

# January 22 – January 28

## Estates & Homes

Based On Information Known At Time Of Print

Sunday 22	Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27	Saturday 28
<p><b>OPEN SWIM</b> 9:30Chapel Service - Rev. Ralph Robrahn, RCA (CH) 6:15Chapel Service - Rev. David Fleming, Our Savior Lutheran (CH)</p>	<p><b>OPEN SWIM: 5:30am-10am, 11am-10pm</b> 8:30Men's Social Hour (SDR) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 12:30January Series Live Stream (FR) 1:00Raybrook Purls Knitting/Crocheting (LA) 2:00Exercise w/the GR Ballet - Moved to the GP during the January Series (GP) 3:00Coffee Time (LA) 3:00Open Gym (BWC) 6:30Pool League (RBB) 7:00Movie Night (FR)</p>	<p><b>OPEN SWIM: 5:30am-10:45am, 11:45am-10pm</b> 8:15Stretch and Flex (GP) 9:30Balance and Core Stability (BWC) 9:30Coffee Connections (LA) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 12:30January Series Live Stream (FR) 2:00First Step during January Series (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR)</p>	<p><b>OPEN SWIM: 5:30am-10am, 11am-10pm</b> 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 12:30January Series Live Stream (FR) 2:00Open Swim (POOL) 3:00Coffee Time (LA) 3:30Open Gym (BWC) 6:30Pool League (RBB) 7:00Game Night (Except the 3rd Wed Each Month) (GP)</p>	<p><b>OPEN SWIM: 5:30am-10:45am, 11:45am-10pm</b> 8:15Stretch and Flex (GP) 8:30Building &amp; Grounds Meeting (FR) 9:30Balance and Core Stability (BWC) 9:30Coffee Connections (LA) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 12:30January Series Live Stream (FR) 1:45Caregiver's Support Group - TIME CHANGE TODAY ONLY (CR) 2:00First Step during January Series (BWC) 3:00Coffee Time (LA) 7:00Hymn Sing with Emily Brink and Accompanist(s) (CH)</p>	<p><b>OPEN SWIM: 5:30am-10am, 11am-10pm</b> 9:00Friday Shopping - Lobby PU, EI/9am &amp; EII/9:05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 12:30January Series Live Stream (FR) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p><b>OPEN SWIM</b> 10:00Coffee Time (LA) 7:00Movie Night (SDR)</p>
						<div data-bbox="2311 682 2661 763" data-label="Section-Header"> <h3>CONTACTS</h3> </div> <div data-bbox="2311 771 2661 1607" data-label="Text"> <p>ESTATES &amp; HMS OFFICE 616-235-5006 M-F, 8:00am-4:30pm ----- HEALTH CENTER  EI: 616-235-5721 8:30am-12:00pm  EII: 616-235-5675 1:00pm-4:30pm  EMERG RESPONSE 5:00pm-8:00am ----- VAN'S MARKET M,W &amp; F - 10:30am-1:00pm  FACILITY SERVICES 616-235-2787  ESTATES SALON 616-235-5701  VOLUNTEER SERVICES 616-235-5717  NOTARY SERVICES Office, By Appointment</p> </div>
<div data-bbox="26 958 362 1031" data-label="Section-Header"> <h3>LOCATION LEGEND</h3> </div> <div data-bbox="13 1047 376 1607" data-label="Text"> <p>SUR-Sign Up Required \$\$-Cost Involved  BWC-Buiten Wellness Center CH-Chapel CR-EI Club Room CS-EII Coffee Shop E2P-EII Patio GR-Game Room GP-Gathering Place SDR-Small Dining Room LDR-Large Dining Room LA-EII Lounge FR-Friendship Room OFFS-Offsite POOL-Pool RB-Ray's Bistro RBB-Ray's Bistro Billiards RBC-Ray's Bistro Conf Room RMP-Manor Parking Lot TRAN-Transportation</p> </div>						

