CELEBRATING SEPTEMBER BIRTHDAYS!

Estates I

03 Henry Hoeks

05 Jackie Boomstra

10 Jim Fridsma

10 Joyce Locke

16 Grace VanDoorne

20 SallyAnn Schuitema

21 Kathy Bultman

24 Karen Brewington 24 Esther Louwerse

Estates II

02 Jan VanderKieft

03 Norma VanArk

09 Arlene Egedy

09 Pat Kingma

11 Elaine Tiesenga

20 Rose Ellens

21 Judith Markham

22 Laurie Deters

22 Andrew Tiesenga

25 Judy Randall

26 Lois Hollemans

26 Esther Land

26 Lois Meyne

29 Dorothy Postema

Estates III

09 Lucille Jager

16 Vicki Solomon

23 Sherrilyn Sytsma

27 Janice Pezoldt

29 Jim Euker

30 Marie VanAntwerpen

Homes

02 Helen Wentzheimer

06 Nancy Verkaik

08 Alice Greidanus

11 Bob Hasper

24 Hugh VanderWoude

25 Ken Bratt

25 Harriet Hasper

27 Wayne Wentzheimer

Happy Birthday

DEAN & ROSE ELLENS- EST II - 5023

by June Primus

Dean Ellens was born in Lafayette, Indiana. He attended Valley Christian School in Bellflower, California, and Hamilton High School in Hamilton, Michigan. After completing three years at Calvin



College, he went on to Southwest Texas State University and then went to Officer Training School for the U.S. Air Force in Texas. Rose, (Bultman) went to West Sayville Christian School and Baldwinsville Public High School in New York, before completing two years at Calvin College. The two were married in Hanley Christian Reformed Church in Grandville, Michigan in 1974. Dean began his career in the Air Force where he rose to the rank of captain. He later became a registrar at several colleges, including Calvin, Westmont, Colorado Christian, and Trinity Christian. A few years before retirement, he switched gears and became the human resources director at the Hudsonville Ice Cream Company. Rose was an assistant in the education department at Calvin College until becoming a stayat-home mom to their two sons. She re-entered the work force as a bank teller at Old Kent Bank, and later served as a departmental assistant in several colleges across the country. She was also on staff at a pregnancy care center. Besides their sons, Dean and Rose have three granddaughters. Dean enjoys family fun and sports of all kinds. Rose loves family gatherings, water aerobics, bargain shopping and giving away nearly new items, crossword puzzles, and visiting Arizona. They hope to find a church home soon. Raybrook was like home to them before they even arrived; Rose's parents, Fred and Linda Bultman, moved to Estates I in 2002. Her sister Kathy now lives in Estates I, her brother Fred in Estates II, and her sister Joanne in Estates III. The couple say, "They are happy to be here" and we are happy they are here too!" Welcome them to the Raybrook Estates II family!

LARGE PRINT BOOKS NEEDED

Do you have any large print books that you are done reading?

The <u>Estates I Library</u> is looking for large print books and would welcome the donation. All donations can be brought to the EI library and placed in the labeled donation space in the first cabinet to the right. Thank you for your consideration.



RAYBROOK LIFE

A Monthly Newsletter for Raybrook Estates & Homes
A Vibrant Way of Living

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"Our greatest glory is not in never falling, but in rising every time we fall"

- Confucius.



AFTERNOON WITH AN AUTHOR

Gary Schmidt is a prolific author of children's literature and young adult fiction. He has won several prestigious awards for his writing and has been a National Book Award finalist. He is Professor Emeritus of English at Calvin University.

Wednesday, October 2, 2024
2:00pm
Large Dining Room
All Estates & Homes Residents Invited
Hosted by the Raybrook Women's Book Club



2025 PLANNERS

The 2025 planners are now available. If interested, please feel free to pick one up. They will be located by the mailboxes in EST I & EST II. You may contact <u>Marcia Timmerman with any questions at 616-235-5118</u>.

VOLUNTEER SERVICES

VOLUNTEERS NEEDED



RAYBROOK SUPPORT GROUP

Are you supporting someone living with dementia? The Dementia Institute offers a monthly support group led by Kathy Mindes, RN, from Atrio Home Care.

The group meets the 2nd Wednesday of each month at 10:30 am in Ray's Conference Room (next to Ray's Bistro).

