

March 19 - March 25



WELL-BEING FULFILLMENT

EMOTIONAL SPIRITUAL INTELLECTUAL SOCIAL

Estates & Homes Based On Information Known At Time Of Print

Sunday 19 **OPEN SWIM (POOL)**

9:30Chapel Service - Rev. Jim Evenhouse, Retired CRC (CH)

6:15Chapel Service - Calvin Seminary Sunday - TBD (CH)

LOCATION LEGEND

SUR-Sign Up Required \$\$-Cost Involved

BWC-Buiten Wellness Center CH-Chapel CR-El Club Room CS-EII Coffee Shop E2P-EII Patio **GR-Game Room GP-Gathering Place** SDR-Small Dining Room LDR-Large Dining Room LA-EII Lounge FR-Friendship Room OFFS-Offsite POOL-Pool RB-Ray's Bistro RBB-Ray's Bistro Billiards RBC-Ray's Bistro Conf Room RMP-Manor Parking Lot TRAN-Transportation

Monday 20

OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm (POOL)

8:30Men's Social Hour -Temporary Location Change (GP)

9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training

(BWC) 10:00RAY'S BISTRO -10:00am - 1:30pm (RB)

10:00Coffee Time (CR)

10:15Water Walking (POOL)

10:30Van's Market (MKT)

11:00Cardio Express (BWC)

11:30Strength Training (BWC)

1:00Raybrook Purls Knitting/Crocheting (LA)

2:00Exercise w/the GR Ballet (FR)

3:00Coffee Time (LA)

3:00Open Gym (BWC)

3:00EI/EIII Bible Study

(CR)

4:00Restaurant Outing -Walker Roadhouse

(OFFS)

6:30Pool League (RBB)

7:00Movie Niaht (FR)

Tuesday 21

OPEN SWIM: 5:30am-10:45am, 11:45am-10pm (POOL)

8:15Stretch and Flex (GP) 9:30Coffee Connections (LA)

9:30Balance and Core Stability (BWC) 10:00RAY'S BISTRO -

10:00am - 1:30pm (RB)

10:00Coffee Time (CR)

10:00EII Bible Study -Jolene DeHeer (GP)

10:15Balance and Core Stability (BWC)

11:00Water Aerobics (POOL)

1:15First Step (BWC) 3:00Coffee Time (LA)

3:15Virtual Calvin CALL

Course: What Lies Ahead for Ukraine and Russia After the War

led by John Bernbaum -\$30 per course -

Register at first course (FR)

w/Chaplain Josh Baron 6:30Pool League (RBB) 7:00Game Night (CR)

> 7:00Lenten Season Hymn Sing with Emily Brink -Hosted by Holland

Home Foundation as part of "This Is My

Wednesday 22

OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm (POOL)

9am, EII PU:9:05am-SUR (TRAN)

9:15Cardio Express (BWC) 9:30Coffee Connections

(LA)

9:30Air Zoo Outing - SUR (OFFS)

9:45Strength Training (BWC)

10:00RAY'S BISTRO -10:00am - 1:30pm (RB)

10:00Coffee Time (CR)

10:15Water Walking (POOL) 10:30Van's Market (MKT)

11:00Cardio Express (BWC)

11:30Strength Training (BWC)

2:00Open Swim (POOL)

2:00Movie Matinee -Hoosiers (FR)

3:00Coffee Time (LA)

3:30Open Gym (BWC)

6:30Pool League (RBB) 7:00Game Night (Except

the 3rd Wed Each Month) (GP)

Thursday 23

OPEN SWIM: 5:30am-10:45am, 11:45am-10pm (POOL)

9:00Meijer Shopping-El PU: 8:15Stretch and Flex (GP)

8:30Building & Grounds Meeting (FR)

9:30Coffee Connections (LA)

9:30Balance and Core Stability (BWC)

