

September 17 - September 23

Estates & Homes

Sunday 17	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22	Saturday 23	
<p>OPEN SWIM (POOL) 9:30Chapel Service - Rev. Thea Leunk, CRC (CH) 6:15Chapel Service - Calvin Seminary Sunday, TBD - Featuring RAYBROOK SINGING MEN (CH)</p>	<p>ACTIVE AGING WEEK- See Separate Calendar OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm (POOL) 8:30Men's Social Hour (SDR) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CV) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 1:30Corn Hole - Facilitated by EII Resident Rog Roskamp at 616-745-6073 (E2P) 2:00Exercise w/the GR Ballet (BWC) 3:00Open Gym (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Movie Night (FR)</p>	<p>ACTIVE AGING WEEK- See Separate Calendar OPEN SWIM: 5:30am-10:45am, 11:45am-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CV) 10:00EII Bible Study - Dan Kreuze (LDR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR)</p>	<p>ACTIVE AGING WEEK- See Separate Calendar OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm (POOL) 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CV) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 12:00CLOSED - RAY'S BISTRO - Join us at the Manor Parking Lot for a proper Pig Roast & Tropical Island Escape - 12:00pm to 1:15pm (Luau Performance begins at 1:30pm) (RMP) 2:00Open Swim (POOL) 3:00Coffee Time (LA) 3:30Open Gym (BWC) 6:30Pool League (RBB) 7:00Hymn Sing Along (GP) 7:00Game Night (Except the 3rd Wed Each Month) (GP)</p>	<p>ACTIVE AGING WEEK- See Separate Calendar OPEN SWIM: 5:30am-10:45am, 11:45am-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 9:30EII/Homes Donuts with Development (LA) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CV) 10:15Balance and Core Stability (BWC) 11:00Chronic Pain Support Group (SDR) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 3:00Coffee Time (LA)</p>	<p>ACTIVE AGING WEEK- See Separate Calendar OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm (POOL) 9:00HORROCK'S (& Quick Dollar Tree Stop) Friday Shopping - Lobby PU, EI/9am & EII/9;05am (EL) 9:00CLOSED - Ray's Bistro BREAKFAST - Join us in the EII LDR for a Breakfast Fiesta at 9:00am as part of Active Aging Week! (LDR) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CV) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p>OPEN SWIM (POOL) 10:00Coffee Time (LA) 7:00Movie Night (SDR)</p>	
<div style="background-color: #00AEEF; color: white; padding: 5px; text-align: center; font-weight: bold; font-size: 1.2em;">CONTACTS</div> <p>ESTATES & HMS OFFICE 616-235-5006 M-F, 8:00am-4:30pm</p> <p>HEALTH CENTER</p> <p>EI: 616-235-5721 8:30am-12:00pm</p> <p>EII: 616-235-5675 1:00pm-4:30pm</p> <p>EMERG RESPONSE 5:00pm-8:00am</p> <p>VAN'S MARKET M,W & F - 10:30am-1:00pm</p> <p>FACILITY SERVICES 616-235-2787</p> <p>ESTATES SALON 616-235-5701</p> <p>VOLUNTEER SERVICES 616-235-5717</p> <p>NOTARY SERVICES Office, By Appointment</p>							<div style="background-color: #00AEEF; color: white; padding: 5px; text-align: center; font-weight: bold; font-size: 1.2em;">LOCATION LEGEND</div> <p>SUR-Sign Up Required \$\$-Cost Involved</p> <p>BWC-Buiten Wellness Center CH-Chapel CR-EI Club Room CS-EII Coffee Shop CV-Chapel Visiting Room E2P-EII Patio GR-Game Room GP-Gathering Place SDR-Small Dining Room LDR-Large Dining Room LA-EII Lounge FR-Friendship Room OFFS-Offsite POOL-Pool RB-Ray's Bistro RBB-Ray's Bistro Billiards RBC-Ray's Bistro Conf Room RMP-Manor Parking Lot TRAN-Transportation</p>



Raybrook
of Holland Home™

September 24 - September 30

Estates & Homes



VibrantLiving



Based On Information Known At Time Of Print

Sunday 24	Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29	Saturday 30
<p>OPEN SWIM (POOL) 9:30Chapel Service - Rev. Jessica Shults, Central Reformed Church (CH) 6:15Chapel Service - Rev. John Steigenga, Retired CRC - COMMUNION SERVICE (CH)</p>	<p>OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm (POOL) 8:30Men's Social Hour (SDR) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CV) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 1:30Corn Hole - Facilitated by EII Resident Rog Roskamp at 616-745-6073 (E2P) 2:00Exercise w/the GR Ballet (BWC) 3:00Open Gym (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Movie Night (FR)</p>	<p>OPEN SWIM: 5:30am-10:45am, 11:45am-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 9:30Art Prize 2023 Bus & Walking Tour - SUR (OFFS) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CV) 10:00EII Bible Study - Dan Kreuze (LDR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR)</p>	<p>OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm (POOL) 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CV) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 2:00Open Swim (POOL) 2:00Movie Matinee - We Bought A Zoo (PG) (FR) 3:00Coffee Time (LA) 3:30Open Gym (BWC) 6:30Pool League (RBB) 7:00Game Night (Except the 3rd Wed Each Month) (GP)</p>	<p>OPEN SWIM: 5:30am-10:45am, 11:45am-10pm (POOL) 8:15Stretch and Flex (GP) 8:30Building & Grounds Meeting (FR) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time (CV) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:00Caregiver's Support Group (RBC) 1:15First Step (BWC) 3:00Coffee Time (LA) 5:00THURSDAY NIGHT DINNER - SUR - \$\$ (FR)</p>	<p>OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm (POOL) 9:00HOBBY LOBBY/DOLLAR TREE Friday Shopping - Lobby PU, EI/9am & EII/9:05am (EL) 9:00Ray's Bistro BREAKFAST 8:00AM-10:30AM (Cold Lunch Available until 1:00PM) (RB) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CV) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p>OPEN SWIM (POOL) 10:00Coffee Time (LA) 7:00Movie Night (SDR)</p> <div style="background-color: #f4a460; padding: 10px; text-align: center; margin: 10px 0;"> <p>SAVE THE DATE!</p> </div> <p>OCTOBER 3 ROBINETTES OUTING Sign Ups Begin September 25</p> <p>OCTOBER 4 HYMN SING W/EMILY BRINK</p> <p>OCTOBER 16 PEPPINO'S OUTING Sign Ups Begin October 2</p> <p>OCTOBER 18 FALL FLING OUTING Sign Ups Begin October 2</p>