

Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11	Saturday 12	Sunday 13
6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (RI)	7:00 St. Mary's Lab - by appointment only (RPDR)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	10:45 Calvary Church Livestream (EX)
8:15 Stretch & Flex (BS)	8:15 Total Body (IFC)	7:30 St. Mary's Lab - by appointment only (HC)	8:15 Total Body (IFC)	8:15 Stretch & Flex (BS)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	6:00 Breton Woods Worship Service w/ Linda Lee (Transportation from the Terrace East Entrance leave at 5:30) (VI)
8:30 Aqua Fit & Pool Volleyball (POOL)	8:30 Donuts w/ the HH Development Team (8:30 - 10:00 am) (RI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	9:30 Balance & Core (IFC)	8:30 Aqua Fit & Pool Volleyball (POOL)	11:00 Games & Pizza Party, 11:00 am - 3:00 pm, Order and pay for pizza (\$5/person) from 11:00 - 11:30 am in the Ristorante. (VI)	
9:15 Strength Training (BS)	8:45 Resident Golf League at the Pines (OCO)	8:15 Stretch & Flex (BS)	10:00 Shuffleboard (BP)	9:00 Pickleball (resident led) (PC)	2:00 Stinky Feet (EX)	
9:30 Strength Training (IFC)	9:30 Balance & Core (IFC)	8:30 Aqua Fit & Pool Volleyball (POOL)	10:15 Library Committee Meeting (TLI)	9:15 Strength Training (BS)	7:00 Movie Night - "Ride Along" (EL) (RT)	
10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	10:00 Quilting (10:00 am - 4:00 pm) (AS)	9:00 Blood Pressure Clinic (9:00 - 10:00 am) (RPDR)	11:00 Water Walking (POOL)	9:30 Strength Training (IFC)		
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	10:00 Ladies Billiards (RBR)	9:15 Strength Training (BS)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	9:30 Sidewalk Sales & Lunch in Downtown Holland (sign up required) EE & RL (OCO)		
10:00 Bocce Ball (BP)	10:30 Feldenkrais (BS)	9:30 Strength Training (IFC)	1:00 Men's Billiards (RBR)	10:00 Open Swim (10:00 am - 10:00 pm) (POOL)		
10:00 Prayer Fellowship (EL)	10:30 Water Walking (POOL)	10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	1:00 Balance & Core (BS)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)		
10:15 Heart Healthy Dance (VI)	11:00 Water Walking (POOL)	10:00 Catholic Communion (AS)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	10:15 Heart Healthy Dance (VI)		
11:00 Stretch & Flex (EX)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	10:15 Heart Healthy Dance - canceled today (VI)	1:45 Balance & Core (IFC)	11:00 Stretch & Flex (EX)		
1:00 Men's Billiards (RBR)	1:00 Tai Chi via Video (EX)	11:00 Breton Woods Carnival - 11:00 am - 2:00 pm (Transportation hourly from the Terrace EE and Ridge ME and back) (BRLC)	2:00 Men's Billiards (TBR)	11:00 Breton Market (10:00 am - 12:00 pm) (TLL)		
1:15 Strength Training (IFC)	1:00 Men's Billiards (RBR)	11:35 Speed Walking (RL)	2:00 Knit Wits (BI)	10:15 Heart Healthy Dance (VI)		
2:00 August Birthday Social at the Terrace (EX)	1:00 Balance & Core (BS)	12:30 Mah Jongg (EX)	2:00 August Birthday Social at the Ridge (VI)	11:00 Stretch & Flex (EX)		
3:00 Shuffleboard (BP)	1:00 9-Ball Billiards Tournament at the Ridge (sign up) (RBR)	1:00 Men's Billiards (RBR)	3:00 Bocce Ball (BP)	1:00 Men's Billiards (RBR)		
6:30 Games (EX)	1:45 Balance & Core (IFC)	1:00 Dog Pawty * (TC)	4:00 Social Hour at the Terrace (EX)	1:15 Strength Training (IFC)		
	2:00 Yarnastics (EX)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	7:00 Faithful Journey Quartet (VI)	2:00 5 Crowns (EL)		
	3:00 Ladies Tea (EX)	1:00 Pickleball (resident led) (PC)		5:30 Men's Social Supper (5:30 - 7:00 pm) (EX)		
	3:00 Ladies Billiards (TBR)	1:00 Bus to Gaines Township Meijer (OCO)		7:00 Movie Night - "Groundhog Day" (EL) (RT)		
	3:30 Caregiver Support Group (RPDR)	1:15 Strength Training (IFC)				
	7:00 Resident Led Movie (RT)	2:00 Men's Billiards (TBR)				
		4:00 Social Hour at the Ridge (RPDR)				
		6:00 Games (BI) (RL)				
		6:45 Mah Jongg (RL)				
		6:45 Euchre (EL)				
		7:00 Dominos (EX)				

