



**Raybrook**  
of Holland Home™

# January 5 - January 11

## Estates & Homes

Holland Home  
Vibrant Living™



Based On Information Known At Time Of Print

Sunday 5	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10	Saturday 11
<p><b>OPEN SWIM (POOL)</b> 9:30Chapel Service - Rev. Mike Haeffner, Evangelical Covenant (CH) 6:15Chapel Service - Rev. David Fleming, Our Savior Lutheran (CH)</p>	<p><b>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)</b> 8:30Men's Social Hour (COM) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 2:00Exercise with the GR Ballet (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB)</p>	<p><b>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL)</b> 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 2:00Chapel Concert - Stuart Leitch Piano (CH) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR) 7:00EII Ice Cream Birthday Social - LDR (LDR)</p>	<p><b>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)</b> 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 10:30Dementia Institute Caregiver Support Group - Open to all Raybrook Residents - Call 616-235-5499 with questions. (RBC) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (Except the 3rd Wed Each Month) (GP)</p>	<p><b>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL)</b> 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 3:00Coffee Time (LA)</p>	<p><b>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)</b> 8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB) 9:00TRADER JOE'S Friday Shopping - Lobby PU, EI/9am &amp; EII/9:05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 12:00New Years Pizza &amp; Trivia Party - SUR - \$\$ (FR) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p><b>OPEN SWIM (POOL)</b> 7:00Movie Night (COM)</p>
						<p><b>CONTACTS</b></p> <p>ESTATES &amp; HMS OFFICE 616-235-5006 M-F, 8:00am-4:30pm</p> <p>HEALTH CENTER</p> <p>EI: 616-235-5721 8:30am-12:00pm Same # for EMERG RESPONSE from 5:00pm-8:00am</p> <p>EII: 616-235-5675 1:00pm-4:30pm Same # for EMERG RESPONSE from 5:00pm-8:00am</p> <p>VAN'S MARKET M,W &amp; F - 10:30am-1:00pm</p> <p>FACILITY SERVICES 616-235-2787</p> <p>ESTATES SALON 616-235-5701</p> <p>VOLUNTEER SERVICES 616-235-5717</p> <p>NOTARY SERVICES Office, By Appointment</p>

**LOCATION LEGEND**

- SUR-Sign Up Required
- \$\$-Cost Involved
- BWC-Buiten Wellness Center
- CH-Chapel
- COM - EII Community Room
- CR-EI Club Room
- CS-EII Coffee Shop
- CV-Chapel Visiting Room
- E2P-EII Patio
- GR-Game Room
- GP-Gathering Place
- LDR-Large Dining Room
- LA-EII Lounge
- FR-Friendship Room
- OFFS-Offsite
- POOL-Pool
- RB-Ray's Bistro
- RBB-Ray's Bistro Billiards
- RBC-Ray's Bistro Conf Room
- RMP-Manor Parking Lot
- TRAN-Transportation



**Raybrook**  
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# January 12 - January 18

## Estates & Homes

Holland Home  
Vibrant Living™



Sunday 12	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17	Saturday 18
<p>OPEN SWIM (POOL) 9:30Chapel Service - Rev. Jim Evenhouse, Retired CRC (CH) 6:15Chapel Service - Rev. Gerry Heyboer, HH Chaplain (CH)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:30Men's Social Hour (COM) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 2:00Exercise with the GR Ballet (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB)</p>	<p>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 9:00Meijer Shopping-EI PU: 9am, EI PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:00Chapel Concert - East Side Christian School (CH) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 2:00Caregiver Connections Coffee (CR) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Hymn Sing Along (GP) 7:00Game Night (Except the 3rd Wed Each Month) (GP)</p>	<p>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 9:30EII/Homes Donuts with Development - CANCELLED, Donuts available at the 10am Board Update (LA) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:00REAL: Board Update (FR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 3:00Coffee Time (LA)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB) 9:00ALDI's Friday Shopping - Lobby PU, EI/9am &amp; EII/9;05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p>OPEN SWIM (POOL) 7:00Movie Night (COM)</p>

**SAVE THE DATE!**

JANUARY 20  
APPLEBEE'S RESTAURANT  
Sign Up Begins Jan 7

JANUARY 20 - JANUARY 31  
JANUARY SERIES  
Friendship Room  
12:30pm-1:30pm