

Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21	Saturday 22	Sunday 23
6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (WC) (RI)	7:00 St. Mary's Lab - by appointment only (RPDR)	8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)	6:00 Terrace Worship Service w/ Rev. Ken Campbell (CP)
8:15 Stretch & Flex (BS)	8:15 Total Body (IFC)	7:30 St. Mary's Lab - by appointment only (HC)	8:15 Total Body (IFC)	8:15 Stretch & Flex (BS)	10:00 Hymn Sing (TL)	
8:30 Aqua Fit & Pool Volleyball (POOL)	9:30 Balance & Core (IFC)	8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)	9:30 Balance & Core (IFC)	8:30 Aqua Fit & Pool Volleyball (POOL)	7:00 Movie Night - "Sleepless in Seattle" (TT) (RT)	
9:15 Strength Training (BS)	10:00 Ladies Billiards (RBR)	8:15 Stretch & Flex (BS)	11:00 Water Walking (POOL)	9:00 Pickleball (resident led) (BP)		
9:30 Strength Training (IFC)	10:00 Quilting (10:00 am - 4:00 pm) (AS)	8:30 Aqua Fit & Pool Volleyball (POOL)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	9:15 Strength Training (BS)		
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	10:00 Ladies Bible Study - The Book of John (TPDR)	9:00 Blood Pressure Clinic (9:00 - 10:00 am) (HC)	12:30 Line Dancing Basics (EX)	9:30 Strength Training (IFC)		
10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	10:30 Feldenkrais (BS)	9:15 Strength Training (BS)	1:00 Men's Billiards (RBR)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)		
10:00 Prayer Fellowship (TPDR)	11:00 Water Walking (POOL)	9:30 Strength Training (IFC)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	10:00 Open Swim (10:00 am - 10:00 pm) (POOL)		
10:00 REAL: "Smart TV's and Streaming" (CP)	11:00 ROMEO Men's Lunch @ Peppino's (sign up required) (OCO)	10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	1:00 Gardening Group (RI)	10:15 Heart Healthy Dance (VI)		
10:15 Heart Healthy Dance (VI)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	10:00 Catholic Communion (TPDR)	1:00 Line Dancing (EX)	11:00 Stretch & Flex (EX)		
11:00 Stretch & Flex (EX)	12:45 Ladies Bible Study - The Book of John (RPDR)	10:15 Heart Healthy Dance (VI)	1:45 Balance & Core (IFC)	12:45 Ladies Lunch @ The Commons (sign up required) (OCO)		
1:00 Ladies Bible Study - The Book of John (RPDR)	1:00 Men's Billiards (RBR)	10:15 "The Parables of Jesus" Bible Study w/ Bill Schotanus (CP)	2:00 Men's Billiards (TBR)	1:00 Men's Billiards (RBR)		
1:00 Men's Billiards (RBR)	1:45 Balance & Core (IFC)	11:00 Stretch & Flex (EX)	2:00 Bretonaires Practice (TT)	1:15 Strength Training (IFC)		
1:00 April Birthday Celebration (VI)	2:00 Yarnastics (TL)	11:35 Speed Walking (RL)	2:00 Knit Wits (BI)	3:00 Ridge Worship Service w/ Rev. Ken Campbell (VI)		
1:15 Strength Training (IFC)	3:00 Ladies Tea (TPDR) (BI)	12:30 Mah Jongg (TL)	3:00 Balance & Core (BS)	6:30 POPS Symphony (pre-ticketed event) (TL) (RL) (OCO)		
2:00 Bretonaires Practice (TT)	3:00 Balance & Core (BS)	1:00 Men's Billiards (RBR)	4:00 Terrace Social Hour (TPDR)	7:00 Movie Night - "Daddy Day Care" (TT) (RT)		
3:00 RAC Meeting (VI)	3:00 Ladies Billiards (TBR)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	7:00 Breton Woods Variety Show (Transportation begins at 6:30. Return ride after the show.) NOTE LOCATION CHANGE (CP)			
6:30 Games (TT) (TL) (TB)		1:00 Bus to Gaines Township Meijer (OCO)				
7:00 "Tell Us Your Story" - "Life Story of Anthoinette Bom" - rebroadcast (VI)		1:15 Strength Training (IFC)				
		2:00 Men's Billiards (TBR)				
		4:00 Ridge Social Hour (RPDR)				
		6:00 Games (BI) (RL)				
		6:45 Euchre (WC)				
		6:45 Mah Jongg (RL)				
		7:00 Dominos (TL) (WC)				

