 Men's Billiards (RBR)	10:15 Strength Training (BS)		
1:00 Men's Billiards (RBR)	12:30 REAL: Calvin University - The January Series - "Adventures Across the World and Around the Neighborhood" w/ Alastair Humphreys (CP) (RT)	12:30 Mah Jongg (TB)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	11:00 Stretch & Flex (EX)		
1:00 Ladies Prayer Meeting (RPDR)	1:00 Men's Billiards (RBR)	12:30 REAL: Calvin University - The January Series - "A Conversation on Pay Up: The Future of Women and Work" w/ Reshma Saujani (CP) (RT)	1:00 Ping Pong (VI)	11:15 Heart Healthy Dance (VI)		
1:00 "The Book of James" Ladies Bible Study (RPDR)	1:00 Total Body (BS)	1:00 Bus to Cascade Township Meijer (OCO)	1:00 Total Body (BS)	12:30 REAL: Calvin University - The January Series - "They Told Me I Couldn't Walk, So I Decided to Run" w/ Hunter Woodall (CP) (RT)		
1:15 Strength Training (TFC)	1:00 "The Book of James" Ladies Bible Study (RPDR)	1:00 Men's Billiards (RBR)	1:15 Balance & Core Stability (TFC)	1:00 Men's Billiards (RBR)		
6:30 Games (EX)	1:15 Balance & Core Stability (TFC)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	2:00 Men's Billiards (TBR)	1:15 Strength Training (TFC)		
6:30 Dirty Dog (TPDR)	2:00 Yarnstastics (EX)	1:15 Strength Training (TFC)	2:00 Men's Billiards (TBR)	2:00 5 Crowns (TL)		
7:00 Resident Led Movie: "Cocoon" (RT)	2:00 Balance & Core Stability (BS)	2:00 Men's Billiards (TBR)	3:00 Breton Readers (TPDR)	5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)		
	3:00 Ladies Billiards (TBR)	3:00 Breton Readers (TPDR)	4:00 Social Hour at the Ridge (RPDR)	7:00 Terrace Movie: "The High and the Mighty" (TT)		
	3:00 Ladies Tea (EX) (BI)	4:00 Social Hour at the Ridge (RPDR)	6:00 Games (BI) (RL)	7:00 Ridge Movie: "Forever Young" (RT)		
		6:00 Games (BI) (RL)	6:45 Mah Jongg (RL)			
		6:45 Euchre (TL)	6:45 Mah Jongg (RL)			
		7:00 Dominos (EX)	6:30 "Moulin Rouge" Broadway Show (pre-ticketed event; sign up for transportation) (OCO)			
			7:00 "Ragtime Americana" Music Concert (sign up at the Reception Desk for 6:30 pm transportation) (CP)			

Location Key

Breton Terrace AS - Art Studio Cafe - Terrace Café CP - Centre Place EL - Employee Lounge EX - Expressions HC - Health Centre TB - Terrace Balcony TBR - Terrace Billiard Room TCP - Terrace Café Patio TC - Terrace Courtyard TFC - Terrace Fitness Centre TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WS - Woodshop	Breton Ridge BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RT - Ridge Theatre VI - Vineyard ***** BRLC- Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing
--	---

*Weather permitting.