

RBC-Ray's Bistro Conf Room

RMP-Manor Parking Lot

TRAN-Transportation

7:00Movie Night (FR)

## January 7 - January 13

## **Estates & Homes**



NOTARY SERVICES

Office, By Appointment

EMOTIONAL SPIRITUAL INTELLECTUAL SOCIAL WELL-BEING FULFILLMENT

Based On Information Known At Time Of Print							
Sunday 7	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12	Saturday 13	
OPEN SWIM (POOL)	OPEN SWIM: 5:30am-	OPEN SWIM: 5:30am-	RESIDENT OPEN SWIM:	RESIDENT OPEN SWIM:	RESIDENT OPEN SWIM:	RESIDENT OPEN SWIM	
9:30Chapel Service - Rev.	9:30am, 11:30am-10:00pm	10:30am, 12:00pm-10pm	5:30am-9:30am, 11:30am-	5:30am-10:30am, 12:00pm-	5:30am-9:30am, 11:30am-	(POOL)	
Jim Evenhouse, Retired	(POOL)	(POOL)	10:00pm (POOL)	10pm (POOL)	10:00pm (POOL)	3:00Coffee Time (LA)	
CRC (CH)	8:30Men's Social Hour	8:15Stretch and Flex (GP)	9:00Meijer Shopping-El PU:	8:15Stretch and Flex (GP)	8:00Ray's Bistro	7:00Movie Night (SDR)	
6:15Chapel Service - Rev	(SDR)	9:30Coffee Connections	9am, EII PU:9:05am-	9:30Coffee Connections	BREAKFAST 8:00AM-		
David Fleming - Our	9:15Cardio Express (BWC)	(LA)	SUR (TRAN)	(LA)	10:30AM (Cold Lunch		
Savior Lutheran (CH)	9:30Coffee Connections	9:30Balance and Core	9:15Cardio Express (BWC)	9:30Balance and Core	Available until 1:00PM)		
	(LA)	Stability (BWC)	9:30Coffee Connections	Stability (BWC)	(RB)		
	9:45Strength Training	10:00RAY'S BISTRO - 10:00	(LA)	10:00RAY'S BISTRO - 10:00	9:00TRADER JOE'S		
	(BWC)	am - 1:30 pm (RB)	9:45Strength Training	am - 1:30 pm (RB)	Shopping - Lobby PU,		
	10:00RAY'S BISTRO - 10:00	10:00Coffee Time (CR)	(BWC)	10:00Coffee Time (CR)	El/9am & Ell/9;05am		
	am - 1:30 pm (RB)	10:15Balance and Core	10:00RAY'S BISTRO - 10:00	10:15Balance and Core	(EL)		
	10:00Coffee Time (CR)	Stability (BWC)	am - 1:30 pm (RB)	Stability (BWC)	9:15Cardio Express (BWC)	CONTACTS	
	10:00Calvin Presentation	11:00Water Aerobics	10:00Coffee Time (CR)	11:00Water Aerobics	9:30Coffee Connections	ESTATES & HMS OFFICE	
	with President Wiebe	(POOL)	10:15Water Walking (POOL)	(POOL)	(LA)	616-235-5006	
	Boer - This is a	1:15First Step (BWC)	10:30Van's Market (MKT)	1:00Caregiver's Support	9:45Strength Training	M-F, 8:00am-4:30pm	
LOCATION LEGEND	rescheduled date. (FR)		11:00Cardio Express (BWC)	Group (CR)	(BWC)		
	10:15Water Walking (POOL)	6:30Pool League (RBB)	11:30Strength Training	1:15First Step (BWC)	10:00Coffee Time (CR)	HEALTH CENTER	
SUR-Sign Up Required	10:30Van's Market (MKT)	7:00Game Night (CR)	(BWC)	3:00Coffee Time (LA)	10:15Water Walking (POOL)	El: 616-235-5721	
\$\$-Cost Involved	11:00Cardio Express (BWC)	7:00REAL: Films with	2:00Open Swim (POOL)		10:30Van's Market (MKT)	8:30am-12:00pm	
BWC-Buiten Wellness Center	11:30Strength Training	Chester Alkema - To Sir	2:30New Year's Social - SUR		11:00Cardio Express (BWC)	EII: 616-235-5675	
CH-Chapel	(BWC)	with Love (FR)	- \$\$ (FR)		11:30Strength Training	1:00pm-4:30pm	
CR-EI Club Room CS-EII Coffee Shop	11:30EIII Lunch Gathering		3:00Coffee Time (LA)		(BWC)	EMERG RESPONSE	
CV-Chapel Visiting Room	(RBC)		3:30Open Gym (BWC)		3:00Coffee Time (LA)	5:00pm-8:00am	
E2P-EII Patio	1:00Raybrook Purls		6:30Pool League (RBB)		7:00Game Night (1st Friday		
GR-Game Room GP-Gathering Place	Knitting/Crocheting		7:00Game Night (Except		ONLY begins with	VAN'S MARKET	
SDR-Small Dining Room	(LA)		the 3rd Wed Each		BINGO) (CR)	M,W & F - 10:30am-1:00pm	
LDR-Large Dining Room	2:00Exercise w/the GR		Month) (GP)			FACILITY SERVICES	
LA-EII Lounge FR-Friendship Room	Ballet (BWC)					616-235-2787	
OFFS-Offsite	3:00Open Gym (BWC)					ESTATES SALON	
POOL-Pool	3:00Coffee Time (LA)					616-235-5701	
RB-Ray's Bistro RBB-Ray's Bistro Billiards	6:30Pool League (RBB)					VOLUNTEER SERVICES	
DDC Dayle Dietre Conf Doom	7:00Movie Night (ED)					616-235-5717	