Location Key

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| <p>Breton Terrace
 AS - Art Studio
 CP - Centre Place
 EE - East Entrance
 EL - Employee Lounge
 EX - Expressions
 HC - Health Centre
 IFC - Israel's Fitness Centre
 TB - Terrace Balcony
 TBR - Terrace Billiard Room
 TC - Terrace Courtyard
 TL - Terrace Lobby
 TLI - Terrace Library
 TLL - Terrace Lower Level
 TME - Terrace Main Entrance
 TPDR - Terrace Private Dining Room
 TSP - Terrace South Patio
 TT - Terrace Theatre
 WC - Woods Café
 WCP - Woods Café Patio
 WS - Woodshop</p> | <p>Breton Ridge
 BI - Bistro
 BP - Breton Park
 BS - Body Shop
 CR - Craft Room
 PC - Pickleball Courts
 RBR - Ridge Billiard Room
 RI - Ristorante
 RL - Ridge Lobby
 RLI - Ridge Library
 RME - Ridge Main Entrance
 RP - Ridge Patio
 RPDR - Ridge Private Dining Room
 RT - Ridge Theatre
 VI - Vineyard</p> <p>*****</p> <p>BRLC- Breton Rehab & Living Centre
 BECC - Breton Extended Care Centre
 BECS - Breton Extended Care South
 OCO - Off Campus Outing</p> |
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*Weather permitting.

Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18	Saturday 19	Sunday 20
6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (RI)	7:00 St. Mary's Lab - by appointment only (RPDR)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	10:45 Calvary Church Livestream (EX)
8:15 Stretch & Flex (BS)	8:15 Total Body (IFC)	7:30 St. Mary's Lab - by appointment only (HC)	8:15 Total Body (IFC)	8:15 Stretch & Flex (BS)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	6:00 Breton Woods Worship Service w/ Rev. Jim Evenhouse (Transportation from the Terrace East Entrance leave at 5:30) (VI)
8:30 Aqua Fit & Pool Volleyball (POOL)	8:45 Resident Golf League at the Pines (OCO)	8:00 Sunrise Social (8:00 - 10:00 am) (EX) (BI)	9:30 Balance & Core (IFC)	8:30 Aqua Fit & Pool Volleyball (POOL)	2:00 Stinky Feet (EX)	
9:15 Strength Training (BS)	9:30 Balance & Core (IFC)	8:15 Stretch & Flex (BS)	10:00 Shuffleboard (BP)	9:00 Pickleball (resident led) (PC)	7:00 Movie Night - "Clear and Present Danger" (EL) (RT)	7:00 Fellowship and Refreshments (VI) (RI)
9:30 Strength Training (IFC)	10:00 Ladies Billiards (RBR)	8:30 Aqua Fit & Pool Volleyball (POOL)	11:00 Water Walking (POOL)	9:15 Strength Training (BS)		
10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	10:00 Quilting (10:00 am - 4:00 pm) (AS)	9:00 Blood Pressure Clinic (9:00 - 10:00 am) (HC)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	9:30 Strength Training (IFC)		
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	10:30 Feldenkrais (BS)	9:15 Strength Training (BS)	1:00 Balance & Core (BS)	9:30 Breakfast & Coffee on the Ridge Patio (9:15 pick-up from the Terrace EE - sign up for transportation only) (RP)		
10:00 Prayer Fellowship (EL)	11:00 Water Walking (POOL)	9:30 Strength Training (IFC)	1:00 Men's Billiards (RBR)			
10:00 Bocce Ball (BP)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)			
10:15 Heart Healthy Dance (VI)	12:30 Grand Lady Riverboat Cruise (sign up required) EE & RL (OCO)	10:15 Heart Healthy Dance (VI)	1:45 Balance & Core (IFC)			
11:00 Stretch & Flex (EX)	1:00 Balance & Core (BS)	11:00 Stretch & Flex (EX)	2:00 Men's Billiards (TBR)			
11:00 REAL Board Meeting (RPDR)	1:00 Tai Chi via Video (EX)	11:30 Park Party Cookout (11:30 am - 1:00 pm) (Sign up for transportation only.) (EE) (BP)	2:00 Knit Wits (BI)			
1:00 Men's Billiards (RBR)	1:00 Men's Billiards (RBR)	11:35 Speed Walking (RL)	2:00 Caroline Cook Bus Tour - "City Sights" - Part 3 (sign up required) EE & RL (OCO)			
1:15 Strength Training (IFC)	1:45 Balance & Core (IFC)	12:30 Mah Jongg (EX)	3:00 Bocce Ball (BP)			
3:00 Shuffleboard (BP)	2:00 Yarnstastics (EX)	1:00 Men's Billiards (RBR)	4:00 Social Hour at the Terrace (EX)			
6:30 Games (EX)	3:00 Ladies Billiards (TBR)	1:00 Bus to Cascade Township Meijer (OCO)				
	3:00 Ladies Tea (EX)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)				
	7:00 Resident Led Movie (RT)	1:00 Pickleball (resident led) (PC)				
		1:00 Dog Pawty * (TC)				
		1:15 Strength Training (IFC)				
		2:00 Men's Billiards (TBR)				
		4:00 Social Hour at the Ridge (RPDR)				
		6:00 Games (BI) (RL)				
		6:45 Euchre (EL)				
		6:45 Mah Jongg (RL)				
		7:00 Dominos (EX)				

Location Key

Breton Terrace AS - Art Studio CP - Centre Place EE - East Entrance EL - Employee Lounge EX - Expressions HC - Health Centre IFC - Israel's Fitness Centre TB - Terrace Balcony TBR - Terrace Billiard Room TC - Terrace Courtyard TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WC - Woods Café WCP - Woods Café Patio WS - Woodshop	Breton Ridge BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RT - Ridge Theatre VI - Vineyard ***** BRLC - Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing
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