

December 23 – 29, 2024

Breton Woods Independent Living

Thursday 26

6:00 Open Swim (6:00 am -

10:00 pm) (POOL)

10:00 am) (EX) (BI)

8:00 Sunrise Social (8:00 -

8:30 Donuts w/ the HH



EMOTIONAL SPIRITUAL INTELLECTUAL SOCIAL

Tuesday 24 Monday 23 6:00 Open Swim (6:00 - 8:15 6:00 Open Swim (6:00 - 10:45 am) (POOL) am) (POOL) 8:00 Sunrise Social (8:00 -8:00 Sunrise Social (8:00 -10:00 am) (EX) (BI) 10:00 am) (EX) (BI) 8:30 Aqua Fit (POOL) 8:15 Total Body (TFC) 9:15 Stretch & Flex (BS) (TFC) 9:30 Strength Training (TFC) 10:00 Open Swim (10:00 am -10:00 pm) (POOL) pm) (AS) 10:00 Breton Market (10:00 am -12:00 pm) (TLL) 10:15 Strength Training (BS) pm) (POOL) 11:00 Stretch & Flex (EX) 11:15 Heart Healthy Dance (VI)

1:00 Men's Billiards (RBR)

(RPDR)

6:30 Games (EX)

1:00 Ladies Prayer Meeting

1:15 Strength Training (TFC)

"Gaither Music - God Bless

7:00 Resident Led Movie:

America" (RT)

Bistro open for Dinner!

4:00 - 6:30 pm

9:30 Balance & Core Stability 10:00 Ladies Billiards (RBR) 10:00 Quilting (10:00 am - 4:00 11:00 Water Walking (POOL) 12:30 Open Swim (12:30 - 10:00 1:00 Men's Billiards (RBR) 1:15 Balance & Core Stability (TFC) 2:00 Yarntastics (EX) 3:00 Ladies Billiards (TBR)

Ridge Fitness classes: canceled

(RPDR) 6:00 Games (BI) (RL) 6:45 Mah Jongg (RL) 6:45 Euchre (TL) 7:00 Dominos (EX) **Merry Christmas!** 3:00 Ladies Tea (EX) (BI) Closed/Canceled Today: **Special Dining Hours:** ~ Terrace Cafe Ridge Bistro: 8:00 - 11:00 am ~ Ridge Bistro Terrace Cafe: 8:00 am - 12:30 pm ~ Resident Services Offices ~ Health Centre Resident Services Offices: closed

~ Fitness classes ~ Breton Market ~ On-Campus Transportation

Wednesday 25

6:00 Open Swim (6:00 am -

10:00 pm) (POOL)

10:00 am) (EX) (BI)

8:00 Sunrise Social (8:00 -

1:00 Men's Billiards (RBR)

2:00 Men's Billiards (TBR)

12:30 Mah Jongg (TB)

Development Team (8:30 -10:00 am) (EX) 10:00 Ladies Laughing and Learning to Play Pool 4:00 Social Hour at the Ridge 10:30 Balance & Core Stability (BS) 11:30 Balance & Core Stability (BS) 1:00 Men's Billiards (RBR) 1:00 Breton Market (1:00 - 3:00 pm) (TLL) 1:00 Ping Pong (VI) 1:00 Scrapbooking and Card Making Club (1:00 - 3:00 pm) (AS) 1:00 Total Body (BS) 1:00 Bus to Gaines Township Meiier (OCO) 2:00 Men's Billiards (TBR) 2:00 Knit Wits (BI) 2:00 Balance & Core Stability (BS) 3:30 Social Hour at the Terrace (location change for today) (Cafe) Ridge Bistro: closed Terrace Cafe: closed Ridge RSO: closed Terrace Fitness classes: canceled

