

Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12	Saturday 13	Sunday 14
<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit &amp; Pool Volleyball (POOL)</div> <div>9:15 Stretch &amp; Flex (BS)</div> <div>9:30 Strength Training (IFC)</div> <div>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:00 Prayer Fellowship (EL)</div> <div>10:15 Strength Training (BS)</div> <div>11:00 Stretch &amp; Flex (EX)</div> <div>11:00 REAL Board Meeting (RPDR)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:15 Strength Training (IFC)</div> <div>2:00 "Miles &amp; Miles of Murals - Part 1" presentation by Caroline Cook (VI)</div> <div>6:30 Games (EX)</div>	<div>6:00 Open Swim (6:00 - 10:45 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (RI)</div> <div>8:15 Total Body (IFC)</div> <div>8:30 Donuts w/ the HH Development Team (8:30 - 10:00 am) (RI)</div> <div>9:30 Balance &amp; Core Stability (IFC)</div> <div>10:00 Ladies Billiards (RBR)</div> <div>10:00 Quilting (10:00 am - 4:00 pm) (AS)</div> <div>11:00 Water Walking (POOL)</div> <div>11:00 ROMEO Men's Lunch Brickyard Tavern (sign up required) (EE &amp; RL) (OCO)</div> <div>11:30 Balance &amp; Core Stability (BS)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Tai Chi via Video (EX)</div> <div>1:45 Balance &amp; Core Stability (IFC)</div> <div>2:00 Yarnastics (EX)</div> <div>2:00 Balance &amp; Core Stability (BS)</div> <div>3:00 Ladies Billiards (TBR)</div> <div>3:00 Ladies Tea (EX) (BI)</div> <div>3:30 Caregiver Support Group (RPDR)</div> <div>7:00 "Journey with Job - the Conclusion" Bible Study w/ Gerrit Koedoot (RPDR)</div>	<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>7:00 St. Mary's Lab - by appointment only (RPDR)</div> <div>7:30 St. Mary's Lab - by appointment only (HC)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit &amp; Pool Volleyball (POOL)</div> <div>9:00 Blood Pressure Clinic (9:00 - 10:00 am) (RPDR)</div> <div>9:15 Stretch &amp; Flex (BS)</div> <div>9:30 Strength Training (IFC)</div> <div>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</div> <div>10:00 Catholic Communion (AS)</div> <div>10:15 Strength Training (BS)</div> <div>10:15 "The Attributes of God" Bible Study w/ Rev. Les Wiseman (EL)</div> <div>11:00 Stretch &amp; Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>12:30 Mah Jongg (EX)</div> <div>1:00 Bus to Gaines Township Meijer (OCO)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</div> <div>1:00 Total Body (BS)</div> <div>1:15 Strength Training (IFC)</div> <div>2:00 Men's Billiards (TBR)</div> <div>3:00 "Name the State" Travelogue with Kyle Schippa (VI)</div> <div>4:00 Social Hour at the Ridge (RPDR)</div> <div>6:00 Games (BI) (RL)</div> <div>6:45 Mah Jongg (RL)</div> <div>6:45 Euchre (EL)</div> <div>7:00 Dominos (EX)</div>	<div>6:00 Open Swim (6:00 - 10:45 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:15 Total Body (IFC)</div> <div>9:30 Balance &amp; Core Stability (IFC)</div> <div>10:15 Library Committee Meeting (RPDR)</div> <div>11:00 Water Walking (POOL)</div> <div>11:00 JULIET Lunch @ Wolfgang's (sign up required) (EE &amp; RL) (OCO)</div> <div>11:30 Balance &amp; Core Stability (BS)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</div> <div>1:45 Balance &amp; Core Stability (IFC)</div> <div>2:00 Men's Billiards (TBR)</div> <div>2:00 Knit Wits (BI)</div> <div>2:00 Balance &amp; Core Stability (BS)</div> <div>3:30 Social Hour at the Terrace (EX)</div>	<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit &amp; Pool Volleyball (POOL)</div> <div>9:15 Stretch &amp; Flex (BS)</div> <div>9:30 Strength Training (IFC)</div> <div>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:15 Strength Training (BS)</div> <div>11:00 Stretch &amp; Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:15 Strength Training (IFC)</div> <div>2:00 5 Crowns (EL)</div> <div>5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)</div> <div>7:00 Movie Night - "The Shawshank Redemption" (EL) (RT)</div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>1:00 Bingo at the Ridge (BI)</div> <div>2:00 Stinky Feet (EX)</div> <div>7:00 Movie Night - "The Bishop's Wife" (EL) (RT)</div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>10:45 Calvary Church Livestream (EX)</div> <div>6:00 Breton Woods Worship Service w/ Rev. Ruth Romeyn (Transportation from the Terrace East Entrance leave at 5:15 and 5:30) (VI)</div>
