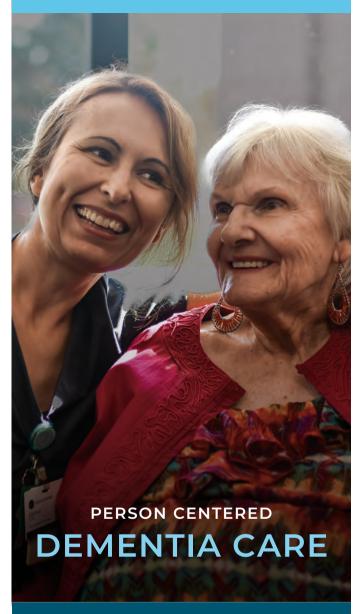
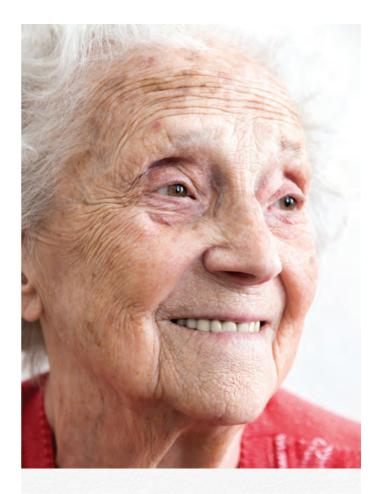
#### **MEMORY CARE SERVICES**





#### **OUR MISSION**

In fulfilling God's calling to serve others, we will serve with love and compassion, commit to excellence, and follow Christ's teachings and example in all we do.



# WHAT IS DEMENTIA?

Dementia is a term that describes a wide range of symptoms associated with a decline in brain function and thinking skills. As the disease progresses, varying mental functions can be affected, such as memory, language, communication, focus, reasoning, judgment, and vision.

People usually progress through the stages of dementia at a slow and steady pace over an average of eight to ten years.

## JOURNEY AHEAD

Holland Home is here to help those living with dementia find joy in their journey while caring for them with compassion and empathy.

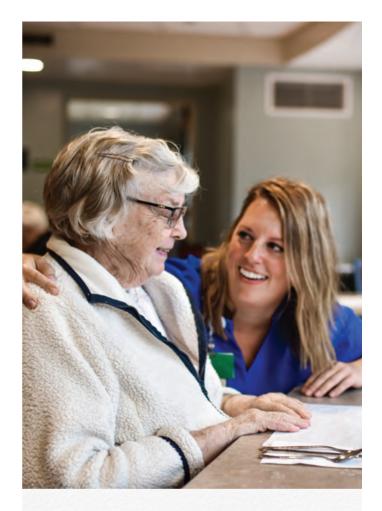
A person living with dementia is often living in the moment. We have the honor of being with them in their moments, creating a place of joy, peace, comfort, and security.

Our memory care services team works to create positive moments of joy for your loved one. We recognize that they may not remember a specific time or event, but the feelings of love, compassion, and understanding we leave with them can linger.

Dementia affects not just your loved one but you as well. We are here to support and be a resource for you.

Stand up in the presence of the aged, show respect for the elderly, and revere your God. I am the Lord.

Leviticus 19:32



## MEMORY CARE THAT GOES ABOVE AND BEYOND

At Holland Home, we are dedicated to enhancing the lives of those living with decline in brain function. Backed by a committed team of experts, our goal is to ensure safety and security while helping your loved ones make the most of every day in every way possible.

We are driven to find new and innovative ways to approach and care for those living with dementia. With that in mind, we dedicate ourselves to providing ongoing training and education to ensure the best care possible.

#### A POSITIVE APPROACH TO

### PERSON-CENTERED CARE

QUESON-CENTERES

CONNECT

**DEMENTIA TRAINING** 

#### **DEMENTIA TRAINING**

All Holland Home memory care staff members take part in a unique training program called The Dementia Journey. The program is designed to simulate sound, vision, and sensory impairment, helping staff members better understand the confusion and impairments that often occur with advancing stages

of dementia. It not only helps create a higher level of insight into the disease but also greater empathy for those living with dementia.

### A POSITIVE **APPROACH** TO CARE

Holland Home has adopted renowned dementia expert Teepa Snow's Positive Approach to TO CARE Care<sup>TM</sup> concept as a key element to its memory care services. This personcentered approach helps us change our own behavior in the moment, so we can meet the changing needs of those living with dementia. As a result, our caregivers have a better understanding of the disease's effect on behavior, and practice techniques that improve communication and care by respecting boundaries and creating compassionate connections with those in our care.

