

## January 8 - 14, 2024

3:30 Social Hour at the Terrace

(EX)



LLECTUAL SOCIAL

of Holland Home"  Breton Woods Independent Living Physical Mell-Being Physical Mell-Be									
Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12	Saturday 13	Sunday 14			
6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)			
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (RI)	7:00 St. Mary's Lab - by appointment only (RPDR)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	10:45 Calvary Church Livestream (EX)			
8:30 Aqua Fit & Pool Volleyball (POOL)	8:15 Total Body (IFC)	7:30 St. Mary's Lab - by appointment only (HC)	8:15 Total Body (IFC)	8:30 Aqua Fit & Pool Volleyball (POOL)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	6:00 Breton Woods Worship Service w/ Rev. Ruth			
9:15 Stretch & Flex (BS)	8:30 Donuts w/ the HH Development Team (8:30 - 10:00 am) (RI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	9:30 Balance & Core Stability (IFC)	9:15 Stretch & Flex (BS)	1:00 Bingo at the Ridge (BI)	Romeyn (Transportation from the Terrace East			
9:30 Strength Training (IFC)	9:30 Balance & Core Stability (IFC)	8:30 Aqua Fit & Pool Volleyball (POOL) 9:00 Blood Pressure Clinic (9:00 - 10:00	10:15 Library Committee Meeting (RPDR)	9:30 Strength Training (IFC)	2:00 Stinky Feet (EX)	Entrance leave at 5:15 and 5:30) (VI)			
10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	10:00 Ladies Billiards (RBR)	am) (RPDR) 9:15 Stretch & Flex (BS)	11:00 Water Walking (POOL)	10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	7:00 Movie Night - "The Bishop's Wife" (EL) (RT)				
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	10:00 Quilting (10:00 am - 4:00 pm) (AS)	9:30 Strength Training (IFC)  10:00 Open Swim (10:00 am - 10:00 pm)	11:00 JULIET Lunch @ Wolfgang's (sign up	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)					
10:00 Prayer Fellowship (EL)	11:00 Water Walking (POOL)	(POOL)	required) (EE & RL) (OCO)	10:15 Strength Training (BS)					
10:15 Strength Training (BS)	11:00 ROMEO Men's Lunch Brickyard Tavern (sign up required) (EE & RL) (OCO)	10:00 Catholic Communion (AS) 10:15 Strength Training (BS)	11:30 Balance & Core Stability (BS)	11:00 Stretch & Flex (EX)	Location	Kay			
11:00 Stretch & Flex (EX)	11:30 Balance & Core Stability (BS)	10:15 "The Attributes of God" Bible Study w/ Rev. Les Wiseman (EL)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	11:15 Heart Healthy Dance (VI)	Breton Terrace	Breton Ridge			
11:00 REAL Board Meeting (RPDR)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	11:00 Stretch & Flex (EX)	1:00 Men's Billiards (RBR)	1:00 Men's Billiards (RBR)  1:15 Strength Training (IFC)	AS - Art Studio CP - Centre Place	BI - Bistro BP - Breton Park			
11:15 Heart Healthy Dance (VI)	1:00 Men's Billiards (RBR)	11:15 Heart Healthy Dance (VI) 12:30 Mah Jongg (EX)	1:00 Breton Market (1:00 - 3:00	2:00 5 Crowns (EL)	EE - East Entrance EL - Employee Lounge	BS - Body Shop CR - Craft Room			
1:00 Men's Billiards (RBR)  1:15 Strength Training (IFC)	1:00 Tai Chi via Video (EX)	1:00 Bus to Gaines Township Meijer	pm) (TLL)  1:45 Balance & Core Stability	5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)	EX - Expressions HC - Health Centre IFC - Israels Fitness Centre	PC - Pickleball Courts RBR - Ridge Billiard Room			
2:00 "Miles & Miles of Murals -	1:45 Balance & Core Stability (IFC)	(OCO) 1:00 Men's Billiards (RBR)	(IFC)	7:00 Movie Night - "The	TB - Terrace Balcony TBR - Terrace Billiard	RI - Ristorante RL - Ridge Lobby RLI - Ridge Library			
Part 1" presentation by Caroline Cook (VI)	2:00 Yarntastics (EX) 2:00 Balance & Core Stability (BS)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	2:00 Men's Billiards (TBR) 2:00 Knit Wits (BI)	Shawshank Redemption" (EL) (RT)	Room TC - Terrace Courtyard	RME - Ridge Main Entrance			
6:30 Games (EX)	3:00 Ladies Billiards (TBR)	1:00 Total Body (BS)	2:00 Balance & Core Stability		TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level	RP - Ridge Patio RPDR - Ridge Private			
	3:00 Ladies Tea (EX) (BI)	1:15 Strength Training (IFC)	(BS)		TME - Terrace Lower Level	Dining Room RT - Ridge Theatre			