6:00 Open Swim (6:00 - 8:15 am) (POOL) 8:00 Sunrise Social (8:00 -10:00 am) (EX) (BI) 8:30 Agua Fit (POOL) 9:15 Stretch & Flex (BS) 9:30 Strength Training (TFC) 10:00 Open Swim (10:00 am -10:00 pm) (POOL) 10:00 Breton Market (10:00 am -12:00 pm) (TLL) 10:15 Strength Training (BS) 11:00 Stretch & Flex (EX) 11:15 Heart Healthy Dance (VI) 1:00 Men's Billiards (RBR) 1:15 Strength Training (TFC) 2:00 5 Crowns (TL) 5:30 Men's Social Supper (5:30 -7:00 pm) (EX) 7:00 Terrace Movie: "Changeling" (TT) 7:00 Ridge Movie: "The Burial" (RT) Ridge Bistro: closed Terrace Cafe: closed

Ridge RSO: closed

Friday 27

Saturday 28	Sunday 29
6:00 Open Swim (6:00 am - 10:00 pm) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	10:45 Calvary Church Livestream (TPDR)
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	6:00 Breton Woods Worship Service w/ Rev. Dr. Safiy Fosua (Transportation from the Ridge leaves at 5:15 and 5:30 pm) (CP)
10:00 Hymn Sing - canceled today (TL)	
2:30 Stinky Feet (EX)	
7:00 Terrace Movie: "The Burial" (TT)	
7:00 Ridge Movie: "Changeling" (RT)	
<u>Location </u>	Key
Breton Terrace	Breton Ridge
AS - Art Studio Cafe - Terrace Café CP - Centre Place	BI - Bistro BP - Breton Park BS - Body Shop

EL - Employee Lounge **EX - Expressions** HC - Health Centre TB - Terrace Balcony TBR - Terrace Billiard Room TCP - Terrace Café Patio TC - Terrace Courtyard TFC - Terrace Fitness Centre TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance **TPDR - Terrace Private Dining Room** TSP - Terrace South Patio TT - Terrace Theatre WS - Woodshop

*Weather permitting.

CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RT - Ridge Theatre VI- Vineyard **BRLC- Breton Rehab &** Living Centre **BECC - Breton Extended** Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing



Dec 30, 2024 – Jan 5, 2025

Holland Home Vibrant Living

Breton Woods Independent Living

EMOTIONAL SPIRITUAL INTELLECTUAL SOCIAL

Living Centre

Care Centre

BECC - Breton Extended

BECS - Breton Extended

Care South

OCO - Off Campus Outing

Monday 30 6:00 Open Swim (6:00 - 8:15 am) (POOL) 8:00 Sunrise Social (8:00 -10:00 am) (EX) (BI) 8:30 Aqua Fit (POOL) 9:15 Stretch & Flex (BS) 9:30 Strength Training (TFC) 10:00 Open Swim (10:00 am -10:00 pm) (POOL) 10:00 Breton Market (10:00 am -12:00 pm) (TLL) 10:15 Strength Training (BS) 11:00 Stretch & Flex (EX) 11:15 Heart Healthy Dance (VI) 1:00 Men's Billiards (RBR) 1:00 Ladies Prayer Meeting (RPDR) 1:15 Strength Training (TFC) 6:30 Games (EX) 7:00 Resident Led Movie: "A Few Good Men" (RT)

and Home™	breton vvo
Tuesday 31	Wednesday 1
6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
8:15 Total Body (TFC)	12:30 Mah Jongg (TB)
9:30 Balance & Core Stability (TFC)	1:00 Men's Billiards (RBR) 2:00 Men's Billiards (TBR)
I0:00 Ladies Billiards (RBR)	
10:00 Quilting (10:00 am - 4:00 pm) (AS)	4:00 Social Hour at the Ridge (RPDR)
10:30 Balance & Core Stability (BS)	6:00 Games (BI) (RL)
11:00 Water Walking (POOL)	6:45 Euchre (TL)
11:30 Balance & Core Stability (BS)	
12:30 Open Swim (12:30 - 10:00 pm) (POOL)	7:00 Dominos (EX)
1:00 Men's Billiards (RBR)	
1:00 Total Body (BS)	
1:15 Balance & Core Stability (TFC)	
2:00 Yarntastics (EX)	HAPPY New YEAR
2:00 Balance & Core Stability (BS)	
3:00 Ladies Billiards (TBR)	
3:00 Ladies Tea (EX) (BI)	
5:30 New Year's Eve "Looking Forward to 2025" Catered Dinner at the Ridge with the	

