

# July 9 - July 15

## Estates & Homes

Sunday 9	Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14	Saturday 15
<p><b>OPEN SWIM (POOL)</b> 9:30Chapel Service - Rev. Wayne Hall, Retired CRC (CH) 6:15Chapel Service - Rev. Gerry Heyboer, HH Chaplain (CH)</p> <p><b>CONTACTS</b></p> <p>ESTATES &amp; HMS OFFICE 616-235-5006 M-F, 8:00am-4:30pm</p> <p>HEALTH CENTER El: 616-235-5721 8:30am-12:00pm EII: 616-235-5675 1:00pm-4:30pm</p> <p>EMERG RESPONSE 5:00pm-8:00am</p> <p>VAN'S MARKET M,W &amp; F - 10:30am-1:00pm</p> <p>FACILITY SERVICES 616-235-2787</p> <p>ESTATES SALON 616-235-5701</p> <p>VOLUNTEER SERVICES 616-235-5717</p> <p>NOTARY SERVICES Office, By Appointment</p>	<p><b>OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm (POOL)</b> 8:30Men's Social Hour (SDR) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time - Moved to Chapel Visiting Room on the 2nd Floor During Renovations (CV) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 1:30Corn Hole - Facilitated by EII Resident Rog Roskamp at 616-745-6073 (E2P) 2:00REAL: Parkinson's 101: Dealing with Adversity Presented by EII Resident Wayne Joesse (FR) 3:00Coffee Time (LA) 3:00Open Gym (BWC) 6:30Pool League (RBB) 7:00Movie Night (FR)</p>	<p><b>OPEN SWIM: 5:30am-10:45am, 11:45am-10pm (POOL)</b> 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time - Moved to Chapel Visiting Room on the 2nd Floor During Renovations (CV) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR) 7:00REAL: Films with Chester Alkema - Kind Hearts &amp; Coronets (SDR)</p>	<p><b>OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm (POOL)</b> 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time - Moved to Chapel Visiting Room on the 2nd Floor During Renovations (CV) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 11:30Ribs &amp; Live Music with John Nowak Cookout - SUR - \$\$ (E2P) 2:00Open Swim (POOL) 3:00Coffee Time (LA) 3:30Open Gym (BWC) 6:30Pool League (RBB) 7:00Game Night (Except the 3rd Wed Each Month) (GP)</p>	<p><b>OPEN SWIM: 5:30am-10:45am, 11:45am-10pm (POOL)</b> 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:00Coffee Time - Moved to Chapel Visiting Room on the 2nd Floor During Renovations (CV) 10:00REAL: Board Coffee led by Holland Home Executive Team (FR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:00Caregiver's Support Group -CR (CR) 1:15First Step (BWC) 2:30Stuart Leitch - Classical Pianist (CH) 3:00Coffee Time (LA)</p>	<p><b>OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm (POOL)</b> 8:00RAY'S BISTRO - Breakfast 8:00 am - 11:00 am, Cold Lunch 11:00 am - 1:00 pm (RB) 9:00TRADER JOE'S Shopping - Lobby PU, EI/9am &amp; EII/9:05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time - Moved to Chapel Visiting Room on the 2nd Floor During Renovations (CV) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p><b>OPEN SWIM (POOL)</b> 10:00Coffee Time (LA) 4:00The Browns: CRC Conference Grounds - SUR - Free Will Offering Received - Pay On Your Own Dinner Available Beforehand (\$11) (OFFS) 7:00Movie Night (SDR)</p> <p><b>LOCATION LEGEND</b></p> <p>SUR-Sign Up Required \$\$-Cost Involved</p> <p>BWC-Buiten Wellness Center CH-Chapel CR-EI Club Room CS-EII Coffee Shop CV-Chapel Visiting Room E2P-EII Patio GR-Game Room GP-Gathering Place SDR-Small Dining Room LDR-Large Dining Room LA-EII Lounge FR-Friendship Room OFFS-Offsite POOL-Pool RB-Ray's Bistro RBB-Ray's Bistro Billiards RBC-Ray's Bistro Conf Room RMP-Manor Parking Lot TRAN-Transportation</p>