2:00 Men's Billiards (TBR)

Kyle Schippa (VI)

6:00 Games (BI) (RL)

6:45 Mah Jongg (RL)

6:45 Euchre (EL)

7:00 Dominos (EX)

3:00 "Name the State" Travelogue with

4:00 Social Hour at the Ridge (RPDR)

3:30 Caregiver Support Group

7:00 "Journey with Job - the

Conclusion" Bible Study w/

Gerrit Koedoot (RPDR)

(RPDR)

Ridge on Park Shop t Room leball Courts ge Billiard Room rante e Lobby ge Library lge Main rance e Patio idge Private ning Room e Theatre Entrance VI- Vineyard **TPDR - Terrace Private** \*\*\*\*\*\*\* Dining Room TSP - Terrace South Patio BRLC- Breton Rehab & TT - Terrace Theatre Living Centre WC - Woods Café WCP - Woods Café Patio

WS - Woodshop

\*Weather permitting.

**BECC - Breton Extended** Care Centre

**BECS - Breton Extended** Care South OCO - Off Campus Outing



## January 15 - 21, 2024



OCO - Off Campus Outing

\*Weather permitting.

of Ho	olland Home™	Breton Woo	as maeper	Ident Living	WELLNESS WELL-BEING FUL	FILLMENT DISCOVERY ENGAGEMENT
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19	Saturday 20	Sunday 21
6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL) 7:00 St. Mary's Lab - canceled today. (RPDR)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (RI)	7:30 St. Mary's Lab - canceled today. (HC) 8:00 Sunrise Social (8:00 - 10:00 am) (EX)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	10:45 Calvary Church Livestream (EX)
8:30 Aqua Fit & Pool Volleyball (POOL)	8:15 Total Body (IFC) 9:30 Balance & Core Stability (IFC)	(BI) 8:30 Aqua Fit & Pool Volleyball (POOL)	8:15 Total Body (IFC)	8:30 Aqua Fit & Pool Volleyball (POOL)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	6:00 Breton Woods Worship Service w/ Rev. Jim
9:15 Stretch & Flex (BS) 9:30 Strength Training (IFC)	10:00 Ladies Billiards (RBR)	9:00 Blood Pressure Clinic (9:00 - 10:00 am) (HC)	9:30 Balance & Core Stability (IFC)	9:15 Stretch & Flex (BS)	2:00 Stinky Feet (EX)	Evenhouse (Transportation from the Terrace East Entrance leave at 5:15 and
10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	10:00 Quilting (10:00 am - 4:00 pm) (AS)	9:15 Stretch & Flex (BS) 9:30 Strength Training (IFC)	11:00 Water Walking (POOL) 11:30 Balance & Core Stability	9:30 Strength Training (IFC) 10:00 Open Swim (10:00 am -	7:00 Movie Night - "Inherit the Wind" (EL) (RT)	5:30) (VI)
10:00 Breton Market (10:00 am -	10:00 HH Board Report (VI)  10:15 Ladies Bible Study - The Book	10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	(BS) 12:30 Open Swim (12:30 - 10:00	10:00 pm) (POOL) 10:00 Breton Market (10:00 am -		7:00 Refreshments and Fellowship (RI)
12:00 pm) (TLL) 10:00 Prayer Fellowship (EL)	of Ruth (EX)  11:00 Water Walking (POOL)	10:00 Catholic Communion (AS)  10:15 Strength Training (BS)	pm) (POOL)  12:30 REAL: Calvin University -	12:00 pm) (TLL) 10:15 Strength Training (BS)		
10:15 Strength Training (BS) 11:00 Stretch & Flex (EX)	11:30 Balance & Core Stability (BS)	10:15 "The Attributes of God" Bible Study w/ Rev. Les Wiseman (EL)	The January Series - "Soul Food and the Collective	11:00 Stretch & Flex (EX)		
11.00 Stretch & Flex (EX)		11.00 Strotch & Floy (EV)				
11:15 Heart Healthy Dance (VI)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	11:00 Stretch & Flex (EX)  11:15 Heart Healthy Dance (VI)	Cultural Memory" w/ Caroline Randall Williams	11:15 Heart Healthy Dance (VI)	Location Breton Terrace	
