

Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15	Saturday 16	Sunday 17
<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit & Pool Volleyball (POOL)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training (IFC)</div> <div>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:00 Prayer Fellowship (EL)</div> <div>10:15 Strength Training (BS)</div> <div>11:00 Stretch & Flex (EX)</div> <div>11:00 REAL Board Meeting (RPDR)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Ladies Bible Study - The Book of John (RPDR)</div> <div>1:15 Strength Training (IFC)</div> <div>2:00 December Birthday Social at the Terrace (EX)</div> <div>5:00 HH Christmas Dinner - Board bus at 5:00 pm; bus leaves at 5:10 pm (sign-up required) (OCO)</div> <div>6:30 Games (EX)</div> <div>Bistro closes at 1:30 pm today.</div>	<div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (RI)</div> <div>8:15 Total Body - canceled today. (IFC)</div> <div>8:30 Donuts w/ the HH Development Team (8:30 - 10:00 am) (RI)</div> <div>9:30 Balance & Core Stability - canceled today. (IFC)</div> <div>10:00 Ladies Billiards (RBR)</div> <div>10:00 Quilting (10:00 am - 4:00 pm) (AS)</div> <div>10:15 Ladies Bible Study - The Book of John (class is full) (EX)</div> <div>11:00 ROMEO Men's Lunch @ Cabana Tres Amigos (sign up required) (EE & RL) (OCO)</div> <div>11:00 Water Walking - canceled today. (POOL)</div> <div>11:30 Balance & Core Stability (BS)</div> <div>12:45 Ladies Bible Study - The Book of John (RPDR)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Tai Chi via Video (EX)</div> <div>1:45 Balance & Core Stability - canceled today. (IFC)</div> <div>2:00 Yarnastics (EX)</div> <div>2:00 Balance & Core Stability (BS)</div> <div>3:00 Ladies Billiards (TBR)</div> <div>3:00 Ladies Tea (EX) (BI)</div> <div>3:30 Caregiver Support Group (RPDR)</div> <div>5:00 Open Swim (5:00 - 10:00 pm) (POOL)</div> <div>6:00 Twinklin' Holiday Lights Sleigh Ride (sign-up required) (EE & RL) (OCO)</div> <div>Closed 8:00 am - 5:00 pm: ~ Fitness Centre ~ Pool & Spa ~ Locker Rooms</div>	<div>7:00 St. Mary's Lab - by appointment only (RPDR)</div> <div>7:30 St. Mary's Lab - by appointment only (HC)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit & Pool Volleyball - canceled today. (POOL)</div> <div>9:00 Blood Pressure Clinic (9:00 - 10:00 am) (RPDR)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training - canceled today. (IFC)</div> <div>10:00 Catholic Communion (AS)</div> <div>10:15 Strength Training (BS)</div> <div>11:00 Stretch & Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>11:35 Speed Walking (RL)</div> <div>12:30 Mah Jongg (EX)</div> <div>1:00 Bus to Gaines Township Meijer (OCO)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</div> <div>1:15 Strength Training - canceled today. (IFC)</div> <div>2:00 Men's Billiards (TBR)</div> <div>2:00 REAL - "Where In Michigan Am I?" Part 3 - w/ Kyle Schippa (VI)</div> <div>4:00 Social Hour at the Ridge (RPDR)</div> <div>5:00 Open Swim (5:00 - 10:00 pm) (POOL)</div> <div>6:00 Games (BI) (RL)</div> <div>6:45 Mah Jongg (RL)</div> <div>6:45 Euchre (EL)</div> <div>7:00 Dominos (EX)</div> <div>Closed 8:00 am - 5:00 pm: ~ Fitness Centre ~ Pool & Spa ~ Locker Rooms</div>	<div>6:00 Open Swim (6:00 - 10:45 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:15 Total Body (IFC)</div> <div>9:30 Balance & Core Stability (IFC)</div> <div>10:15 Library Committee Meeting (RPDR)</div> <div>11:00 Water Walking (POOL)</div> <div>11:30 Balance & Core Stability (BS)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</div> <div>1:00 Line Exercise (EX)</div> <div>1:00 Shopping at