

**STAN BLOM - EST II - 4031**

by Bev Eckhoff

Stan was born in Hackensack, but lived in Midland Park, New Jersey for most of his life. He attended Eastern Christian School through high school before becoming a letter-carrier in Ridgewood, New Jersey for thirty-three years. Stan is single and has no close family. His mother lived in Holland Home in New Jersey for thirteen years. He loves music and is a member of LaGrave Avenue CRC. We welcome Stan to our Estates family.



**CRIS SMALLIGAN - EST II - 4057**

by Bev Eckhoff

Cris was born in Detroit, Michigan. She attended Christian Schools from first grade through Calvin College. She then went to the University of Michigan, where she got her Master's Degree in Social Work in addition to an MAE (Master of Applied Economics). Cris' occupation has consisted of community and neighborhood development work (project development and management of not-for-profit organizations, including fundraising). Her church membership is in the Reformed tradition. She is not married. Her special interests include genealogy, playing and listening to music, reading and study. She also works on having good health physically and environmentally. Cris' parents lived here for many years, which led her to Raybrook. Her sister is living here as well, and she trusts the services.



**JEAN SCOTT - EST II - 2048**

by Bev Eckhoff

Jean Borst was born in Los Angeles, California. She received her high school education at Illiana Christian High in Indiana, and her B.A. at Calvin College, before serving as an elementary teacher at Ada Christian School. Jean has been married to Don Scott for nearly fifty-five years. They have two children, Melanie, and Amy (Tim) Prince. She is a member of LaGrave Christian Reformed Church and has served as an elementary teacher at Ada Christian School. She has 5 grandchildren, Peter (Olya), T.J., Amanda and Joey Prince and Masha Scott. Jean enjoys knitting, and painting with watercolors. Knowing that she wanted to be cared for when she became unable to care for herself, and because she knew others at Raybrook, decided that Raybrook was where she wanted to be.



**SHAR NYHOFF - EST I- 3013**

by Caroline Hoeks

It is often an interesting story how people born and raised in different parts of the country manage to connect and make a life together. Shar VanderStelt is from Muskegon and attended Western Michigan Christian High School. Larry Nyhoff was born in Dispatch, Kansas and lived there through high school. After high school Shar worked as a cashier in a grocery store and Larry headed east to attend Calvin College and they eventually met through mutual friends. After Larry graduated from Calvin as a math major, they were married and moved to Ann Arbor for Larry to work on his master's degree. They had their first baby while in Ann Arbor. After getting his degree, Larry received a job offer from Calvin's Math Department. He taught math for 20 years during which he and Shar had three more children and Larry worked on his Ph.D. from Michigan State. Calvin awarded him the Exemplary Teaching Award and Larry worked with a colleague on developing the Computer Science Department at Calvin. He taught computer science for another 20 plus years, plus after "retirement". The Nyhoffs have two sons and two daughters and 14 grandchildren, seven grandsons and seven granddaughters. (You evidently have to marry a mathematician to do that.) Larry began to develop some health difficulties and was moved to Raybrook's fourth floor nursing two years before Shar moved into Estates I. Shar loves knitting, sewing and reading. She is happy to be living here and we are pleased to welcome her to Estates I. A note of sympathy to Shar. Her husband Larry died on November 15.



# RAYBROOK LIFE

A Monthly Newsletter for Raybrook Estates & Homes  
A Vibrant Way of Living

## INSIDE THE ISSUE



## DECEMBER 2024

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Resident Stories

**INSERT**

None this month

"Behold, the  
Lamb of God,  
who takes away  
the sin of the  
world!"  
John 1:29



### HAPPY 100TH BIRTHDAY!

Here in the Estates we have two residents who turned **100** in November! A special shoutout and Happy Birthday to Wes Vryhof and John Pylman!



### TIS THE SEASON

So many special events coming our way with the holidays. If you would like to gift your time to our community here at Holland Home, we have many opportunities for you to serve. Volunteer Services is looking for volunteers to help escort residents from higher levels of care to the many special events that are offered in this season. We have numerous outings and in-house concerts and parties that bring such joy to our residents. **If you are interested in volunteering, please contact Sharon VanDoorne 616-235-5717 [sharon.vandoorne@hollandhome.org](mailto:sharon.vandoorne@hollandhome.org)**

### THE ANNUAL SOUP & BAKE SALE

Friday, December 6 at 2pm  
Est II Community Room (SDR)



Frozen homemade soups, sweet breads, banket and other baked items will be available. Come and enjoy an afternoon of fellowship, coffee and refreshments with many Raybrook residents and friends!

### WELCOME MADDIE VANDENBRINK

Please give a warm welcome to our new Fitness Coordinator, Maddie VandenBrink. You will see her training with Zack in the BWC starting December 16.



