

Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19	Saturday 20	Sunday 21
<p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>8:15 Stretch & Flex (BS)</p> <p>8:30 Aqua Fit & Pool Volleyball (POOL)</p> <p>9:15 Strength Training (BS)</p> <p>9:30 Strength Training (IFC)</p> <p>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</p> <p>10:00 Shuffleboard (resident led) (BP)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:00 Prayer Fellowship (TPDR)</p> <p>10:15 Heart Healthy Dance (VI)</p> <p>11:00 Stretch & Flex (EX)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:15 Strength Training (IFC)</p> <p>2:00 Bretonaires Practice (TT)</p> <p>3:00 Shuffleboard (resident led) (BP)</p> <p>6:30 Games (TT) (TL) (TB)</p>	<p>6:00 Open Swim (6:00 - 10:45 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (RI)</p> <p>8:15 Total Body (IFC)</p> <p>9:00 Resident Golf League at the Pines (OCO)</p> <p>9:30 Balance & Core (IFC)</p> <p>10:00 Quilting (10:00 am - 4:00 pm) (AS)</p> <p>10:00 Ladies Billiards (RBR)</p> <p>10:15 Dance Workout / Zumba Gold (EX)</p> <p>10:30 Feldenkrais (BS)</p> <p>11:00 Water Walking (POOL)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:45 Balance & Core (IFC)</p> <p>2:00 Yarnastics (TL)</p> <p>3:00 Balance & Core (BS)</p> <p>3:00 Ladies Tea (TPDR) (BI)</p> <p>3:00 Ladies Billiards (TBR)</p>	<p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>7:00 St. Mary's Lab - by appointment only (RPDR)</p> <p>7:30 St. Mary's Lab - by appointment only (HC)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>8:15 Stretch & Flex (BS)</p> <p>8:30 Aqua Fit & Pool Volleyball (POOL)</p> <p>9:00 Blood Pressure Clinic (9:00 - 10:00 am) (HC)</p> <p>9:15 Strength Training (BS)</p> <p>9:30 Strength Training (IFC)</p> <p>9:30 Planting Party at Koetsier's Greenhouse (9:30 am - 1:00 pm) (RSVP requested) (OCO)</p> <p>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</p> <p>10:00 Catholic Communion (TPDR)</p> <p>10:15 Heart Healthy Dance (VI)</p> <p>11:00 Stretch & Flex (EX)</p> <p>11:35 Speed Walking (RL)</p> <p>12:30 Mah Jongg (TL)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Bus to Gaines Township Meijer (OCO)</p> <p>1:00 Dog Pawty * (TC)</p> <p>1:15 Strength Training (IFC)</p> <p>2:00 Men's Billiards (TBR)</p> <p>2:00 Building & Grounds Open Forum Meeting (postponed to next Wednesday) (CP)</p> <p>2:00 Breton Park Fitness Walk: Learn How to Use the Park Exercise Machines * (BP)</p> <p>3:00 Tai Chi via Video (EX)</p> <p>4:00 Ridge Social Hour (RPDR)</p> <p>6:00 Games (BI) (RL)</p> <p>6:45 Mah Jongg (RL)</p> <p>6:45 Euchre (WC)</p> <p>7:00 Dominos (TL) (WC)</p>	<p>6:00 Open Swim (6:00 - 10:45 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>8:15 Total Body (IFC)</p> <p>9:30 Balance & Core (IFC)</p> <p>10:00 Shuffleboard (resident led) (BP)</p> <p>11:00 Water Walking (POOL)</p> <p>12:30 Line Dancing Basics (EX)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Gardening Group (RI)</p> <p>1:00 Line Dancing (EX)</p> <p>1:45 Balance & Core (IFC)</p> <p>2:00 Men's Billiards (TBR)</p> <p>2:00 Bretonaires Practice (TT)</p> <p>2:00 Knit Wits (BI)</p> <p>3:00 Balance & Core (BS)</p> <p>3:00 Shuffleboard (resident led) (BP)</p> <p>4:00 Terrace Social Hour (TPDR)</p>	<p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>8:15 Stretch & Flex (BS)</p> <p>8:30 Aqua Fit & Pool Volleyball (POOL)</p> <p>9:00 Pickleball (resident led) (PC)</p> <p>9:15 Strength Training (BS)</p> <p>9:30 Strength Training (IFC)</p> <p>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:15 Heart Healthy Dance (VI)</p> <p>11:00 Stretch & Flex (EX)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:15 Strength Training (IFC)</p> <p>3:00 Ridge Worship Service w/ Rev. Carolyn Cammenga (VI)</p> <p>5:30 Men's Microwave Social (5:30 - 7:30 pm) (EX)</p> <p>7:00 Movie Night - "The Noel Diary" (TT) (RT)</p>	<p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:00 Hymn Sing - Last one until Fall! (TL)</p> <p>7:00 Movie Night - "The Founder" (TT) (RT)</p>	<p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>6:00 Terrace Worship Service w/ Rev. Carolyn Cammenga (CP)</p> <p>7:00 Coffee and Fellowship (WC)</p>
					<h3>Location Key</h3>	
					<p>Breton Terrace</p> <p>AS - Art Studio CP - Centre Place EX - Expressions HC - Health Centre IFC - Israel's Fitness Centre TB - Terrace Balcony TBR - Terrace Billiard Room TC - Terrace Courtyard TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WC - Woods Café WCP - Woods Café Patio WS - Woodshop</p>	<p>Breton Ridge</p> <p>BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RT - Ridge Theatre VI - Vineyard</p> <p>*****</p> <p>BRLC- Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing</p>
<p>~ Long Term Care Week ~ May 15-19 "The Art of Wellness" Check the special event calendar for all the exciting things being offered!</p>						
					<p>*Weather permitting.</p>	

Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26	Saturday 27	Sunday 28
6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (WC) (RI)	7:00 St. Mary's Lab - by appointment only (RPDR)	8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)	6:00 Memorial Day Worship Service w/ Rev. Les Wiseman and Mr. Larry Vergouwe (CP)
8:15 Stretch & Flex (BS)	8:15 Total Body (IFC)	7:30 St. Mary's Lab - by appointment only (HC)	8:15 Step Aerobics in place of Total Body (IFC)	8:15 Stretch & Flex (BS)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	
8:30 Aqua Fit & Pool Volleyball (POOL)	9:00 Resident Golf League at the Pines (OCO)	8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)	8:30 Donuts w/ the HH Development Team (8:30 - 10:00 am) (WC)	8:30 Aqua Fit & Pool Volleyball (POOL)	10:00 Hymn Sing - Canceled until Fall (TL)	
9:15 Strength Training (BS)	9:30 Balance & Core (IFC)	8:15 Stretch & Flex (BS)	9:30 Balance & Core (IFC)	9:00 Pickleball (resident led) (PC)	5:00 Singles Potluck (sign up required) (WC)	
9:30 Strength Training (IFC)	10:00 Ladies Billiards (RBR)	8:30 Aqua Fit & Pool Volleyball (POOL)	10:00 Shuffleboard (resident led) (BP)	9:15 Strength Training (BS)	7:00 Movie Night - "A League of Their Own" (TT) (RT)	
10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	10:00 Quilting (10:00 am - 4:00 pm) (AS)	9:00 Blood Pressure Clinic (9:00 - 10:00 am) (RPDR)	11:00 Water Walking (POOL)	9:30 Strength Training (IFC)		
10:00 Shuffleboard (resident led) (BP)	10:30 Feldenkrais (BS)	9:15 Strength Training (BS)	12:30 Line Dancing Basics (EX)	10:00 Open Swim (10:00 am - 10:00 pm) (POOL)		
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	11:00 Water Walking (POOL)	9:30 Strength Training (IFC)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)		
10:00 Prayer Fellowship (TPDR)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	1:00 Men's Billiards (RBR)	10:15 Heart Healthy Dance (VI)		
10:15 Heart Healthy Dance (VI)	1:00 Men's Billiards (RBR)	10:00 Catholic Communion (TPDR)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	11:00 Stretch & Flex (EX)		
11:00 Stretch & Flex (EX)	1:45 Balance & Core (IFC)	10:15 Heart Healthy Dance (VI)	1:00 Line Dancing (EX)	11:45 ROMEO Men's Lunch @ Beltline Bar (sign up required) (OCO)		
11:00 Ladies Lunch @ The Cheesecake Factory (sign up required) (OCO)	2:00 Yarnstastics (TL)	11:00 Stretch & Flex (EX)	1:00 Gardening Group (RI)	1:00 Men's Billiards (RBR)		
1:00 Men's Billiards (RBR)	2:00 Memorial Day Program (Transportation begins at 1:30 pm; return ride afterwards. Sign up.) (VI)	11:35 Speed Walking (RL)	1:45 Balance & Core (IFC)	1:15 Strength Training (IFC)		
1:15 Strength Training (IFC)	3:00 Balance & Core (BS)	12:30 Mah Jongg (TL)	2:00 Men's Billiards (TBR)	2:00 Bretonaires Practice (TT)		
2:00 Bretonaires Practice (TT)	3:00 Ladies Tea (TPDR) (BI)	1:00 Bus to Cascade Township Meijer (OCO)	2:00 Knit Wits (BI)	3:00 Memorial Day Worship Service w/ Rev. Les Wiseman and Mr. Larry Vergouwe (VI)		
3:00 Shuffleboard (resident led) (BP)	3:00 Ladies Billiards (TBR)	1:00 Men's Billiards (RBR)	2:00 Bretonaires Practice (TT)	5:30 Men's Microwave Social (5:30 - 7:30 pm) (EX)		
3:00 RAC Meeting (CP)		1:00 Breton Market (1:00 - 3:00 pm) (TLL)	3:00 Balance & Core (BS)	7:00 Movie Night - "Matilda" (TT) (RT)		
6:30 Games (TT) (TL) (TB)		1:00 Dog Pawty * (TC)	3:00 Shuffleboard (resident led) (BP)			
		1:15 Strength Training (IFC)	4:00 Terrace Social Hour (TPDR)			
		2:00 Men's Billiards (TBR)	6:00 "My Journey to Heaven" by Marvin Besteman - Part 1 (Transportation begins at 5:30; return ride afterwards.) (CP)			
		2:00 Park Games: Bocce, Shuffleboard, & Putt Through Croquet * (BP)				
		2:00 Building & Grounds Open Forum Meeting (CP)				
		3:00 Tai Chi via Video (EX)				
		4:00 Ridge Social Hour (RPDR)				
		6:00 Games (BI) (RL)				
		6:45 Euchre (WC)				
		6:45 Mah Jongg (RL)				
		7:00 Dominos (TL) (WC)				