Woodland Mall (sign-up required) (EE & RL) (OCO)</div> <div>1:45 Balance & Core Stability (IFC)</div> <div>2:00 Men's Billiards (TBR)</div> <div>2:00 Knit Wits (BI)</div> <div>2:00 Balance & Core Stability (BS)</div> <div>3:30 Social Hour at the Terrace (EX)</div> <div>4:30 Christmas Dinner at the Ridge - Punch Bowl at 4:30; Dinner at 5:00 (sign-up required); transportation from the Terrace East Entrance at 4:30 only. Return ride after the 6:15 entertainment. (RI)</div> <div>6:15 East Grand Rapids HS Madrigal Carolers (VI)</div> <div>Bistro closes at 1:30 pm today.</div>	<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit & Pool Volleyball (POOL)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training (IFC)</div> <div>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:15 Strength Training (BS)</div> <div>11:00 Stretch & Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:15 Strength Training (IFC)</div> <div>2:00 5 Crowns (EL)</div> <div>5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)</div> <div>7:00 Movie Night - "White Christmas" (EL) (RT)</div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>2:00 Stinky Feet (EX)</div> <div>7:00 Movie Night - "The Choice" (EL) (RT)</div> <div>Location Key</div> <div>Breton Terrace AS - Art Studio CP - Centre Place EE - East Entrance EL - Employee Lounge EX - Expressions HC - Health Centre IFC - Israel's Fitness Centre TB - Terrace Balcony TBR - Terrace Billiard Room TC - Terrace Courtyard TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WC - Woods Café WCP - Woods Café Patio WS - Woodshop</div> <div>*Weather permitting.</div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>10:00 Sunday Morning Worship Service w/ Pastor Bob Zoerman (VI)</div> <div>10:45 Calvary Church Livestream (EX)</div> <div>6:00 Breton Woods Worship Service w/ Rev. Kwasi Kena (Transportation from the Terrace East Entrance leave at 5:15 and 5:30) (VI)</div> <div>7:00 After Church Fellowship (RI)</div> <div>*****</div> <div>BRLC- Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing</div>

Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22	Saturday 23	Sunday 24
<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit & Pool Volleyball (POOL)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training (IFC)</div> <div>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:00 Prayer Fellowship (EL)</div> <div>10:15 Strength Training (BS)</div> <div>10:30 REAL - "MedBio Tour" (EE & RL) (sign-up required) (OCO)</div> <div>11:00 Stretch & Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:15 Christmas Cardio Drumming (in place of Strength Training) (IFC)</div> <div>3:00 Paint & Sip (sign up required) (RI)</div> <div>6:30 Games (EX)</div> <div>7:00 Resident Led Movie - "The Intern" (RT)</div>	<div>6:00 Open Swim (6:00 - 10:45 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (RI)</div> <div>8:15 Total Body (IFC)</div> <div>9:30 Balance & Core Stability (IFC)</div> <div>10:00 Ladies Billiards (RBR)</div> <div>10:00 Quilting (10:00 am - 4:00 pm) (AS)</div> <div>11:00 Water Walking (POOL)</div> <div>11:30 Balance & Core Stability (BS)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Tai Chi via Video (EX)</div> <div>1:45 Balance & Core Stability (IFC)</div> <div>2:00 Yarntastics (EX)</div> <div>2:00 Balance & Core Stability (BS)</div> <div>3:00 Ladies Billiards (TBR)</div> <div>3:00 Ladies Tea (EX) (BI)</div> <div>5:30 Frederik Meijer Gardens Christmas Trees Display (transportation sign-up required) (EE & RL) (OCO)</div>	<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>7:00 St. Mary's Lab - by appointment only (RPDR)</div> <div>7:30 