To each Assisted Living resident and their loved ones, we promise:

To help keep residents safe and healthy no matter what challenges arise.

To bring you peace of mind with our medical staff.

To ensure that residents have a home and the care they need through our LifeCare Promise.



Holland Home complies with applicable Federal civil rightslaws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Holland Home cumple con las leyes federales de derechos civiles aplicables y no discrimina por mot ivos de raza, color, nacionalidad, edad, discapacidad o sexo.

Holland Home pridržava se važećih saveznih zakona o građanskim pravima i ne pravi diskriminaciju po osnovu rase, boje kože, nacionalnog porijekla, godina starosti, invaliditeta ili pola.



HollandHome.org

2100 Raybrook SE, Suite 300 Grand Rapids, MI 49546 | (616) 235-5000

#### ASSISTED LIVING





### Holland Home<sup>™</sup>

# THE EXTRA HELP NEEDED **TO THRIVE**

Moving into Assisted Living does not mean losing independence. It means maintaining it. Residents live as independently as possible with extra help and care available when they need it. The care is tailored to the needs of each individual and includes:

- Housekeeping
- Personal Care
- Nutritious Meals
- Medication Management & Reminders



Frequent check-ins are made to ensure safety and comfort, and emergency call systems are available in each room should the resident need immediate help.



#### ALL THE COMFORTS OF HOME

Assisted Living is available on both our Breton Woods and Raybrook campuses in spacious 1- and 2-room apartments with updated decor, and Wi-Fi. There are plenty of indoor and outdoor spaces for family and friends to gather and visit. Our on-staff registered dietitians team up with our chefs to provide three meals daily. Residents can choose to have the meals delivered to their door or can dine at one of our campus cafes or dining rooms.





# A VIBRANT LIFESTYLE

All Assisted Living residents have access to our award-winning Vibrant Living model, which encompasses the different aspects of health physical, mental, social, spiritual, and intellectual to ensure that each resident lives an engaged and meaningful life. Residents can choose from a full schedule of activities and events including worship services, games, and exercise.

# SERVICES

Holland Home is the first organization in Michigan and only the fifth nationally to achieve the coveted "Designated Organization" accreditation from Positive Approach® to Care—the nation's authority on dementia care. We combine attentive medical care with compassion, patience, and understanding to ensure that our residents live as fully as possible.

Our Memory Care services offer safe and comfortable settings, including secure units that allow freedom but prevent wandering, predictable schedules that provide structure, and specialized activities to ensure residents stay mentally, spiritually, and physically active.





### IS ASSISTED LIVING RIGHT FOR MY LOVED ONE?

We understand how difficult it can be to see your loved one struggling, especially when they are determined to maintain their independence. Assisted Living is a great way to find the balance between your loved ones feeling like they aren't giving up their lifestyle while staying safe, comfortable, and cared for. If your loved one is displaying one or more of these signs, Assisted Living could be right for them:

- Needing reminders to take medication
- Noticeable weight loss or gain
- · Loss of mobility or increase in falls
- Signs of neglecting household maintenance
- No longer able to perform daily tasks, such as grooming or preparing meals
- Increased isolation
- Loss of interest in hobbies

For more information or to set up a tour, call **616-643-2730**.