10:00RAY'S BISTRO -

10:00am - 1:30pm (RB) 10:00RAY'S BISTRO -

10:00Coffee Time (CR)

10:15Balance and Core Stability (BWC)

11:00Water Aerobics (POOL)

1:00Caregiver's Support Group (CR)

1:15First Step (BWC) 3:00Coffee Time (LA)

Friday 24

OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm (POOL)

9:00Aldi Shopping - Lobby PU. El/9am &

EII/9:05am (EL)

9:15Cardio Express (BWC) 9:30Coffee Connections

(LA)

9:45Strength Training (BWC)

10:00am - 1:30pm (RB) 10:00Coffee Time (CR)

10:15Water Walking (POOL)

10:30Van's Market (MKT)

11:00Cardio Express (BWC)

11:30Strength Training (BWC)

3:00Coffee Time (LA)

7:00Game Night (1st Friday ONLY begins with BINGO) (CR)

Saturday 25

OPEN SWIM (POOL) 10:00Coffee Time (LA)

5:45Lenten Meditations -GR Choir of Men &

Boys - SUR (OFFS) 7:00Movie Night (GP)

CONTACTS

ESTATES & HMS OFFICE 616-235-5006 M-F, 8:00am-4:30pm

HEALTH CENTER

El: 616-235-5721 8:30am-12:00pm

Ell: 616-235-5675 1:00pm-4:30pm

EMERG RESPONSE 5:00pm-8:00am

VAN'S MARKET M,W & F - 10:30am-1:00pm

> **FACILITY SERVICES** 616-235-2787

ESTATES SALON 616-235-5701

VOLUNTEER SERVICES 616-235-5717

NOTARY SERVICES Office, By Appointment



March 26 – April 1

Estates & Homes



EMOTIONAL SPIRITUAL INTELLECTUAL SOCIAL

Sign Up Begins April 6

Based On Information Known At Time Of Print						
Sunday 26	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31	Saturday 1
OPEN SWIM (POOL) 9:30Chapel Service - Rev. Wayne Hall, Retired CRC (CH) 6:15Chapel Service - Rev. Evan Heerema, Retired CRC (CH)	OPEN SWIM: 5:30am- 10:00am, 11:00am-10:00pm (POOL) 8:30Men's Social Hour - Temporary Location Change (GP) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 2:00Exercise w/the GR Ballet - CHANGE OF LOCATION (GP) 2:00REAL: Rabbinical Teaching w/Pastor Stephen Eastman (FR) 3:00Coffee Time (LA) 3:00Open Gym (BWC) 6:30Pool League (RBB) 7:00Movie Night (FR)	11:00Water Aerobics (POOL) 1:00Rehoboth Choir (CH) 1:15First Step (BWC) 3:00Coffee Time (LA) 3:15Virtual Calvin CALL Course: What Lies Ahead for Ukraine and Russia After the War led by John Bernbaum - \$30 per course - Register at first course (FR) 6:30Pool League (RBB) 7:00Game Night (CR) 7:00Book Club - Contact Pat Guikema	OPEN SWIM: 5:30am- 10:00am, 11:00am-10:00pm (POOL) 9:00Meijer Shopping-El PU: 9am, Ell PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 2:00Open Swim (POOL) 3:00Coffee Time (LA) 3:30Open Gym (BWC) 6:30Pool League (RBB) 7:00Game Night (Except the 3rd Wed Each Month) (GP)	(POOL) 8:15Stretch and Flex (GP) 9:30Balance and Core Stability (BWC) 9:30Coffee Connections (LA) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:00Coffee Time (CR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL)	OPEN SWIM: 5:30am- 10:00am, 11:00am-10:00pm (POOL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:00Coffee Time (CR) 10:00New2U & Mel Trotter Shopping - Lobby PU, El/10am & Ell/10:05am (EL) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)	7:00Movie Night (GP)
		w/questions at 616-				Cian Un Dogina April 6

w/questions at 616-

455-5308 (GP)