# January 29 – February 4

## Estates & Homes

Based On Information Known At Time Of Print

Sunday 29	Monday 30	Tuesday 31	Wednesday 1	Thursday 2	Friday 3	Saturday 4
<p><b>OPEN SWIM</b></p> <p>9:30 Chapel Service - Victoria White, Director of All Belong Church Services (CH)</p> <p>6:15 Chapel Service - Rev. Evan Heerema, Retired CRC - RAYBROOK SINGING MEN (CH)</p>	<p><b>OPEN SWIM: 5:30am-10am, 11am-10pm</b></p> <p>8:30 Men's Social Hour (SDR)</p> <p>9:15 Cardio Express (BWC)</p> <p>9:30 Coffee Connections (LA)</p> <p>9:45 Strength Training (BWC)</p> <p>10:00 Coffee Time (CR)</p> <p>10:00 RAY'S BISTRO - 10:00am - 1:30pm (RB)</p> <p>10:15 Water Walking (POOL)</p> <p>10:30 Van's Market (MKT)</p> <p>11:00 Cardio Express (BWC)</p> <p>11:30 Strength Training (BWC)</p> <p>1:00 Raybrook Purls Knitting/Crocheting (LA)</p> <p>2:00 Exercise w/the GR Ballet (FR)</p> <p>3:00 Coffee Time (LA)</p> <p>3:00 Open Gym (BWC)</p> <p>6:30 Pool League (RBB)</p> <p>7:00 Movie Night (FR)</p>	<p><b>OPEN SWIM: 5:30am-10:45am, 11:45am-10pm</b></p> <p>8:15 Stretch and Flex (GP)</p> <p>9:30 Balance and Core Stability (BWC)</p> <p>9:30 Coffee Connections (LA)</p> <p>10:00 Coffee Time (CR)</p> <p>10:00 RAY'S BISTRO - 10:00am - 1:30pm (RB)</p> <p>10:15 Balance and Core Stability (BWC)</p> <p>11:00 Water Aerobics (POOL)</p> <p>1:15 First Step (BWC)</p> <p>3:00 Coffee Time (LA)</p> <p>6:30 Pool League (RBB)</p> <p>7:00 Game Night (CR)</p> <p>7:00 Gentit Family Singers (CH)</p>	<p>9:00 Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN)</p> <p>9:15 Cardio Express (BWC)</p> <p>9:30 Coffee Connections (LA)</p> <p>9:45 Strength Training (BWC)</p> <p>10:00 Coffee Time (CR)</p> <p>10:00 RAY'S BISTRO - 10:00am - 1:30pm (RB)</p> <p>10:15 Open Gym (while pool closed) (BWC)</p> <p>10:30 Van's Market (MKT)</p> <p>11:00 Cardio Express (BWC)</p> <p>11:30 Strength Training (BWC)</p> <p>2:30 Current Events w/Hank Post - MASK Req (D1DR)</p> <p>3:00 Coffee Time (LA)</p> <p>3:30 Open Gym (BWC)</p> <p>6:30 Pool League (RBB)</p> <p>7:00 Game Night (Except the 3rd Wed Each Month) (GP)</p>	<p>8:15 Stretch and Flex (GP)</p> <p>8:30 Homes Breakfast at New Beginnings - RSVP to Harriet Hasper at 616-450-7428 or hhspr25@gmail.com (OFFS)</p> <p>9:30 Balance and Core Stability (BWC)</p> <p>9:30 Coffee Connections (LA)</p> <p>10:00 Coffee Time (CR)</p> <p>10:00 RAY'S BISTRO - 10:00am - 1:30pm (RB)</p> <p>10:00 EI/EIII Donuts with Development (CR)</p> <p>10:15 Balance and Core Stability (BWC)</p> <p>10:45 Downtown Market Shopping &amp; Lunch Outing - SUR (OFFS)</p> <p>11:00 Fitness Games (offered while pool closed) (BWC)</p> <p>1:15 First Step (BWC)</p> <p>3:00 Coffee Time (LA)</p>	<p>9:00 ALDI Shopping - Lobby PU, EI/9am &amp; EII/9:05am (EL)</p> <p>9:15 Cardio Express (BWC)</p> <p>9:30 Coffee Connections (LA)</p> <p>9:45 Strength Training (BWC)</p> <p>10:00 Coffee Time (CR)</p> <p>10:00 RAY'S BISTRO - 10:00am - 1:30pm (RB)</p> <p>10:15 Open Gym (while pool closed) (BWC)</p> <p>10:30 Van's Market (MKT)</p> <p>11:00 Cardio Express (BWC)</p> <p>11:30 Strength Training (BWC)</p> <p>3:00 Coffee Time (LA)</p> <p>7:00 Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p>10:00 Coffee Time (LA)</p> <p>7:00 Movie Night (SDR)</p> <div style="background-color: #f4a460; padding: 5px; text-align: center; font-weight: bold; margin-top: 20px;">SAVE THE DATE!</div> <p>FEBRUARY 7 CANVAS PAINTING CLASS (See Feb REAL Catalog for more info.) Sign Up Begins Jan. 24</p> <p>FEBRUARY 9 SERVICE OF REMEMBRANCE</p> <p>FEBRUARY 14 VALENTINE'S AFTERNOON TEA Sign Up Begins Jan. 27</p> <p>FEBRUARY 20 RESTAURANT OUTING TO PEPPINO'S Sign Up Begins Feb. 6</p>
<div style="background-color: #f4a460; padding: 5px; text-align: center; font-weight: bold;">TAKE NOTE</div> <p>The POOL is closed for annual maintenance beginning Wednesday, February 1st, until further notice.</p>						