### CELEBRATING DECEMBER BIRTHDAYS!

Estates I	Estates II	Estates III	Estates IV	Homes
09 Bob Streeter	05 Curt Roelofs	27 Doris Van Houten	NONE	14 Gertrude Visser
11 Mary Cook	06 Becky Boerman	30 Ed Start		18 Hilda DeVries
12 Bill VanDoorne	07 Shirley Vanderson	31 Lynne DenBesten		18 Bob DeVries
15 Evie Dykstra	09 Bev Eckhoff	31 Dot Schierbeek		21 Henny Koekoek
16 Sandy VanderStelt	17 Marilyn Vanderweide			
18 Arlene Warners	18 Carol Holquist			
26 John Knight	21 Joanne VanderMey			

## LIFE ENRICHMENT

### MARK YOUR CALENDARS FOR JANUARY SERIES!

**January 20 - January 31 at 12:30pm in the Friendship Room**

The January Series is a 10-day award winning lecture that takes place each year at Calvin University and is livestreamed here at Holland Home. The series aims to cultivate deep thought and conversations about important issues of the day, to inspire cultural renewal and make us better global citizens in God's world. We Look forward to seeing you!

## BUITEN WELLNESS CENTER

### 12 DAYS OF FITNESS

We wish you a Merry Fitness! Please stop by the BWC to pick up a special workout challenge with SNOW many fun exercises.

### VIBRANT LIVING INTERNSHIP

The last day of Maggie VanPelt's internship is scheduled for Thursday, December 5. Please stop by the fitness center to thank her for her service. We are excited to announce that Maggie will be joining the Vibrant Living team as a per diem fitness instructor.

### CONGRATULATIONS, ZACK!

We're so excited to announce the well-deserved promotion of Zack House to the role of Fitness Manager. He will assume the role on Monday, January 6th. We know Zack will make an incredible impact in this new role. Please congratulate Zack next time you see him!

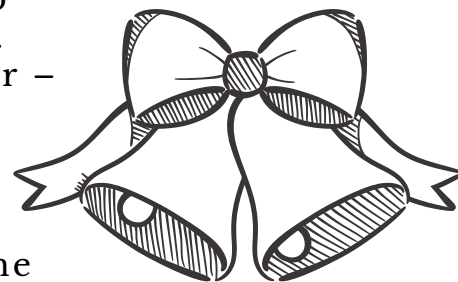
## HOLLAND HOME FOUNDATION

### KEEPING THE PROMISE DINNER - IT'S A WONDERFUL LIFE

Last chance to sign up to attend this annual dinner to support the Holland Home Resident Assistance Fund. If you haven't sent in your RSVP to attend this dinner – *please contact Marcia Timmerman at 235-5118 ASAP!*

**COACH BUS TRANSPORTATION:** is available for residents who are attending but you must sign up! Check the sign-up sheet on the bulletin board near the Fitness Center.

Charter buses will pick up at Estates I and Estates II. Buses will **board at 5:15, Depart at 5:25**. A Holland Home bus will be available for those who need handicap transportation – contact Marcia at 235-5118



## FROM THE OFFICE

### HOLIDAY SEASON SCAM REMINDER

We are in the midst of the holiday season! While there are increased opportunities for good food, cheer, and company, there are also increased opportunities for scams and theft.

*Please keep the following in mind to protect your assets and your piece of mind:*

- **Car Theft** - In years past, like many community homes in Grand Rapids, Raybrook experienced a few acts of attempted theft from cars that were unlocked or displaying valuables visibly - please be mindful to lock your vehicle, with valuable items out of sight, especially if you park outside or in public parking areas.
- **Online Scams** - With increased online sales and shipping at this time, scammers are ever active and creative to exploit this increase. Always be wary of any email, text, or phone contact that asks for funds in a time sensitive manner, makes an offer too good to be true, or asks for sensitive personal information (especially your social security number, or bank/credit card numbers). If you have any doubt about the validity of contact you've received, ask a friend, family, or staff member before taking action. Take it slow in your response, ask to call back or check the sender's email address, anything asking for instant action is suspect.

*Stay safe, be merry, and please feel free to call Nate in the Estates & Homes Office at 616-235-5079 with any questions you have*

### LOST & FOUND

The end of the year is fast approaching and there are many items still unclaimed in the lost & found in Est I & Est II. Please stop by the mail rooms in each building if you are missing an item. Any unclaimed items at the end of the year will be tossed to make way for new lost items.

### TRAVELING SOUTH FOR THE WINTER?

If you plan to be away from Raybrook for an extended period of time this winter, please turn in this form to Danni Ortiz in the Estates and Homes office. This will be used for billing purposes and building maintenance matters while you are gone. Thank you!

NAME: \_\_\_\_\_

BLD/APT \_\_\_\_\_

WINTER ADDRESS: \_\_\_\_\_

DEPARTURE DATE: \_\_\_\_\_

RETURN DATE: \_\_\_\_\_

EMERGENCY PHONE NUMBER: \_\_\_\_\_