

Monday 29	Tuesday 30	Wednesday 1	Thursday 2	Friday 3	Saturday 4	Sunday 5
6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (RI)	7:00 St. Mary's Lab - by appointment only (RPDR)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	10:45 Calvary Church Livestream (TPDR)
8:30 Aqua Fit (POOL)	8:15 Total Body (TFC)	7:30 St. Mary's Lab - by appointment only (HC)	8:15 Total Body (TFC)	8:30 Aqua Fit (POOL)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	6:00 Breton Woods Worship Service & Communion w/ Rev. Dr. Ken Campbell (Transportation from the Ridge leaves at 5:15 and 5:30) (CP)
9:15 Stretch & Flex (BS)	9:30 Balance & Core Stability (TFC)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	9:30 Balance & Core Stability (TFC)	9:15 Stretch & Flex (BS)	10:00 Breton Woods "Grand Flea Market" 10:00 am - 2:00 pm (EX)	
9:30 Strength Training (TFC)	10:00 Ladies Billiards (RBR)	8:30 Aqua Fit (POOL)	10:00 Ladies Laughing and Learning to Play Pool (TBR)	9:30 Strength Training (TFC)	2:00 Stinky Feet (EX)	
10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	10:00 Quilting (10:00 am - 4:00 pm) (AS)	8:30 Tulip Time Coach Bus Trip (sign up required) (TL) (RL)	10:30 Balance & Core Stability (BS)	10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	7:00 Terrace Movie: "Julie & Julia" (TT)	
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	10:30 Balance & Core Stability (BS)	9:00 Blood Pressure Clinic (9:00 - 10:00 am) (HC)	11:00 Water Walking (POOL)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	7:00 Ridge Movie - "Gaslight" (RT)	
10:00 Prayer Fellowship (TPDR)	11:00 Water Walking (POOL)	9:15 Stretch & Flex (BS)	11:00 Genealogy Group (TPDR)	10:15 Strength Training (BS)		
10:15 Strength Training (BS)	11:30 Balance & Core Stability (BS)	9:30 Strength Training (TFC)	11:30 Balance & Core Stability (BS)	11:00 Stretch & Flex (EX)		
10:15 Stretch & Flex Info Session (EX)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	11:15 Heart Healthy Dance (VI)		
11:00 Stretch & Flex (EX)	1:00 Men's Billiards (RBR)	10:15 Strength Training (BS)	1:00 Men's Billiards (RBR)	1:00 Men's Billiards (RBR)		
11:15 Heart Healthy Dance (VI)	1:45 Balance & Core Stability (TFC)	10:15 "Most" Video Presentation (CP)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	1:00 "The Footsteps of God" video series (RT)		
1:00 Men's Billiards (RBR)	2:00 Yarnastics (EX)	11:00 Stretch & Flex (EX)	1:00 Ping Pong w/ Kristen (VI)	1:15 Strength Training (TFC)		
1:00 Dog "Paw-ty" * (TC)	2:00 Balance & Core Stability (BS)	11:15 Heart Healthy Dance (VI)	1:45 Balance & Core Stability (TFC)	2:00 5 Crowns (TL)		
1:15 Strength Training (TFC)	3:00 Ladies Billiards (TBR)	12:30 Mah Jongg (EX)	2:00 Men's Billiards (TBR)	5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)		
2:00 Bretonaires Practice (EX)	3:00 Ladies Tea (EX) (BI)	1:00 Bus to Gaines Township Meijer (OCO)	2:00 Knit Wits (BI)	6:00 POPS Symphony (pre-ticketed event) (sign up for transportation) (TL & RL) (OCO)		
2:00 "Where in Michigan Am I?" Travelogue with Kyle Schippa (VI)		1:00 Men's Billiards (RBR)	2:00 Balance & Core Stability (BS)	7:00 Terrace Movie: "Gaslight" (TT)		
3:00 Shuffleboard * (resident led) (BP)		1:00 Breton Market (1:00 - 3:00 pm) (TLL)	3:00 Shuffleboard * (resident led) (BP)	7:00 Ridge Movie - "Julie & Julia" (RT)		
6:30 Games (EX)		1:00 Total Body (BS)	3:30 Social Hour at the Terrace (TPDR)			
7:00 Resident Led Movie - "Windtalkers" (RT)		1:15 Strength Training (TFC)				
		2:00 Men's Billiards (TBR)				
		4:00 Social Hour at the Ridge (RPDR)				
		6:00 Games (BI) (RL)				
		6:45 Mah Jongg (RL)				
		6:45 Euchre (TL)				
		7:00 Dominos (Cafe)				