						<div>Location Key</div> <div><div>Breton Terrace</div><div>AS - Art Studio</div><div>CP - Centre Place</div><div>EE - East Entrance</div><div>EL - Employee Lounge</div><div>EX - Expressions</div><div>HC - Health Centre</div><div>IFC - Israels Fitness Centre</div><div>TB - Terrace Balcony</div><div>TBR - Terrace Billiard Room</div><div>TC - Terrace Courtyard</div><div>TL - Terrace Lobby</div><div>TLI - Terrace Library</div><div>TLL - Terrace Lower Level</div><div>TME - Terrace Main Entrance</div><div>TPDR - Terrace Private Dining Room</div><div>TSP - Terrace South Patio</div><div>TT - Terrace Theatre</div><div>WC - Woods Café</div><div>WCP - Woods Café Patio</div><div>WS - Woodshop</div></div> <div>*Weather permitting.</div>
						<div>Breton Ridge</div> <div>BI - Bistro</div> <div>BP - Breton Park</div> <div>BS - Body Shop</div> <div>CR - Craft Room</div> <div>PC - Pickleball Courts</div> <div>RBR - Ridge Billiard Room</div> <div>RI - Ristorante</div> <div>RL - Ridge Lobby</div> <div>RLI - Ridge Library</div> <div>RME - Ridge Main Entrance</div> <div>RP - Ridge Patio</div> <div>RPDR - Ridge Private Dining Room</div> <div>RT - Ridge Theatre</div> <div>VI- Vineyard</div> <div>*****</div> <div>BRLC- Breton Rehab &amp; Living Centre</div> <div>BECC - Breton Extended Care Centre</div> <div>BECS - Breton Extended Care South</div> <div>OCO - Off Campus Outing</div>

Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19	Saturday 20	Sunday 21
<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit &amp; Pool Volleyball (POOL)</div> <div>9:15 Stretch &amp; Flex (BS)</div> <div>9:30 Strength Training (IFC)</div> <div>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:00 Prayer Fellowship (EL)</div> <div>10:15 Strength Training (BS)</div> <div>11:00 Stretch &amp; Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>12:30 REAL: Calvin University - The January Series - "Soul Force: The Challenge of MLK Jr." w/ Lerone Martin (VI)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Ladies Bible Study - The Book of Ruth (RPDR)</div> <div>1:15 Strength Training (IFC)</div> <div>2:00 January Birthday Social at the Ridge (VI)</div> <div>3:00 RAC Meeting (VI)</div> <div>6:30 Games (EX)</div> <div>7:00 Resident Led Movie - "Evita" (RT)</div> <div>~Martin Luther King Day~ No mail today. Post offices and most banks are closed.</div>	<div>6:00 Open Swim (6:00 - 10:45 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (RI)</div> <div>8:15 Total Body (IFC)</div> <div>9:30 Balance &amp; Core Stability (IFC)</div> <div>10:00 Ladies Billiards (RBR)</div> <div>10:00 Quilting (10:00 am - 4:00 pm) (AS)</div> <div>10:00 HH Board Report (VI)</div> <div>10:15 Ladies Bible Study - The Book of Ruth (EX)</div> <div>11:00 Water Walking (POOL)</div> <div>11:30 Balance &amp; Core Stability (BS)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>12:30 REAL: Calvin University - The January Series - "From Bach to Natural Machines: Algorithms as the Shapers of Music" w/ Dan Tepfer (VI)</div> <div>12:45 Ladies Bible Study - The Book of Ruth (RPDR)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Tai Chi via Video (EX)</div> <div>1:45 Balance &amp; Core Stability (IFC)</div> <div>2:00 Yarntastics (EX)</div> <div>2:00 Balance &amp; Core Stability (BS)</div> <div>3:00 Ladies Billiards (TBR)</div> <div>3:00 Ladies Tea (EX) (BI)</div> <div>7:00 "Journey with Job - the Conclusion" Bible Study w/ Gerrit Koedoot (RPDR)</div>	