

April 2 - April 8

Estates & Homes





TRAN-Transportation

Based On Information Known At Time Of Print			
Sunday 2	Monday 3	Tuesday 4	
OPEN SWIM (POOL) 9:30Chapel Service - Rev. Carolyn Cammenga, Retired CRC (CH) 6:15Chapel Service - Rev. David Fleming, Our Savior Lutheran (CH)	OPEN SWIM: 5:30am- 10:00am, 11:00am-10:00pm (POOL) 8:30Men's Social Hour - Temporary Location Change (GP) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA)	OPEN SWIM: 5:30am- 10:45am, 11:45am-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:00EII Bible Study - Keith Meyering (LDR) 10:15Balance and Core Stability (BWC) 10:30REAL: Smart TV's & Streaming w/ Resident Tech Mgr Jessie Riley (FR)	
SUR-Sign Up Required \$\$-Cost Involved	2:00Exercise w/the GR Ballet - CANCELLED	11:00Water Aerobics (POOL 1:15First Step (BWC)	
BWC-Buiten Wellness Center CH-Chapel CR-El Club Room CS-Ell Coffee Shop E2P-Ell Patio GR-Game Room GP-Gathering Place SDR-Small Dining Room LDR-Large Dining Room LA-Ell Lounge FR-Friendship Room OFFS-Offsite POOL-Pool RB-Ray's Bistro RBB-Ray's Bistro Conf Room RMP-Manor Parking Lot TRAN Transportation	TODAY (FR) 3:00Coffee Time (LA) 3:00Open Gym (BWC) 3:00EI/EIII Bible Study w/Chaplain Josh Baron (CR) 3:15The Journey: Andrea Bocelli Outing to Phoenix Theatre - SUR - \$\$ (OFFS) 6:30Pool League (RBB) 7:00Movie Night (FR)	3:00Coffee Time (LA) 3:15Virtual Calvin CALL Course: What Lies Ahead for Ukraine & Russia After the War- John Bernbaum (FR) 6:25Passport to Adventure Season Tkt Holders: Secrets of Egypt-SUR (OFFS) 6:30Pool League (RBB) 7:00Game Night (CR) 7:00Ell Ice Cream Birthday	

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GP) Ins	9:00
	9:150 9:30
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n (RB)	
Keith	10:00
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Riley	11:30
POOL)	2:00 2:30
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Social - LDR (LDR)

Wednesday 5	
OPEN SWIM: 5:30am-	
10:00am, 11:00am-10:00pm	
(POOL)	
9:00Meijer Shopping-El PU:	8
9am, Ell PU:9:05am-	8
SUR (TRAN)	
9:15Cardio Express (BWC)	
9:30Coffee Connections	
(LA)	
9:45Strength Training	
(BWC)	9
0:00Coffee Time (CR)	
0:00RAY'S BISTRO -	9
10:00am - 1:30pm (RB)	
0:15Water Walking (POOL)	9
0:30Van's Market (MKT)	
1:00Cardio Express (BWC)	
1:30Strength Training (BWC)	1
2:00Open Swim (POOL)	1
2:30Current Events w/Hank	ľ
Post - MASK Req	1
(D1DR)	ľ
3:00Coffee Time (LA)	1
3:30Open Gym (BWC)	ľ
5:30Pool League (RBB)	1
7:00Game Night (Except	l'
the 3rd Wed Each	1
Month) (GP)	2
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Thursday 6	Friday 7
OPEN SWIM: 5:30am- 10:45am, 11:45am-10pm (POOL) 8:15Stretch and Flex (GP) 8:30Homes Breakfast at New Beginnings - RSVP to Harriet Hasper at 616-450-7428 or hhspr25@gmail.com (OFFS) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 9:30Found Cottage and Lunch at Rainbow Grille Outing - SUR - \$\$ (OFFS) 10:00Coffee Time (CR) 10:00RAY'S BISTRO -	OPEN SWIM: 5:30 10:00am, 11:00am-10: (POOL) 9:00Aldi's Friday Sho - Lobby PU, El/9a Ell/9;05am (EL) 9:15Cardio Express (B 9:30Coffee Connectio (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CF 10:00AY'S BISTRO- 10:00am - 1:30pt 10:15Water Walking (F 10:30Van's Market (M 11:00Cardio Express (I 11:30Strength Training (BWC) 2:00GOOD FRIDAY C
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OPEN SWIM: 5:30am- 10:00am, 11:00am-10:00pm (POOL) 0:00Aldi's Friday Shopping - Lobby PU, EI/9am & EII/9;05am (EL) 0:15Cardio Express (BWC)	10: 7:0
9:30Coffee Connections	
(LA) 9:45Strength Training (BWC) 0:00Coffee Time (CR) 0:00RAY'S BISTRO -	
10:00am - 1:30pm (RB)	
0:15Water Walking (POOL)	
0:30Van's Market (MKT)	
1:00Cardio Express (BWC) 1:30Strength Training	
(BWC)	
2:00GOOD FRIDAY Chapel	
Service with Rev. Gerry	
Heyboer, HH Chaplain	
(CH)	
3:00Coffee Time (LA) 3:00Game Night (1st Friday	
ONLY begins with	١
BINGO) (CR)	''
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Saturday 8 **OPEN SWIM (POOL)** 0:00Coffee Time (LA) :00Movie Night (GP) CONTACTS **ESTATES & HMS OFFICE** 616-235-5006 M-F, 8:00am-4:30pm **HEALTH CENTER** El: 616-235-5721 8:30am-12:00pm Ell: 616-235-5675