#### CONNECT

We provide person-centered environments that promote engagement through a wealth of individualized and group activities. Through these activities we seek

to connect our residents to their environment in meaningful ways. By connecting with our residents' real-life stories and interests, we are better able to create an environment that provides purpose in their daily lives. Providing an engaging environment based upon their individual gifts and talents can spark interest

> and provide a sense of well-being. In fact, it has proven that one minute of purposeful activity with a staff or family caregiver can result in

> > positive feelings that last up to five hours.

#### HONOR CARE

Holland Home's mission is to honor all we serve through compassionate, Christcentered care. But how do we show respect and honor when our loved one's journey with dementia is approaching its end? Our Honor Care method provides moments of meaning by offering a loving touch, calming aromas, prayer and music, and favorite

foods in a peaceful environment. We find that providing meaningful sensory experiences is key in caring for those with dementia and making a difference in their quality of life.

#### SPIRITUAL CARE

**SPIRITUAL** 

CARE

Believing in the importance and value of practicing faith, we've enhanced our Evening Star™program, a unique worship service that calls to mind memories of favorite hymns and Bible passages and allows our memory care residents to participate in worship.



#### RESIDENTIAL MEMORY CARE SERVICES

For those whose care needs have surpassed what's safely possible at home, Holland Home offers several safe and comfortable care settings. Those with advancing dementia can receive the care that's needed to live life as fully as possible.

Our memory care homes have been specially designed to make living easier for residents progressing along their dementia journey — from soothing wall colors and carpeting to pleasant lighting and aromas. Holland Home's memory care homes provide spacious rooms for single occupancy and one-bedroom suites for couples, open gathering spaces for socializing and family visits, and a staff specifically trained in memory care.





#### **BRETON WOODS**

For those experiencing varying stages of memory loss, Breton Woods Extended Care provides large, well-appointed private rooms with expert memory care assisted living services, plus dedicated dementia-structured activity programming geared toward providing a secure, comfortable life. Our new facility includes spacious gathering areas for families and friends to visit their loved one.

#### **RAYBROOK**

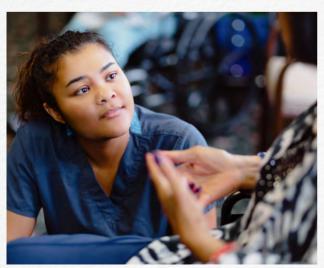
On our Raybrook campus, the Cook Center and Jay Mol Family Center offer memory care services in comfortable and secure environments for all stages of Alzheimer's and dementia. Private rooms, group gathering spaces, social activities, and daily support make Raybrook a comfortable and safe solution for those living with dementia.

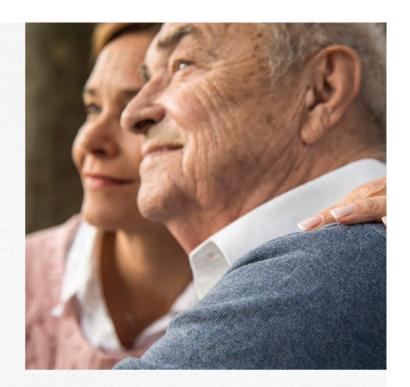
#### A DESIGNATED ORGANIZATION

Holland Home is recognized as the first organization in the state of Michigan, and only the fifth organization nationally, to achieve the coveted "Designated Organization" accreditation from Positive Approach® to Care (PAC).

A designation from PAC is so rare that organizations need to be invited by PAC to apply for the credentialing. As a designated organization, PAC attests that Holland Home's memory care services are considered to be offered and measured at some of the highest levels among all senior memory care services programs. Most notable to patients and families is that the PAC designation means every Holland Home team member has specific dementia-care training and ensures all team members continue to participate in regular dementia training.







### TAKE COMFORT IN HOLLAND HOME

Tending to the needs and challenges of loved ones living with dementia can be overwhelming. That's where we come in. We are here to provide the right care, support, compassion, and expertise to help your loved one be as engaged, active, and joyful as possible — improving quality of life for your loved ones and those who care for them.

To arrange a private facilities tour, or for more information about Holland Home's comprehensive dementia services, please call (616) 235-5704.

### For More Information Regarding Holland Home Memory Care Units, call (616) 235-5704

Holland Home complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Holland Home cumple con las leyes federales de derechos civiles aplicables y no discrimina por mot ivos de raza, color, nacionalidad, edad, discapacidad o sexo.

Holland Home pridržava se važećih saveznih zakona o građanskim pravima i ne pravi diskriminaciju po osnovu rase, boje kože, nacionalnog porijekla, godina starosti, invaliditeta ili pola.



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