



**Raybrook**  
of Holland Home™

# September 15 – September 21

## Estates & Homes

Holland Home  
**Vibrant Living™**



Based On Information Known At Time Of Print

Sunday 15	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20	Saturday 21
<p><b>OPEN SWIM (POOL)</b> 9:30Chapel Service - Rev. Evan Heerema, Retired CRC (CH) 6:15Chapel Service - Pastor Lorinda VanderWerp, Calvin Seminary Sunday (CH)</p>	<p><b>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)</b> 8:30Men's Social Hour (SDR) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:15Restaurant Outing to Beltline Bar - SUR (OFFS) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 1:30Corn Hole - 1:30pm to 3:00pm (Weather Permitting) (E2P) 2:00Exercise with the GR Ballet (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB)</p>	<p><b>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL)</b> 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:00EII Bible Study - Rev. Scott Hoezee (LDR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR)</p>	<p><b>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)</b> 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Hymn Sing Along (GP) 7:00Game Night (Except the 3rd Wed Each Month) (GP)</p>	<p><b>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL)</b> 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 9:30EII/Homes Donuts with Development (LA) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - CLOSED FOR TODAY (RB) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 3:00Coffee Time (LA)</p>	<p><b>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL)</b> 8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB) 9:00ALDI Shopping - Lobby PU, EI/9am &amp; EII/9:05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:30Art Prize Outing - SUR (OFFS) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p><b>OPEN SWIM (POOL)</b> 7:00Movie Night (SDR)</p> <div style="border: 1px solid black; padding: 5px; text-align: center; background-color: #00a0c0; color: white; margin: 10px 0;"><b>CONTACTS</b></div> <p>ESTATES &amp; HMS OFFICE 616-235-5006 M-F, 8:00am-4:30pm</p> <p>HEALTH CENTER</p> <p>EI: 616-235-5721 8:30am-12:00pm Same # for EMERG RESPONSE from 5:00pm-8:00am</p> <p>EII: 616-235-5675 1:00pm-4:30pm Same # for EMERG RESPONSE from 5:00pm-8:00am</p> <p>VAN'S MARKET M,W &amp; F - 10:30am-1:00pm</p> <p>FACILITY SERVICES 616-235-2787</p> <p>ESTATES SALON 616-235-5701</p> <p>VOLUNTEER SERVICES 616-235-5717</p> <p>NOTARY SERVICES Office, By Appointment</p>

### LOCATION LEGEND

- SUR-Sign Up Required
- \$\$-Cost Involved
- BWC-Buiten Wellness Center
- CH-Chapel
- CR-EI Club Room
- CS-EII Coffee Shop
- CV-Chapel Visiting Room
- E2P-EII Patio
- GR-Game Room
- GP-Gathering Place
- SDR-Small Dining Room
- LDR-Large Dining Room
- LA-EII Lounge
- FR-Friendship Room
- OFFS-Offsite
- POOL-Pool
- RB-Ray's Bistro
- RBB-Ray's Bistro Billiards
- RBC-Ray's Bistro Conf Room
- RMP-Manor Parking Lot
- TRAN-Transportation



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# September 22 – September 28

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Based On Information Known At Time Of Print

Sunday 22	Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27	Saturday 28
<p>OPEN SWIM (POOL) 9:30Chapel Service - Rev. Jessica Shults, Colossian Forum (CH) 6:15Chapel Service - Rev. John Steigenga, Retired CRC - COMMUNION SERVICE - Prelude begins at 6:00pm, led by Chad Boorsma (organist) and Maureen Geerlings (pianist). (CH)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:30Men's Social Hour (SDR) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 1:30Corn Hole - 1:30pm to 3:00pm (Weather Permitting) (E2P) 1:30New Resident Portal Launch - Holland Home Hub 101 (FR) 2:00Exercise with the GR Ballet (BWC) 3:00Coffee Time (LA) 3:00New Resident Portal Launch - The Hub Launch Lounge - Bring Your Device! (FR) 6:30Pool League (RBB)</p>	<p>OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:00EII Bible Study - Rev. Scott Hoezee (LDR) 10:00New Resident Portal Launch - Holland Home Hub 101 (FR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 11:30New Resident Portal Launch - The Hub Launch Lounge - Bring Your Device! (FR) 1:15First Step (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR) 7:00REAL: Films with Chester Alkema - While You Were Sleeping (FR)</p>	<p>OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) Fitness Classes Cancelled Due to Active Aging Week Programming ACTIVE AGING WEEK EVENTS - SEE SEPARATE CALENDAR 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN) 9:30Coffee Connections (LA) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:30Van's Market (MKT) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (Except the 3rd Wed Each Month) (GP)</p>	<p>ACTIVE AGING WEEK EVENTS - SEE SEPARATE CALENDAR OPEN SWIM: 5:30am-10:30am, 12:00pm-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - CLOSED FOR TODAY (RB) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:00Caregiver's Support Group (CR) 1:15First Step (BWC) 3:00Coffee Time (LA)</p>	<p>ACTIVE AGING WEEK EVENTS - SEE SEPARATE CALENDAR OPEN SWIM: 5:30am-9:30am, 11:30am-10:00pm (POOL) 8:00RAY'S BISTRO - CLOSED FOR TODAY (RB) 9:00HORROCK'S Shopping - Lobby PU, EI/9am &amp; EII/9:05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p>OPEN SWIM (POOL) 7:00Movie Night (SDR)</p>
						<p><b>SAVE THE DATE!</b></p> <p>OCTOBER 16 FALL FLING Sign Up Begins Sept 30</p>