### Location Key

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| <b>Breton Terrace</b><br>AS - Art Studio<br>Cafe - Terrace Café<br>CP - Centre Place<br>EL - Employee Lounge<br>EX - Expressions<br>HC - Health Centre<br>TB - Terrace Balcony<br>TBR - Terrace Billiard Room<br>TCP - Terrace Café Patio<br>TC - Terrace Courtyard<br>TFC - Terrace Fitness Centre<br>TL - Terrace Lobby<br>TLI - Terrace Library<br>TLL - Terrace Lower Level<br>TME - Terrace Main Entrance<br>TPDR - Terrace Private Dining Room<br>TSP - Terrace South Patio<br>TT - Terrace Theatre<br>WS - Woodshop | <b>Breton Ridge</b><br>BI - Bistro<br>BP - Breton Park<br>BS - Body Shop<br>CR - Craft Room<br>PC - Pickleball Courts<br>RBR - Ridge Billiard Room<br>RI - Ristorante<br>RL - Ridge Lobby<br>RLI - Ridge Library<br>RME - Ridge Main Entrance<br>RP - Ridge Patio<br>RPDR - Ridge Private Dining Room<br>RT - Ridge Theatre<br>VI - Vineyard |
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\*Weather permitting.

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- BRLC- Breton Rehab & Living Centre
  - BECC - Breton Extended Care Centre
  - BECS - Breton Extended Care South
  - OCO - Off Campus Outing

Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10	Saturday 11	Sunday 12
6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (RI)	7:00 St. Mary's Lab - by appointment only (RPDR)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	10:45 Calvary Church Livestream (TPDR)
8:30 Aqua Fit (POOL)	8:15 Total Body (TFC)	7:30 St. Mary's Lab - by appointment only (HC)	8:15 Total Body (TFC)	8:30 Aqua Fit (POOL)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	6:00 Breton Woods Worship Service at the Ridge w/ Rev. Kwasi Kena (Transportation from the Terrace leaves at 5:15 and 5:30) (VI)
9:15 Stretch & Flex (BS)	<b>8:45 Resident Golf League at the Pines (OCO)</b>	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	9:30 Balance & Core Stability (TFC)	9:15 Stretch & Flex (BS)	<b>1:00 Bingo at the Ridge (BI)</b>	
9:30 Strength Training (TFC)	9:30 Balance & Core Stability (TFC)	8:30 Aqua Fit (POOL)	10:00 Ladies Laughing and Learning to Play Pool (TBR)	9:30 Strength Training (TFC)	2:00 Stinky Feet (EX)	
10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	10:00 Ladies Billiards (RBR)	9:00 Blood Pressure Clinic (9:00 - 10:00 am) (RPDR)	10:15 Library Committee Meeting (RPDR)	10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	7:00 Terrace Movie: "Old Goats" (TT)	
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	10:00 Quilting (10:00 am - 4:00 pm) (AS)	9:15 Stretch & Flex (BS)	10:30 Balance & Core Stability (BS)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	7:00 Ridge Movie - "Lawrence of Arabia" (RT)	
10:00 Prayer Fellowship (TPDR)	10:30 Balance & Core Stability (BS)	9:30 Strength Training (TFC)	11:00 Water Walking (POOL)	<b>10:00 REAL - "Grief Share" (TPDR)</b>		
10:15 Strength Training (BS)	11:00 Water Walking (POOL)	10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	11:30 Balance & Core Stability (BS)	10:15 Strength Training (BS)		
11:00 Stretch & Flex (EX)	11:30 Balance & Core Stability (BS)	10:15 Strength Training (BS)	12:00 Ping Pong w/ Kristen - NOTE: Time change for today only. (VI)	11:00 Stretch & Flex (EX)		
11:15 Heart Healthy Dance (VI)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	11:00 Stretch & Flex (EX)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	11:15 Heart Healthy Dance (VI)		
1:00 Men's Billiards (RBR)	1:00 Men's Billiards (RBR)	11:15 Heart Healthy Dance (VI)	1:00 Men's Billiards (RBR)	1:00 Men's Billiards (RBR)		
1:00 Dog "Paw-ty" * (TC)	1:45 Balance & Core Stability (TFC)	12:30 Mah Jongg (EX)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	1:15 Strength Training (TFC)		
1:15 Strength Training (TFC)	2:00 Breton Readers (RI)	1:00 Bus to Cascade Township Meijer (OCO)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	2:00 5 Crowns (TL)		
<b>1:30 "Medical Milestones" Bus Tour with Caroline Cook (TL &amp; RL) (OCO)</b>	2:00 Yarntastics (EX)	1:00 Men's Billiards (RBR)	<b>1:30 Mother's Day Tea (Bus pick up at 1:15 - sign up for transportation) (RI)</b>	5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)		
2:00 Bretonaires Practice (EX)	2:00 Balance & Core Stability (BS)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	1:45 Balance & Core Stability (TFC)	7:00 Terrace Movie: "Lawrence of Arabia" (TT)		
3:00 Shuffleboard * (resident led) (BP)	2:00 May Birthday Social at the Ridge (VI)	1:00 Total Body (BS)	2:00 Men's Billiards (TBR)	7:00 Ridge Movie - "Old Goats" (RT)		
6:30 Games (EX)	3:00 Ladies Billiards (TBR)	1:15 Strength Training (TFC)	2:00 Knit Wits (BI)			
	3:00 Ladies Tea (EX) (BI)	2:00 Men's Billiards (TBR)	2:00 Balance & Core Stability (BS)			
		<b>2:00 May Birthday Social at the Terrace (Cafe)</b>	2:00 Bretonaires Practice (EX)			
		4:00 Social Hour at the Ridge (RPDR)	3:00 Shuffleboard * (resident led) (BP)			
		6:00 Games (BI) (RL)	3:30 Social Hour at the Terrace (TPDR)			
		6:45 Mah Jongg (RL)				
		6:45 Euchre (TL)				
		7:00 Dominos (Cafe)				



### Location Key

- Breton Terrace**  
 AS - Art Studio  
 Cafe - Terrace Café  
 CP - Centre Place  
 EL - Employee Lounge  
 EX - Expressions  
 HC - Health Centre  
 TB - Terrace Balcony  
 TBR - Terrace Billiard Room  
 TCP - Terrace Café Patio  
 TC - Terrace Courtyard  
 TFC - Terrace Fitness Centre  
 TL - Terrace Lobby  
 TLI - Terrace Library  
 TLL - Terrace Lower Level  
 TME - Terrace Main Entrance  
 TPDR - Terrace Private Dining Room  
 TSP - Terrace South Patio  
 TT - Terrace Theatre  
 WS - Woodshop

- Breton Ridge**  
 BI - Bistro  
 BP - Breton Park  
 BS - Body Shop  
 CR - Craft Room  
 PC - Pickleball Courts  
 RBR - Ridge Billiard Room  
 RI - Ristorante  
 RL - Ridge Lobby  
 RLI - Ridge Library  
 RME - Ridge Main Entrance  
 RP - Ridge Patio  
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