Location Key

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| <p>Breton Terrace
 AS - Art Studio
 CP - Centre Place
 EX - Expressions
 HC - Health Centre
 IFC - Israel's Fitness Centre
 TB - Terrace Balcony
 TBR - Terrace Billiard Room
 TC - Terrace Courtyard
 TL - Terrace Lobby
 TLI - Terrace Library
 TLL - Terrace Lower Level
 TME - Terrace Main Entrance
 TPDR - Terrace Private Dining Room
 TSP - Terrace South Patio
 TT - Terrace Theatre
 WC - Woods Café
 WCP - Woods Café Patio
 WS - Woodshop</p> | <p>Breton Ridge
 BI - Bistro
 BP - Breton Park
 BS - Body Shop
 CR - Craft Room
 PC - Pickleball Courts
 RBR - Ridge Billiard Room
 RI - Ristorante
 RL - Ridge Lobby
 RLI - Ridge Library
 RME - Ridge Main Entrance
 RP - Ridge Patio
 RPDR - Ridge Private Dining Room
 RT - Ridge Theatre
 VI - Vineyard</p> |
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*Weather permitting.

The Ridge Bistro will be open for breakfast from 9:30-11:30 am; closed the rest of the day.

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- BRLC- Breton Rehab & Living Centre
 - BECC - Breton Extended Care Centre
 - BECS - Breton Extended Care South
 - OCO - Off Campus Outing