12:30 REAL: Calvin University - The January Series - "Soul Force:	(POOL)  12:30 REAL: Calvin University - The January Series - "From Bach	11:15 Heart Healthy Dance (VI) 12:30 Mah Jongg (EX) 12:30 REAL: Calvin University - The January	-	12:30 REAL: Calvin University - The January Series - "Poverty, By America" w/	Breton Terrace AS - Art Studio CP - Centre Place	Breton Ridge BI - Bistro BP - Breton Park
12:30 REAL: Calvin University - The January Series - "Soul Force: The Challenge of MLK Jr." w/ Lerone Martin (VI)	(POOL)  12:30 REAL: Calvin University - The	11:15 Heart Healthy Dance (VI) 12:30 Mah Jongg (EX)	Caroline Randall Williams (VI)	12:30 REAL: Calvin University - The January Series -	Breton Terrace AS - Art Studio CP - Centre Place EE - East Entrance EL - Employee Lounge EX - Expressions	Breton Ridge BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts
12:30 REAL: Calvin University - The January Series - "Soul Force: The Challenge of MLK Jr." w/ Lerone Martin (VI)  1:00 Men's Billiards (RBR)  1:00 Ladies Bible Study - The Book	(POOL)  12:30 REAL: Calvin University - The January Series - "From Bach to Natural Machines: Algorithms as the Shapers of	11:15 Heart Healthy Dance (VI)  12:30 Mah Jongg (EX)  12:30 REAL: Calvin University - The January Series - "Religious Liberty and the Human Good" w/ Robert George (VI)  1:00 Bus to Cascade Township Meijer (OCO)  1:00 Men's Billiards (RBR)	Caroline Randall Williams (VI)  1:00 Men's Billiards (RBR)  1:00 Breton Market (1:00 - 3:00	12:30 REAL: Calvin University - The January Series - "Poverty, By America" w/ Matthew Desmond (VI)  1:00 Men's Billiards (RBR)  1:15 Strength Training (IFC)	Breton Terrace AS - Art Studio CP - Centre Place EE - East Entrance EL - Employee Lounge EX - Expressions HC - Health Centre IFC - Israels Fitness Centre TB - Terrace Balcony	Breton Ridge BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby
12:30 REAL: Calvin University - The January Series - "Soul Force: The Challenge of MLK Jr." w/ Lerone Martin (VI)  1:00 Men's Billiards (RBR)	(POOL)  12:30 REAL: Calvin University - The January Series - "From Bach to Natural Machines: Algorithms as the Shapers of Music" w/ Dan Tepfer (VI)  12:45 Ladies Bible Study - The Book of Ruth (RPDR)  1:00 Men's Billiards (RBR)	11:15 Heart Healthy Dance (VI) 12:30 Mah Jongg (EX)  12:30 REAL: Calvin University - The January Series - "Religious Liberty and the Human Good" w/ Robert George (VI)  1:00 Bus to Cascade Township Meijer (OCO)  1:00 Men's Billiards (RBR)  1:00 Breton Market (1:00 - 3:00 pm) (TLL)  1:15 Strength Training (IFC)	Caroline Randall Williams (VI)  1:00 Men's Billiards (RBR)  1:00 Breton Market (1:00 - 3:00 pm) (TLL)  1:45 Balance & Core Stability (IFC)  2:00 Men's Billiards (TBR)	12:30 REAL: Calvin University - The January Series - "Poverty, By America" w/ Matthew Desmond (VI)  1:00 Men's Billiards (RBR)  1:15 Strength Training (IFC)  2:00 5 Crowns (EL)  5:30 Men's Social Supper (5:30	Breton Terrace AS - Art Studio CP - Centre Place EE - East Entrance EL - Employee Lounge EX - Expressions HC - Health Centre IFC - Israels Fitness Centre TB - Terrace Balcony TBR - Terrace Billiard Room TC - Terrace Courtyard	Breton Ridge BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance
12:30 REAL: Calvin University - The January Series - "Soul Force: The Challenge of MLK Jr." w/ Lerone Martin (VI)  1:00 Men's Billiards (RBR)  1:00 Ladies Bible Study - The Book of Ruth (RPDR)	(POOL)  12:30 REAL: Calvin University - The January Series - "From Bach to Natural Machines: Algorithms as the Shapers of Music" w/ Dan Tepfer (VI)  12:45 Ladies Bible Study - The Book of Ruth (RPDR)	11:15 Heart Healthy Dance (VI) 12:30 Mah Jongg (EX) 12:30 REAL: Calvin University - The January Series - "Religious Liberty and the Human Good" w/ Robert George (VI)  1:00 Bus to Cascade Township Meijer (OCO) 1:00 Men's Billiards (RBR) 1:00 Breton Market (1:00 - 3:00 pm) (TLL)	Caroline Randall Williams (VI)  1:00 Men's Billiards (RBR)  1:00 Breton Market (1:00 - 3:00 pm) (TLL)  1:45 Balance & Core Stability (IFC)  2:00 Men's Billiards (TBR)  2:00 Knit Wits (BI)  2:00 Balance & Core Stability	12:30 REAL: Calvin University - The January Series - "Poverty, By America" w/ Matthew Desmond (VI)  1:00 Men's Billiards (RBR)  1:15 Strength Training (IFC)  2:00 5 Crowns (EL)	Breton Terrace AS - Art Studio CP - Centre Place EE - East Entrance EL - Employee Lounge EX - Expressions HC - Health Centre IFC - Israels Fitness Centre TB - Terrace Balcony TBR - Terrace Billiard Room TC - Terrace Courtyard TL - Terrace Lobby TLI - Terrace Lower Level	Breton Ridge BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room
12:30 REAL: Calvin University - The January Series - "Soul Force: The Challenge of MLK Jr." w/ Lerone Martin (VI)  1:00 Men's Billiards (RBR)  1:00 Ladies Bible Study - The Book of Ruth (RPDR)  1:15 Strength Training (IFC)  2:00 January Birthday Social at the Ridge (VI)  3:00 RAC Meeting (VI)	(POOL)  12:30 REAL: Calvin University - The January Series - "From Bach to Natural Machines: Algorithms as the Shapers of Music" w/ Dan Tepfer (VI)  12:45 Ladies Bible Study - The Book of Ruth (RPDR)  1:00 Men's Billiards (RBR)  1:00 Tai Chi via Video (EX)  1:45 Balance & Core Stability (IFC)  2:00 Yarntastics (EX)	11:15 Heart Healthy Dance (VI)  12:30 Mah Jongg (EX)  12:30 REAL: Calvin University - The January Series - "Religious Liberty and the Human Good" w/ Robert George (VI)  1:00 Bus to Cascade Township Meijer (OCO)  1:00 Men's Billiards (RBR)  1:00 Breton Market (1:00 - 3:00 pm) (TLL)  1:15 Strength Training (IFC)  2:00 Men's Billiards (TBR)  2:00 January Birthday Social at the Terrace	Caroline Randall Williams (VI)  1:00 Men's Billiards (RBR)  1:00 Breton Market (1:00 - 3:00 pm) (TLL)  1:45 Balance & Core Stability (IFC)  2:00 Men's Billiards (TBR)  2:00 Knit Wits (BI)  2:00 Balance & Core Stability (BS)  3:30 Social Hour at the Terrace	12:30 REAL: Calvin University - The January Series - "Poverty, By America" w/ Matthew Desmond (VI)  1:00 Men's Billiards (RBR)  1:15 Strength Training (IFC)  2:00 5 Crowns (EL)  5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)	Breton Terrace AS - Art Studio CP - Centre Place EE - East Entrance EL - Employee Lounge EX - Expressions HC - Health Centre IFC - Israels Fitness Centre TB - Terrace Balcony TBR - Terrace Billiard Room TC - Terrace Courtyard TL - Terrace Library	Breton Ridge BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private
12:30 REAL: Calvin University - The January Series - "Soul Force: The Challenge of MLK Jr." w/ Lerone Martin (VI)  1:00 Men's Billiards (RBR)  1:00 Ladies Bible Study - The Book of Ruth (RPDR)  1:15 Strength Training (IFC)  2:00 January Birthday Social at the Ridge (VI)  3:00 RAC Meeting (VI)  6:30 Games (EX)  7:00 Resident Led Movie - "Evita"	(POOL)  12:30 REAL: Calvin University - The January Series - "From Bach to Natural Machines: Algorithms as the Shapers of Music" w/ Dan Tepfer (VI)  12:45 Ladies Bible Study - The Book of Ruth (RPDR)  1:00 Men's Billiards (RBR)  1:00 Tai Chi via Video (EX)  1:45 Balance & Core Stability (IFC)	11:15 Heart Healthy Dance (VI) 12:30 Mah Jongg (EX)  12:30 REAL: Calvin University - The January Series - "Religious Liberty and the Human Good" w/ Robert George (VI)  1:00 Bus to Cascade Township Meijer (OCO) 1:00 Men's Billiards (RBR)  1:00 Breton Market (1:00 - 3:00 pm) (TLL) 1:15 Strength Training (IFC) 2:00 Men's Billiards (TBR)  2:00 January Birthday Social at the Terrace (EX)  2:00 Building & Grounds Open Forum	Caroline Randall Williams (VI)  1:00 Men's Billiards (RBR)  1:00 Breton Market (1:00 - 3:00 pm) (TLL)  1:45 Balance & Core Stability (IFC)  2:00 Men's Billiards (TBR)  2:00 Knit Wits (BI)  2:00 Balance & Core Stability (BS)	12:30 REAL: Calvin University - The January Series - "Poverty, By America" w/ Matthew Desmond (VI)  1:00 Men's Billiards (RBR)  1:15 Strength Training (IFC)  2:00 5 Crowns (EL)  5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)  7:00 Movie Night - "The Quiet	Breton Terrace  AS - Art Studio CP - Centre Place EE - East Entrance EL - Employee Lounge EX - Expressions HC - Health Centre IFC - Israels Fitness Centre TB - Terrace Balcony TBR - Terrace Billiard Room TC - Terrace Courtyard TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio	Breton Ridge BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RT - Ridge Theatre VI- Vineyard  ***********************************
12:30 REAL: Calvin University - The January Series - "Soul Force: The Challenge of MLK Jr." w/ Lerone Martin (VI)  1:00 Men's Billiards (RBR)  1:00 Ladies Bible Study - The Book of Ruth (RPDR)  1:15 Strength Training (IFC)  2:00 January Birthday Social at the Ridge (VI)  3:00 RAC Meeting (VI)  6:30 Games (EX)	(POOL)  12:30 REAL: Calvin University - The January Series - "From Bach to Natural Machines: Algorithms as the Shapers of Music" w/ Dan Tepfer (VI)  12:45 Ladies Bible Study - The Book of Ruth (RPDR)  1:00 Men's Billiards (RBR)  1:00 Tai Chi via Video (EX)  1:45 Balance & Core Stability (IFC)  2:00 Yarntastics (EX)  2:00 Balance & Core Stability (BS)	11:15 Heart Healthy Dance (VI)  12:30 Mah Jongg (EX)  12:30 REAL: Calvin University - The January Series - "Religious Liberty and the Human Good" w/ Robert George (VI)  1:00 Bus to Cascade Township Meijer (OCO)  1:00 Men's Billiards (RBR)  1:00 Breton Market (1:00 - 3:00 pm) (TLL)  1:15 Strength Training (IFC)  2:00 Men's Billiards (TBR)  2:00 January Birthday Social at the Terrace (EX)  2:00 Building & Grounds Open Forum Meeting (VI)  4:00 Social Hour at the Ridge (RPDR)	Caroline Randall Williams (VI)  1:00 Men's Billiards (RBR)  1:00 Breton Market (1:00 - 3:00 pm) (TLL)  1:45 Balance & Core Stability (IFC)  2:00 Men's Billiards (TBR)  2:00 Knit Wits (BI)  2:00 Balance & Core Stability (BS)  3:30 Social Hour at the Terrace (EX)	12:30 REAL: Calvin University - The January Series - "Poverty, By America" w/ Matthew Desmond (VI)  1:00 Men's Billiards (RBR)  1:15 Strength Training (IFC)  2:00 5 Crowns (EL)  5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)  7:00 Movie Night - "The Quiet	Breton Terrace  AS - Art Studio CP - Centre Place EE - East Entrance EL - Employee Lounge EX - Expressions HC - Health Centre IFC - Israels Fitness Centre TB - Terrace Balcony TBR - Terrace Billiard Room TC - Terrace Courtyard TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room	Breton Ridge BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RT - Ridge Theatre VI- Vineyard

Bus transportation from the Terrace is at 12:00 pm for the January Series. Return ride afterwards.