close at 12:00 pm

Ken Huisman Trio (appetizers at 5:30 pm; dinner at 6:00 pm) (prior sign-up required) (VI) Closed/Canceled Today: ~ Terrace Cafe **Special Dining Hours** ~ Ridge Bistro Ridge Bistro: 8:00 - 11:00 am ~ Resident Services Offices Terrace Cafe: 8:00 am - 12:30 pm ~ Health Centre ~ Fitness classes **Resident Services Offices** ~ Breton Market

~ On-Campus Transportation

•
Thursday 2
6:00 Open Swim (6:00 - 10:45 am) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)
8:15 Total Body (TFC)
9:30 Balance & Core Stability (TFC)
10:00 Ladies Laughing and Learning to Play Pool (TBR)
10:30 Balance & Core Stability (BS)
11:00 Water Walking (POOL)
11:30 Balance & Core Stability (BS)
12:30 Open Swim (12:30 - 10:00 pm) (POOL)
1:00 Men's Billiards (RBR)
1:00 Breton Market (1:00 - 3:00 pm) (TLL)
1:00 Ping Pong (VI)
1:00 Total Body (BS)
1:00 Bus to Cascade Township Meijer (OCO)
1:15 Balance & Core Stability (TFC)
2:00 Men's Billiards (TBR)
2:00 Knit Wits (BI)

2:00 Balance & Core Stability

3:30 Social Hour at the Terrace

(BS)

(TPDR)

Friday 3 6:00 Open Swim (6:00 - 8:15 am) (POOL) 8:00 Sunrise Social (8:00 -10:00 am) (EX) (BI) 8:30 Agua Fit (POOL) 9:15 Stretch & Flex (BS) 9:30 Strength Training (TFC) 10:00 Open Swim (10:00 am -10:00 pm) (POOL) 10:00 Breton Market (10:00 am -12:00 pm) (TLL) 10:15 Strength Training (BS) 11:00 Stretch & Flex (EX) 11:15 Heart Healthy Dance (VI) 1:00 Men's Billiards (RBR) 1:15 Strength Training (TFC) 2:00 5 Crowns (TL) 5:30 Men's Social Supper (5:30 -7:00 pm) (EX) 7:00 Terrace Movie: "Sahara" 7:00 Ridge Movie: "Philadelphia" (RT) WS - Woodshop

	FILLMENT DISCOVERY ENGAGEMENT
Saturday 4	Sunday 5
6:00 Open Swim (6:00 am - 10:00 pm) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	10:45 Calvary Church Livestream (TPDR)
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	6:00 Breton Woods Worship Service and Communion
10:00 Hymn Sing - canceled today (TL)	w/ Rev. Les Wiseman (Transportation from the Ridge leaves at 5:15 and
11:30 New Year's Potluck Brunch at the Terrace (resident led) (TL)	5:30 pm) (CP)
2:30 Stinky Feet (EX)	
7:00 Terrace Movie: "Philadelphia" (TT)	
7:00 Ridge Movie: "Sahara" (RT)	
<u>Location</u>	Key
Breton Terrace AS - Art Studio Cafe - Terrace Café CP - Centre Place EL - Employee Lounge EX - Expressions HC - Health Centre TB - Terrace Balcony TBR - Terrace Billiard Room TCP - Terrace Café Patio TC - Terrace Courtyard TFC - Terrace Fitness Centre TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre	Breton Ridge BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RT - Ridge Theatre VI- Vineyard ***********************************

*Weather permitting.