Questions? Call the Dementia Institute at 616-235-5499.

BUITEN WELLNESS CENTER

EXERCISE WITH THE GRAND RAPIDS BALLET

Exercise with the Grand Rapids Ballet is a seated exercise class that strives to increase coordination, balance, flexibility, and strength through music and movement. It is scheduled to resume on September 9. Class will be offered on <u>Mondays at 2:00 pm</u> in the <u>Buiten Wellness Center</u>.

STEPS IN SEPTEMBER

The fitness team is challenging residents and staff to move more during the month of September. Please pick up a tracking sheet from the fitness center to track how many minutes you spend walking or exercising on a piece of cardio equipment (nustep, treadmill, bike, elliptical, etc.). We encourage you to track the number of minutes you go above and beyond your normal routine. Please return your tracking sheet by October 4. Participants will be entered in a prize drawing.

LIFE ENRICHMENT

VETERANS WALL

Every year Vibrant Living focuses on updating our Veterans Wall in the tunnel just outside Buiten Wellness Center. If you have served our country or abroad in any form of military service, active or not, we would like to extend an invitation to have your picture taken and added to this honorary wall. Please call or email Jaci in the Life Enrichment office to schedule a time to have your picture taken - this process is very quick and you'll be in and out in less than 5 minutes. Contact Jaci at, 616-235-5042, or jaci.martin@hollandhome.org.

HOLLAND HOME FOUNDATION

SAVE THE DATE

Keeping the Promise Dinner DeVos Place December 16, 2024

Please consider joining us for the 2024 Keeping the Promise Dinner as we celebrate the gift of God's Son and reflect on the theme of friendship, community and generosity as demonstrated in the beloved holiday story, It's a Wonderful Life. This event is always a highlight of the holiday season so mark your calendar now. Acclaimed Christian singer and songwriter, Francesca Battistelli, will add a special musical touch to our Christmas celebration. Proceeds from this event directly benefits the Holland Home Resident Assistance Fund ensuring that individuals are cared for even if they outlive their personal resources. Complimentary bus transportation is available to Holland Home residents. Invitations will mail in October. Questions: contact Marcia Timmerman at marcia.timmerman@hollandhome.org or 616-235-5118.

A NEW RESIDENT PORTAL EXPERIENCE IS COMING.....

Holland Home is excited to announce the upcoming launch of our NEW resident portal app at the end of September. The Holland Home Hub will provide Raybrook Estates and Homes residents with an innovative and improved digital experience, connecting you to programming calendars, resident directories, campus documents and MUCH MORE! More information and detail will be sent to residents in the mail but mark your calendars for launch events taking place September 23rd and 24th!! Additionally, we look forward to welcoming the creators of the Holland Home Hub to the Raybrook Campus on these dates. During their visit they will provide information sessions, and eagerly await the opportunity to meet you and help get you connected!

Monday, September 23rd

- Holland Home Hub 101 A resident portal overview and info session. 1:30 2:30pm Friendship Room
- The Hub Launch Lounge Drop in to learn more about the Holland Home Hub. Bring your own device to receive one on one support in setting up your personal hub experience.

 3pm 4pm Friendship Room

Tuesday, September 24th

- Holland Home Hub 101 A resident portal overview and info session. 10:00am 11:00am Friendship Room
- The Hub Launch Lounge Drop in to learn more about the Holland Home Hub. Bring your own device to receive one on one support in setting up your personal hub experience.

 11:30am 12:30pm Friendship Room

BALLY SPORTS

As you have likely heard, Bally Sports has returned to Xfinity service but unfortunately has been included in a channel package that is not part of the Holland Home Bulk Service Agreement. We are certainly disappointed by this series of events and have communicated that with Xfinity. If you are interested in upgrading your channel line-up from our current package to the Ultimate package, please call or visit an Xfinity store to complete this process. Holland Home cannot make this upgrade on your behalf. Xfinity is currently running a limited time promotion on the Ultimate Channel Package - receive 3 months FREE, then it's \$20/mo. Please call 1-800-XFINITY with any questions or to upgrade your cable service.

VOLANTE - POINT OF SALE

Volante - Our new point of sale system, coming this fall, will allow residents to pay at the Bistro, Market, and Salon with their key fob. If you would like to utilize this technology, please submit your fob number, to Danni or Renee, to be entered into the Volante system.