## January 14 - January 20

## **Estates & Homes**



JANUARY 15 - FEBRUARY 2 2024 JANUARY SERIES

Based On Information Known At Time Of Print										
Sunday 14	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19	Saturday 20				
RESIDENT OPEN SWIM (POOL) 9:30Chapel Service - Rev. Henry Admiraal, Retired CRC (CH) 6:15Chapel Service - Rev. Gerry Heyboer, HH Chaplain (CH)	RESIDENT OPEN SWIM: 5:30am-9:30am, 11:30am- 10:00pm (POOL) 8:30Men's Social Hour (SDR) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 12:30JANUARY SERIES (FR) 1:00Raybrook Purls Knitting/Crocheting (LA) 2:00Exercise w/the GR Ballet (BWC) 3:00Open Gym (BWC) 3:00Coffee Time (LA) 4:00Bagger Dave's Restaurant Outing - SUR -\$\$ (OFFS) 6:30Pool League (RBB) 7:00Movie Night (FR)	1:15First Step (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR)	RESIDENT OPEN SWIM: 5:30am-9:30am, 11:30am- 10:00pm (POOL) 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am- SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 12:30JANUARY SERIES (FR) 2:00Open Swim (POOL) 3:00Coffee Time (LA) 3:30Open Gym (BWC) 6:30Pool League (RBB) 7:00Hymn Sing Along (GP) 7:00Game Night (Except the 3rd Wed Each Month) (GP)	RESIDENT OPEN SWIM: 5:30am-10:30am, 12:00pm- 10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 9:30Ell/Homes Donuts with Development (LA) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CR) 10:00REAL: Raybrook Board Update (FR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 12:30JANUARY SERIES (FR) 1:15First Step (BWC) 3:00Coffee Time (LA)	RESIDENT OPEN SWIM: 5:30am-9:30am, 11:30am- 10:00pm (POOL) 8:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB) 9:00ALDI'S Shopping - Lobby PU, EI/9am & EII/9;05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 12:30JANUARY SERIES (FR) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)	RESIDENT OPEN SWIM (POOL) 3:00Coffee Time (LA) 7:00Movie Night (SDR)				