1:00pm-4:30pm **EMERG RESPONSE** 5:00pm-8:00am

VAN'S MARKET M,W & F - 10:30am-1:00pm

FACILITY SERVICES 616-235-2787

ESTATES SALON 616-235-5701

VOLUNTEER SERVICES 616-235-5717

NOTARY SERVICES Office, By Appointment



April 9 - April 15

Estates & Homes

VibrantLiving

PHYSICAL EMOTIONAL SPIRITUAL INTELLECTUAL SOCIAL

Based On Information Known At Time Of Print

Sunday 9	Monday 10
OPEN SWIM (POOL) 9:30 EASTER Chapel Service - Rev. Jim Evenhouse, Retired CRC (CH) 6:15 Chapel Service - Rev. Gerry Heyboer, HH Chaplain (CH)	OPEN SWIM: 5:30am- 10:00am, 11:00am-10:00pm (POOL) 8:30Men's Social Hour - Temporary Location Change (GP) 9:15Cardio Express (BWC) 9:30Coffee Connections
	(LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC)
Happy Eastel	1:00Raybrook Purls Knitting/Crocheting (LA) 1:00REAL: A Review of the Worldwide Survey of Fitness Trends for 2023 (BWC) 2:00Exercise w/the GR Ballet (FR) 3:00Coffee Time (LA) 3:00Open Gym (BWC) 6:30Pool League (RBB) 7:00Movie Night (FR)

Tuesday 11 OPEN SWIM: 5:30am-10:45am, 11:45am-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30 Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO -10:00am - 1:30pm (RB) 10:00EII Bible Study - Keith Meyering (LDR) (B) 10:15Balance and Core Stability (BWC) 10:45Park Church Music at Mid Day: Phyllis Ann Miner & Robert Edwards Piano Duo -SUR - \$\$ (OFFS) 11:00 Water Aerobics (POOL) 1:15First Step (BWC) 3:00Coffee Time (LA) 23 6:30 Pool League (RBB) 7:00Game Night (CR)

7:00REAL: Films with

Chester Alkema - The

Hiding Place (FR)

Wednesday 12	
OPEN SWIM: 5:30am- 10:00am, 11:00am-10:00pm (POOL)	
9:00Meijer Shopping-El PU: 9am, Ell PU:9:05am- SUR (TRAN)	8: 9:
9:15 Cardio Express (BWC) 9:30 Coffee Connections	9:
(LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR)	10 10
10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:15Water Walking (POOL)	10
10:30 Van's Market (MKT) 10:30 'Mel Trotter Wants To	11:
Thank You' Appreciation Event - Refreshments & Music	1:0
(FR) 11:00Cardio Express (BWC)	2:
11:30 Strength Training (BWC) 2:00 Open Swim (POOL) 2:30 Card Creating - RSVP to	
Resident Esther Voss at 505-879-3633 (GP)	3:
3:00Coffee Time (LA) 3:30Open Gym (BWC) 6:30Pool League (RBB)	
7:00 Game Night (Except the 3rd Wed Each Month) (GP)	
7:00Symphonettes (CH)	

Thursday 13 OPEN SWIM: 5:30am-10:45am, 11:45am-10pm (POOL) :15Stretch and Flex (GP) :30Coffee Connections (LA) 30Balance and Core Stability (BWC) :00Coffee Time (CR) :00RAY'S BISTRO -10:00am - 1:30pm (RB) :15Balance and Core Stability (BWC) 00Water Aerobics (POOL) 00Caregiver's Support Group -CR (CR) 15 First Step (BWC) :00REAL: I'm Still Standing! Navigating the 2nd Half of Life with Dave Kampfschulte (FR) :00Coffee Time (LA)

Friday 14 OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm 10:00Coffee Time (LA) (POOL) 8:30 Coffee Classics Season Ticket Holders: Haydn's London - SUR (OFFS) 9:00Horrock's Friday Shopping - Lobby PU, El/9am & Ell/9;05am (EL) 9:15 Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO -10:00am - 1:30pm (RB) 10:15Water Walking (POOL) 10:30 Van's Market (MKT) 11:00 Cardio Express (BWC) 11:30 Strength Training (BWC) 11:30 EIII Lunch Gathering (RBC) 1:30 Music with Bill & Dave -Easter Edition (CH) 3:00Coffee Time (LA) 7:00 Game Night (1st Friday ONLY begins with BINGO) (CR)

Saturday 15 **OPEN SWIM (POOL)** 7:00NO SATURDAY NIGHT Movie - Feel free to attend the Monday Night Movie on April 17 (GP)



APRIL 17 FIRST WOK RESTAURANT Sign Up Begins April 3

APRIL 19 TIGER'S WATCH PARTY!

APRIL 20 FREDERICK MEIJER GARDENS Sign Up Begins April 6