# July 16 - July 22

## Estates & Homes

Sunday 16	Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21	Saturday 22
<p>OPEN SWIM (POOL)</p> <p>9:30Chapel Service - Rev. Ralph Robrahn, Retired RCA (CH)</p> <p>6:15Chapel Service - Calvin Seminary Sunday - TBD (CH)</p>	<p>OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm (POOL)</p> <p>8:30Men's Social Hour (SDR)</p> <p>9:15Cardio Express (BWC)</p> <p>9:30Coffee Connections (LA)</p> <p>9:45Strength Training (BWC)</p> <p>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</p> <p>10:00Coffee Time - Moved to Chapel Visiting Room on the 2nd Floor During Renovations (CV)</p> <p>10:15Water Walking (POOL)</p> <p>10:30Van's Market (MKT)</p> <p>11:00Cardio Express (BWC)</p> <p>11:15Restaurant Outing to Gravity Taphouse &amp; Grille - SUR (OFFS)</p> <p>11:30Strength Training (BWC)</p> <p>1:00Raybrook Purls Knitting/Crocheting (LA)</p> <p>1:30Corn Hole - Facilitated by EII Resident Rog Roskamp at 616-745-6073 (E2P)</p> <p>3:00Coffee Time (LA)</p> <p>3:00Open Gym (BWC)</p> <p>6:30Pool League (RBB)</p> <p>7:00Movie Night (FR)</p>	<p>OPEN SWIM: 5:30am-10:45am, 11:45am-10pm (POOL)</p> <p>8:15Stretch and Flex (GP)</p> <p>9:30Coffee Connections (LA)</p> <p>9:30Balance and Core Stability (BWC)</p> <p>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</p> <p>10:00Coffee Time - Moved to Chapel Visiting Room on the 2nd Floor During Renovations (CV)</p> <p>10:15Balance and Core Stability (BWC)</p> <p>11:00Water Aerobics (POOL)</p> <p>1:15First Step (BWC)</p> <p>2:00REAL: How to Live Independently As Long As Possible presented by Estates &amp; Homes Social Services Coordinator Jennifer Koets (FR)</p> <p>3:00Coffee Time (LA)</p> <p>6:30Pool League (RBB)</p> <p>7:00Game Night (CR)</p> <p>7:00Gentit Family Choir (CH)</p>	<p>OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm (POOL)</p> <p>9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN)</p> <p>9:15Cardio Express (BWC)</p> <p>9:30Coffee Connections (LA)</p> <p>9:45Strength Training (BWC)</p> <p>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</p> <p>10:00Coffee Time - Moved to Chapel Visiting Room on the 2nd Floor During Renovations (CV)</p> <p>10:15Water Walking (POOL)</p> <p>10:30Van's Market (MKT)</p> <p>10:30Holland Beach Outing - SUR - \$\$ (OFFS)</p> <p>11:00Cardio Express (BWC)</p> <p>11:30Strength Training (BWC)</p> <p>2:00Open Swim (POOL)</p> <p>3:00Coffee Time (LA)</p> <p>3:30Open Gym (BWC)</p> <p>6:30Pool League (RBB)</p> <p>7:00Game Night (Except the 3rd Wed Each Month) (GP)</p> <p>7:00Hymn Sing Along - CANCELLED FOR JULY &amp; AUGUST (GP)</p>	<p>OPEN SWIM: 5:30am-10:45am, 11:45am-10pm (POOL)</p> <p>8:15Stretch and Flex (GP)</p> <p>9:30Coffee Connections (LA)</p> <p>9:30Balance and Core Stability (BWC)</p> <p>9:30EII/Homes Donuts with Development (LA)</p> <p>10:00RAY'S BISTRO - 10:00 am - 1:30 pm (RB)</p> <p>10:00Coffee Time - Moved to Chapel Visiting Room on the 2nd Floor During Renovations (CV)</p> <p>10:15Balance and Core Stability (BWC)</p> <p>11:00Water Aerobics (POOL)</p> <p>11:00Chronic Pain Support Group (SDR)</p> <p>1:15First Step (BWC)</p> <p>3:00Coffee Time (LA)</p>	<p>OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm (POOL)</p> <p>8:00RAY'S BISTRO - Breakfast 8:00 am - 11:00 am, Cold Lunch 11:00 am - 1:00 pm (RB)</p> <p>9:00ALDI'S Shopping - Lobby PU, EI/9am &amp; EII/9;05am (EL)</p> <p>9:15Cardio Express (BWC)</p> <p>9:30Coffee Connections (LA)</p> <p>9:45Strength Training (BWC)</p> <p>10:00Coffee Time - Moved to Chapel Visiting Room on the 2nd Floor During Renovations (CV)</p> <p>10:15Water Walking (POOL)</p> <p>10:30Van's Market (MKT)</p> <p>11:00Cardio Express (BWC)</p> <p>11:30Strength Training (BWC)</p> <p>3:00Coffee Time (LA)</p> <p>7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p>OPEN SWIM (POOL)</p> <p>10:00Coffee Time (LA)</p> <p>7:00Movie Night (SDR)</p> <div style="background-color: #f4a460; padding: 5px; text-align: center; font-weight: bold; margin: 10px 0;">SAVE THE DATE!</div> <p>JULY 27 THURSDAY NIGHT DINNER Sign Up Between July 18 and NOON on July 24</p> <p>JULY 29 CONCERT AT THE CONFERENCE GROUNDS Sign Up Begins July 18</p> <p>AUGUST 15 GRAND LADY RIVERBOAT CRUISE &amp; DESSERT Sign Up Begins August 1</p>