<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>7:00 St. Mary's Lab - canceled today. (RPDR)</div> <div>7:30 St. Mary's Lab - canceled today. (HC)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit &amp; Pool Volleyball (POOL)</div> <div>9:00 Blood Pressure Clinic (9:00 - 10:00 am) (HC)</div> <div>9:15 Stretch &amp; Flex (BS)</div> <div>9:30 Strength Training (IFC)</div> <div>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</div> <div>10:00 Catholic Communion (AS)</div> <div>10:15 Strength Training (BS)</div> <div>10:15 "The Attributes of God" Bible Study w/ Rev. Les Wiseman (EL)</div> <div>11:00 Stretch &amp; Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>12:30 Mah Jongg (EX)</div> <div>12:30 REAL: Calvin University - The January Series - "Religious Liberty and the Human Good" w/ Robert George (VI)</div> <div>1:00 Bus to Cascade Township Meijer (OCO)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</div> <div>1:15 Strength Training (IFC)</div> <div>2:00 Men's Billiards (TBR)</div> <div>2:00 January Birthday Social at the Terrace (EX)</div> <div>2:00 Building &amp; Grounds Open Forum Meeting (VI)</div> <div>4:00 Social Hour at the Ridge (RPDR)</div> <div>6:00 Games (BI) (RL)</div> <div>6:45 Mah Jongg (RL)</div> <div>6:45 Euchre (EL)</div> <div>7:00 Dominos (EX)</div>	<div>6:00 Open Swim (6:00 - 10:45 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:15 Total Body (IFC)</div> <div>9:30 Balance &amp; Core Stability (IFC)</div> <div>11:00 Water Walking (POOL)</div> <div>11:30 Balance &amp; Core Stability (BS)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>12:30 REAL: Calvin University - The January Series - "Soul Food and the Collective Cultural Memory" w/ Caroline Randall Williams (VI)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</div> <div>1:45 Balance &amp; Core Stability (IFC)</div> <div>2:00 Men's Billiards (TBR)</div> <div>2:00 Knit Wits (BI)</div> <div>2:00 Balance &amp; Core Stability (BS)</div> <div>3:30 Social Hour at the Terrace (EX)</div> <div>6:30 "Aladdin" Broadway Show (pre-ticketed event) (EE &amp; RL) (OCO)</div>	<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit &amp; Pool Volleyball (POOL)</div> <div>9:15 Stretch &amp; Flex (BS)</div> <div>9:30 Strength Training (IFC)</div> <div>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:15 Strength Training (BS)</div> <div>11:00 Stretch &amp; Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>12:30 REAL: Calvin University - The January Series - "Poverty, By America" w/ Matthew Desmond (VI)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:15 Strength Training (IFC)</div> <div>2:00 5 Crowns (EL)</div> <div>5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)</div> <div>7:00 Movie Night - "The Quiet Man" (EL) (RT)</div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>2:00 Stinky Feet (EX)</div> <div>7:00 Movie Night - "Inherit the Wind" (EL) (RT)</div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>10:45 Calvary Church Livestream (EX)</div> <div>6:00 Breton Woods Worship Service w/ Rev. Jim Evenhouse (Transportation from the Terrace East Entrance leave at 5:15 and 5:30) (VI)</div> <div>7:00 Refreshments and Fellowship (RI)</div>
Bus transportation from the Terrace is at 12:00 pm for the January Series. Return ride afterwards.					<div>Location Key</div> <div>Breton Terrace</div> <div>AS - Art Studio CP - Centre Place EE - East Entrance EL - Employee Lounge EX - Expressions HC - Health Centre IFC - Israels Fitness Centre TB - Terrace Balcony TBR - Terrace Billiard Room TC - Terrace Courtyard TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WC - Woods Café WCP - Woods Café Patio WS - Woodshop</div> <div>*Weather permitting.</div>	<div>Breton Ridge</div> <div>BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RT - Ridge Theatre VI- Vineyard</div> <div>*****</div> <div>BRLC- Breton Rehab &amp; Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing</div>