St. Mary's Lab - by appointment only (HC)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit & Pool Volleyball (POOL)</div> <div>9:00 Blood Pressure Clinic (9:00 - 10:00 am) (HC)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training (IFC)</div> <div>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</div> <div>10:00 Catholic Communion (AS)</div> <div>10:15 Strength Training (BS)</div> <div>11:00 Stretch & Flex (EX)</div> <div>11:15 Christmas Cardio Drumming (VI)</div> <div>11:35 Speed Walking (RL)</div> <div>12:30 Mah Jongg (EX)</div> <div>1:00 Bus to Cascade Township Meijer (OCO)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</div> <div>1:15 Strength Training (IFC)</div> <div>2:00 Men's Billiards (TBR)</div> <div>4:00 Social Hour at the Ridge (RPDR)</div> <div>6:00 Games (BI) (RL)</div> <div>6:30 Cindy Verhage Student Piano Recital (VI)</div> <div>6:45 Mah Jongg (RL)</div> <div>6:45 Euchre (EL)</div> <div>7:00 Dominos (EX)</div>	<div>6:00 Open Swim (6:00 - 10:45 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:15 Total Body (IFC)</div> <div>9:30 Balance & Core Stability (IFC)</div> <div>11:00 Water Walking (POOL)</div> <div>11:30 Balance & Core Stability (BS)</div> <div>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</div> <div>1:00 Line Exercise (EX)</div> <div>1:45 Balance & Core Stability (IFC)</div> <div>2:00 Men's Billiards (TBR)</div> <div>2:00 Knit Wits (BI)</div> <div>2:00 Balance & Core Stability (BS)</div> <div>3:30 Social Hour at the Terrace (EX)</div> <div>6:00 Hot Chocolate Bar (6:00 pm) and A Jazzy Holiday Show with Harrison Michael (6:30 pm) - Sign up for 6:00 pm bus transportation from the Terrace. (VI)</div>	<div>6:00 Open Swim (6:00 - 8:15 am) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>8:30 Aqua Fit & Pool Volleyball (POOL)</div> <div>9:15 Stretch & Flex (BS)</div> <div>9:30 Strength Training (IFC)</div> <div>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>10:15 Strength Training (BS)</div> <div>11:00 Stretch & Flex (EX)</div> <div>11:15 Heart Healthy Dance (VI)</div> <div>1:00 Men's Billiards (RBR)</div> <div>1:15 Strength Training (IFC)</div> <div>2:00 5 Crowns (EL)</div> <div>5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)</div> <div>6:00 POPS Symphony (pre-ticketed event) (sign up for transportation) (EE & RL) (OCO)</div> <div>7:00 Movie Night - canceled (EL) (RT)</div> <div>Terrace and Ridge Resident Services Offices CLOSED today.</div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)</div> <div>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</div> <div>2:00 Stinky Feet (EX)</div> <div>7:00 Movie Night - canceled (EL) (RT)</div> <div><div>Location Key</div><div><div>Breton Terrace</div><div>AS - Art Studio CP - Centre Place EE - East Entrance EL - Employee Lounge EX - Expressions HC - Health Centre IFC - Israels Fitness Centre TB - Terrace Balcony TBR - Terrace Billiard Room TC - Terrace Courtyard TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WC - Woods Café WCP - Woods Café Patio WS - Woodshop</div></div><div>*Weather permitting.</div></div>	<div>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</div> <div>10:45 Calvary Church Livestream (EX)</div> <div>6:00 Breton Woods Worship Service w/ Rev. Les Wiseman (Transportation from the Terrace East Entrance leave at 5:15 and 5:30) (VI)</div> <div><div>*****</div><div><div>BRLC-</div><div>Breton Rehab & Living Centre</div></div><div><div>BECC -</div><div>Breton Extended Care Centre</div></div><div><div>BECS -</div><div>Breton Extended Care South</div></div><div><div>OCO -</div><div>Off Campus Outing</div></div></div>