### Location Key

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| <b>Breton Terrace</b><br>AS - Art Studio<br>CP - Centre Place<br>EX - Expressions<br>HC - Health Centre<br>IFC - Israels Fitness Centre<br>TB - Terrace Balcony<br>TBR - Terrace Billiard Room<br>TC - Terrace Courtyard<br>TL - Terrace Lobby<br>TLI - Terrace Library<br>TLL - Terrace Lower Level<br>TME - Terrace Main Entrance<br>TPDR - Terrace Private Dining Room<br>TSP - Terrace South Patio<br>TT - Terrace Theatre<br>WC - Woods Café<br>WCP - Woods Café Patio<br>WS - Woodshop | <b>Breton Ridge</b><br>BI - Bistro<br>BP - Breton Park<br>BS - Body Shop<br>CR - Craft Room<br>PC - Pickleball Courts<br>RBR - Ridge Billiard Room<br>RI - Ristorante<br>RL - Ridge Lobby<br>RLI - Ridge Library<br>RME - Ridge Main Entrance<br>RP - Ridge Patio<br>RPDR - Ridge Private Dining Room<br>RT - Ridge Theatre<br>VI - Vineyard<br>*****<br>BRLC- Breton Rehab & Living Centre<br>BECC - Breton Extended Care Centre<br>BECS - Breton Extended Care South<br>OCO - Off Campus Outing |
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Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28	Saturday 29	Sunday 30
6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 - 10:45 am) (POOL)	6:00 Open Swim (6:00 - 8:15 am) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)	6:00 Open Swim (6:00 am - 10:00 pm) (POOL)
8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (WC) (RI)	7:00 St. Mary's Lab - by appointment only (RPDR)	8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)	8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)	6:00 Terrace Worship Service w/ Amy Wiseman (CP)
8:15 Stretch & Flex (BS)	8:15 Total Body (IFC)	7:30 St. Mary's Lab - by appointment only (HC)	8:15 Total Body (IFC)	8:15 Stretch & Flex (BS)	10:00 Hymn Sing (TL)	
8:30 Aqua Fit & Pool Volleyball (POOL)	9:30 Balance & Core (IFC)	8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)	8:30 Aqua Fit & Pool Volleyball (POOL)	8:30 Aqua Fit & Pool Volleyball (POOL)	5:00 Singles' Potluck (sign up required) (WC)	
9:00 Schuler Books (sign up required) (OCO)	10:00 Ladies Bible Study - The Book of John (TPDR)	8:15 Stretch & Flex (BS)	8:30 Aqua Fit & Pool Volleyball (POOL)	9:00 Pickleball (resident led) (BP)	7:00 Movie Night - "A Perfect Fit" (TT) (RT)	
9:15 Strength Training (BS)	10:00 Quilting (10:00 am - 4:00 pm) (AS)	8:30 Aqua Fit & Pool Volleyball (POOL)	9:00 Blood Pressure Clinic (9:00 - 10:00 am) (RPDR)	9:15 Strength Training (BS)		
9:30 Strength Training (IFC)	10:00 Ladies Billiards (RBR)	9:15 Strength Training (BS)	9:30 Strength Training (IFC)	9:30 Strength Training (IFC)		
10:00 Prayer Fellowship (TPDR)	10:00 Board Coffee (CP)	9:30 Strength Training (IFC)	9:30 Strength Training (IFC)	10:00 Open Swim (10:00 am - 10:00 pm) (POOL)		
10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	10:30 Feldenkrais (BS)	10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	10:00 Open Swim (10:00 am - 10:00 pm) (POOL)	10:00 Breton Market (10:00 am - 12:00 pm) (TLL)		
10:00 Breton Market (10:00 am - 12:00 pm) (TLL)	11:00 Water Walking (POOL)	10:00 Catholic Communion (TPDR)	12:30 Line Dancing Basics (EX)	10:15 Heart Healthy Dance (VI)		
10:15 Heart Healthy Dance (VI)	12:30 Open Swim (12:30 - 10:00 pm) (POOL)	10:15 Heart Healthy Dance (VI)	1:00 Men's Billiards (RBR)	11:00 Stretch & Flex (EX)		
11:00 Stretch & Flex (EX)	12:45 Ladies Bible Study - The Book of John (RPDR)	10:15 "The Parables of Jesus" Bible Study w/ Bill Schotanus (CP)	1:00 Breton Market (1:00 - 3:00 pm) (TLL)	1:00 Men's Billiards (RBR)		
1:00 Men's Billiards (RBR)	1:00 Men's Billiards (RBR)	11:00 Stretch & Flex (EX)	1:00 Gardening Group (RI)	1:00 Gardening Group (RI)		
1:00 Ladies Bible Study - The Book of John (RPDR)	1:45 Balance & Core (IFC)	11:35 Speed Walking (RL)	1:00 Line Dancing (EX)	1:00 Line Dancing (EX)		
1:15 Strength Training (IFC)	2:00 Yarnastics (TL)	12:30 Mah Jongg (TL)	1:45 Balance & Core (IFC)	1:45 Balance & Core (IFC)		
2:00 Bretonaires Practice (TT)	3:00 Balance & Core (BS)	1:00 Men's Billiards (RBR)	2:00 Men's Billiards (TBR)	2:00 Men's Billiards (TBR)		
2:15 REAL: "A Review of the Worldwide Survey of Fitness Trends for 2023" (BS)	3:00 Ladies Billiards (TBR)	1:00 Bus to Cascade Township Meijer (OCO)	2:00 Knit Wits (BI)	2:00 Knit Wits (BI)		
6:30 Games (TT) (TL) (TB)	3:00 Ladies Tea (TPDR) (BI)	1:00 Bus to Cascade Township Meijer (OCO)	2:00 Bretonaires Practice (TT)	2:00 Bretonaires Practice (TT)		
		1:00 Breton Market (1:00 - 3:00 pm) (TLL)	3:00 Balance & Core (BS)	3:00 Balance & Core (BS)		
		1:15 Strength Training (IFC)	4:00 Terrace Social Hour (TPDR)	4:00 Terrace Social Hour (TPDR)		
		2:00 Men's Billiards (TBR)				
		3:00 Breton Readers (TLI)				
		4:00 Ridge Social Hour (RPDR)				
		6:00 Games (BI) (RL)				
		6:45 Mah Jongg (RL)				
		6:45 Euchre (WC)				
		7:00 Dominos (TL) (WC)				

### Location Key

<b>Breton Terrace</b> AS - Art Studio CP - Centre Place EX - Expressions HC - Health Centre IFC - Israel's Fitness Centre TB - Terrace Balcony TBR - Terrace Billiard Room TC - Terrace Courtyard TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WC - Woods Café WCP - Woods Café Patio WS - Woodshop	<b>Breton Ridge</b> BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RT - Ridge Theatre VI - Vineyard ***** BRLC- Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing
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